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## First Selectman's Corner

Recently, an individual commented that our taxes are a "real bargain" and that we are fortunate to have an excellent quality of life for Westbrook residents. In our discussion, the following advantages of living in Westbrook were listed:

- Our properties are taxed at one of the lowest rates on the Shoreline. Our geography is comprised of rural areas; an excellent location on Long Island Sound; with approximately 18% of land in Westbrook that is dedicated to Open Space and Conservation. All of these factors provide a diverse community which appeals to our residents.
- We currently have a Aa2 bond rating that is the result of our very conservative, prudent and thorough budget process that generates significant reserves; an established 4 to 5 year Capital Improvement Plan that provides the financial basis for us to plan for our future needs. This is done at a time when the State of Connecticut is experiencing enormous debt and requires that our small towns must continue to develop our own financial resources to serve our multiple needs.
- An outstanding school system that has created an environment where students are offered every opportunity

to excel academically and to participate in a variety of extracurricular activities. Annually, over 90% of our graduating students go on for higher education.

- We have established a good infrastructure of roads and public transportation. Our volunteer Fire Department, Emergency Management and Ambulance, to name just a few, provide support, along with our Public Works Department, and are all available 24/7.
- Senior Center and Social Services programs; Youth and Family Services and our Park & Rec. programs are further examples of our continued concern for all individuals.
- Municipal staff and teachers and administrators in the school system consistently receive praise for their high quality services to our children and families. With the help of all of our highly dedicated volunteers who essentially make the major decisions

Continued on page 2



First Selectman Noel Bishop

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### SELECTMAN'S CORNER...continued from page 1

for our municipal government, collectively they work to enhance the quality of life that is the basis for any vibrant community like Westbrook.

- With the recent addition of our new train station and the Shoreline Medical Center at Flat Rock Place, our residents can easily access these vital services that are available literally at our doorstep.
- I am always impressed that when there is an individual need or a family that

has sustained a personal loss, instantly, this community comes together with a fundraising event that usually generates in excess of \$10,000. It is this immediate concern for others that fosters the sense of a caring community.

These are just some of the reasons why, in my opinion, we have a quality of life that is reinforced by the taxes that we pay to sustain our lives and livelihoods. Thank you for the privilege to serve.

**Noel Bishop, First Selectman**



## Registrars of Voters

We have been conducting our 2016 canvass from January through the end of May. Those registered voters who have received a "Confirmation of Voting Residence" form to fill out and did not respond by the date indicated on the form, will have their name put on the "Inactive List" as mandated by the State Statutes. Only those registered voters who have made some type of change through the Postal Service will receive a notice. It is important for us to maintain accurate voter registration lists. Please help by reporting to the Registrars whenever you have made a change to your resident address, mailing address, name or when you would like to change your party affiliation. Please call the Registrars' Office at (860-399-3042). The Office is open on Tuesdays from 11:00 am – 1:00 pm and Thursdays from 5:00 pm – 7:00 pm. Please call to make an appointment at other times. Registration forms are available on the table outside the Registrars' Office. You may register "On-Line" by going to the Westbrook website ([www.westbrookct.us](http://www.westbrookct.us)) and click on the Link – register to vote on-line. View the Registrar of Voters Department section for more information.

Registrars – Nancy Moore and Pat Moran

## Dog Licensing Season, 2016 It Is Just Around The Corner

**Dog Licenses:** (new and renewals) Every dog must be licensed when it becomes six months old and then annually in June, the Town Clerk's office issues renewal reminders for dog and kennel owners in Westbrook.

License renewal reminders will be mailed out to current dogs registered by the end of May and renewals can be done during the entire month of June.

**Neutering, Spaying And Rabies:** Proof of updated Rabies shots and copies of neutering and spaying certificates are required for all new dogs being registered. For renewal licenses, please provide us with the updated Rabies Certificate, we cannot renew the license without it.

This year, I will be raffling three great gift baskets to three lucky dog owners who renew their license during the month of June. All names will be entered into a drawing and the names of the three winners will be announced on June 30th here in my office at 6:30 pm. Good luck and thanks for keeping your pet up to date with their rabies shots.

Joan S. Angelini, Westbrook Town Clerk

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## Estuary Council Regional Senior Center

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The Estuary Council of Seniors, Inc. (ECSI) is a community center for the Estuary region's residents over 50 years old providing nutrition, transportation, health support services, education opportunities and socialization. We have been promoting healthy and active lifestyles for adults 50 and better through quality programs and services in the nine-town Estuary region for over 40 years. The Estuary Council offers social & educational programs, health screenings, exercise classes for many levels, a variety of trips, and much more! We also have a gym with evening hour and affordable rates! View our newsletter on our website or sign up to receive it monthly. Newly retired or looking to help your community? We have volunteer opportunities to fit your busy schedule. The time and talents of our many volunteers are an integral part of our organization. Find out how you can make a difference. Our Thrift Shop offers the best bargains on the shoreline! Clothing, furniture, housewares, decorations, and jewelry are just a few of the things you will find. BINGO is Back every Thursday evening at the Estuary. Games begin at 6:30 pm. Doors open at 5:30 pm. Open to all ages. Please visit us at [www.ecsenior.org](http://www.ecsenior.org) for additional information or call us at (860) 388-1611.

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*Richard and Ellen Klinck enjoy tai chi and many other activities at The Saybrook at Haddam.*



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## Animal Control Officer

It is that wonderful time of year again. Spring is here. The flowers are blooming and the grass is getting green. With all these wonderful signs come frequent sightings of our wildlife and their babies. It is breeding season. Here are a few tips on what to do when encountering wildlife this time of year.

If you find a baby animal that appears to be abandoned you should observe that animal for some time as the parent may be nearby and very aware of the baby. Deer have been known to leave their fawns all day hiding in the grass while foraging for food. No need for rescue here.

If you encounter wildlife in distress or injured you should call your local Animal Control Officer or the DEEP wildlife hotline @ 860-424-3333. Never attempt to handle injured wildlife yourself if that can be avoided. Just simply watch until experienced help arrives. If you must touch the animal, please wear gloves. This could protect you and the animal. Remember, some species if they scratch or bite a person will be destroyed and tested for rabies. It is illegal for any person, other than a state licensed wildlife rehabilitator, to care for wildlife. Do not attempt to keep a distressed or injured animal. You're well meaning intentions could be detrimental to the animal. A list of qualified rehabilitators can be found on the DEEP website.

Black Bear populations have been increasing over the years. Sightings are more prevalent than ever. If you encounter a bear, make your presence known. Make loud noises and wave your arms. Do not run or approach to take a picture. Keep your dogs on leashes when walking on trails. Bears that become familiar with residential areas and lose their fear of humans can be deemed problem bears. Never intentionally feed a bear. Remove your bird feeders from March through November. Keep your grill clean and never put sweets or meats on a compost pile. Keep food garbage indoors if possible and secure. Some of these tips will also deter many other species of wildlife such as raccoons and rats as well.

It is wonderful to have so many different species of wildlife in our area. They all have meaningful purpose in keeping our ecological environment healthy. Please enjoy your sightings of a Fox with kits or a Doe with fawns from a distance. If you have any concerns with wildlife in your area, please call me or the DEEP hotline and we will be happy to answer your questions and assist if needed.

It is a pleasure to serve our community and I look forward to a happy and healthy season for all.

Sandra Bannon, Animal Control Officer

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# Welcome to the Building Department

Spring is finally here and we all want to be outdoors and to get our long awaited construction projects started. The Building Department will be happy to assist our residents in getting through the permitting process. If you have questions as to whether a permit is required or not, please don't hesitate to contact my office (860)-399-2035 or through email at [dmaiden@westbrookct.us](mailto:dmaiden@westbrookct.us) (email will get the fastest response since I receive emails on my phone throughout the day).

Since this is the season some of us are considering installing a private swimming pool I want to use this article to address the requirements and safe guards mandated by the State Building Code and the CT General Statutes. The safety of our children has empowered the State and International Building Code committees to expand on the safeguards required for

all private swimming pools. The theory of providing an approved barrier or fence is simple; however, the construction of a code compliant barrier with proper gates and automatic failsafe latching is a complex task.

1. Are any pools exempt from requiring a building permit? Yes, a prefabricated pool that is less than 24". All other pools require a Zoning, Health Department and possibly an Island Wetlands approval. All non-exempt pools (24" deep or greater) require a building permit and possibly an electrical permit.
2. All pools must be protected by a 48" high fence or barrier with a self-closing, self-latching gate at the point of entry.
3. Can the wall of the above ground pool serve as the required barrier? Yes, if the wall of the pool is 48" above the grade

surrounding the pool. If the pool is less than 48" above grade, an approved 48" high barrier is required to enclose the entire pool. **Please note that the inflatable pools, which have become popular over the last few years, range in depth from 24" to 48" with many of them being 36" deep. A 36" pool will require a 48" high fence with a self-closing self-latching gate.**

4. If my pool is 48" high and I have a removal ladder do I still need a self-closing self-latch gate? Yes, the point of entry into the pool must be protected by a 48" enclosure with a self-closing self-latching gate. A removal ladder is not a substitute for the required enclosure.

5. Is a pool alarm required for an above ground and an in-ground pool? Yes, both require a pool alarm which will emit a sound of at least 50 decibels when a person or object weighing 15 pounds or more

Continued on page 9

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enters the water. This alarm must be onsite and ready to install before water is placed in the pool.

6. In-ground pools have additional requirements which will be covered during your application review process.

7. All pools must receive a certificate of approval from the Building Official prior to anyone being allowed to use the pool.

Please don't hesitate to contact this office if you would like to discuss these requirements. Many above ground pool retailers offer a prefabricated ladder and self-closing gate assembly which may be a better option then trying to build your own.

*\*I want to update you on my list my goals which I published last quarter:*

- *Update the Building Department web page – added items will continue to include useful links.*
- *Work with the other Land Use departments to create a single permit application form - this process is evolving and will be implemented during the third quarter of this year.*
- *Improve communications with the Building Official – I have started texting the inspection results in real time so the contractor doesn't have to drive to the jobsite to look for the written inspection results.*
- *Perform concurrent plan reviews during the Zoning application process in order to expedite the issuance of building permits – this was implemented and will continue to be standard practice.*
- *Meet with those who use our services most and get feedback on ways we can improve – texting inspection results was a suggestion from one of our contractors and has been well received by all. Please include a cell phone when scheduling your inspections.*

I again want to express my appreciation to the Town of Westbrook in allowing me to serve as your Building Official. I have met some wonderful people in my first three months and look forward to working with many more of you over the summer months. I get to work where others vacation and for that I'm grateful. Have a wonderful summer!

David W Maiden, Building Official

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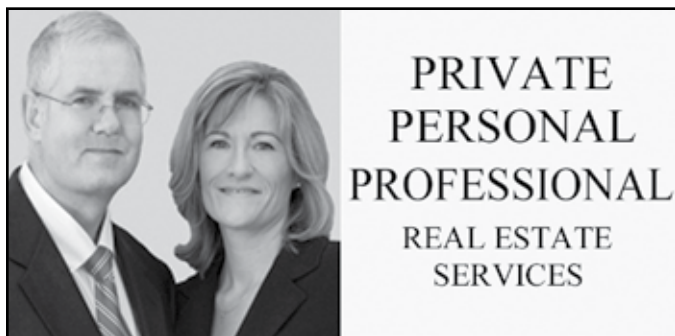
Simplicity is a wonderful thing. Everyone needs an easy-to-maintain daily routine at home to keep their teeth and gums healthy and their smiles bright. "Clean, healthy teeth are incredibly important, not just for the health of the mouth, but for the entire body" explained Dr. Vincent J. Michael, of Michael Dental Care in Guilford, CT. Dr. Michael recommends a simple daily care schedule for his patients. Brushing with a quality powered tooth brush twice daily puts more power behind the wrist to remove plaque and food particles. Flossing ensures there is no debris hiding between teeth or deep under gums, cutting the bacteria count in the mouth and helping to prevent cavities. "If your floss is getting stuck between your teeth or shredding, try a tape floss that easily slides through teeth. If you notice staining in between your teeth, rub some toothpaste across your teeth and then floss it through to really polish those hard to reach areas." Waterpicks have been available for years and the newer models have incredible strength. They flush everything clean and are advantageous for those with bridges, implants or limited dexterity. Tongue scraping scoops plaque and bacteria from the surface of the tongue, and mouth rinsing with a therapeutic rinse is advantageous to the health of teeth and tissues. Dr. Michael finished stating "Simple routines are inexpensive and very important to tooth longevity, dental health and overall health." To help keep yourself smiling, keep gums and teeth clean and healthy at home and don't forget to schedule regular check-ups and cleanings with your Dentist.

## Westbrook Senior Center

Our summer cookouts began May 4th and will be the first and third Wednesday through September 12:00 pm-1:00 pm. **Eversource** will present an informational session on June 15th at 1:00 pm and Park Ranger Shaun Roche from the Stewart B. McKinney National Wildlife Refuge will present **Eleanor Roosevelt in Westbrook**. "A Refuge for a First Lady" June 16th at 1:00 pm. For program information and/or to RSVP for programs please call: 860-399-3048.

The goal of the Westbrook Senior Center is to improve the quality of life for the Senior citizens of Westbrook and our neighboring shoreline towns. The senior center welcomes citizens 60 years of age or older to participate in our many daily activities directed by staff and volunteers. The goal of these programs is to promote the physical and mental well-being of our senior community. **To see our scheduled calendar of events and upcoming special events, please come down to the center Monday-Friday or visit us on the town website. We look forward to seeing you.**

Courtney Burks, Director



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## Memorial Day Parade

May 30th 10:00 am. Rain or Shine (same route as last year). Please come out and honor all our servicemen and servicewomen.

Parade begins and ends in the parking lot behind the former town hall, known as the Riggio Building.

Departs the Riggio building parking lot, heading west, out the entrance. Riggio building will be on your left and Wilcox Fuel will be on your right. Turn left onto US 1/Boston Post Road, heading south. Then left onto South Main Street (There will be a short ceremony at the cemetery on the right on South Main Street).

Proceed to the end of South Main Street and go straight onto US 1/Boston Post Road, passing Kingfisher Lane and Dunkin Donuts on your left. At the Intersection of US 1/Boston Post Road/Wesley Avenue/Seaside Avenue, turn right onto Wesley Avenue. Proceed to the end of Wesley Avenue. At the "T" intersection of Old Clinton Road and Wesley Avenue, turn right onto Old Clinton Road. (There will be a short ceremony at Clark's Bridge on Old Clinton Road).

Continue East on Old Clinton Road to the Intersection of Old Clinton Road, US 1/Boston Post Road, South Main Street and

State Route 153/Essex Road. At that intersection turn left onto US 1/Boston Post Road. Then left again, immediately on to SR 153/Essex Road. Proceed around the green on both sections of SR 153/Essex Road. Half way around, turn right on SR 153/Essex Road heading east toward Walgreens and US 1/Boston Post Road. Turn right when you get to that intersection: US 1/Boston Post Road and SR 153 Essex Road (There will be a ceremony at the War Memorial on the Town Green, located on the right on US 1/Boston Post Road).

Continue South on US 1/Boston Post Road. Turn left at the parking lot entrance to the Riggio Building. As you turn left, Wilcox Fuel will be on your left and the Riggio Building will be on your right.

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# Westbrook Youth & Family Services

## Counseling Services

WYFS provides support and therapy for individuals, families and couples. Our therapists help strengthen family functioning, and support children and families working through life's challenges, including emotional and behavioral issues, stress, anxiety, grief, depression, trauma, peer issues and life transitions. Call 860-399-9239 for an appointment.

## Thank you Oxford Academy!

For another beautiful evening featuring art, refreshments, prizes and comedy as ticketholders scurried to pick out a favorite photo to take home at the end of the night. Proceeds were donated to WYFS. Special thanks to Waters Edge Resort & Spa for its sponsorship and to our other local businesses and photographers for their invaluable donations.



## Look for these upcoming programs and more on our website at WYFS.org:

**Crafty Connections:** Calling all Middle School Students. Join us July 7th and 21st from 12-2pm @Westbrook Senior Center where we will be crafting creative creations with our sensational senior citizens. Free. Lunch included.

**Helping Hands:** High School students find ways to give back to their community.

**Parent Exchange:** On the Last Thursday of every month, 6-7:30pm, @VSYMCA single parents have an opportunity to build a network of support. Dinner and childcare provided.

**Life's A Beach Returns This Summer:** Open to all High School Students. Learn how to live life to the fullest. Every Tuesday from 1-2pm starting July 12th.

**Senior Center Round Up:** Join WYFS's Susan Scott for coffee and conversation at Westbrook's senior center with visits from canine celebrity Gus 3rd Wednesday of the month at 9.

**School Groups:** With WPS's support, we offer structured peer groups at each of the schools, including Sandcastles at Daisy; Globetrotters, and Peer Groups at WMS, and High School life at WHS. Visit our website for more information about these groups.

Like us on Facebook! WYFS.org

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## North Cove Yacht Club

Do you know about North Cove Yacht Club? We're just a few blocks from great shopping, restaurants, and The Kate on Main Street in Old Saybrook. Our location takes advantage of Old Saybrook's remarkable access to both river and Sound. Our cove-side clubhouse has a commanding view of our harbor of refuge and on to the Connecticut River. Membership is currently available to sailors, power boaters, and open water activity enthusiasts alike. The Town of Old Saybrook is making significant strides to ensure dredging of the harbor next fall which will expand the number of available moorings in 2018.

Our members enjoy easy access to the Club's fleet of small sailing craft, stand up paddle boards and a beautiful waterfront with plenty of dock space. Our Club is active in both casual cruising around Long Island Sound and beyond as well as weekly racing for both small and larger sailboats. And don't forget about a year-round amazing social function calendar and participation in Old Saybrook events such as the Torchlight Parade and Chili Fest.

Come learn to sail during our Junior Sailing programs over the summer! Each two week session is packed with both hand-on sailing in Old Saybrook's amazing and protected North Cove and classroom instruction. Our certified sailing instructors

## The Scouts

The Selectman's Office frequently gets requests for service projects from young men in our community eager to earn their Eagle Scout ranking/badge. Any project must benefit an organization other than the Boy Scouts. A project proposal must be approved by the organization benefitting from the effort, the Scoutmaster and the Town.

If your organization has a project or an idea that would enable one of our Scouts to earn his Eagle Scout badge, please contact the Selectman's Office at 860-399-3040.

ensure your sailors are safe while learning the ropes. Adult lessons are available as well.

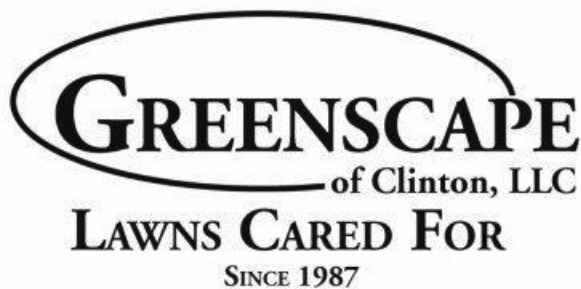
For more information about our Summer Junior Sailing Program and all the things that make North Cove Yacht Club a shoreline treasure, visit [www.northcoveyc.com](http://www.northcoveyc.com)

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B# 1997 Commercial and Residential

# Town Center Update

## Town Center Parking Project

With the acquisition of an additional .17 acres from First Niagara Bank, the Town Center parking project can now move forward. Plans for an expanded parking area can now be finalized and it is anticipated that the project will go out to bid by August for construction in late summer/early fall. The project has been on hold for approximately 1½ years while the necessary environmental permits were obtained and the purchase was negotiated with the bank. Expansion of the originally proposed parking area was a recommendation in the Town Center Vision Plan developed by UCONN. The parking area will be increased from 14 spaces to 27 and designed to allow for a future connection to the bank property to the east and other planned new driveways behind the buildings on Westbrook Place. The project will also include the removal of the bumpouts on Westbrook Place adjacent to the Town Green to create an additional 4 spaces of on-street parking.

## Town Center Vision Plan

After considering the public comments received on the Town Center Vision Plan, the Town Center Revitalization Committee has developed and forwarded a proposed amendment to the Plan of Conservation and Development

(POCD) to the Planning Commission. The Planning Commission will review the proposal and begin the process for public review. The process for amending the POCD requires endorsement by the Board of Selectmen and the holding of a at least one public hearing. When the process moves forward, a copy of the proposed amendment will be made available on the Town website for public review and comment. The Planning Commission will use the input from all of the interested parties to decide what to adopt as part of the POCD.

## Town Center Wastewater Disposal Feasibility Study

The Economic Development Commission has hired a consultant to perform a Market Analysis of the feasibility of the growth projections from the UCONN study. This is a first step in conducting a Cost-Benefit Analysis to determine if the cost of a community septic system can be supported. Previous studies have determined that a system similar to what is at the outlets or Water's Edge could serve the existing buildings in the downtown as well as accommodate growth. If the financial feasibility of a community septic system can be demonstrated, the Water

Continued on page 15

# PASSION

We are fortunate and grateful for the great work being done by our neighbors, those who are giving of their time, talent and resources to support a passion or area of interest that is special to them and benefits our communities. At the Community Foundation of Middlesex County, we connect these valued donors with worthy causes to address the important work of helping others.

We provide donors with a way of targeting their gifts, so they have the maximum benefit in the community, and we provide support services, programs, and grants to local nonprofit organizations. The result is improving the quality of life for all through the arts, education, the environment, heritage enhancement, human services, animal welfare, and much more. Learn how we can help you support your passion and your community. Learn how we can help you support your passion and your community. **Visit us at [middlesexcountycf.org](http://middlesexcountycf.org) or call us at 860-347-0025.**



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Pollution Control Commission will proceed with soil testing. The site proposed for the system is the Ted Lane athletic field, which would be reconstructed to accommodate its current uses as part of any installation.

### National Historic District Nomination

A public information meeting on the proposed National Historic District nomination was held on Thursday, May 12th at 7:00 pm in the Community Room of the Westbrook Public Library. All property owners within the proposed District should have received notice by mail. The State Office of Historic Preservation is preparing the nomination on behalf of the Town of Westbrook as part of a federal Disaster Relief Assistance grant project focused on identifying vulnerable historic resources in coastal communities. It is anticipated that the nomination will be submitted to the State Historic Preservation Board in June. If approved by the State Historic Preservation Board, it will be forwarded to the National Park Service. In order to be designated as a National Historic District, at least 51% of the property owners must be in favor of the District. Designation on the National Register of Historic Places is strictly an honorary designation that places no restrictions on owners of registered properties. Private residential and commercial properties in the District would be eligible for state and federal historic rehabilitation tax credits for certain improvements. Municipal and not-for-profit owners would be eligible for matching state historic preservation grants. A map of the proposed district is posted on the town website at [www.westbrookct.us](http://www.westbrookct.us).

Submitted by Meg Parulis, Town Planner

## 2016 Household Hazardous Waste

### Paper Shredding Dates

May 21, June 4, 25

June 11 (Paper Shredding)

July 16, August 20, September 10

September 24th (Paper Shredding)

October 1, 15, 29

5 Dump Road, Essex

860-581-8554, [info@rivercog.org](mailto:info@rivercog.org)

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## From the Zoning Office

In December 2015, the Zoning Commission clarified the fence regulations, making the changes effective 12-17-15.

A permit is not required when meeting the regulations, but please call the Land Use Office @ 860-399-3047, if you have any questions.

### Section 2.40.39a, Fence or Wall

Any structure of wood, metal, stone, brick or other materials delineating or separating an area within a parcel of land or along property lines. A hedge or other trees, shrubs, or other plants serving a similar function shall not be deemed to constitute a fence or a wall. A wire or other material carrying an electrical current or barbs for the purposes of enclosing or creating a barrier between separate areas shall be considered a fence. [Effective 12/17/15]

### Section 2.40.39b, Fence Height

The vertical distance measured from the side of the fence that is interior to the property from the ground directly below the fence to the top of the fence panel excluding support posts and ornamental features that do not extend more than 8 inches above the fence panel. Where the grade below the fence has been altered for the sole purpose of elevating the fence, the measurement shall be taken from the original grade. Allowance may be made for variations in height along the length of the fence due to uneven terrain so long as the majority of the fence sections do not exceed the maximum height requirement and the panel itself does not exceed six (6) feet in height. In the case of a fence on or within three (3) feet of a retaining wall, fence height shall be measured including the height of the retaining wall, unless the fence shall be deemed necessary for

safety by the Zoning Officer. If a fence is setback at least three (3) feet from the face of the retaining wall, the fence height shall be measured from the base of the fence. [Effective 12/17/15]

### Section 8.27.00, Fences (Effective 12-17-15)

**Section 8.27.01.** Fences for residential uses exceeding 78 inches in height must meet yard setbacks except those fences, including deer fences, constructed as a barrier to animals entering or leaving an enclosed area in conjunction with an agricultural use.

**Section 8.27.02.** Electrical, barbed wire fence, or other fences considered hazardous shall be prohibited in residential districts except when used to provide security to a public utility structure or tower or where constructed as a barrier to animals entering or leaving an enclosed area in conjunction with an agricultural use. For the purposes of this section, such agricultural use shall not include small flower or vegetable gardens.

**Section 8.27.03.** Fences intended to guard commercial or industrial property against unauthorized entry or to protect stored goods and products from theft and other unauthorized handling shall be exempt from height and yard setback requirements subject to Special Permit approval.

**Section 8.27.04.** Fences that are adjacent to a driveway that do not meet yard setbacks, shall not exceed a height of 3'-6" and shall be at least 40% transparent within 10' of the edge of pavement.

**Section 8.27.05.** On a corner lot, fencing along intersecting streets that does not meet yard setbacks, shall not exceed a height of 3'-6" and shall be at least 40% transparent within 25' of the intersecting street lines.



# Westbrook Board of Education

In CT the dominant language of nearly one out of every seven students is a language other than English. Across the State of Connecticut, public school students, ranging from K-12, speak 161 languages other than English. In Westbrook, we have a growing segment of students who come to us with a language other than English as their dominant language. Those students, who are considered to be our English Language Learners (ELL), are students who need support. Of the students who come to us with other than English as their first language, they need to learn English and to learn grade level content simultaneously. At a recent CT State Dept. of Education training for education professionals, the following paragraph was shared as a means of showing education professionals what our ELL students face as they engage with their peers and with their teachers each day.

*"Despite often difficult smerds, the lower delta people have their flaps of schats. They enjoy market days and various takloops. Many of these celebrations have their toops in ancient collian traditions. One of the most popular takloops is the Alacitas Fair. It is blod to honor Ekeko, the Alacitas god of blap fortune. Small strets of this tristy are sold in the thropheet. Each figure is the wust sath tiny goods. They include nill the things that a lower delta may want or need – a snupy nick of absop or wigar, a car two whurds, a television set, house or cow."*

If you found that unintelligible, you have experienced what ELL students experience every day. It is easy to see that the work to support ELL students to access English instruction is everyone's work; not just the work of the Bilingual teachers or those who are certified as TESOL (Teachers of English to Speakers of Other Languages). At Daisy Ingraham Elementary School, we have the largest population of ELL students. Currently 35 of our 264 students are considered English Language Learners. The dominant language for 24 is Spanish, with Portuguese next; and, yet, these students are excelling due to the supportive strategies being used in regular classrooms as well as the intervention groups to which they belong. Teachers have attended professional development focused on how to help ELL students and have begun to share best practices and ways of thinking about their ELL students. Out of simple strategies that can be incorporated into regular instruction, it is fair to say that students' exposure to learning English happens throughout their day. While it is challenging for those students, we all benefit by having them with us in our schools and in the community. In our growing multicultural environment, all students learn to respect, value and enjoy one another's differences. As they grow, they will be better prepared to engage in the global community.

## How to Reach Your Elected Officials

### STATE

Governor Dannel P. Malloy  
State Capitol Building, Room 200  
Hartford, CT 06106  
(860) 566-4840 – (800) 406-1527  
Fax (860) 524-7396  
Governor.Malloy@po.state.ct.us

LT Governor Nancy Wyman  
State Capitol Building, Room 304  
Hartford, CT 06106  
860-524-7384, Fax (860) 524-7304  
ltgovernor.wyman@ct.gov

Secretary of the State  
Denise Merrill  
30 Trinity Street, Hartford, CT 06106  
(860) 509-6000 Fax (860) 509-6209  
<http://www.sots.state.ct.us/>

State Treasurer  
Denise Nappier  
55 Elm Street, Hartford, CT 06106  
(800) 618-3404 Fax (860)-702-3043  
<http://www.state.ct.us/ott/>

### Attorney General

George Jepsen  
55 Elm Street, Hartford, CT 06106  
(860) 808-5318 Fax (860) 808-5387  
<http://www.cslib.org/attygen/>

### Rep. 23rd District

Devin Carney  
CT House Republican Office,  
L.O.B. Room 4200, Hartford, CT 06106  
860-240-8700, 800-842-1423  
devin.carney@housegop.ct.gov

### Senator 33rd District

Art Linares  
Legislative Office Building, Room 2705  
300 Capitol Avenue, Hartford, CT 06106  
(860) 240-8800, 800-842-1421  
Art.Linares@cga.ct.gov

### Rep. 35th District

Jesse Maclachlan  
CT House Republican Office  
L.O.B. Room 4200, Hartford, CT 06106  
860-240-8700, 800-842-1423  
jesse.maclachlan@housegop.ct.gov

### FEDERAL

Senator Richard Blumenthal  
90 State House Square 10th Floor  
Hartford, CT 06103  
(860) 258-6940 Fax (860) 258-6958  
706 Hart Senate Office  
Washington, DC 20510  
(202) 224-2823, Fax (202) 224-9673  
[www.blumenthal.senate.gov](http://www.blumenthal.senate.gov)

Senator Chris Murphy  
One Constitution Plaza, 7th Floor  
Hartford, CT 06103  
(860) 549-8463 Fax (860) 524-5091  
303 Hart Senate Office Building  
Washington, DC 20510  
(202) 224-4041 Fax (202) 224-9750

Congressman Joe Courtney  
55 Main Street, Suite 250  
Norwich, CT 06360  
(860) 886-0139  
2348 Rayburn HOB  
Washington, DC 20515  
(202) 225-2076, Fax (202) 225-4977  
[www.courtney.house.gov](http://www.courtney.house.gov)

## WESTBROOK Community Listings

### IMPORTANT TOWN HALL NUMBERS

Accounts Payable.....	(860) 399-3008
Animal Control Officer .....	(860) 790-1075
Assessor .....	(860) 399-3016
Assessor Clerk.....	(860) 399-3045
Building Official .....	(860) 399-2035
Emergency Management .....	(860) 577-0622
Emergency Management website.....	www.westbrookem.com
Environmental Health .....	(860) 399-3018
Finance Director.....	(860) 399-3004
Finance Director / Assistant .....	(860) 399-1235
Fire Department / Business calls.....	(860) 399-9492
Fire Marshal Office / Business calls.....	(860) 552-4496
Harbor Master .....	(860) 399-2477
Health Director .....	(860) 399-9869
Inland Wetland Enforcement.....	(860) 399-3017
Transfer Station .....	(860) 399-6356
Land Use - Planning/Zoning/IWWC Admin. Asst .....	(860) 399-3091
Land Use - Building/Health Dept. Admin. Asst .....	(860) 399-0339
Probate Court .....	(860) 510-5028
Recreation .....	(860) 399-3095
Registrar of Voters .....	(860) 399-3042
Selectman's Office .....	(860) 399-3040
Senior Center Director .....	(860) 399-3048
Social Services.....	(860) 399-3090
Tax Collector .....	(860) 399-3043
Town Clerk .....	(860) 399-3044
Town Garage .....	(860) 552-4496
Town Planner.....	(860) 399-3201
Town Web site.....	www.westbrookct.us
Treasurer .....	(860) 399-3040
Westbrook Senior Center .....	(860) 399-2029
Zoning Enforcement .....	(860) 399-3041

### SCHOOLS

Daisy Ingraham Elementary School .....	(860) 399-7025
Junior-Senior High School .....	(860) 399-6214
Middle School.....	(860) 399-2010
Superintendent of Schools.....	(860) 399-6432

### HOME HEALTH CARE

Visiting Nurses of Westbrook.....	(860) 399-3088
Ambulance & Oxygen Business Calls .....	(860) 399-7000

### POLICE DEPARTMENT

Resident Trooper .....	(860) 399-7304
State Trooper.....	(860) 399-2100

### LIBRARY

Westbrook Public Library .....	(860) 399-6422
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### USEFUL NUMBERS

9 Town Transit.....	(860) 510-0429
Community Foundation of Middlesex County .....	(860) 347-0025
First Congregational Church of Westbrook.....	(860) 399-9367
Garden Club.....	westbrookgardenclub@yahoo.com
Historical Society .....	(860) 399-7473
Westbrook Youth & Family Services.....	(860) 399-9239
St. Mark's.....	(860) 399-9207
St. Paul's Episcopal Church.....	(860) 399-5402

## What's Your Best Side?

Nobody's face is perfectly symmetrical but when we look at each other it is very difficult for us to see the difference. In pictures, however, we all know that one side is better than the other. What is your good side?

If you said your left, there is now science to back you up. According to a study from Wake Forest University, images of the left side of the face are perceived as more pleasant than pictures of the right.

According to the researchers, the love of the left side is probably due to the fact that left cheeks usually display "a greater intensity of emotion." The thinking is that the left side of the face is controlled by the right side of the brain, which controls feelings.

How ironic then that the left side of the face ages faster than the right because we now get the bulk of our sun exposure in the car sitting next to a left sided window.

UVA rays go through the glass of your car, the glass of your home, your clothing and penetrate your skin to destroy your DNA and collagen. This is why wearing a separate sunscreen for your face every day is so important.

The choice of sunscreens can be overwhelming and most of us seek out the highest SPF number we can find. Unfortunately, SPF measures your protection against UVB but not against UVA.

Your best defense against left sided aging is wearing a sunscreen that contains zinc or titanium dioxide. Both of these minerals protect you against UVA. Now, call the photographer!

Dr. Susan O'Malley, owner and Medical Director of Sonas Med Spa, is dedicated to helping women look younger without surgery. To learn which non-surgical procedures are right for you, please call 203-245-2227 for a free consultation with or visit us at [www.sonasmedspa.com](http://www.sonasmedspa.com).

Susan O'Malley, M.D.  
Sonas Med Spa

## Reminder Town Passes

Residents no longer need passes for the Transfer Station and Town Beach. Drivers license, mail, or tax bill can be used as identification. Non-Resident Parking Pass can be purchased at the beach.



## Senior Citizens' Club

On Wednesday, May 25th at 1:30 pm, the Senior Citizens' Club will have a special presentation by Donald Izzo, Director of the Office of Emergency Management on "Emergency Preparedness" in the Town of Westbrook. Don will inform us of what to do if a hurricane should come this summer or any other natural disasters. Don will let us know where we need to go, what we need to do, and what we should be doing to prepare for such events. Please join us. The meeting will be held in the Multi Media Room on the second floor across from the First Selectman's office at Mulvey Municipal Center, 866 Boston Post Road, Westbrook. This meeting is a FREE presentation and everyone is invited. For information, please call 860-575-5915.

The club welcomes all seniors in the town of Westbrook and all surrounding towns. We meet on the second and fourth Wednesday of the month at 1 pm at the Westbrook Town Hall in the Senior Center at 866 Boston Post Road, Westbrook. You can use the back entrance which is handicapped accessible. New members are welcome and can join us at any time. We have speakers and a lot of laughs at all our meetings. Please join us on Wednesday, May 25th at 1 pm. No reservations are required and all meetings are FREE. For more information, call 860-575-5915.

## Friends of Westbrook Barrier Islands

We are looking for volunteers to serve as Island Keepers and Shorebird Outreach People. We meet on the third Wednesday of each month at 6 pm at the Stewart McKinney Wildlife Refuge offices. Volunteers patrol Westbrook's three barrier islands as well as act as Shorebird Outreach People on Westbrook's beach. Join us to work with us, Audubon, and the US Fish and Wildlife Service in our Audubon Important Bird area, and help us make our islands both safe for birds and available for human enjoyment. Either join us at our meeting, e-mail [bbneale@gmail.com](mailto:bbneale@gmail.com), or call 860-399-5345 or 860-575-4263. Check out our Facebook page at Friends of Westbrook Barrier Islands, and come out and enjoy the outdoors with us!

To download previous issues of *Westbrook Events*  
visit [www.eventsmagazines.com](http://www.eventsmagazines.com)  
and download the issue you desire!

## Town Events

**WDTTC Craft Fair.** June 5th, 10 am – 4 pm.  
Town Green.

**WCEC Auxiliary Expo.** June 11th, 9 am – 2 pm.  
Fire Department.

**Park and Recreation Family Day.** June 11th,  
Noon – 2 pm. Town Green.

**Fire Department Carnival.** July 6,7,8,9 from  
6 pm – 11 pm. Ted Lane Field.

**First Congregational Church Fair.** August 13th.  
Town Green.

**Westbrook Drum Corp Muster Tattoo.**  
Friday, August 26th, 7:00 pm. Ted Lane Field.

**57th Annual Westbrook Drum Corp Muster Parade.** August 27th, 11:00 am.

**Historical Society – Day on the Green.**  
September 17th. Town Green.

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# Help from Westbrook Social Services

- Social Services has a new DIRECT phone number: 860-399-3090.
- Please be sure to visit the Westbrook Social Services, new, Facebook Page. We will be posting general information, current programs etc...

## Social Security Disability Assistance

They are a nonprofit agency specializing in disability advocacy and support. The SS Disability Assistance Service provides counseling and representation for those who are no longer able to work due to significant illness or impairment. This applies to physical and mental illnesses and impairments. If you have been denied, then they can help you. Their team will meet with you to understand the details of your situation and develop a plan to maximize the benefits you deserve.

They will help you gather medical records and other evidence to support your case; make sure that appeals are filed timely and accurately; obtain all the necessary documents from the Social Security Administration; evaluate your case and make sure it meets Social Security regulations and represent you before an Administrative Law Judge. This service is done on a discounted rate and/or sliding scale.

Susan Saundry- Program Director  
Social Security Disability Assistance  
Agency on Aging South Central CT  
1 Long Wharf Drive, Suite 1L  
New Haven, CT 06511  
203-752-2959, ssaundry@aoascc.org  
Or visit the website at [www.aoascc.org/ssda](http://www.aoascc.org/ssda)

## Renter's Rebate

Westbrook Social Services is accepting applications for the State of Connecticut, Office of Policy and Management, Renters Rebate Program through October 1, 2016. This program may provide elderly and disabled renters with a small refund check based on the amount of rent and utilities they paid in 2015.

### Eligibility requirements are:

- 65 years of age or older or 100% disabled, age 18 or older (by 12/31/15).
- 2015 GROSS income (including all Social Security benefits) must not have exceeded **\$42,900 for a married couple** or **\$35,200** for a single individual.

Please contact the Social Services office for an appointment today. 860-399-3040.

# From the Health Department

## Did you know?

May is National Skin Cancer Detection & Prevention Month.

According to the American Cancer Society, skin cancer is the most common type of cancer in the U.S. Melanoma accounts for only 11% of skin cancer cases but causes a large majority of skin cancer deaths. Rates of melanoma cases are on the rise, and have been for the past 30 years. Furthermore, the risk of melanoma increases as people age, with 62 being the average age that it is found.

## Transfer Station Hours

Mon., Wed., Sat. from 8:00 am - 3:00 pm

Phone: 860-399-6356

## Town Garage

185 Horse Hill Road, Exit 64

860-552-4496

## What is Melanoma?

Melanoma is a cancer that starts in melanocytes; the cells that make the skin coloring called melanin. Sunlight causes your skin to make more melanin, and your skin to get darker. Melanoma may start on the skin without warning; in or near a mole or other dark spot on the skin.

## What causes Melanoma?

Ultraviolet rays from the sun, and artificial sources, such as tanning booths, are a major risk factor for melanoma. UV and cell damage can happen over time and may take years before the damage causes problems or leads to cancer.

Visit the American Cancer Society at <http://www.cancer.org/> for more information regarding skin cancer detection and prevention. With the onset of the summer months upon us, it is important to remember our skin health. Some tips to limit exposure to UV rays are to remember to stay in the shade as much as possible, wear a shirt, hat, sunglasses, and sunscreen.



## From The Nurses' Corner

The Westbrook Visiting Nurses offers three therapy services: Physical Therapy (PT), Occupational Therapy (OT), and Speech/Language Pathology (SLP). Having a medical professional come to your home is important for those who are homebound and it is also a cost saving alternative to being in a skilled nursing facility.

You may need therapy following a stay in a hospital, a short-term rehab or directly from your doctor. PT and OT work together on a home safety assessment to make your home environment as safe as possible.

Physical therapists evaluate an individual's condition, identify problems/trouble spots and then develop a plan of care to address goals that you and the therapist have established to improve your function. This will allow you to become more independent in your home and in the outdoor environment.

Occupational therapists evaluate your ADLs (Activities of Daily Living). They will assess what type of adaptive equipment

you may need. For example, you may need a shower seat instead of a transfer bench to allow you to shower safely. They may recommend a higher toilet seat or grab bars.

Speech therapists evaluate and treat persons with speech and swallowing difficulties as well as perform cognitive evaluations. They help work on improving communication skills, voice, and swallowing skills.

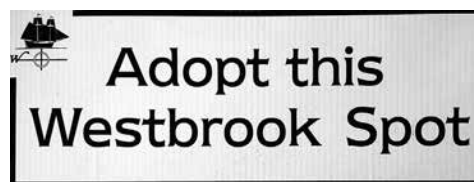
The agency also has a loaner closet with an array of durable medical equipment, such as walkers, commodes, bed rails, wheelchairs, etc., that we lend out to those in the community on a short term basis.

It would be a privilege to work with you in your home should the need for these services ever arise.

Noreen P. Saunders, PT  
Clinical Rehab Supervisor

## Adopt an Orphaned Spot

There are a few spots begging to be adopted. Please help us by adopting one of the spots crying out for help. They come in various sizes and shapes such as the landscaped area opposite the railroad station entrance, the area around the old library on the town green, the Westbrook welcome sign near the Clinton border, the west side of the Old Clinton Road bridge and the Wesley Avenue bridge. Some only need maintenance. Some



need your planting help. You can also adopt the road you traverse on your walks by keeping it litter free. Call Deb at 860-399-0664 to adopt a spot.

## Vista Starlight Benefit

Nearly 250 people enjoyed an evening as "castaways on a desert island" at the Water's Edge Resort and Spa on April 16th for the Vista Starlight Benefit, an annual spring fundraiser and social event for Vista Life Innovations - an organization that provides programs and services to individuals with disabilities.

This year's castaway-themed event stands to net over \$100,000, making it the most successful Starlight Benefit to date. Funds raised during the event go toward enhancing Vista's many programs and services, including art programming, employment services, life skills instruction, recreation and more.

The event honored Branford philanthropist Charlie Steinberg, owner of Branford Jewelers. Guests were welcomed ashore by the cheerful sound of a ukulele played by Guilford musician Jessica Coston. Highlights included cocktails, a photo booth, live and silent auctions, dinner and a sneak peek performance of Vista's upcoming musical production of "The Pirates of Penzance."

The 2016 Starlight Benefit was presented by Andi Barouh, the Matthew Seaman Family, Essex Printing, the Malhotra Family, the Rajiv Malhotra Memorial Fund, and Select Fence & Guardrail.

## The Epilepsy Foundation Of Connecticut

We offer 7 support groups throughout the state in Bethel, Milford, Stamford, Middletown, Groton, Guilford & Hartford. Our meetings are for adults living with epilepsy and parents of children with epilepsy. Those interested in attending are asked to please RSVP, to the Epilepsy Foundation of Connecticut by calling 800-899-3745 or emailing Allison at [Allison@epilepsyct.com](mailto:Allison@epilepsyct.com). For more information visit <http://www.epilepsyct.com> or call 800-899-3745. Offices are located at 386 Main Street, Middletown, CT.

# Emergency Notifications

Westbrook Emergency Management has the capabilities of notifying our residents and businesses of an emergency within the town. The system is called CT ALERT, used by many municipalities in Connecticut. Types of notifications includes severe weather, transportation hazards that include major road closures and/or evacuation, health emergency, law enforcement actions pertaining to public safety and any other reason deemed necessary to notify the public regarding their well being and safety.

We use information from the existing E911 telephone database. Residents and businesses with a home based telephone have automatically been added to the system. However, the system allows you to add your cell phone, smart phone, iPad or other electronic devices with receiving a phone call, text and/or email within minutes of a broadcast.



Emergency Management is urging all residents to set up a profile on the system. The process is easy and only takes a few minutes. Sign up at [www.ctalert.gov](http://www.ctalert.gov) as this is a safe, secure website. All information is held secure and confidential. The system adds extra value to the user as it allows you to implement different addresses for potential notification. You can add your work address, loved one in another town or a day care address for children as examples. When Emergency Management broadcasts a notification we will provide additional, detailed information on the Emergency Management website [www.westbrookem.com](http://www.westbrookem.com), Facebook and Twitter pages. If you already registered, please go back to the site to ensure your information is correct.

*"We can't alert you if we can't reach you."*

Donald Izzo, Emergency Management Director

## Westbrook Fire Department

On June 11 from 9:00 am to 2:00 pm the WCEC Auxiliary Expo and Westbrook Fire Department will have an Open House. The Expo will have multiple vendors, tag sale and bake sale. The Fire Department will be putting on the following demonstrations: Extrication and oven fire.

Firefighters will be giving tours of the building and apparatus and will be available to discuss what it is like to be a volunteer firefighter for the Town of Westbrook. You will be able to meet members of each Division of the Department: Firefighters, Junior Firefighters, and Auxiliary Members. Each Division serves the Town of Westbrook in a very important way. Please come to this event and speak to your neighbors and learn about an organization that you could join.

Westbrook Chemical Engine Co. No. 1 Inc. will be having our annual Carnival July 6, 7, 8, and 9. Carnival rides, games and

activities from 6:00 pm to 11:00 pm. Wristbands are available every night.

Food prepared and served by Fire Department members: Hot Dogs, Hamburgers, French Fries, Clam Fritters, Fried Dough with sauce & cheese or sugar and cinnamon, soda, and water. The Auxiliary will have pulled pork, baked potatoes, strawberry shortcake and baked goods.

As the summer approaches please take care with your outdoor grills, make sure they are placed away from any flammable items and are clean and well maintained. Please take the time to wear personal flotation devices when enjoying the beauty of Long Island Sound. We have the equipment and manpower to complete water rescues but we would be pleased if we never had to put our skills to use.

## News from the Westbrook Public Library

We have been sprucing up the library this spring. The Westbrook Public Works crew repainted the front railings and replaced the rusting nuts and bolts holding them in place. Great job guys! The high ceiling over the reading room is also being repainted.

During the winter, the interlibrary delivery service that connects Connecticut libraries underwent a major overhaul. The Connecticut State Library has taken over the entire service which has been renamed DeliverItCT. The Connecticut State Library is also working on bringing up a new state-wide catalog listing materials held in most public and academic libraries in Connecticut. Westbrook Public Library is a

member of Libraries Online (LION), a consortium of public libraries in Middlesex, New Haven, and New London. If we don't own an item, or, if our copy is unavailable, we are generally able to borrow what is needed from another LION library. However, we look forward to when the new state-wide catalog is available to help us locate and borrow desired items not in LION.

Pre-school story hours will be at the beach in July. There will be book discussions for elementary, middle, and high school age students and other activities as well. Contact us by phone at (860) 399-6422 or e-mail at [westbrook.public.lib@snet.net](mailto:westbrook.public.lib@snet.net). Visit our website at [westbrooklibrary.lioninc.org](http://westbrooklibrary.lioninc.org). Happy listening, reading, and viewing.

# Conservation Commission

## Chapman Mill Pond Educational Walk

Connecticut Trails Day

Saturday June 4, 10:00 am to 12:00 pm



Chapman Mill Pond parking area, Rt. 145, Westbrook. Photo Credit: Tom Odell, Conservation Commission.

Please Join Us. Our Educational Walk will start at Westbrook's newly constructed parking area on the west side of Route 145 (Horse Hill Road). From I-95 Exit 64, Westbrook, go north 0.8 miles on Route 145 approximately 0.8 miles. Watch for Chapman Mill Pond Trail signs. The parking area has a large red gate that will be open, and a stockade fence on the north side. The parking area was funded in part by a grant from the Connecticut Department of Energy and Environmental Protection's Recreational Trails Grant Program.

The walk will follow a 2-mile route through Westbrook's 83 acre Chapman Mill Pond Conservation Area, a gateway to the State-recognized Menunketesuck Greenway. From the new parking area, the trail slopes down using a switch back (Eagle Scout Project) to a woods road paralleling a series of vernal pools, then north through mixed hardwoods, and a scattering of hemlock and white pine, to Chapman Mill Pond. The trail crosses a small bridge (Eagle Scout Project) then goes uphill to the ridge top overlooking the 40 acre pond, an impoundment of the Menunketesuck River. The ridge, once covered by majestic Hemlocks is

reforesting with hardwoods and white pine after an infestation of the invasive Hemlock Wooley Adelgid killed 95% of the trees; large downed trees provide convincing evidence of the invasive pests' destructive capability. The trail continues down the south end of the ridge then follows the scenic shoreline trail at the base of the ridge back to the bridge. If there is time other trails will be explored. Attention: There may be wet areas and rocky sections of trail so please wear appropriate footwear. Rain cancels.

Pre-registration is appreciated contact: Tom Odell at 860-575-0969 or [todell@snet.net](mailto:todell@snet.net). Sponsored by: Westbrook Conservation Commission.

## Osprey Award of Merit Presented To Terri Potvin

### Natural Resource Conservation Academy Student

The Osprey Award of Merit was presented to Terri Potvin for her exceptional work in establishing a Long Term Monitoring Program to measure and identify biological and physical changes in vernal pools related to climate change in Westbrook's Chapman Mill Pond Open Space.

Terri, a UConn Natural Resources Conservation Academy (NRCA) student from Middletown High School, lives in Westbrook. NRCA requires each student to conduct a community project working with a Community Partner; the Conservation Commission is her partner. Terri developed an innovative Monitoring Manual to guide the Conservation Commission in electronically storing monitoring data in the field. The data can then be used to identify biological and physical changes and trends overtime, linked to climate change data, and utilized to guide management options to sustain viability of vernal pool organisms.



Terri Potvin with NRCA Poster and Tom Odell, Chairman, Conservation Commission. Photo Credit: Laura Cisneros, NRCA, UConn Dept. Natural Resources and the Environment.

The award was presented March 14 at the 10th Connecticut Conference on Natural Resources at the University of CT where Terri was presenting her NRCA Project Poster. CONGRATULATIONS Terri on a great project.

The Osprey Award of Merit was established by the Conservation Commission to recognize one or more individuals or organizations that have contributed significant programs and projects that enhance Westbrook's Open Space Program in the area of water resource preservation, conservation, restoration or education.

The Osprey, *Pandion haliaetus*, symbolizes both the impact of polluted water transmission within the food chain, and the ability of a species to recover from the brink of extinction when water quality is restored. In 2006 the Conservation Commission selected the Osprey as the symbol of Westbrook's Open Space Program and the community's commitment to protect the water quality of its water resources, including wetlands, watercourses, potable water supplies and Long Island Sound.

## Town Hall Closed

Memorial Day May 30

July 4th





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## Old Lyme Country Club Celebrates Its 100 Year Anniversary

The Old Lyme Country Club is celebrating its founding in 1916 with a season long schedule of events. The club, organized in 1916 as a 6 hole golf course and incorporated in the 1920's with an expansion to 9 holes, continues as a key shoreline institution to this day. Throughout its long history it has served its member's social and athletic needs as well as hosting many community events. The club's membership has included such well known figures as Walker Evans,

the Depression era photographer & Dominick Dunne the celebrity author. The club has survived two World Wars, the Great Depression and most recently, the Great Recession. Over the years the club has continued to evolve. It has added tennis courts, paddle tennis courts, a heated near Olympic size pool in 2005 and, most recently a bocce court. With a growing membership it is looking forward to another century of prosperity!

## Westbrook Garden Club – Grow with Us!

Thanks to all the members and shoppers who helped to make our May Garden Market such a success. Special thanks to Carolyn Fish the chairperson of this years event and to Nautical Needles for the stylish burlap tablecloths.

The proceeds of the market support free-to-the-public educational programs as well as our \$1,000 college scholarship, awarded annually to a deserving Westbrook resident planning college study in horticulture, environmental studies, or a related field. The deadline for application this year is May 31. For further information, contact scholarship chair Martha Neale at 860-399-5345 or 860-399-6247.

Congratulations to Ali Shlien, who serves as our new vice president, and to Shirley Kiely, as she steps up to direct

Spot Minders, who plant and tend over 40 window boxes and planters around town. Shirley and her crew are grateful to Eric Reeve – a former garden club scholarship winner, now running his own landscape business – for his donation of compost-rich soil to refill window boxes and planters.

Our May 24 program features Sherrica Moore demonstrating flower and vegetable container gardening. We hope you'll join us at 7:00 pm in the library's community room. And mark your calendar for Westbrook's annual Family Day on the green, June 11 from noon to 2:00 pm. The garden club will be there with our very popular station for decorating and planting pots with annuals. It's always a favorite with the kids, but adults are welcome to join the fun, too.



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**Deadline for the Next Issue of Westbrook Events  
is July 16.** Contact Jill in the First Selectman's  
office 860-399-3040 ext 1111 or E-MAIL  
jbrainerd@westbrookct.us to submit an article  
or press release.

# Westbrook Recreation

Westbrook is the best place to be during the summer months! Our Recreation Department has specialty camps and programs for everyone. Field Hockey, Soccer, Baseball, Basketball, Tennis and Theatre Camps are available to every child. We do programs for Westbrook children and for nonresidents from all over the shoreline.

It's time to sign-up for our Summer Day or Teen Camp programs. Summer Camp officially starts on June 27th. We provide inexpensive, safe and quality childcare for children between the ages of 5 to 14 years old. Arts & Crafts, Sports, Field Trips, Beach Day and many other activities are all part of the day camp experience. Your child will make new friends, learn new games and visit interesting places. Make this summer a special one for your child and sign-up now!

Week at the Beach will be August 15th - August 19th. It's a perfect way to finish the summer and go out with a week full of fun! Each day, parents will drop off and pick up their children right here at the Westbrook Town Beach. Drop-off will be at the Westbrook Town Hall, if it rains on any of these days. Please remember that there are two field trips during this week and that each camp has assigned days!

The week after summer camp is over has always been difficult for finding dependable childcare. Hangout Week will be August



22th -26rd, at the Westbrook Library. This week has no field trip but is a great way for children to start thinking about school. Access to library books and other materials will be available so children can catch up on summer reading. Hours during this week are limited to 8:00- 4:00 pm, due to staff availability.

The Westbrook Recreation Board hopes that all of our residents have a happy, safe and fun summer. Everyone can now register on line at [westbrookrec.com](http://westbrookrec.com). If you are not a Westbrook resident and want to receive our brochure, please call us at 860-399-3095. Nonresidents are always welcome to join us. Find out why people everywhere are saying: "Westbrook Recreation has programs for everyone and the benefits are endless!"



## OUR CENTENNIAL YEAR

The Old Lyme Country Club is celebrating 100 years of sport, family & friendship! Special membership opportunities will be available throughout 2016 which will allow full use of all our amenities: golf, tennis, pool, paddle tennis, fine dining and much more.

## JOIN OUR CELEBRATION

Visit our website or call 860-434-1639 ext 2 or email [admissions@oldlymecc.com](mailto:admissions@oldlymecc.com).







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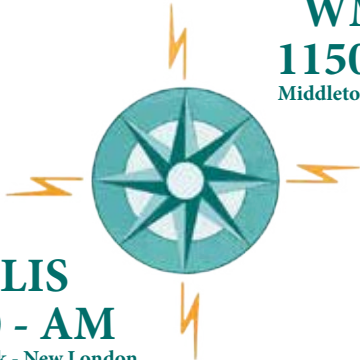
A future without dependency on glasses or contact lenses can be yours. Imagine being able to enjoy all of life's activities such as hiking, skiing, swimming, biking, and many others without the burden of glasses or contacts. Consider daily activities such as looking at the alarm clock, showering, and picking out an outfit without the hassle of contacts or glasses. If you have a busy lifestyle like most of us or are experiencing discomfort from wearing contacts or glasses, it is time to consider LASIK Laser Vision Correction.

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Call today to schedule your free LASIK consultation. During this, your doctor will determine if you are a candidate for treatment. There are several factors ranging from how much correction is needed, the health of your eye, are you 18 years of age or older, and your past medical history that will affect your candidacy. Blurry vision is the result of the eye not being able to focus light on the retina. By reshaping the cornea with LASIK, you can achieve excellent visual results.

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## MISS MULVEY



**"What is this growing out of my box?"**

**Happy Spring from Miss Mulvey!**

**Photo by Catie Marino**



# Historical Society

## Atop "Colonel Worthington Rock," He Perused the Waters for Enemy Ships

"Colonel Worthington Rock," a high ledge on Stannard Hill, is located on property now owned by Water's Edge Inn & Resort. Legend has it that Colonel William Worthington, during the Revolutionary War, would mount this rock daily to scan the waters for incoming British ships. His house, now demolished, stood at the corner of what is now Ripley Hill Road. It is said that one could see seven lighthouses from the hill. Historical Society members, Phil Bassett and Phil Pessoni, with Tina D'Attilio, have marked this legendary rock with a sign. Check it out.

Historical Society's Annual Day on the Green will be held on Saturday, September 17th from 10:00 – 4:00 pm. Vendor registration forms are available at the Historical Society or Library.

Monument Conservation Collaborative, of Norfolk, Connecticut, has been awarded the contract to restore 34 vandalized gravestones at the Old Burying Ground.



Colonel Worthington Rock



Looking to the Sound

One of their past restorations was to the memorial plaque for Washington's Tomb. Our restoration is expected to begin in early to mid-May.

A group of Westbrook High School students will be organizing efforts to design, raise funds, and implement placement of identifying signage on the front wall of the Lower Cemetery and Old Burying Ground. We are looking forward to working together.

In the works are plans to remember Bill Hahn. Anticipated are speakers, guests, and lite fare from 2:00 – 4:00 pm, possibly early November. Hope to locate family and former workers to share memories.

Catherine Neidlinger Doane, President



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## Westbrook Land Conservation Trust Hosts StoryWalk™

On a crisp afternoon last fall, a group of energetic children and adults walked the trails of Westbrook Land Conservation Trust's (WLCT) Elliott Conservation Easement reading pages of the children's book, *The Day the Crayons Quit*, by Drew Daywalt, along the way. StoryWalk is an innovative program that combines physical activity with literacy while exposing children to nature. Pages of a book are posted along a trail, and readers hike the trail to see how the story unfolds, and in our case, to see why the crayons were so upset. Participants read about the grievances of the different colored crayons amidst the beautiful colors of the fall foliage. The WLCT greatly appreciates the support from the Westbrook Public Library that helped to make this program possible. Another StoryWalk will be hosted by the WLCT on the Elliott Easement on Saturday, June 11 at 10 am. Park in the driveway at 274 Chittenden Hill Road, Westbrook. This event is free and open to children of all ages.

*The StoryWalk™ concept was created by Anne Ferguson and developed in cooperation with the Kellogg Hubbard Library and the Vermont Bicycle & Pedestrian Coalition.*



Hiking readers at WLCT's StoryWalk.

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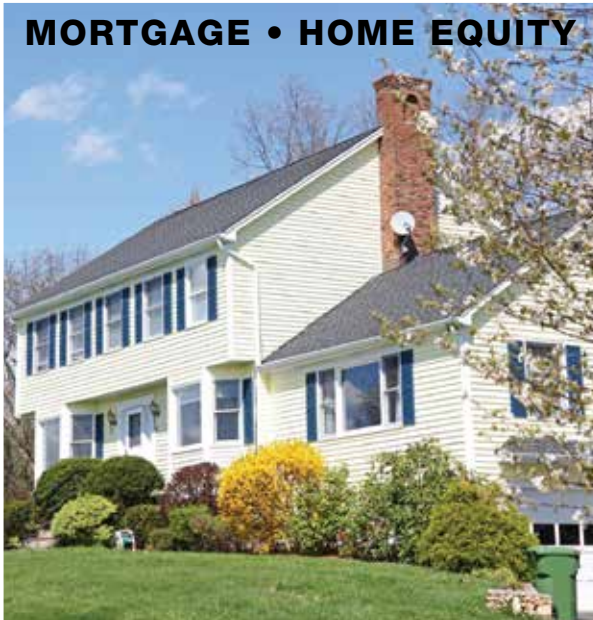


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