

- Only metric that matters is age, split into four categories with respective percentages for consideration in the algorithm
- Suggest at least 3 items from the leafy greens and vegetables category and different bugs depending on the requirement for the age

	<1 Month 80% bugs 10% leafy greens 10% vegetables	1-4 Months 65% bugs 25% leafy greens 10% vegetables	4 Months - Adult 50% bugs 35% leafy greens 15% vegetables	Adult 25% bugs 55% leafy greens 20% vegetables
Leafy Greens	Collard greens, mustard greens, romaine, dandelion, turnip greens, mustard greens, bok choy, chicory, escarole, wild plants, turnip greens, cilantro, watercress, grape leaves	Collard greens, mustard greens, romaine, dandelion, turnip greens, mustard greens, bok choy, chicory, escarole, wild plants, turnip greens, cilantro, watercress, grape leaves	Collard greens, mustard greens, romaine, dandelion, turnip greens, mustard greens, bok choy, chicory, escarole, wild plants, turnip greens, cilantro, watercress, grape leaves	Collard greens, mustard greens, romaine, dandelion, turnip greens, mustard greens, bok choy, chicory, escarole, wild plants, turnip greens, cilantro, watercress, grape leaves
Vegetables	Squash, zucchini, sweet potato, broccoli, peas, carrot, beans, okra, bean sprouts, tofu, bell pepper, endive	Squash, zucchini, sweet potato, broccoli, peas, carrot, beans, okra, bean sprouts, tofu, bell pepper, endive	Squash, zucchini, sweet potato, broccoli, peas, carrot, beans, okra, bean sprouts, tofu, bell pepper, endive	Squash, zucchini, sweet potato, broccoli, peas, carrot, beans, okra, bean sprouts, tofu, bell pepper, endive
Bugs	Pinhead crickets every day , mealworm	Crickets every day , mealworm, calci worm	Crickets every day , mealworms, earthworms, calci worm	crickets, mealworms (must go along with another option), grasshoppers, earthworms, calci worm

List of Items

Leafy Greens	Vegetables	Bugs
Collard greens Mustard greens Romaine Dandelion Turnip greens Mustard greens Bok choy Chicory Escarole Wild plants Turnip greens Cilantro Watercress Grape leaves	Squash Zucchini Sweet potato Broccoli Peas Carrot Beans Okra Bean sprouts Tofu Bell pepper Endive	Crickets Mealworms Grasshoppers Earthworms Calci worm