

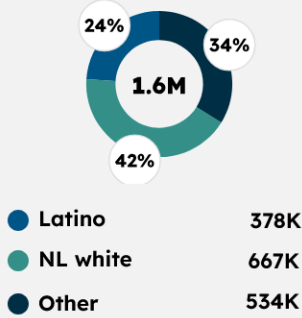
# EXTREME HEAT

## Sacramento County

### County Statistics

#### Factors Influencing Exposure to Extreme Heat

##### Population



\*NL white = Non-Latino white



##### Median Age

Latino: 29  
NL white: 45

##### Noncitizen Population

Latino: 13%  
NL white: 4%

##### Limited English Proficiency

Latino: 19%  
NL white: 6%

##### Renter Households

Latino: 51%  
NL white: 35%

##### Poverty Rate

Latino: 16%  
NL white: 9%

##### Median Income (Household)

Latino: \$73k  
NL white: \$90k

##### SNAP Benefits

Latino: 15%  
NL white: 9%

##### Food Insecurity

Latino: 19%  
NL white: 9%

##### Uninsured Rate

Latino: 9%  
NL white: 4%

##### Fair/Poor Health Status

Latino: 9%  
NL white: 11%

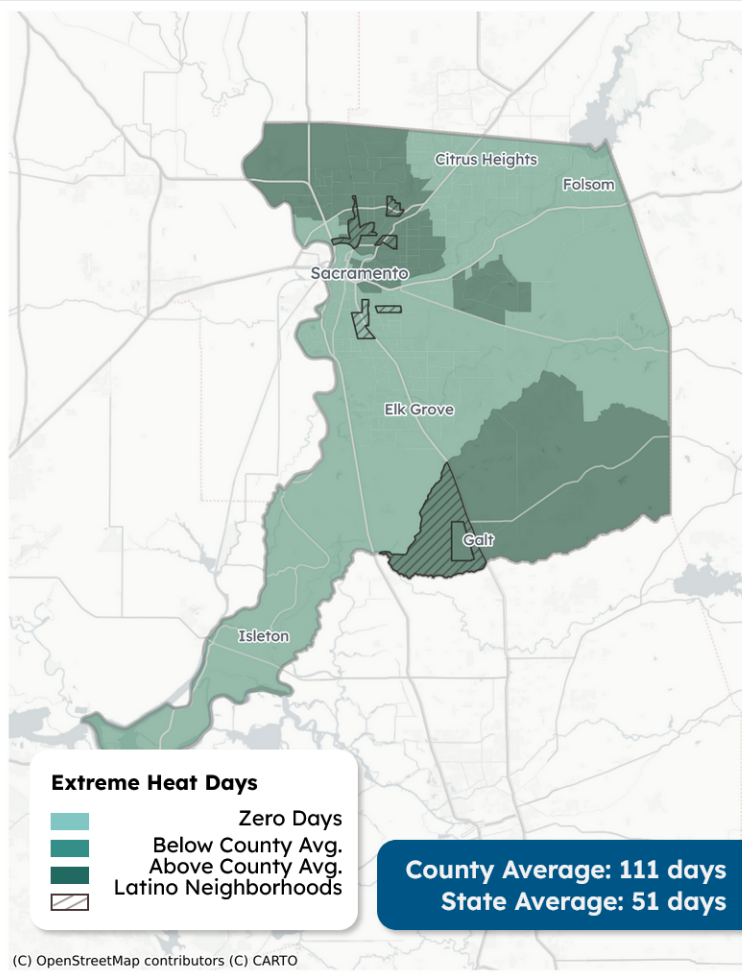
##### Life Expectancy

Latino: 80 yrs  
NL white: 78 yrs

### Neighborhood Statistics

#### Extreme Heat Days

#### Latino Neighborhoods and Exposure to Extreme Heat Days ( $\geq 90^{\circ}\text{F}$ ), 2018-2022



Latino neighborhoods = Census tracts with 50%+ Latino residents  
 NL white neighborhoods = Census tracts with 50%+ NL white residents



Extreme heat days are defined as days where the temperature is at or above  $90^{\circ}\text{F}$ . Exposure to extreme heat poses significant health risks.

#### Annual Number of Extreme Heat Days (2018-2022)

At  $90^{\circ}\text{F}$ , the risk of heat-related illnesses and conditions increases significantly.

Latino neighborhoods	NL white neighborhoods
<b>111 days</b>	<b>110 days</b>
average days $\geq 90^{\circ}\text{F}$ annually	

#### Longest Period of Consecutive Extreme Heat Days (2022)

The Federal Emergency Management Agency defines a period of extreme heat in most of the U.S. as a period of 2 to 3 days above  $90^{\circ}\text{F}$ .

Latino neighborhoods	NL white neighborhoods
<b>69 days</b>	<b>69 days</b>
consecutive days $\geq 90^{\circ}\text{F}$ annually	

#### Projected Number of Extreme Heat Days by Mid-Century (2035-2064)

Looking forward, NL white neighborhoods are projected to experience a greater number of extreme heat days.

Latino neighborhoods	NL white neighborhoods
<b>122 days</b>	<b>124 days</b>
expected days $\geq 90^{\circ}\text{F}$ annually	

## Neighborhood Statistics (cont.)

### Barriers and Facilitators To Preventing Heat Exposure

