

Introduction

The OWASP Security Shepherd project is a web and mobile application security training platform. This enables users to learn or to improve upon existing manual penetration testing skills. This is accomplished by presenting security risk concepts to users in lessons followed by challenges.

OWASP Security Shepherd provides:

- Teaching Tool for All Application Security
- Web Application Pen Testing Training
- Mobile Application Pen Testing Training
- Safe Playground to Practice AppSec Techniques
- Real Security Risk Examples

Setting up the lab

Prerequisites

- [Oracle VM VirtualBox](#) OR [VMware Workstation](#) OR any other Virtualization product where you can import the virtual machine.
- A proxy which can capture and intercept HTTP protocol requests and responses.
 - [Burp Suite](#)

First of all if you don't have the OWASP Security Shepherd with you. Then you can download it from <https://github.com/OWASP/SecurityShepherd/releases/tag/v3.0>. Once you have the [owaspSecurityShepherdVm_V3.0.zip](#) Extract it and import it to your virtualization software.

Once you have imported the OWASP Security Shepherd successfully then you need to login to the system so that you can find out the IP Address of the machine.

Login Credentials

Username-	securityshepherd
Password-	owaspSecurityShepherd

Once you logged in type “**ifconfig**” to see information regarding your IP Address.

Then you can type that IP in your web browser to get connected with the website hosted within the virtual machine. [**https://<VM IP Address>/**](https://<VM IP Address>/)

If you are logging for the first time default login credentials will be “**admin**” and “**password**” then you will be prompted to re-enter the current password (“password”) and a new password. Make sure to remember the password you type.

Field Training

OWASP Security Shepherd Walkthrough

Insecure Direct Object References

In this step we have to intercept the HTTP Post parameter and change “username=user” to “username=admin” then you will get the key for the level.

The screenshot shows a browser window for "OWASP Security Shepherd" and the Burp Suite interface. The browser page discusses insecure direct object references and shows a POST request to the URL `/lessons/fdb94122d0f032821019c7edf09dc62ea21e25ca619ed9107bcc50e4a8dbc100`. The Burp Suite Proxy tab displays the raw request content, which includes the parameter `username=guest`.

The screenshot shows a browser window for "OWASP Security Shepherd" and the Burp Suite interface. The browser page discusses insecure direct object references and shows a POST request to the URL `/lessons/fdb94122d0f032821019c7edf09dc62ea21e25ca619ed9107bcc50e4a8dbc100`. The Burp Suite Proxy tab displays the raw request content, which includes the parameter `username=admin`.

The screenshot shows a browser window for "OWASP Security Shepherd" and the Burp Suite interface. The browser page shows a user profile edit form with fields for Age (43), Address (12 Bolton Street, Dublin), Email (administratorAccount@securityShepherd.com), and Result Key (a long alphanumeric string). The Burp Suite Proxy tab displays a captured GET request to the URL `/js/clipboard-/js/clippy.svg`. The raw request content includes the parameter `User: Admin`.

OWASP Security Shepherd Walkthrough

Poor Data Validation

In this level we need to input a negative number where it only accepts a positive number. Even though it looks like that have been only accepting positive numbers when we see the HTTP POST we see that we can manipulate the output.

The screenshot shows the 'What is Poor Data Validation?' lesson page. It contains a text area explaining poor data validation, a note about bypassing validation by submitting a negative number, and a form to enter a number. The form has '10' entered and a 'Submit Number' button. Below the form, a success message says 'Valid Number Submitted' and 'The Number 10 is a valid number.' To the right, a Burp Suite proxy capture shows an incoming request to https://10.0.1.130:443 with the parameter 'userdata=-10'.

This screenshot shows the same lesson page as above, but with a different user input. The 'Enter a Number' field now contains '-10'. Below the form, a 'Loading...' message is displayed. To the right, a Burp Suite proxy capture shows the same request as before, but with the parameter 'userdata=-10'.

This screenshot shows the 'Validation Bypassed' lesson page. It displays a success message: 'You defeated the lesson validation. Result Key:' followed by a long alphanumeric string. To the right, a Burp Suite proxy capture shows the same request as previous screenshots, but with the parameter 'userdata=-10'.

OWASP Security Shepherd Walkthrough

Security Misconfiguration

In this stage the developer have used a default credentials(admin/password). To the login credentials.

The screenshot shows a browser window titled "OWASP Security Shepherd" displaying a login form. The form has fields for "User Name" (set to "admin") and "Password" (set to "*****"). Below the form, a message says "Loading...". To the right of the browser is the "Burp Suite Free Edition v1.6" interface. The "Proxy" tab is selected, showing a captured request. The request is a POST to "https://10.0.1.130/index.jsp". The raw payload is:

```
POST /index.jsp HTTP/1.1
Host: 10.0.1.130
Connection: keep-alive
Content-Length: 32
Accept: */*
Origin: https://10.0.1.130
Referer: https://10.0.1.130/index.jsp
Accept-Encoding: gzip, deflate
Accept-Language: en-US,en;q=0.8
Cookie: lessonComplete=lessonNotComplete;
JSESSIONID=6DE752B0A3B09EB5112CD87D24DBD89C;
token=1.17542946404132054633027040087073895864;
JSESSIONID3="DxYI1l8nVnMswverLKIURQ=="
userName=admin&userPass=password
```

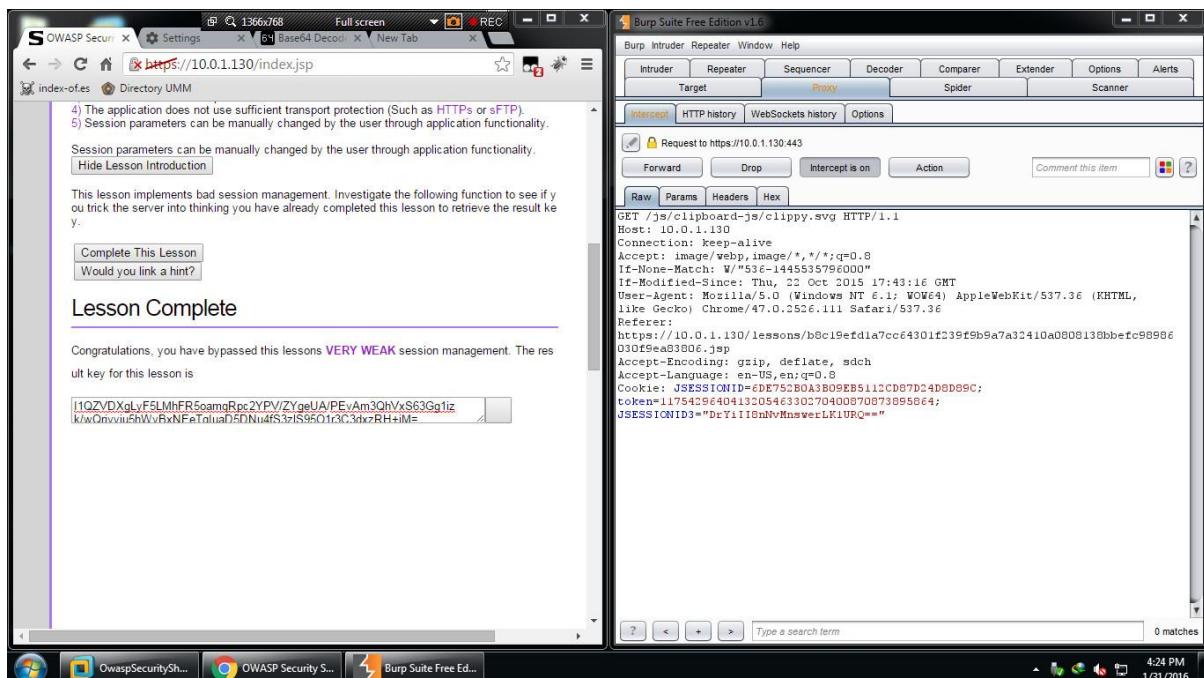
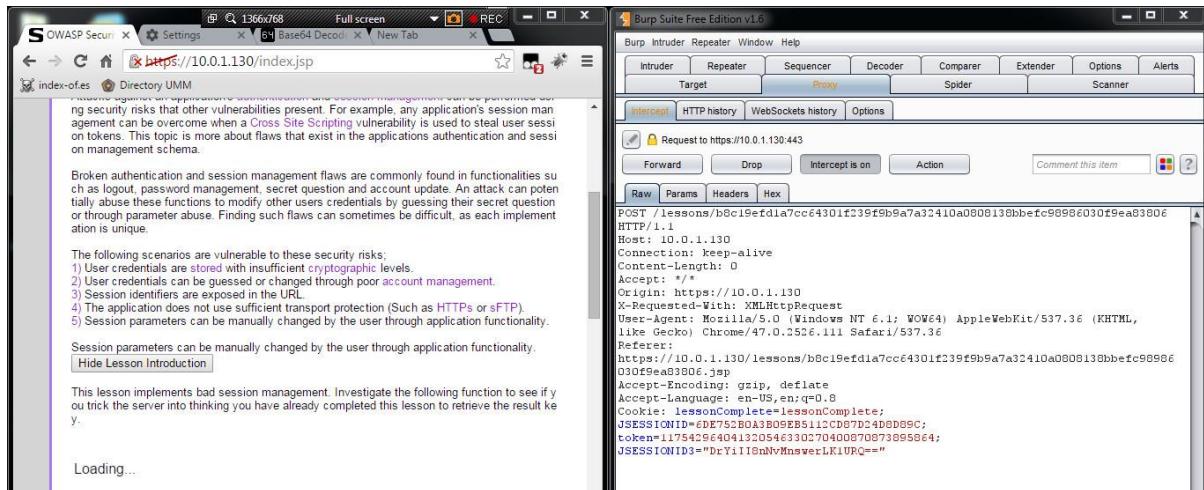
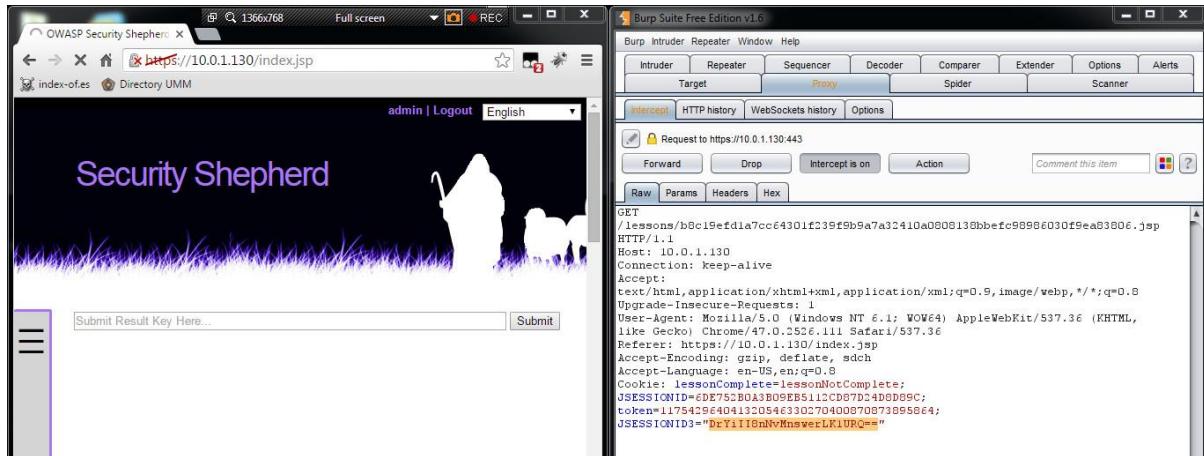
The screenshot shows a browser window titled "OWASP Security Shepherd" displaying a success message: "Authentication Successful". Below it, a message says "You have successfully signed in with the default sign in details for this application. You should always change default passwords and avoid default administration usernames." At the bottom, there is a "Result Key:" field containing the value: "CL1PWgSjtCp4P3uYIUfj03VP0vQ/GMXEDb672ihot0tJe56W5LdsH3i3sPCzckHOn/HICt9dSwuiQFbdPckWFdmA2vIEC/nEJlJnOcICvn7lE3inKES4PRY". To the right of the browser is the "Burp Suite Free Edition v1.6" interface. The "Proxy" tab is selected, showing a captured response. The response is a GET to "/js/clipboard-jquery/clippy.svg". The raw payload is:

```
GET /js/clipboard-jquery/clippy.svg HTTP/1.1
Host: 10.0.1.130
Connection: keep-alive
Accept: image/webp,image/*,*/*;q=0.8
If-None-Match: W/"53e-1445535796000"
If-Modified-Since: Thu, 22 Oct 2015 17:43:16 GMT
User-Agent: Mozilla/5.0 (Windows NT 6.1; WOW64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/47.0.2526.111 Safari/537.36
Referer: https://10.0.1.130/index.jsp
Accept-Encoding: gzip, deflate, sdch
Accept-Language: en-US,en;q=0.8
Cookie: JSESSIONID=6DE752B0A3B09EB5112CD87D24DBD89C;
token=1.17542946404132054633027040087073895864;
JSESSIONID3="DxYI1l8nVnMswverLKIURQ=="
```

OWASP Security Shepherd Walkthrough

Broken Session Management

In this session we have to change the “LessonComplete=NotComplete” into “LessonComplete=Complete”. This can be done via intercepting with the HTTP POST.



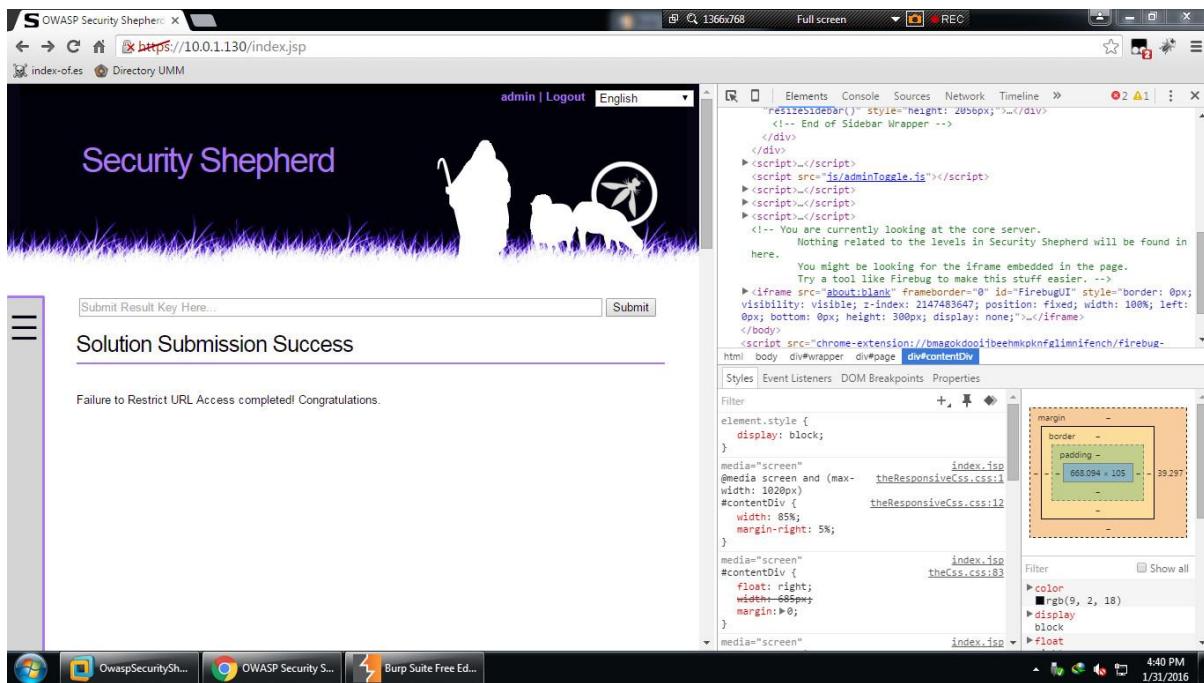
OWASP Security Shepherd Walkthrough

Failure to Restrict URL Access

In this step there is a hidden url under a dev tag

Once we discover that go to that page <https://10.0.1.130/adminOnly/resultKey.jsp>

Then inspect the page and you will be able to see the key near to the end of the page



OWASP Security Shepherd Walkthrough

Cross Site Scripting

In here we need to submit a script into the input field.

Eg <script>alert("Hello")</script>

The screenshot shows a browser window for the OWASP Security Shepherd application. The URL is https://10.0.1.130/index.jsp. The page displays a "Security Shepherd" logo with a silhouette of a person and a dog. On the left, there is a sidebar menu with options: Admin, Scoreboard, Field Training, Private, Corporal, Sergeant, Lieutenant, Major, and Admiral. The main content area shows a success message: "Solution Submission Success" and "Cross Site Scripting completed! Congratulations.". Below this, there is a text input field labeled "Submit Result Key Here..." and a "Submit" button. The status bar at the bottom right shows the date and time: 4:42 PM / 1/31/2016.

Cross Site Scripting One

In here we see that we cannot put the script tag. Seems it has been filtered. So we can use some other tag and event to get the injection done. Eg

The screenshot shows a browser window for the OWASP Security Shepherd application. The URL is https://10.0.1.130/index.jsp. The page displays a "Cross Site Scripting One" challenge. It includes a form with a placeholder "Submit Result Key Here...". Below the form, there is a text area with the following content:
Find a XSS vulnerability in the following form. It would appear that your input is been filtered!
Please enter the Search Term that you want to look up

Get this user
Well Done

The result key for this challenge is displayed in a text input field: pLnIbmeCKeVs4rXLi/7P5MNFK10OK+OMpjZ2TufdGkOKQBCz5JzedwYeagy3KNtcbLhKY@Y1vvG7huua/YDc@=

On the right side of the screen, a Burp Suite Free Edition v1.6 proxy tool is open, showing the captured request: GET /js/clipboard-javascript.js HTTP/1.1. The request details tab shows the full URL and the raw payload: GET /js/clipboard-javascript.js HTTP/1.1 Host: 10.0.1.130 Connection: keep-alive Accept: image/webp,image/*,*/*;q=0.8 If-None-Match: W/"536-1445535796000" If-Modified-Since: Thu, 22 Oct 2015 17:43:16 GMT User-Agent: Mozilla/5.0 (Windows NT 6.1; WOW64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/47.0.2526.111 Safari/537.36 Referer: https://10.0.1.130/challenges/d72ca2f9422af2eb3c5d90e4c1e7b4575a7bc12eed0a384ec24e9498e5fa.jpg Accept-Encoding: gzip, deflate, sdch Accept-Language: en-US,en;q=0.8 Cookie: JSESSIONID=d6E752B0A3B09EB5112CD87D24DBDB9C; token=l17542964041320546330270400870873895864; JSESSIONID3="DrYiII8nMvMnsweLKIURQ=="

The status bar at the bottom right shows the date and time: 4:52 PM / 1/31/2016.

OWASP Security Shepherd Walkthrough

Private

Insecure Cryptographic Storage

In this stage we have to use base 64 decoding and encoding. There are plenty of online tools for that.

The screenshot shows the OWASP Security Shepherd application interface. On the left, a vertical sidebar contains tabs for Admin, Scoreboard, Field Training, Private, Corporal, Sergeant, Lieutenant, and Major. Under the Private tab, there is a list of challenges: Insecure Data Storage (X), Insecure Cryptographic Storage (✓), Storage (X), SQL Injection (X), Insecure Cryptographic Storage Challenge 1 (X), Insecure Direct Object Reference Challenge 1 (X), and Poor Data Validation 1 (X). The main content area has a heading 'What is Insecure Cryptographic Storage?' and a detailed description of the flaw. A text input field contains the string 'base64isNotEncryptionBase64isEncodingBase64HidesNothingFromYou'. A 'Submit' button is visible next to the input field. The status bar at the bottom right shows the date and time as 1/31/2016 5:00 PM.

The screenshot shows the BASE64 Decode and Encode website. The URL is https://www.base64decode.org. The main interface has two buttons: 'Decode' and 'Encode'. Below the 'Decode' button is a text input field containing the encoded string 'YnFzZTY0aXNOb3RFbmNyexB0aW9uQmFzZTY0aXNFbmNvZGluZ0Jhc2U2NEhpZGVzTm90aGluZ0Zyb21Zb3U=' and a 'DECODE' button. To the right, there is a 'Do You Like us?' section with a 'Thanks... In advance!' button. Two large green banners at the bottom right say 'BANNER 404'. The status bar at the bottom right shows the date and time as 1/31/2016 4:57 PM.

OWASP Security Shepherd Walkthrough

SQL Injection

In this stage we need to perform a SQL injection to retrieve data from a table.

'OR' 1=1

OWASP Security Shepherd Walkthrough

Insecure Cryptographic Storage Challenge 1

It says that it has been encrypted with a roman cipher

(Creaser Cipher with KEY=21).

The screenshot shows the OWASP Security Shepherd interface. On the left, there's a sidebar with buttons for Admin, Scoreboard, Field Training, Private, Corporal, Sergeant, Lieutenant, and Major. Under the Private section, there are several challenges listed with icons: Insecure Data Storage (X), Insecure Cryptographic Storage (✓), SQL Injection (✓), Insecure Cryptographic Storage (X), Insecure Direct Object Reference (X), Poor Data Validation 1 (X), and SQL Injection 1 (X). The main content area displays the challenge details for "Insecure Cryptographic Storage Challenge 1". It includes a text input field containing "mylovelyhorserunningthroughthefieldwhereareyougoingwithyourbiga" and a "Submit" button. Below the input field, the challenge title is shown. A note states: "The result key has been encrypted to ensure that nobody can finish the challenge without knowing the secret key to decrypt it. However, the result key has been encrypted with a famous, but easily broken, Roman cipher. The Plain text is in English." To the right of the challenge text, there is a long string of encrypted text: "Ymj wjxzqy pjd ktw ymnx qjxxts nx ymj ktqtbnsl xywnsl rdqtajqdmtnwxjwzssnslymwzlmy/mjknjgbmjwfwjdtzltnslbny. mdtzwgrnf". At the bottom of the page, there are browser tabs for "OWASP Security Shep...", "OWASP Security S...", "Burp Suite Free Ed...", and "New Text Docum...". The status bar at the bottom right shows the date and time: "5:14 PM 1/31/2016".

Insecure Direct Object Reference Challenge 1

When we inspect the page we see that all numbers are Odd values. The next available value is 11

The screenshot shows the OWASP Security Shepherd interface. On the left, there's a sidebar with buttons for Admin, Scoreboard, Field Training, Private, Corporal, Sergeant, Lieutenant, and Major. Under the Private section, there are challenges listed with icons: Insecure Cryptographic Storage (✓), Insecure Direct Object Reference (X), Poor Data Validation 1 (X), and SQL Injection 1 (X). The main content area displays the challenge details for "Insecure Direct Object References Challenge One". It includes a text input field with placeholder "Submit Result Key Here..." and a "Submit" button. Below the input field, the challenge title is shown. A note states: "The result key for this challenge is stored in the private message for a user that is not listed below...". On the right, there is a Burp Suite interface showing a POST request to "/challenges/o9a450a64cc2a196f55878e2bd9a27a72daea0f17017253f87e7ebd98c71c98c7e7ebd98c3". The request body contains user data and session tokens. The status bar at the bottom right shows the date and time: "5:14 PM 1/31/2016".

The screenshot shows the OWASP Security Shepherd interface. On the left, there's a sidebar with buttons for Admin, Scoreboard, Field Training, Private, Corporal, Sergeant, Lieutenant, and Major. Under the Private section, there are challenges listed with icons: Insecure Cryptographic Storage (✓), Insecure Direct Object Reference (X), Poor Data Validation 1 (X), and SQL Injection 1 (X). The main content area displays the challenge details for "Insecure Direct Object References Challenge One". It includes a text input field with placeholder "Submit Result Key Here..." and a "Submit" button. Below the input field, the challenge title is shown. A note states: "The result key for this challenge is stored in the private message for a user that is not listed below...". On the right, there is a developer tools panel showing the DOM structure of a dropdown menu. The dropdown menu lists names: Paul Bourke, Will Bailey, Orla Cleary, Ronan Fitzpatrick. The developer tools panel shows the CSS for the dropdown menu, including styles for the select element and its options. The status bar at the bottom right shows the date and time: "5:14 PM 1/31/2016".

OWASP Security Shepherd Walkthrough

Poor Data Validation

SQL Injection 1

The screenshot shows a browser window for 'OWASP Security Shepherd' with a URL of 'https://10.0.1.130/index.jsp'. The page displays a challenge titled 'SQL Injection Challenge One'. It contains a form with a placeholder 'Submit Result Key Here...' and a text area for entering a query. Below the form is a 'Challenge Hint' section with the following text:

This is the query you are injecting code into! Take special note of characters that start and stop the connection..

SELECT * FROM customers WHERE customerId = " OR" 1=1";

Please enter the Customer Id of the user that you want to look up

Loading...

To the right of the browser is the 'Burp Suite Free Edition v1.6' interface. The 'Proxy' tab is selected, showing the raw HTTP request sent to the server. The request is as follows:

```
POST /challenges/e1e109444bf5d7ae3d67b816530e13e64f7d0f51c432a1e4efc841051371lb0a HTTP/1.1
Host: 10.0.1.130
Connection: keep-alive
Content-Length: 23
Accept: */*
Origin: https://10.0.1.130
X-Requested-With: XMLHttpRequest
User-Agent: Mozilla/5.0 (Windows NT 6.1; WOW64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/47.0.2526.111 Safari/537.36
Content-Type: application/x-www-form-urlencoded
Referer: https://10.0.1.130/challenges/e1e109444bf5d7ae3d67b816530e13e64f7d0f51c432a1e4efc841051371lb0a.jsp
Accept-Encoding: gzip, deflate
Accept-Language: en-US,en;q=0.8
Cookie: JSESSIONID=F2AB2489B102494C0846736D4A50E04E; token=73373864904337305571e6282151580049451; JSESSIONID3="DtYiII0nVnMswrLKIURQ=="
aUserId=%22+OR%22+1%3D1
```

The screenshot shows the same 'SQL Injection Challenge One' page after a search. The 'Search Results' table is displayed:

Name	Address	Comment
John Fitts	crazycat@example.com	null
Rubix Man	manycolours@cube.com	null
Rita Hanola	thenightbefore@example.com	null
Paul O'Brien	sixshooter@deaf.com	Well Done! The result Key is fd8e9a29dab75b58061b215594211e72c1680f1eacc50b0309f

To the right of the browser is the 'Burp Suite Free Edition v1.6' interface. The 'Proxy' tab is selected, showing the raw HTTP response received from the server. The response includes the search results table.

OWASP Security Shepherd Walkthrough

Session Management Challenge 1

The screenshot shows a web browser window with two tabs open. The active tab is titled "OWASP Security Shepherd" and displays a page for "Session Management Challenge One". The page contains a form with a placeholder "Submit Result Key Here..." and a note: "Only administrators of the following sub-application can retrieve the result key." Below this is a button labeled "Administrator Only Button". A large red banner at the bottom of the page says "HACK DETECTED" and states: "A possible attack has been detected. Functionality Stopped before any damage was done". The second tab in the browser is titled "Burp Suite Free Edition v1.6" and shows the "Proxy" tab selected. It displays a list of intercepted requests, with one request highlighted for "https://10.0.1.130/index.jsp". The request details show a POST method with the URL "/challenges/dffd6fbfa1033fa380e378299b6a998c759f46bd0aea0251140cb8ce5d707f93a". The raw request body contains several parameters and a cookie, including:

```
POST /challenges/dffd6fbfa1033fa380e378299b6a998c759f46bd0aea0251140cb8ce5d707f93a
HTTP/1.1
Host: 10.0.1.130
Connection: keep-alive
Content-Length: 65
Accept: /*
Origin: https://10.0.1.130
X-Requested-With: XMLHttpRequest
User-Agent: Mozilla/5.0 (Windows NT 6.1; WOW64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/47.0.2526.111 Safari/537.36
Content-Type: application/x-www-form-urlencoded
Referer: https://10.0.1.130/challenges/dffd6fbfa1033fa380e378299b6a998c759f46bd0aea0251140cb8ce5d707f93a.jsp
Accept-Encoding: gzip, deflate
Accept-Language: en-US,en;q=0.8
Cookie: checksum=dXNlclJvbG9wZdXNlcg==;
JSESSIONID=F2AB249B102494C0846736D4A50E04E;
token=733730649043373055716282151580049451;
JSESSIONID3="DrYiII8nVnMnswerLkIURQ=="
adminDetected=true&returnPassword=true&upgradeUserToAdmin=false
```

The Burp Suite interface also includes tabs for "Intercept", "HTTP history", "WebSockets history", and "Options". The status bar at the bottom of the browser window shows the date and time as "5:59 PM 1/31/2016".

OWASP Security Shepherd Walkthrough

The screenshot shows a browser window with several tabs open. The active tab is 'OWASP Security She' with the URL 'https://10.0.1.130/index.jsp'. The page displays the 'Security Shepherd' logo and a sidebar menu with options like Admin, Scoreboard, Field Training, and Private. Under Admin, there's a list of challenges: SQL Injection 1, Reverse Engineering, Session Management, Challenge 1, Failure to Restrict URL, Access 1, Unintended Data Leakage, and Cross Site Request. The challenge 'Session Management' is selected. A 'Submit Result Key Here...' input field is present. To the right, the 'Burp Suite Free Edition v1.6' proxy interface is visible, showing a captured POST request. The request details show a POST to 'https://10.0.1.130/challenges/dfd6fb1033fa380e378299b6a998c759e46bd0aea02511480b8ce5d707f53a'. The raw payload includes session cookies and a parameter 'adminDetected=true&returnPassword=true&upgradeUserToAdmin=true'. The status bar at the bottom indicates the date as 1/31/2016 and the time as 6:21 PM.

The screenshot shows the same browser window after a submission. The 'Scoreboard' tab is now active. The main content area displays a 'Solution Submission Success' message and a note: 'Session Management Challenge 1 completed! Congratulations.' The sidebar menu now includes Corporal, Sergeant, Lieutenant, Major, and Admiral. The status bar at the bottom indicates the date as 1/31/2016 and the time as 6:44 PM.

We had to base64 Decode the checksum and put the "UserRole=administrator" and encode and change the checksum in the POST.