Install docker on Linux

Follow the instructions in https://docs.docker.com/desktop/install/linux-install/. You will have to choose among the platforms available (ubuntu, debian, fedora) and then continue with the corresponding instructions.

Install docker on Mac

Follow the instructions in https://docs.docker.com/desktop/install/mac-install/. You will have to choose between 'Docker Desktop for Mac with Apple silicon' or 'Docker Desktop for Mac with Intel chip', depending on your necessities.

- A consideration if using an Apple M1 chip (newer Macs) when creating images:

If you are using a computer with an Apple M1 chip, you have the less common ARM system architecture, which can limit transferability of images to (more common) x86_64/AMD64 machines. When building images on a Mac with an M1 chip (especially if you have sharing in mind), it's best to specify the --platform amd64 flag.