

T-SAM: Text Self-Attention Maps

For Semantic Alignment in Diffusion Models

What is Text-to-Image Generation?

- Text → Image using diffusion models.
- Used in art, design, prototyping, automation.
- But they still struggle with semantic alignment.

“Text-to-image diffusion models... can generate beautiful images... But even today, they often misunderstand what we are trying to describe.”



Stable Diffusion Logo

Motivation: Typical Failures

Prompt: “A black car and a white clock”

Common Errors:

- Missing objects
- Wrong color binding
- Object-attribute confusion
- Blending of multiple objects

“...the model may draw only one object, or swap the colors. This violation of meaning is called semantic misalignment.”

600 × 400

Background: Cross-Attention

- Cross-attention links image pixels \leftrightarrow text tokens.
- Controls what part of the image listens to which word.
- Crucial for placing objects and attributes correctly.

“If cross-attention for ‘black’ overlaps with
‘clock’, the clock might incorrectly become
black.”

 Diagram of cross-attention linking text tokens to image pixels



Background: Self-Attention (Text Encoder)

- Self-attention captures word-to-word relationships.
- E.g., “black → car”, “white → clock”.
- This structure exists in the text encoder.

“The CLIP text encoder internally knows grammatical relations... But this information never reaches the image generator.”

Visualization of a text self-attention matrix



Prior Work: Attend-and-Excite

What it does

Forces the model to attend to all subjects during generation.

This solves "catastrophic neglect" (missing objects).

The Limitation

Good for "object presence," but **not fine attribute control.**

"...it does not solve attribute binding – it does not know which color belongs to which object."

Prior Work: Linguistic Binding (SynGen)

- Uses an external syntax parser (like SpaCy).
- Encourages correct attribute-entity pairs.
- Separates incorrect pairs.
- Good, but depends heavily on parser quality.

“But if the parser fails or prompt is unusual, the method breaks. Also, [it] requires extra computation...”



SpaCy logo or syntax tree diagram

Prior Work: CONFORM / Attention Regulation

- ⌚ **Concept:** Regulates attention using contrastive constraints.
- ⚠ **Limitation 1:** Needs hand-designed token grouping.
- ⚠ **Limitation 2:** Sometimes creates hard, unnatural boundaries in the generated image.
- 💬 **Quote:** "...it still needs hand-designed token groups and can make images look unnatural."

This Paper: Key Observation 1

“This paper shows that cross-attention blindly follows text embeddings. If embeddings for ‘black’ and ‘white’ look similar, then their attention maps overlap, causing color confusion.”

Observation: Words with similar embeddings → similar cross-attention maps.

Problem: Embeddings do not encode syntax properly.

This Paper: Key Observation 2

“

“The text encoder’s self-attention perfectly captures grammar. But due to the attention-sink effect, the final token embeddings lose these relationships, so the UNet never sees them.”

”

Observation: Self-attention **does** encode syntax correctly.

Problem: Embedding computation destroys this due to attention sink at .

This Paper: T-SAM (Text Self-Attention Maps)

The idea is extremely elegant:

- Extract text self-attention matrix \mathbf{T} (the correct syntax).
- Compute cross-attention similarity matrix \mathbf{S} (image meaning).
- **Aim: Make \mathbf{S} match \mathbf{T} .**

"Use the self-attention matrix \mathbf{T} ... and guide
cross-attention \mathbf{S} ... to match it."

600 × 400

This Paper: Optimization (Simple Loss)

A simple loss is applied:

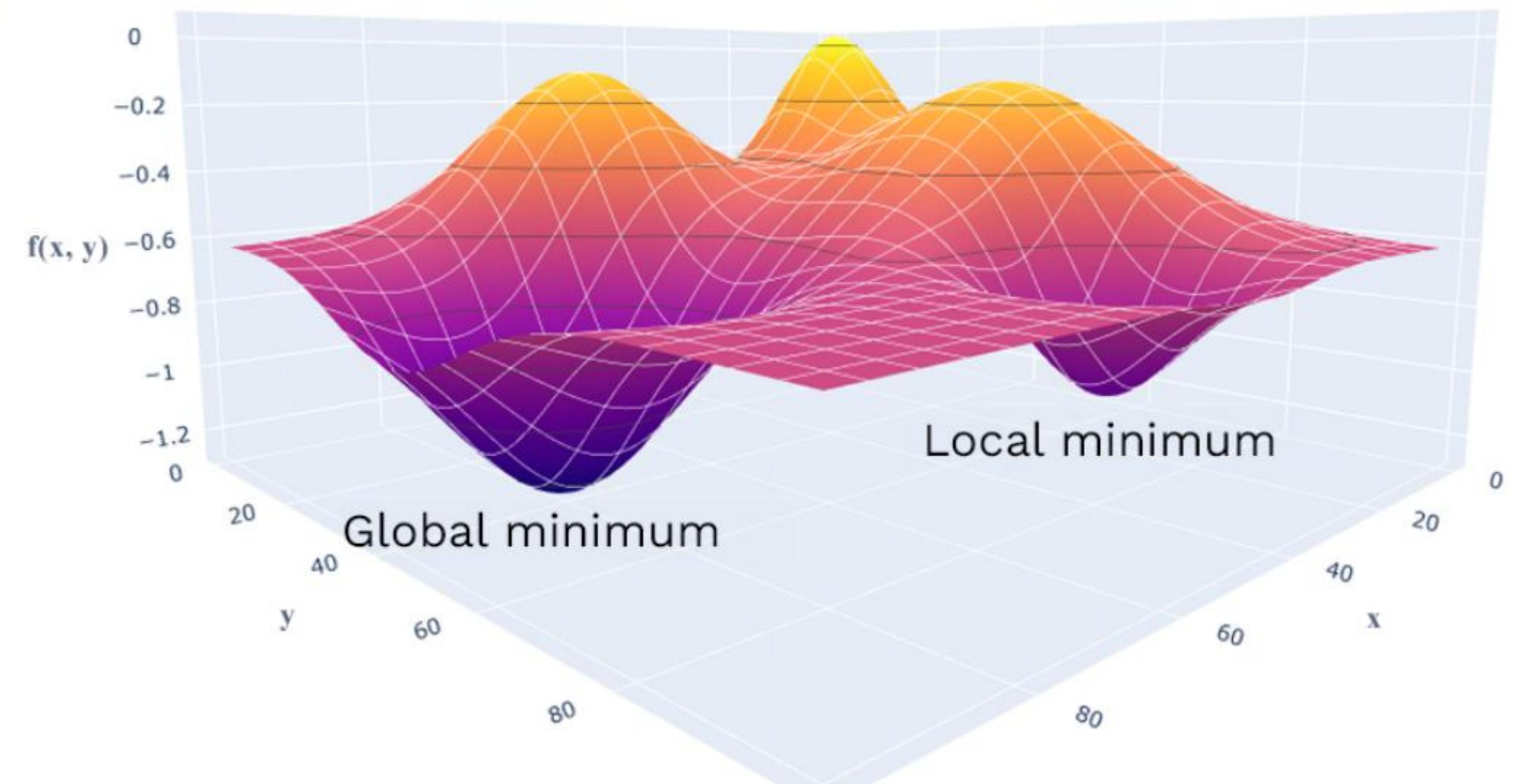
$$\text{Loss} = |T - S|$$

A small gradient update nudges the latent z :

$$z' = z - \alpha \nabla (|T - S|)$$

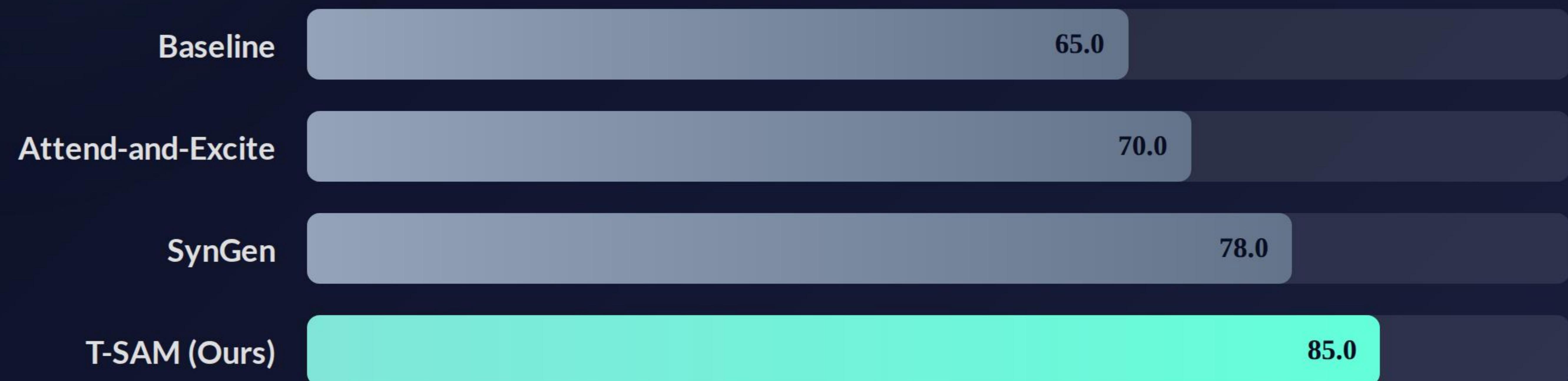
"They do not retrain the model. They simply nudge the latent at a few early denoising steps..."

Course of an objective function



Experiments (TIFA Benchmark)

- Tested on 4000+ natural language prompts.
- T-SAM improves TIFA score significantly.
- Handles colors, shapes, relations better than baselines.



"On the TIFA benchmark, T-SAM outperforms prior approaches across categories like color, shape, and relation understanding."

Experiments (Structured Prompts)

Prompts like “**a red cube and a blue sphere**.”

- Better attribute binding.
- No object missing.

“For structured prompts, T-SAM consistently generates all objects with correct attributes.”



T-SAM result for 'a red cube and a blue sphere'

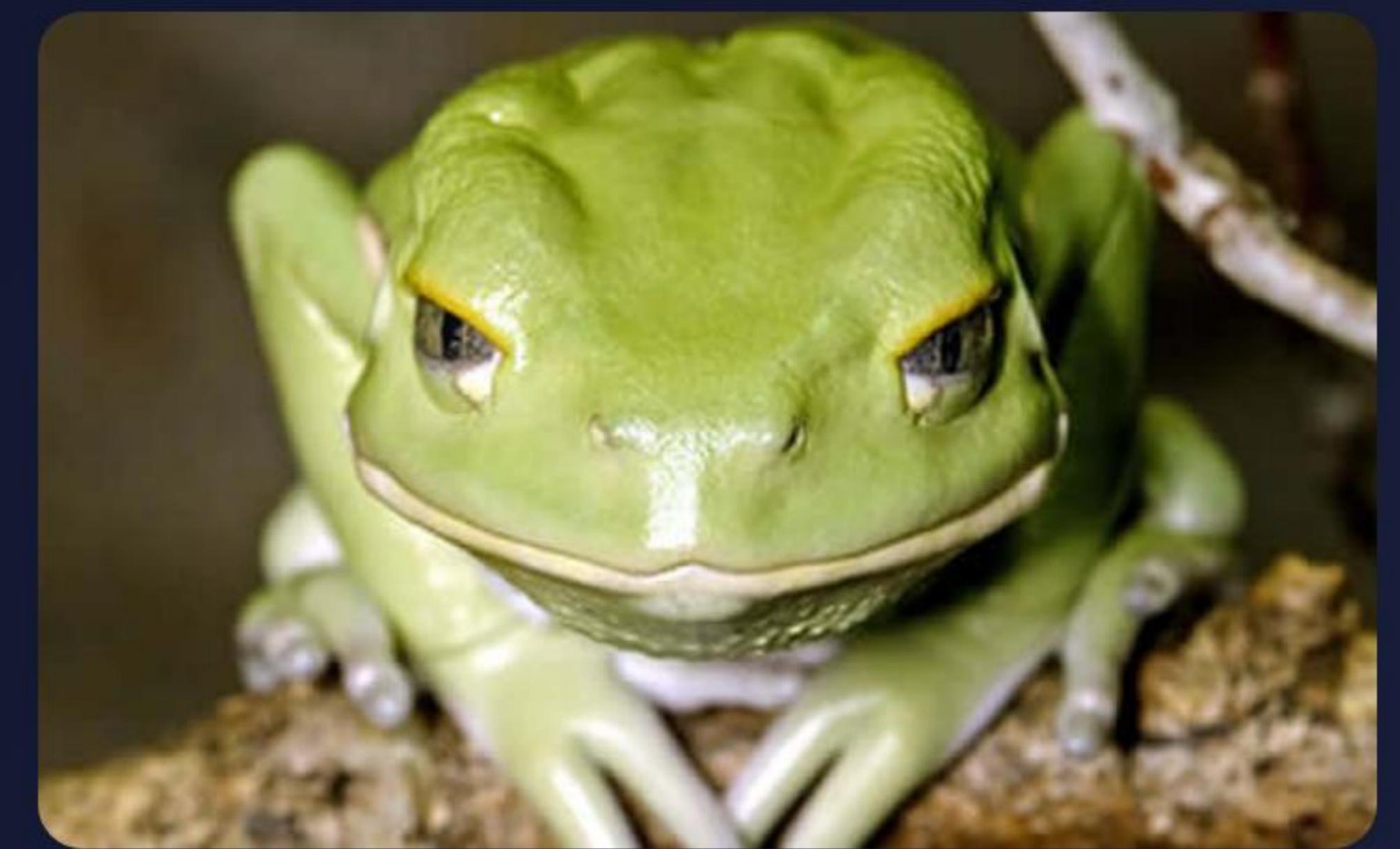
Qualitative Results (Before vs. After)



"a black car and a white clock"

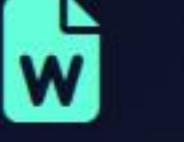


"a red cube on a blue sphere"



"a yellow bird and a green frog"

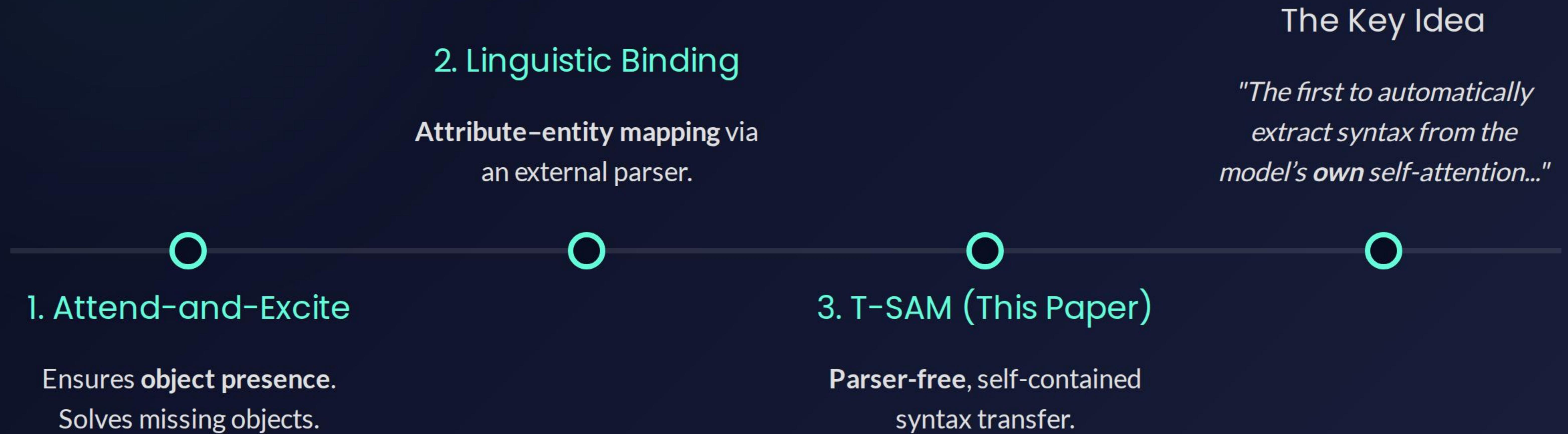
Limitations

-  **Computation:** Extra computation during inference (optimizes latent multiple times).
-  **Tuning:** Hyperparameters (α, γ) matter and need tuning.
-  **Scope:** Only text-side syntax is considered, not image-side structure.
-  **Length:** Does not handle long, multi-sentence prompts yet.

Future Direction

- ▶ **Speed:** Faster approximation of $T \rightarrow S$ alignment.
- 📷 **Integration:** Combining with image-side structure (e.g., segmentation, layout).
- 📖 **Scale:** Multi-sentence or story-level alignment.
- 💬 **Quote:** “The next step could be integrating visual constraints, improving efficiency, and extending syntax to long paragraph-level prompts.”

Summary & Evolution of Alignment Techniques



Questions?

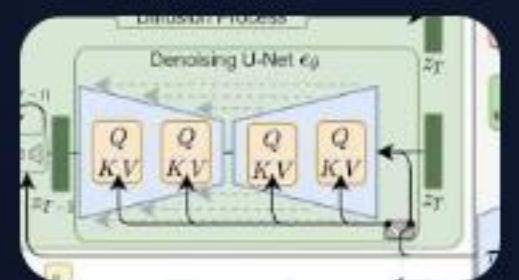
Thank you.

Image Sources



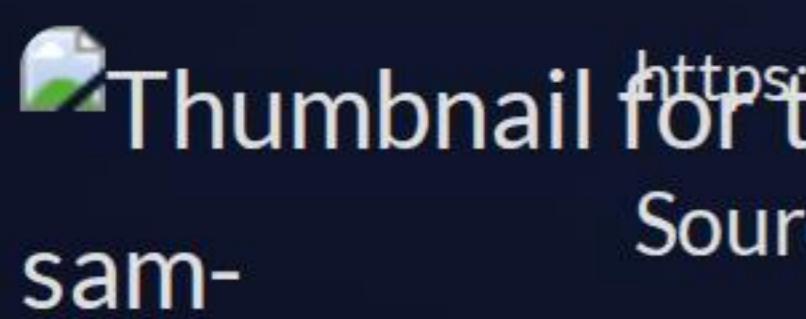
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Source: stablediffusionweb.com



<https://eugeneyan.com/assets/stable-diffusion.webp>

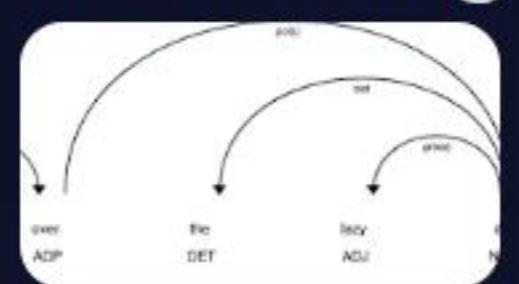
Source: eugeneyan.com



https://t-sam-diffusion.github.io/static/images/a%20black%20car%20and%20a%20white%20clock_combined_heatmaps_visualization.png

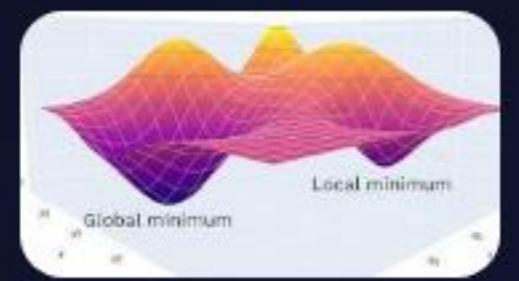
Source: t-sam-diffusion.github.io

diffusion.github.io



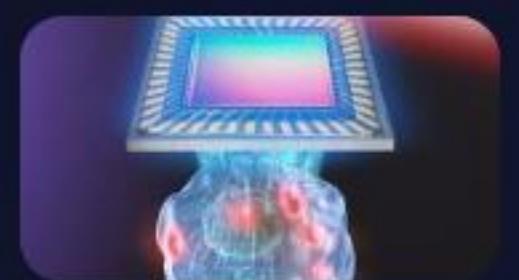
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Source: www.datatechnotes.com



https://miro.medium.com/v2/resize:fit:1400/0*i6_mluTC45rcBSI7.png

Source: medium.com



<https://scitechdaily.com/images/Biochemical-Quantitative-Phase-Imaging.jpg>

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Image Sources



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Source: www.f1authentics.com



<https://i.ytimg.com/vi/20xeGkqIZeE/hq720.jpg?sqp=-oaymwEhCK4FEIIDSFryq4qpAxMIARUAAAAAGAEIAADIQj0AgKJD&rs=AOn4CLDNzaDvTHmlvSmmg-QCBPzQvt7rwA>

Source: www.youtube.com



<http://www.reptilecentre.com/cdn/shop/articles/3d2e35983dbfde3102b2309f8b70dbe.jpg?v=1718288624>

Source: www.reptilecentre.com



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