**Schedule for human-like motion Pilot Study**

1. Prepare the laboratory room  
   a. Move aside any distracting objects  
   b. Position the table and the two chairs  
   c. Set up the VR system (PC)
2. Check and start the setup  
   a. ...  
   b. Start the laptop  
   c. ...  
   d. Check parameters and start the program
3. Greet the participant and guide them into the room  
   a. Explain the participant information and answer any questions  
   b. Have them sign the consent form  
   c. Have them sign the data protection form  
   d. Have them fill out the form
4. Ask the participant to turn off their phone
5. Start the experiment  
   a. Have the participant sit down and familiarize them with the setup  
   b. Provide instructions and answer any questions  
   c. Conduct three (?) test runs and answer any questions  
   d. Conduct the (?) main runs and 22 control runs (?)  
   e. During the process, document in a table
   * Bring the participant into the correct position
   * ... start
   * During experiments, instructions from the experiment leader to the participant: "You should observe ... and do ..."
   * Remove the VR headset
6. After the runs:  
   a. Debrief and explain the purpose of the experiment  
   b. Note the duration of the experiment in the protocol
7. Post-experiment  
   a. Clean and disinfect  
   b. After all measurements of the day:
   * Shut down the PC
   * File and save documents