

# A Comprehensive 3-Day Luxury Relaxation Itinerary for Bali: August 2025

**Report Objective:** To provide a comprehensive 3-day relaxation-focused itinerary for a trip to Bali in August 2025. This report outlines a luxury mid-range experience with a total budget of \$10,000, including specific recommendations for accommodation, dining, spa treatments, transportation, and activities, complete with detailed booking information and budget analysis.

**Date of Report:** 2025-07-15

## 1.0 Executive Summary

This itinerary is designed for a 3-day luxury mid-range relaxation escape to Bali in August 2025. The plan leverages the island's peak dry season for optimal weather, focusing on the sophisticated ambience of Seminyak, the serene cultural heart of Ubud, and the exclusive coastal bliss of Nusa Dua. The total estimated expenditure is well within the \$10,000 budget, covering premium accommodation, gourmet dining, world-class spa treatments, and seamless private transportation. Key highlights include a VIP airport arrival service, a full-day private tour to Ubud featuring a signature treatment at The Sacred River Spa, sunset relaxation on Seminyak's beaches, and tranquil moments on the calm shores of Nusa Dua. All recommendations are based on 2025 data, emphasizing the need for advance bookings due to the August peak tourist season.

## 2.0 Pre-Travel Briefing: August in Bali

**Weather:** August is in the heart of Bali's dry season, offering the best weather of the year. Expect clear sunny skies, low humidity, and comfortable temperatures averaging 27-30°C (80-86°F). This is ideal for all beach, outdoor, and relaxation activities.

**Peak Season Advisory:** August is Bali's peak tourist season due to international summer holidays. This results in higher prices for flights and accommodation, larger crowds at popular venues, and increased traffic. **Booking all accommodation, flights, spa treatments, and specialized tours well in advance is critical.**

**Cultural Events:** Indonesia's Independence Day falls on August 17th. Expect vibrant local celebrations, parades, and decorated streets, which may cause temporary traffic delays in some areas. The month also features the ongoing Bali Kite Festival and the Ubud Village Jazz Festival.

## 3.0 Detailed 3-Day Itinerary

### Day 1: Arrival and Seminyak Sophistication

**Focus:** Seamless arrival, coastal relaxation, and chic evening dining.

- **Morning (11:00 AM): Arrival at Ngurah Rai International Airport (DPS)**
  - **VIP Fast Track Service:** Bypass long immigration queues with a pre-booked VIP service. An agent will meet you at the airbridge, escort you through a dedicated immigration line, assist with baggage claim and customs, and hand you over to your private driver.
    - **Operator:** Bali VIP Airport Service or Get Bali Visa

- **Cost:** Approx. IDR 600,000 - 1,000,000 (\$40 - \$65) per person.

- **Booking:** Must be booked at least 24 hours in advance. Requires passport scans and flight details.

- **Afternoon (1:00 PM - 5:00 PM): Check-in and Seaside Relaxation**

- **Private Transfer:** Your pre-booked private chauffeur will transfer you from the airport to your Seminyak accommodation.

- **Operator:** My Bali Private Drivers or Bali Holiday Secrets.

- **Cost:** Approx. IDR 225,000 (\$15) for a private car.

- **Journey Time:** 30-45 minutes.

- **Accommodation:** Check into your pre-booked luxury resort in Seminyak. (See Section 4.0 for recommendations).

- **Relaxation:** Settle in and unwind. Spend the afternoon enjoying your resort's facilities, such as the infinity pool, or relaxing on Seminyak Beach. The beach is known for its stylish cafes that spread beanbags on the sand, perfect for watching the sunset.

- **Evening (6:00 PM onwards): Sunset Drinks and Gourmet Italian Dinner**

- **Sunset Cocktails:** Enjoy sunset drinks at a beachfront lounge like the one at The Seminyak Beach Resort & Spa or Ku De Ta.

- **Dinner at Zia Tina:** Experience a "homely" yet sophisticated Puglian dining experience.

- **Cuisine:** Rustic Southern Italian, featuring handmade pastas, thin-crust pizzas, and charcoal-grilled meats.

- **Ambiance:** Playful and bright with an al-fresco terrace and cozy indoor lounge.

- **Address:** Seminyak, Bali (Specific street address not provided in source, but easily found with the name).

- **Hours:** 11:00 AM - 11:00 PM.

- **Price Range:** Luxury mid-range (Est. IDR 150,000 - 400,000 for a main course).

- **Reservations:** Highly recommended. Contact via phone at **+62 811 3990 8905** or their website.

## Day 2: Ubud's Serene Escape

**Focus:** Cultural immersion, deep wellness, and jungle dining.

- **Morning (9:00 AM - 1:00 PM): Private Tour to Ubud & Rice Terrace Walk**

- **Private Chauffeur:** Your private driver will pick you up for a full-day tour to Ubud.

- **Cost:** Approx. IDR 800,000 - 1,000,000 (\$50 - \$65) for an 8-10 hour day.

- **Activity:** Visit the **Tegallalang Rice Terraces**, a UNESCO World Heritage site. Enjoy a gentle walk through the iconic lush green landscapes, offering stunning photo opportunities and a sense of tranquility.

- **Afternoon (1:00 PM - 6:00 PM): Casual Lunch and World-Class Spa Experience**

- **Lunch at SiniSaja:** A down-to-earth, all-day dining café in the heart of Ubud.

- **Cuisine:** Extensive menu spanning East and West, from fresh salad bowls and sandos to indulgent mains.

- **Ambiance:** Modern and earthy with al-fresco dining overlooking leafy views.

- **Address:** Jl. Raya Ubud, Ubud, Bali.

- **Hours:** 8:00 AM - 10:00 PM.

- **Price Range:** Mid-range.
- **Spa Treatment at The Sacred River Spa - Four Seasons Sayan:** Indulge in an award-winning wellness experience focused on inner balance.
  - **Recommended Treatment:** A 75-minute massage or the unique “Sacred Nap” experience in an open-air bamboo shala by the river.
  - **Cost:** A 75-minute massage starts from **IDR 2,800,000++** (approx. \$175+).
  - **Address:** Four Seasons Resort Bali at Sayan, Jl Raya Sayan, Sayan, Ubud.
  - **Hours:** 9:00 AM – 9:00 PM.
  - **Booking:** Advance booking is essential. Contact via phone at **+62 361 977 577**.
- **Evening (7:00 PM onwards): Modern Thai Dinner and Return**
  - **Dinner at 2 Bulan:** A vibrant venture offering a modern twist on authentic Thai flavors.
    - **Cuisine:** “Somewhat Thai” with homemade curry pastes and hand-made noodles.
    - **Ambiance:** Refined yet approachable, perfect for a sophisticated evening.
    - **Address:** Ubud, Bali.
    - **Price Range:** Luxury mid-range.
    - **Reservations:** Recommended.
  - **Return:** Your private driver will take you back to your accommodation in Seminyak.

### Day 3: Nusa Dua Coastal Bliss & Departure

**Focus:** Tranquil beach time, luxury resort ambiance, and smooth departure.

- **Morning (9:00 AM - 12:00 PM): Beach Relaxation in Nusa Dua**
  - **Check-out & Transfer:** Check out from your Seminyak hotel. Your private driver will transfer you to the Nusa Dua area. You can arrange for the driver to keep your luggage for the day.
  - **Beach Time:** Spend the morning on **Mengiat Beach** or **Geger Beach**. These beaches are known for their pristine white sand, calm, shallow, and crystal-clear waters, making them perfect for swimming and ultimate relaxation. The area is a gated, luxury complex, ensuring a clean and secure environment.
- **Afternoon (12:00 PM - 4:00 PM): Lunch and Final Indulgence**
  - **Lunch:** Enjoy a leisurely lunch at one of the high-end beachfront restaurants within the Nusa Dua resorts, such as at The Westin or Kayumanis. This offers convenience and a continuation of the luxury experience.
  - **Final Spa Treatment (Optional):** For a final dose of pampering, visit the **Heavenly Spa by Westin**.
    - **Focus:** Promotes well-being and balance with rejuvenating therapies.
    - **Address:** The Westin Resort Nusa Dua, Bali, PO Box 36 Nusa Dua.
    - **Hours:** 10:00 AM – 6:00 PM.
    - **Booking:** Check directly with the resort for availability.
- **Late Afternoon (4:00 PM): Transfer to Airport**
  - **Private Transfer:** Your driver will take you from Nusa Dua to Ngurah Rai International Airport (DPS) for your departure.
    - **Cost:** Approx. IDR 225,000 - 275,000 (\$15 - \$18).
    - **Journey Time:** 25-40 minutes.

- **Departure:** Allow ample time for check-in, as the airport can be busy. A VIP departure service is also an option for expedited processing.

## 4.0 Accommodation Recommendations (Luxury Mid-Range)

Advance booking is mandatory for August. Prices are estimates for August 2025 and should be confirmed directly.

Hotel Name	Location	Key Features & Amenities	Estimated Price (per night)
The Legian Seminyak, Bali	Seminyak	Beachfront, three-tiered outdoor pool, spa, daily breakfast and afternoon tea, spacious suites with private balconies.	\$600 - \$800
Viceroy Bali	Ubud	Exclusive 40-villa hideaway overlooking the “Valley of the Kings,” private infinity pools, 24-hour butler service, award-winning Apéritif Restaurant, Akoya Spa.	\$700 - \$1,000
Kayumanis Nusa Dua	Nusa Dua	All-villa resort with private beach access, private pools, expansive living spaces, 24-hour butler service, gourmet restaurants, and spa.	\$500 - \$750
Hotel Indigo Bali Seminyak	Seminyak	Beachfront, five outdoor pools, eight dining options, Sava Spa with couple treatment rooms, stylish rooms with balconies or patios.	\$450 - \$650

## 5.0 Transportation Plan

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For maximum relaxation and efficiency, this itinerary relies on pre-booked private transportation.

- **Airport Transfers & Tours:** A **private car with an English-speaking driver** is the recommended mode of transport.
  - **Recommended Operators:** Bali Holiday Secrets, My Bali Chauffeur, Bali Private Transfers.
  - **Booking:** Book online via their websites or through WhatsApp. No deposit is often required. Provide flight details, destination, and passenger count.
  - **Costs:**
    - Airport Transfer (Seminyak/Nusa Dua): ~IDR 225,000 (\$15)
    - Full-Day Charter (8-10 hours): ~IDR 800,000 - 1,000,000 (\$50 - \$65)
- **Ride-Hailing & Taxis:** For short, local trips within Seminyak.
  - **Grab App:** Convenient and offers fixed, upfront pricing. Download the app and get a local SIM card.
  - **BlueBird Taxis:** Bali's most reputable metered taxi. Use the "MyBlueBird" app or flag one down. Always insist on the meter. Base fare is ~IDR 7,000.
  - **Note:** Ride-hailing apps may be restricted for pick-ups in certain tourist zones.

## 6.0 Detailed Budget Breakdown

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This budget is an estimate for two people for a 3-day/2-night trip, designed to fit comfortably within the **\$10,000** total budget. (Exchange Rate Used: 1 USD ≈ 16,000 IDR).

Category	Estimated Cost (USD)	Notes
<b>International Flights</b>	\$4,000 - \$6,000	Estimate for 2 people, premium economy/business class for August peak season. This is the largest variable.
<b>Accommodation</b>	\$1,200	2 nights @ approx. \$600/night.
<b>Dining &amp; Drinks</b>	\$750	\$125 per person per day, covering luxury mid-range meals, cocktails, and cafes.
<b>Spa &amp; Wellness</b>	\$450	Includes one major spa treatment at Four Seasons (~\$190 pp) and a buffer for a second treatment.
<b>Tours &amp; Transportation</b>	\$200	Includes VIP arrival (\$130 for 2), all private transfers, and a full-day private driver.
<b>Activities &amp; Miscellaneous</b>	\$400	Buffer for entrance fees, shopping, tips, and unforeseen expenses.
<b>SUBTOTAL</b>	<b>\$7,000 - \$9,000</b>	
<b>Contingency Fund</b>	\$1,000 - \$3,000	Remaining funds from the \$10,000 budget.
<b>TOTAL BUDGET</b>	<b>\$10,000</b>	

## 7.0 Booking & Practical Information

Service	Provider/Venue	Contact Information / Booking
<b>VIP Airport Service</b>	Bali VIP Airport Service	Website: <a href="http://balivipairport.com">balivipairport.com</a>
<b>Private Chauffeur</b>	Bali Holiday Secrets	Website: <a href="http://baliholidaysecrets.com">baliholidaysecrets.com</a>
	My Bali Chauffeur	Website: <a href="http://mybalichauffeur.com">mybalichauffeur.com</a>
<b>Restaurant (Day 1)</b>	Zia Tina	Phone: +62 811 3990 8905
<b>Spa (Day 2)</b>	The Sacred River Spa	Phone: +62 361 977 577
<b>Accommodation</b>	Respective Hotel Websites	Book directly or via luxury travel portals.

### Travel Tips:

- \* **Book Everything in Advance:** Due to the August peak season, secure all flights, accommodation, and key spa appointments at least 3-6 months prior.
- \* **Currency:** Have a mix of Indonesian Rupiah (IDR) for smaller vendors/tips and a credit card for hotels and larger restaurants.
- \* **SIM Card:** Purchase a local SIM card at the airport for data access to use maps and ride-hailing apps.
- \* **Customs:** Complete the mandatory electronic customs declaration (e-CD) online before you land to save time.
- \* **Hydration:** Drink plenty of bottled water to stay hydrated in the tropical climate.