























Illustration by [Silvia Ferraro](http://www.silviaferraro.com) for [Post.it](http://www.getpost.it)















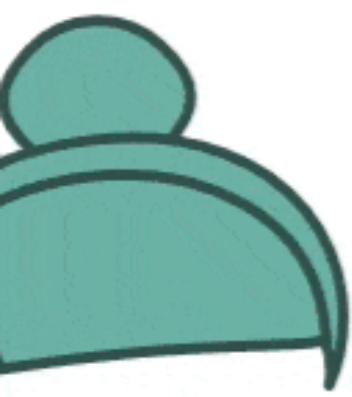












































































































...and the rest of the day, I'll be writing a post about how to make your own healthy smoothies.













































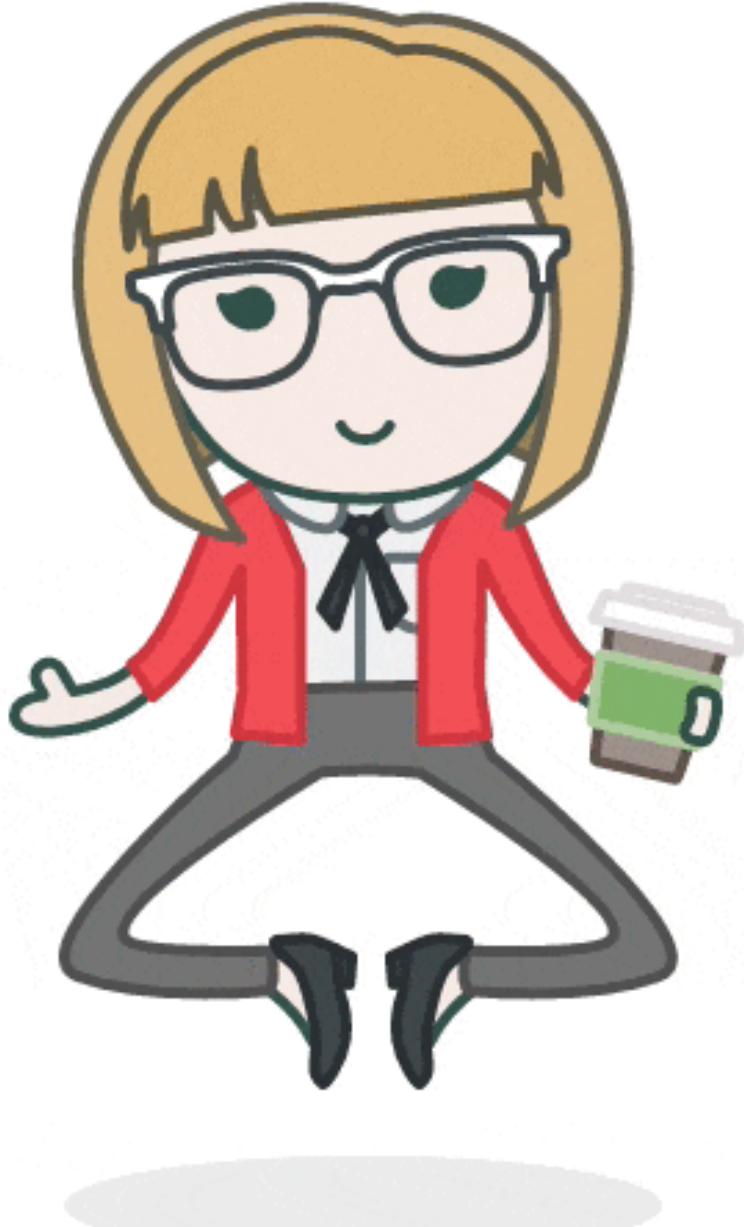




































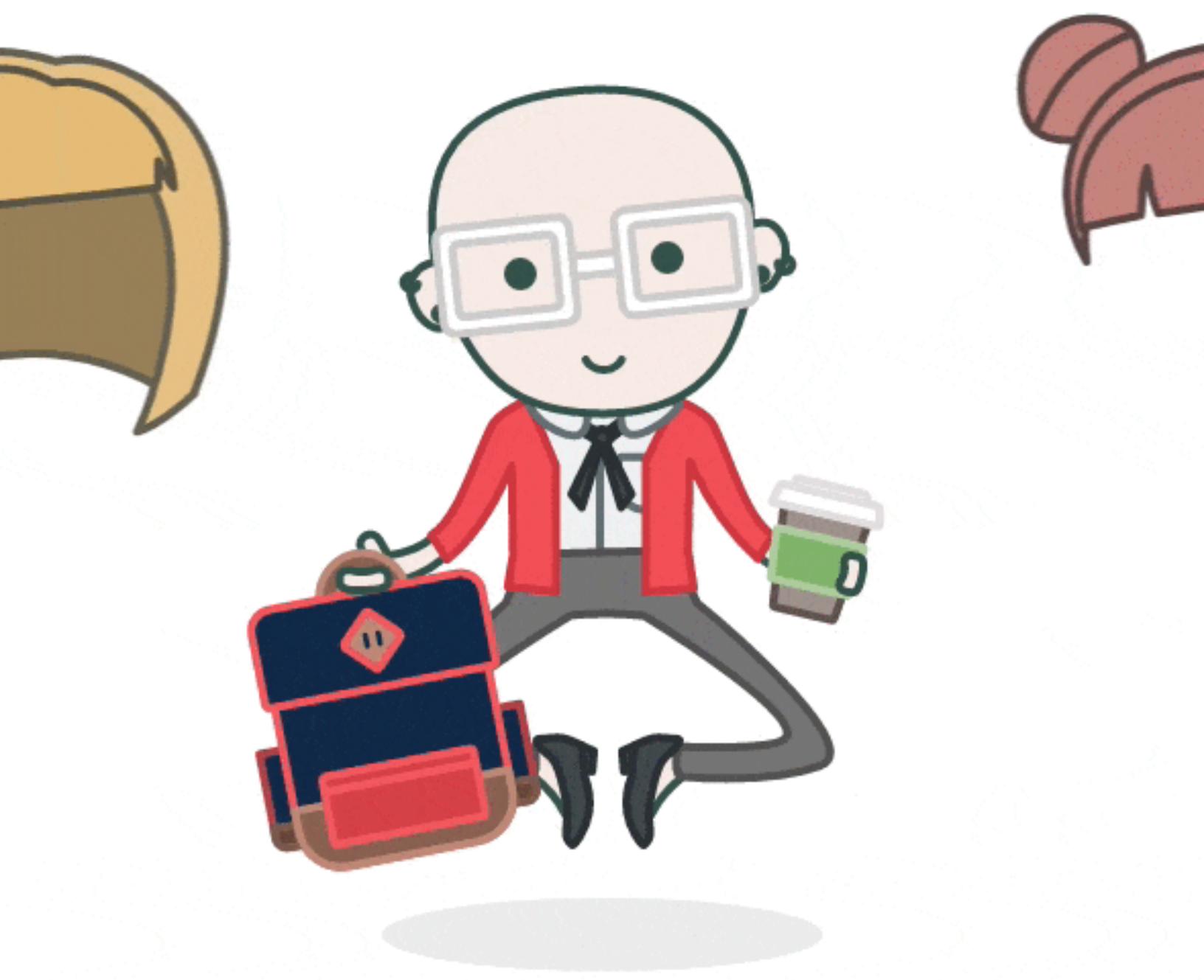




















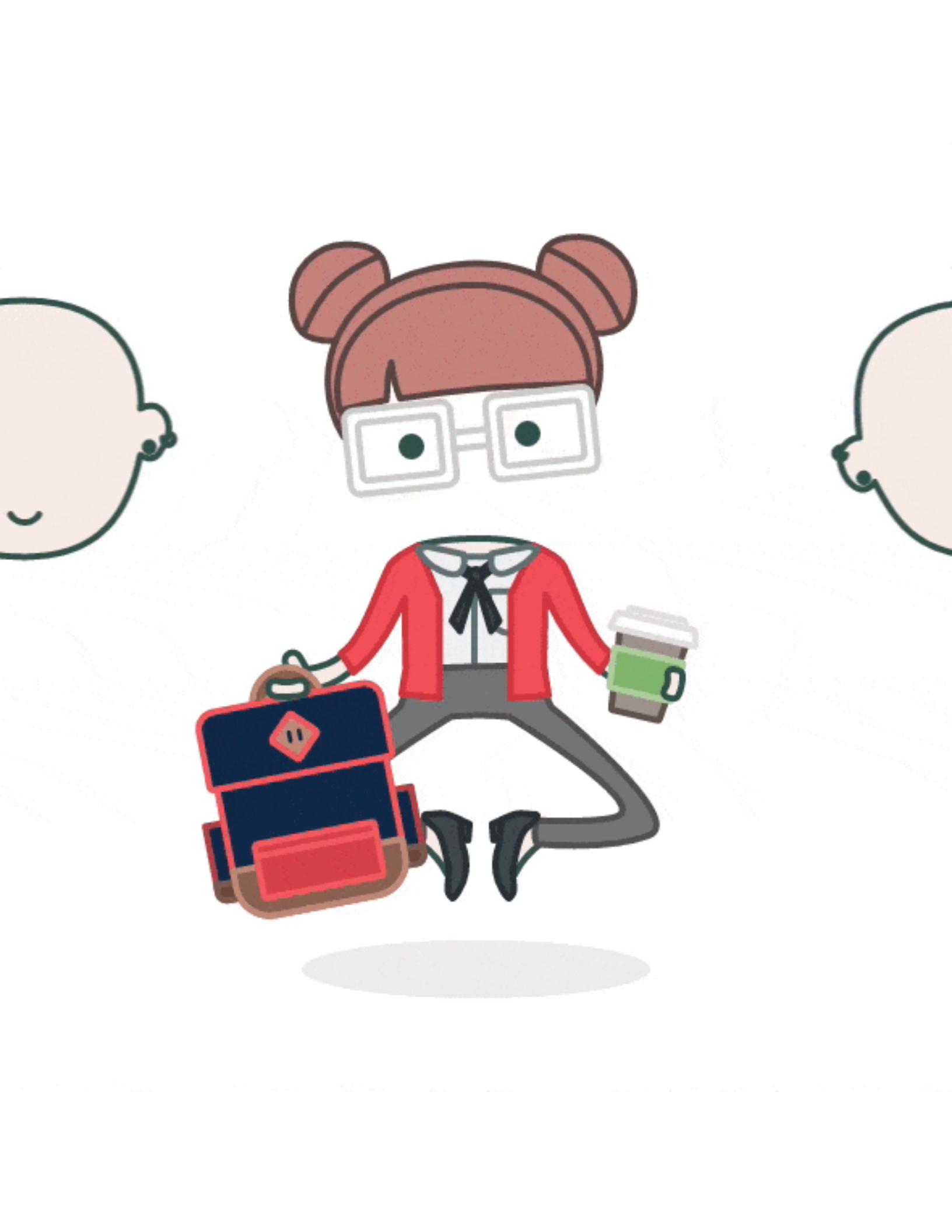


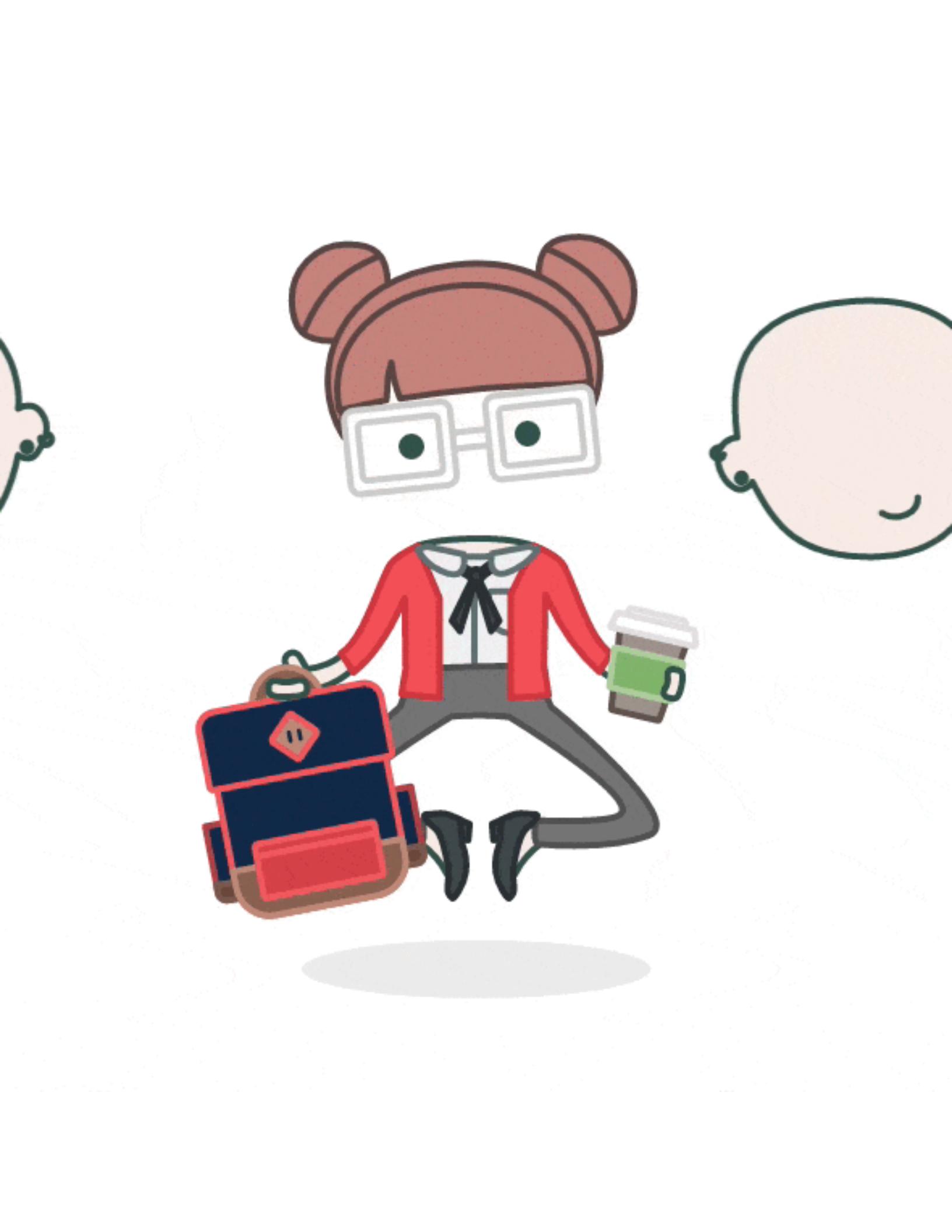
























































“I’m not going to let you do that again,” I said firmly. “I’m not going to let you do that again.”

“I’m not going to let you do that again,” I said firmly. “I’m not going to let you do that again.”









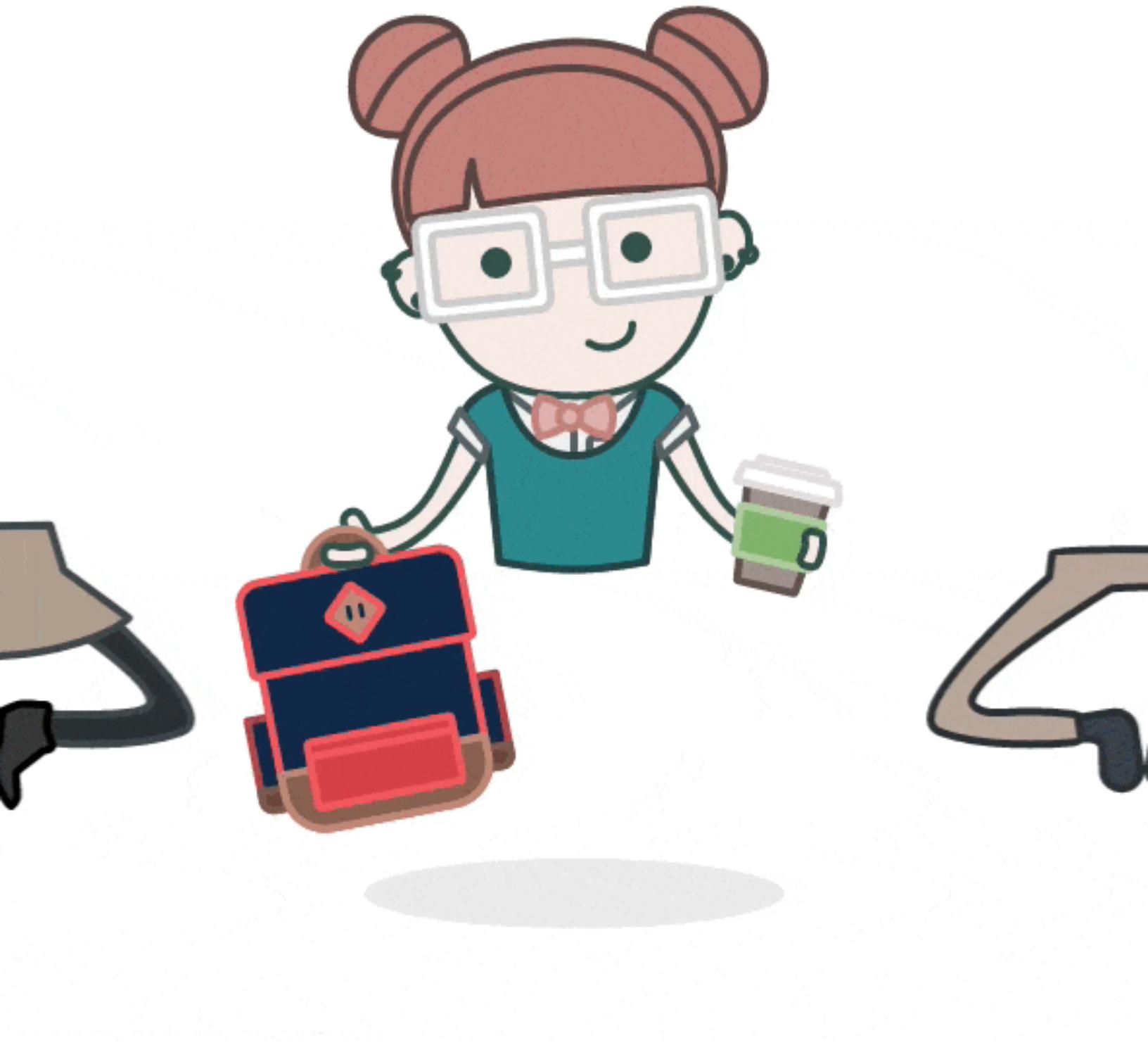


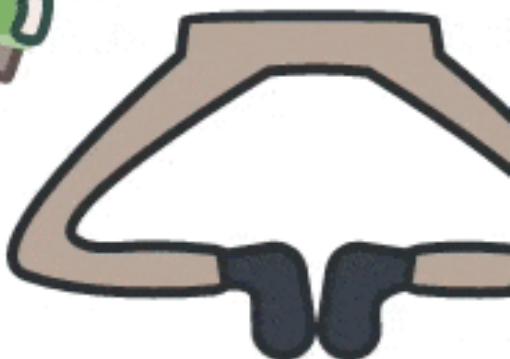


















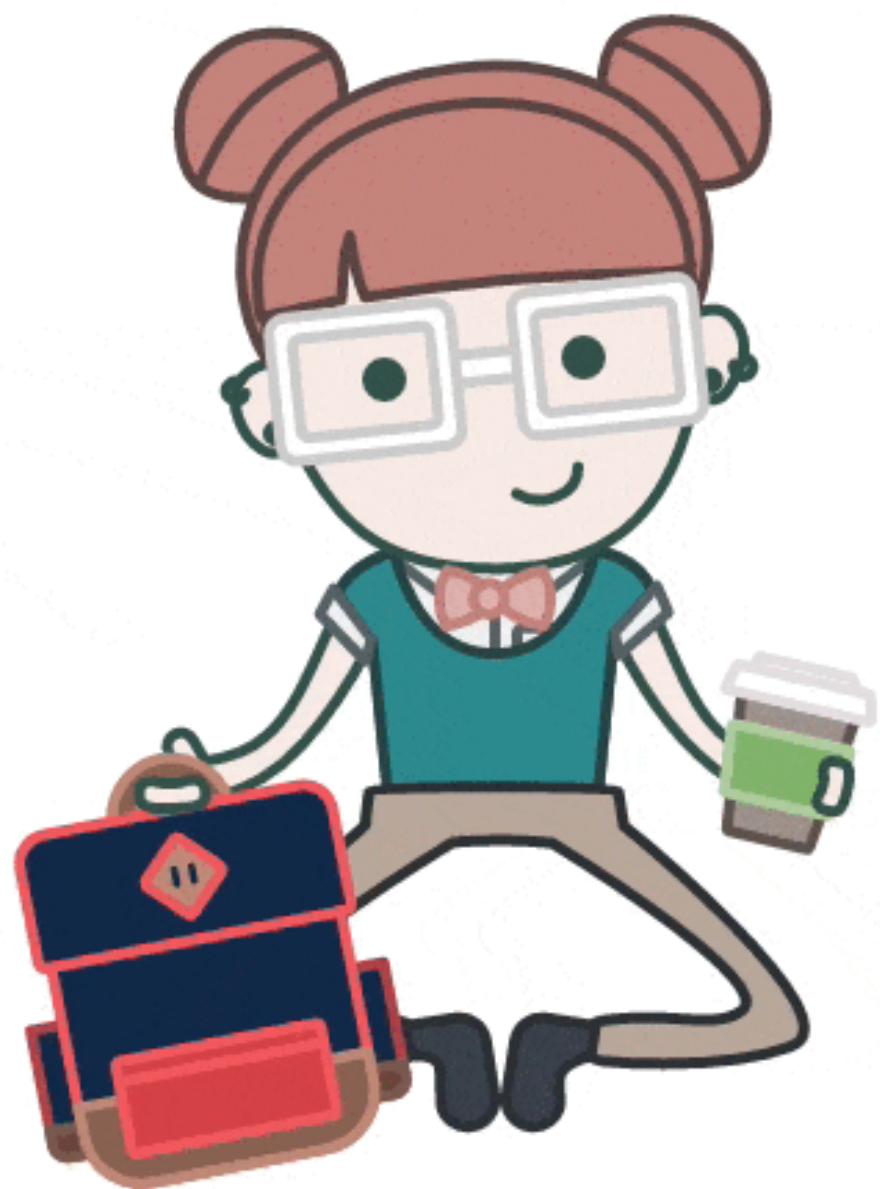
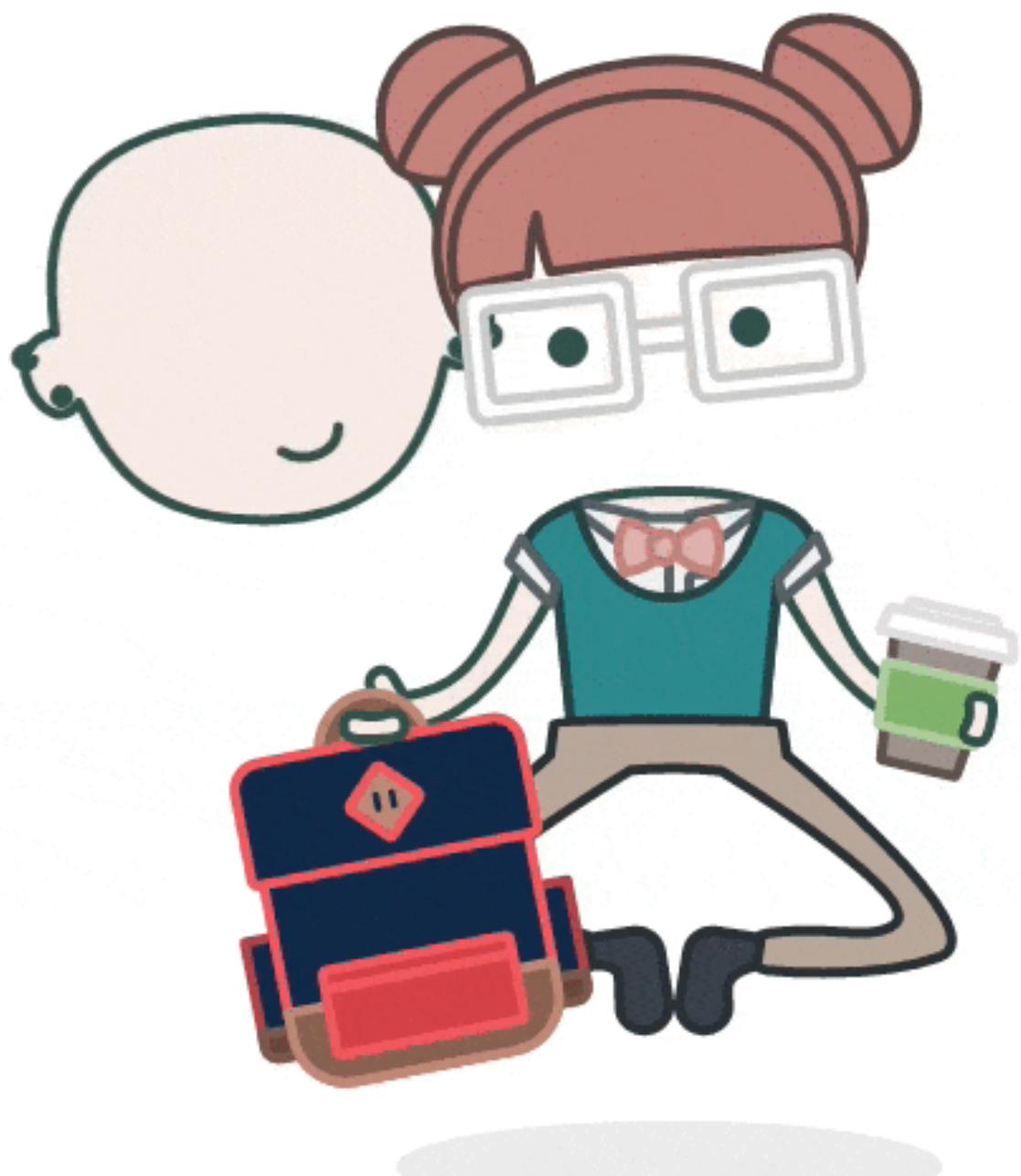


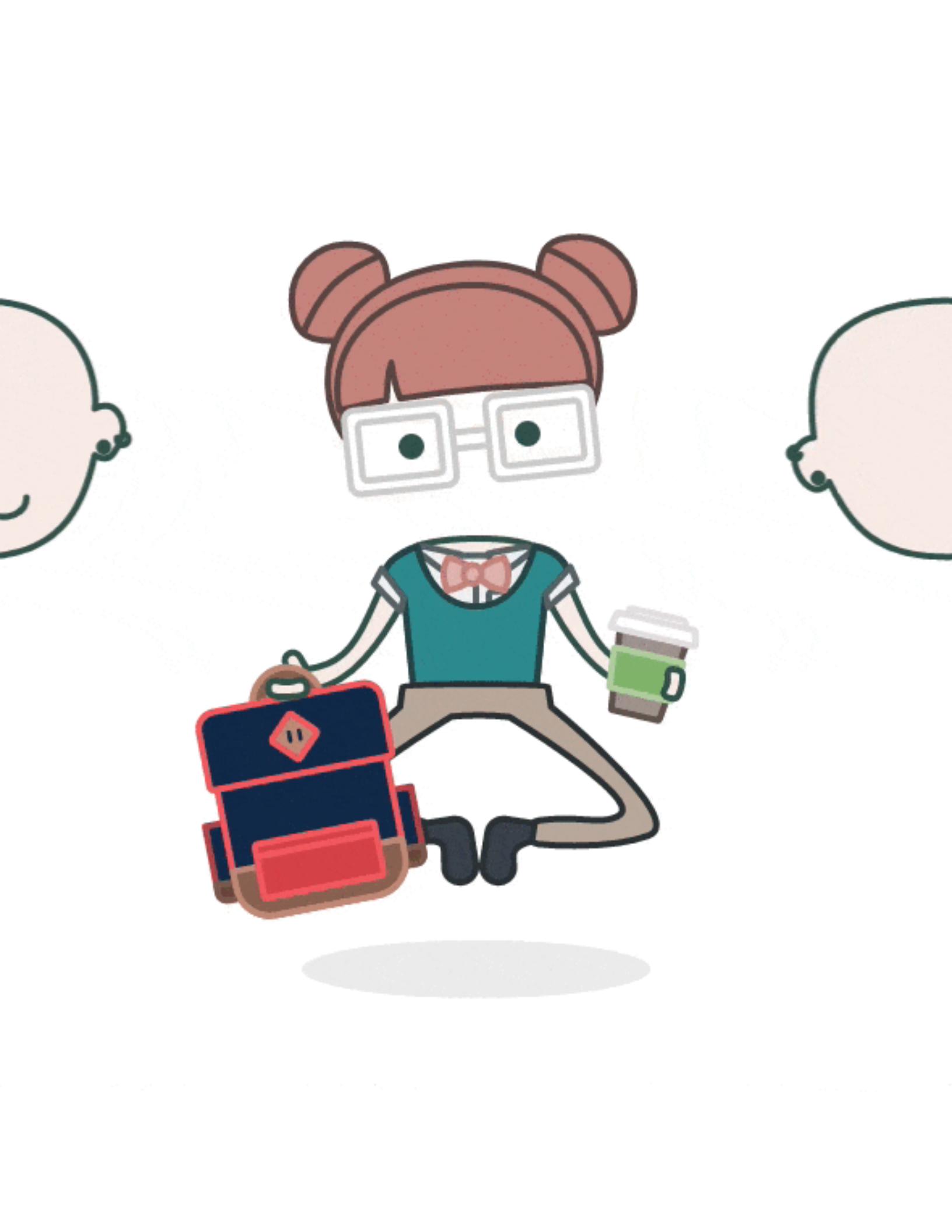
Illustration by [Silvia Ferraro](http://www.silviaferraro.com) for [brightly.com](http://www.brightly.com)

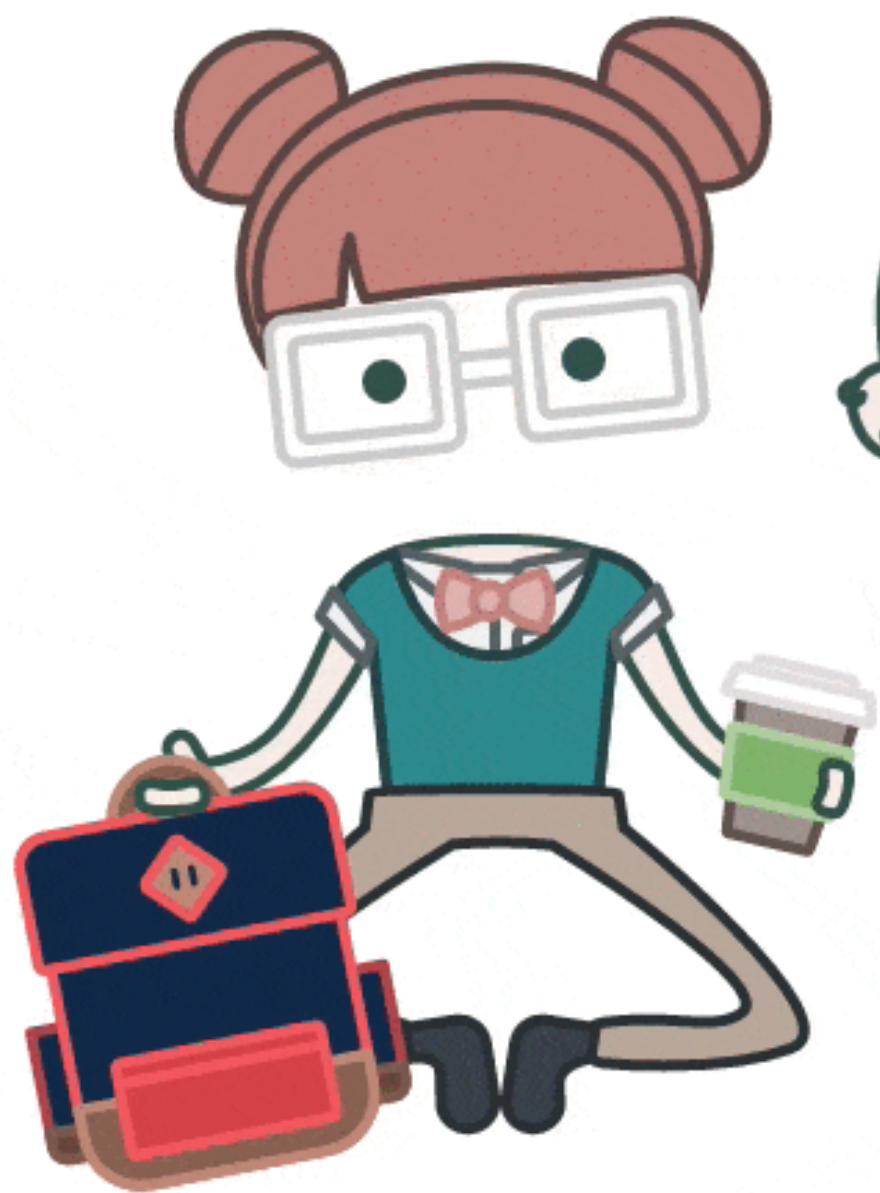






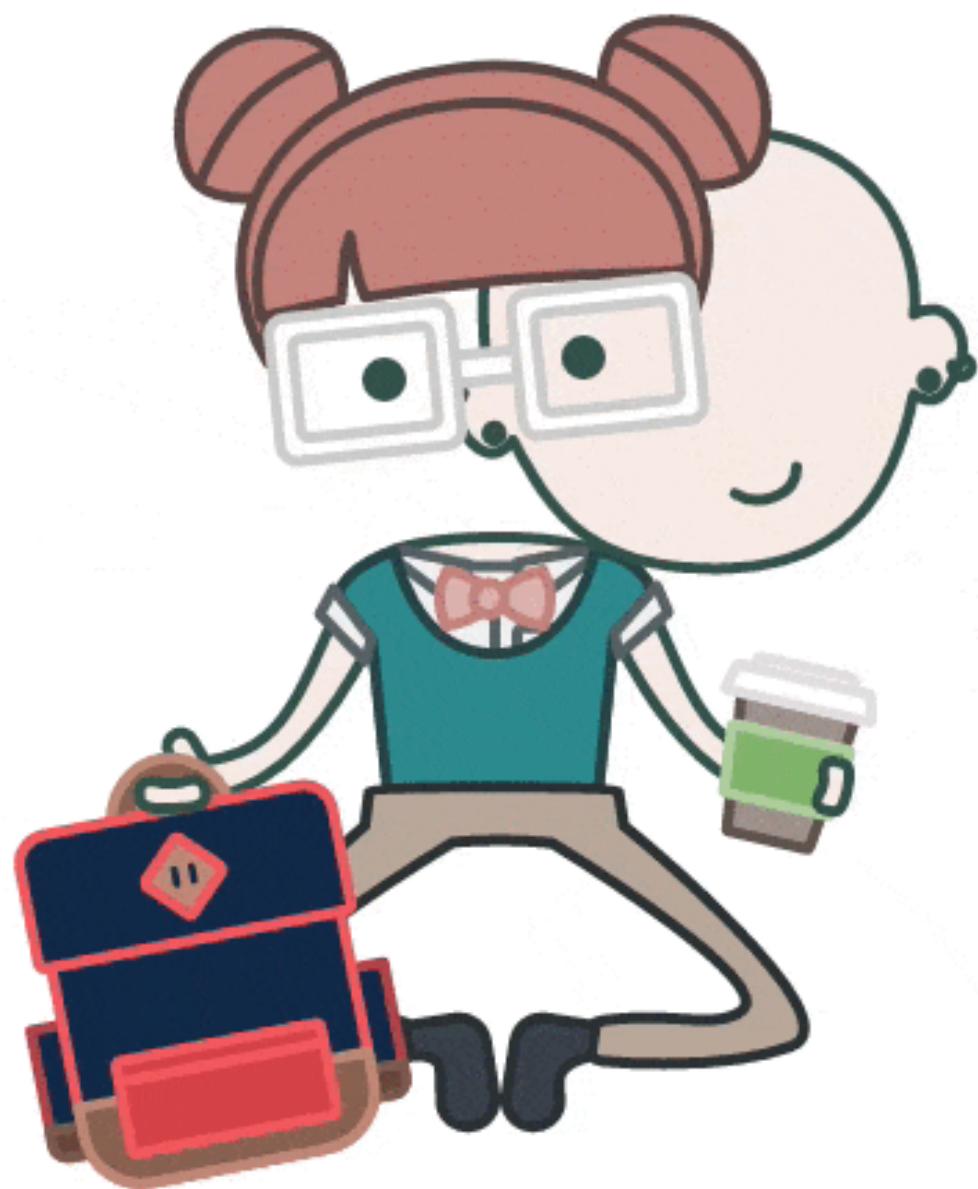






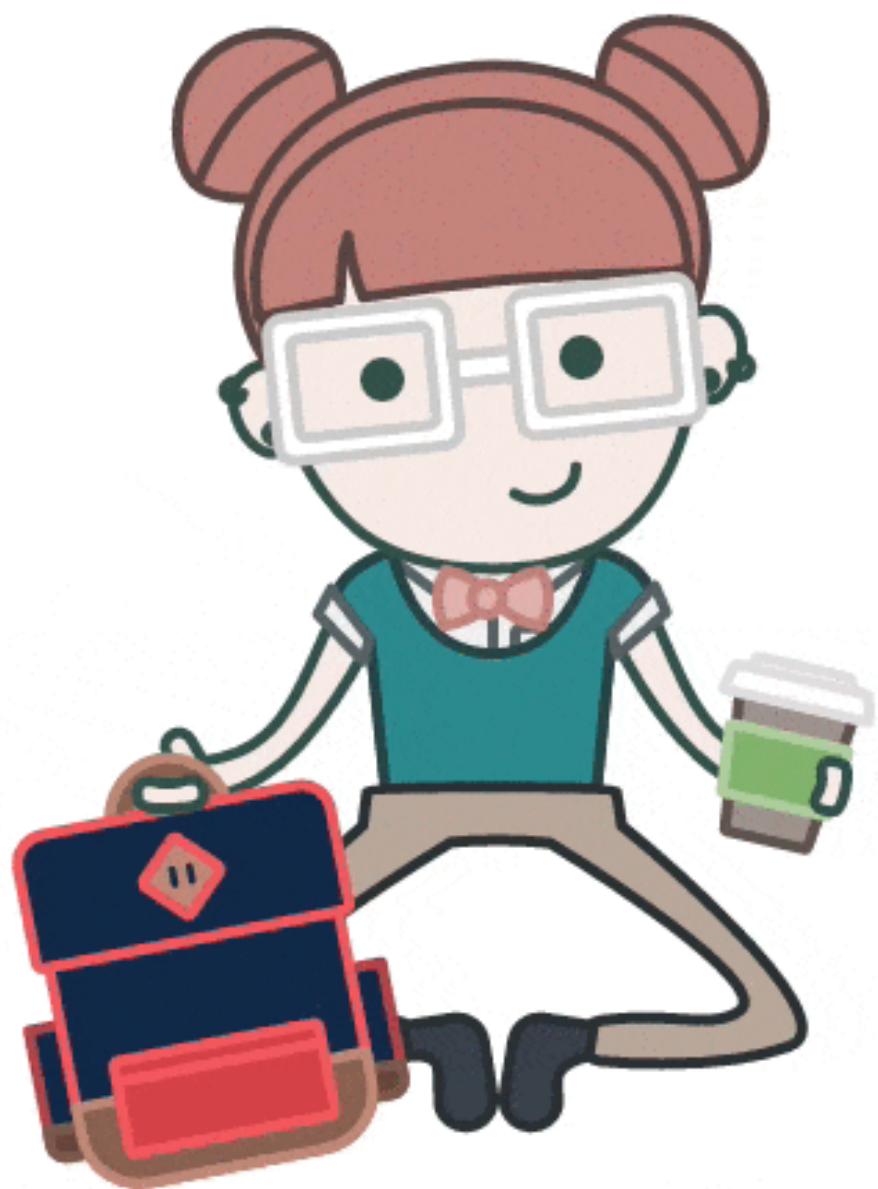








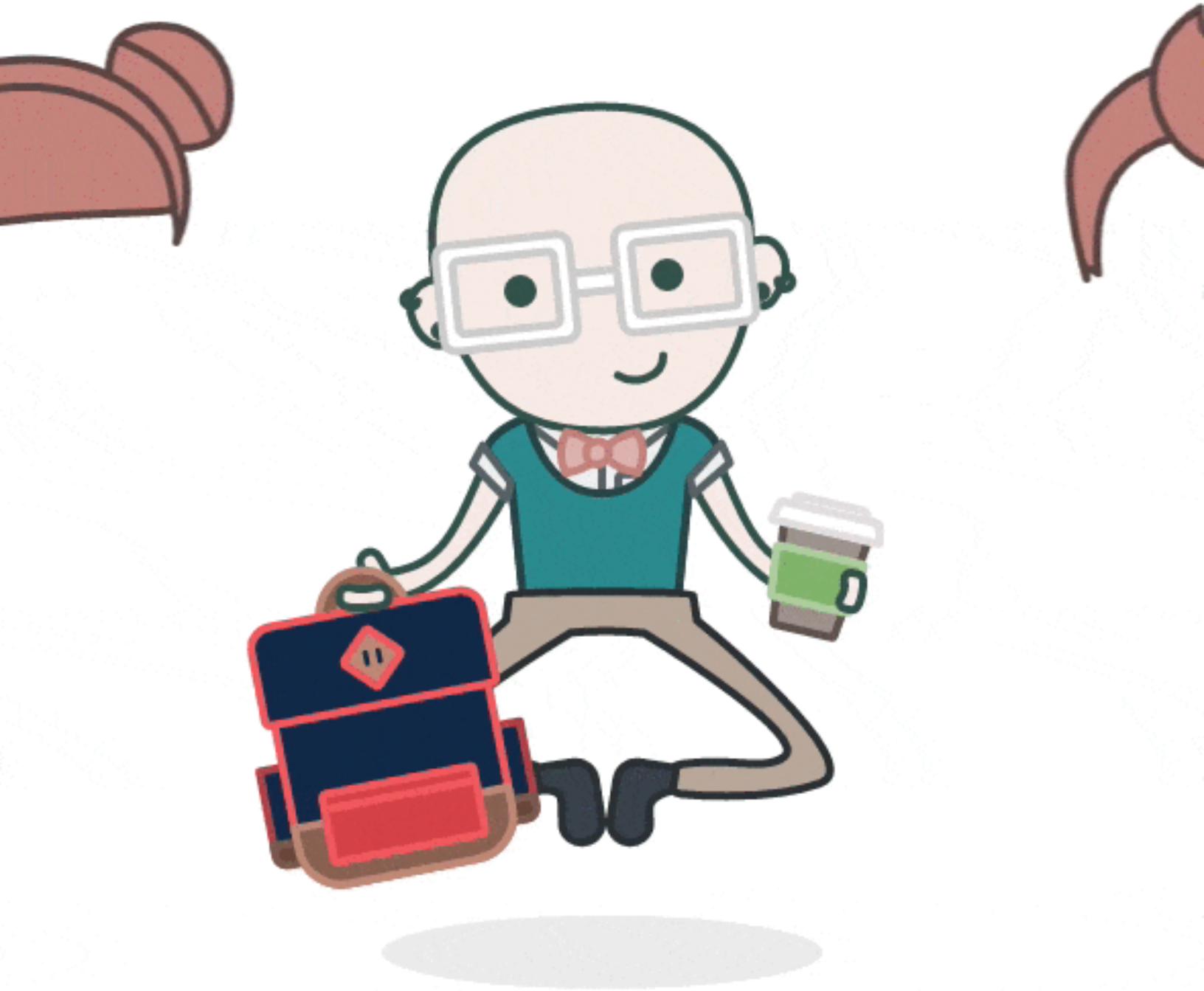
























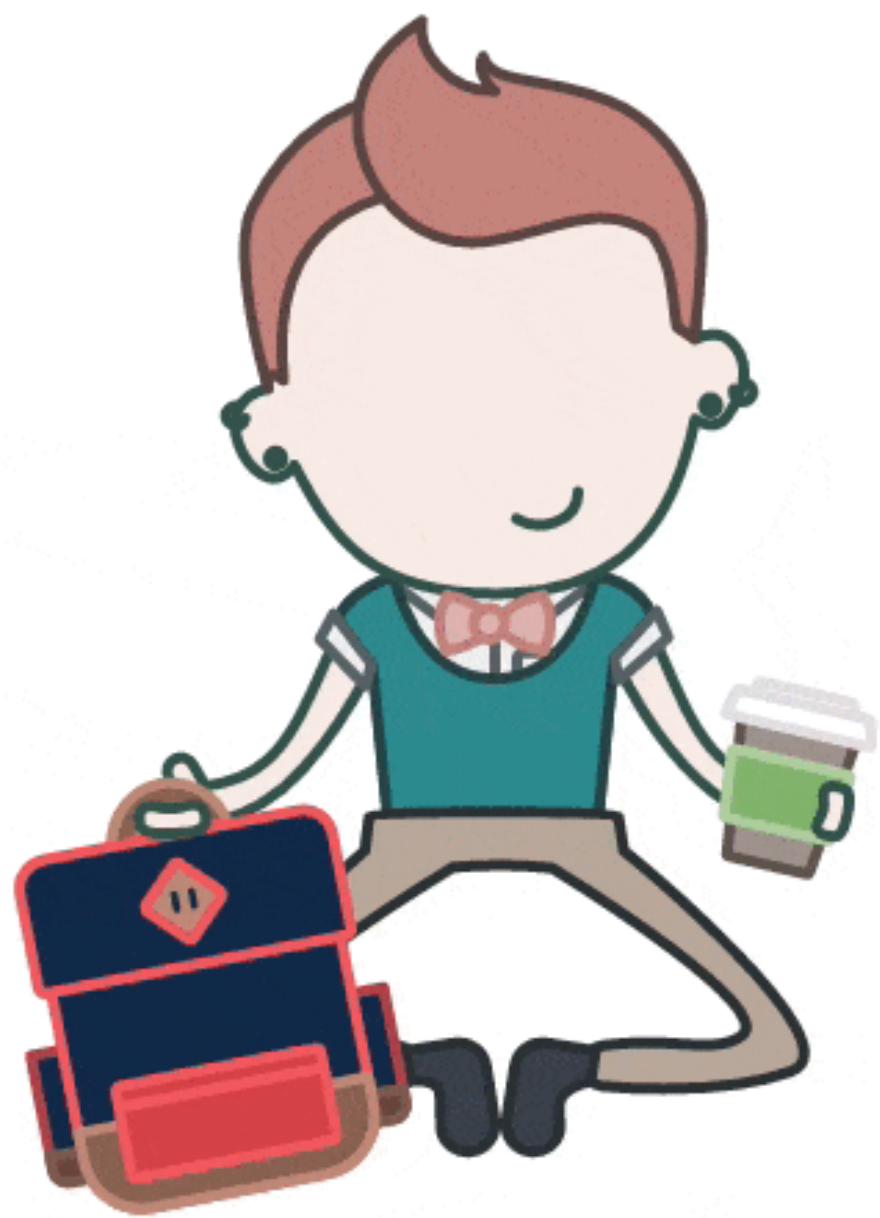












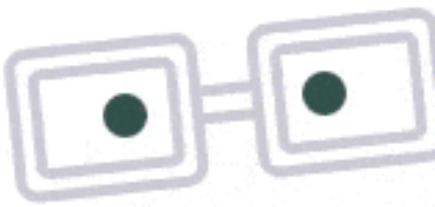
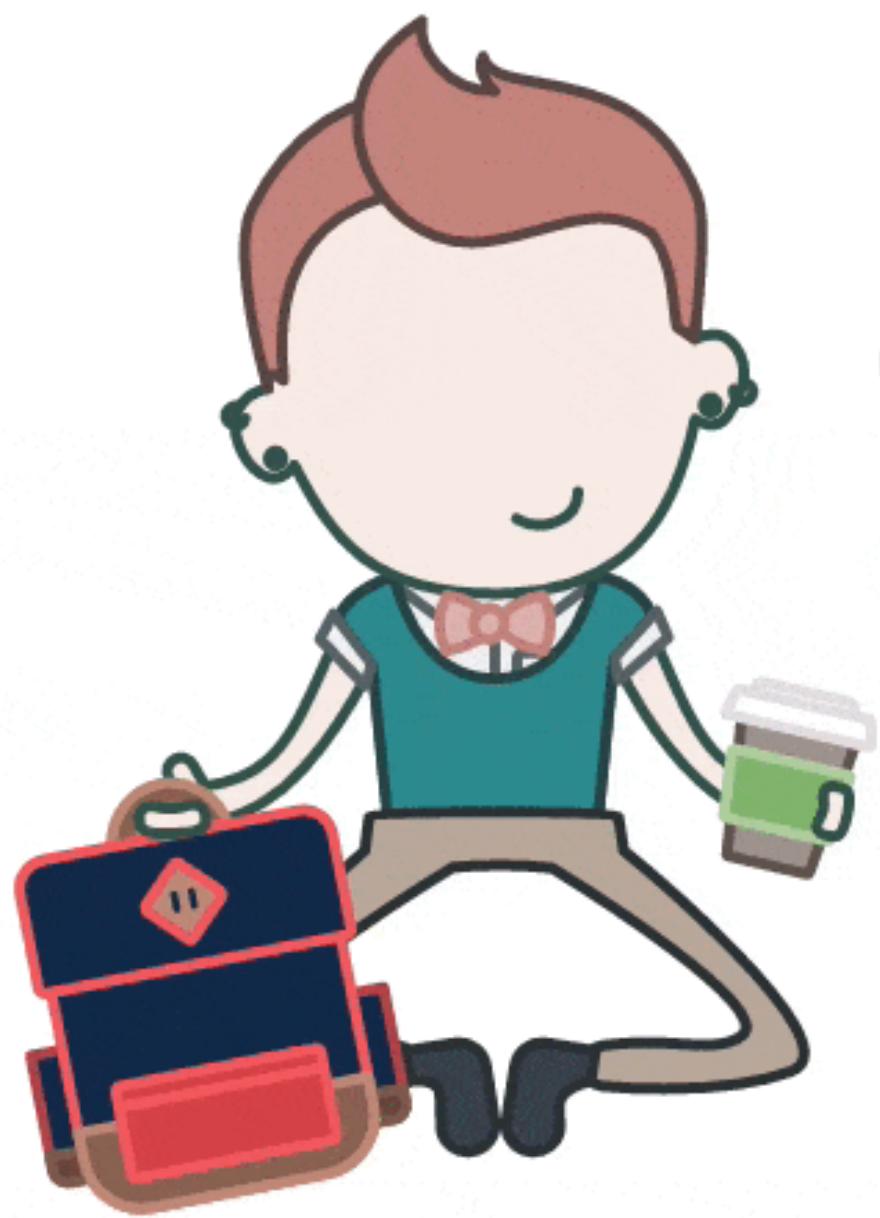












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