

Comparing the Mindset of **ANDREA SIMMONS...**





...to the mindsets of college students.



Why This Matters

Mindsets Predict Positive Outcomes

Resilience

Grit

Intrinsic Motivation

Integrity

Adaptability

Hope

Self-Control

Hardiness

Self-Efficacy



GRADUATION
OUTCOMES



PROGRAM
COMPLETION



LEADERSHIP
PERFORMANCE



REDUCTION IN
INJURIES



HEALTH AND
WELLNESS

Key Ideas to Remember

The MindVue Profile IS:

- A snapshot in time of a person's mindset to understand how they are thinking and feeling relative to others
- A tool to assist people in fostering a high-performance mindset
- Scientifically-validated
- A proactive solution to guide personal and professional development

The MindVue Profile is NOT:

- A personality assessment that measures innate traits
- Used to describe who you are, how others may describe you, or who you can become
- A tool to label or categorize someone
- A medical test used to diagnose disorders



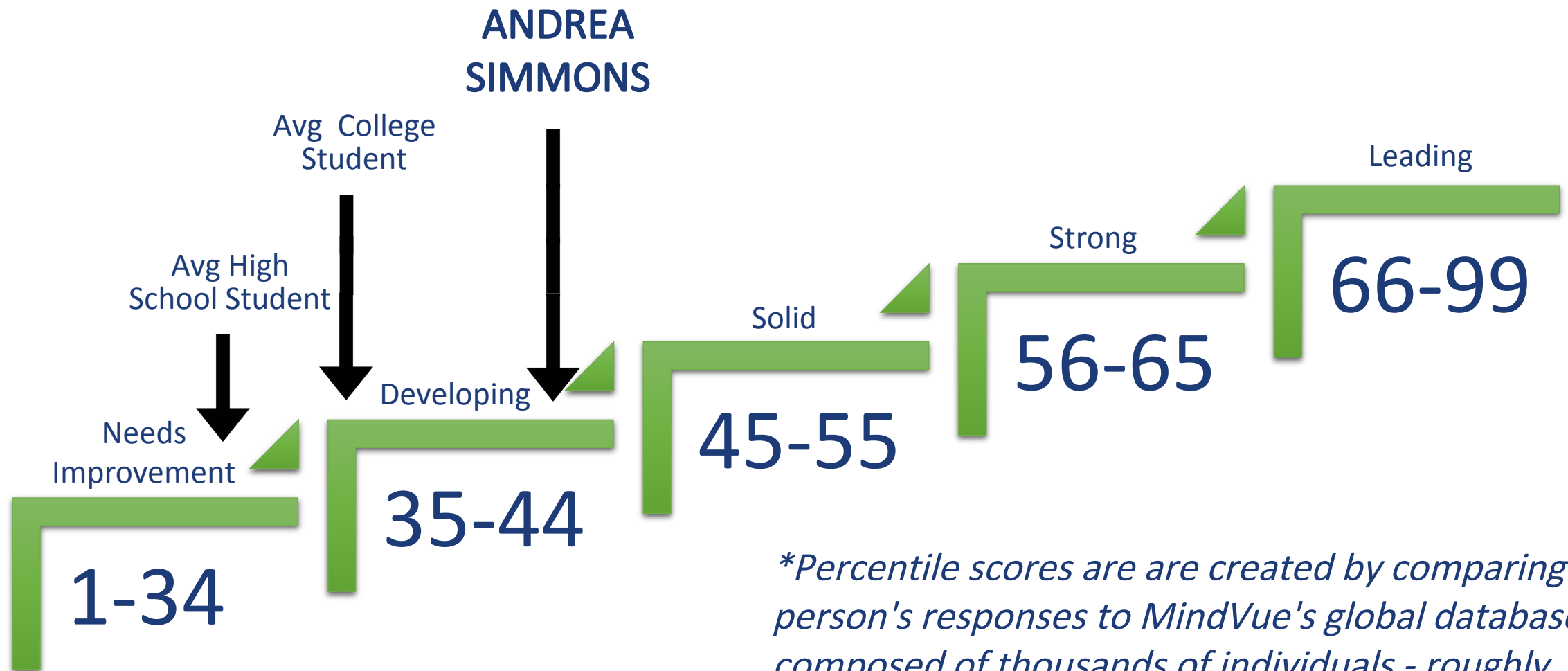
It is common to have some areas that are lower than others

- High performers can sometimes have low scores
- Scores are percentiles, not percentages

College Student Control Group

- Scores reflect average percentile scores of 660 college students from U.S. Colleges/Universities

MindVue Profile Aggregate Percentile Scores



**Percentile scores are created by comparing a person's responses to MindVue's global database, composed of thousands of individuals - roughly 85% of whom are ADULTS in the workforce.*

Component	Description	Andrea Simmons	College Students
Self-Awareness	possessing a strong sense of identity and confidence in the people we are	22	38
Growth Mindset	holding the belief that our potential can be cultivated through effort	28	37
Self-Efficacy	believing in our ability to accomplish goals	45	45
Intrinsic Motivation	having a sense of meaning and purpose in our work and lives	100	46
DRIVE	Composite of self-awareness, growth mindset, self-efficacy, and intrinsic motivation	44	36

1-34: Needs Improvement

35-44: Developing

45-55: Solid

56-65: Strong

66-99: Leading

Component	Description	Andrea Simmons	College Students
Grit	experiencing the passion and perseverance to remain committed to our long-term goals	70	45
Conscientiousness	feeling we are not procrastinating as well as feeling organized, careful, and dependable in the completion of our work	32	35
Self-Discipline	believing we can give our best efforts when completing challenging and unenjoyable tasks	89	40
Self-Control	maintaining the ability to control our impulses and delay gratification for a larger reward in the future	13	42
WILLPOWER	Composite of grit, conscientiousness, self-discipline, and self-control	48	36

1-34: Needs Improvement

35-44: Developing

45-55: Solid

56-65: Strong

66-99: Leading

Component	Description	Andrea Simmons	College Students
Adaptability	feeling capable of coping well with the changes we are experiencing	55	42
Hope	believing we can navigate around obstacles while in pursuit of our goals	54	46
Internal Locus of Control	thinking that our outcomes are determined more by our hard work and effort versus luck and external factors	57	39
Hardiness	believing we can weather the adversity we face, have people to support us through the hardship, and can bounce back from setbacks	32	41
RESILIENCE	Composite of adaptability, hope, internal locus of control, and hardiness	47	37

1-34: Needs Improvement

35-44: Developing

45-55: Solid

56-65: Strong

66-99: Leading

Component	Description	Andrea Simmons	College Students
Integrity	feeling we are acting with a strong moral compass, being honest, and acting with a sense of ethics	69	27
MindVue Score	Composite of all scales on MindVue Profile	42	35
<div> <div>1-34: Needs Improvement</div> <div>35-44: Developing</div> <div>45-55: Solid</div> <div>56-65: Strong</div> <div>66-99: Leading</div> </div>			



- Andrea's areas of strength:
 - Self-Discipline
 - Intrinsic motivation
 - Grit
- Andrea's areas for improvement:
 - Self-awareness
 - Self-Control
 - Hardiness
- Andrea is above 50th percentile in 7 /17 areas
 - 0/17 for college students
- Andrea had higher scores than college students in 11 /17 areas

