

# Find 'Do' Exercise


Warm-up exercise

Aural Skills III

University of Idaho

- Goal: Learn to establish a major or minor tonality from any pitch/scale degree
- Why: The ability to create a key in your mind is the first step to internalizing intervallic recognition as well as melodic and harmonic dictation.
- Method:
  - Step 1: Match (sing) a random pitch from the piano. (If in audit, pitch will be given to you by your instructor.)
  - Step 2: Practice singing from that pitch through a scale to the key's tonic.
    - Step 2a: As certain intervals became automatic (e.g. mi-do, sol-do, etc.), use those as shortcuts to begin eliminating the use of scale filler.
  - Step 3: Eventually, you should be able to sing just the first pitch and jump to the tonic without filling the intervals with a scale.
  - Step 4: Finally, you should be able to sing the first pitch and immediately jump to any scale degree without filling the intervals with a scale.
- We will break this exercise into two segments.
  - First week: Primary intervals only – do, mi, fa, sol, ti
  - Second week: Major scale degrees – do, re, mi fa, sol, la, ti

Examples:

<p>Step 1: Given: sol F major</p> 	<p>Step 2: Given: sol - Find: do Using scale</p> 	<p>Step 3: Given: sol - Find: do No scale</p> 	<p>Step 4: Given: sol - Find: re</p> 	
<p>Step 1: Given: le E minor</p> 	<p>Step 2: Given: le - Find: do Using scale</p> 	<p>Step 2a: Given le - Find: do Using shortcut (sol)</p> 	<p>Step 3: Given: le - Find: do No scale</p> 	<p>Step 4: Given: le - Find: fa</p> 
<p>Step 1 Given: fi D major</p> 	<p>Step 2 Given: fi - Find: do Using scale</p> 	<p>Step 2a Given: fi - Find: do Using shortcut (sol)</p> 	<p>Step 3 Given: fi - Find: do No scale</p> 	<p>Step 4 Given: fi - Find: mi</p> 