

## Guiding the College-Bound Athlete

Extrinsic motivation tends to be driven by the "3 P's": position, playing time, and POTENTIAL SCHOLARSHIP! The lack of understanding about athletic scholarships puts undue pressures on coaches and causes parents and athletes to play sports for the wrong reasons.

### Overview

This free [online Recruiting Academy](#) course will teach parents/athletes how to create their own "Blueprint for SUCCESS" to help them pursue their ACADEMIC & ATHLETIC goals for college while educating them on the realities about recruiting.

### Topics include:

- The Impact of Academics
- Understanding Academic Eligibility
- Physical Preparation for College Athletics
- How to Market the College-Bound Athlete
- All About the Recruiting Process


This course also exposes parents and athletes to the 3D Coaching framework, and has the 3D Parent presentation video embedded in the course to help them understand their role in all 3Dimensions.

### "Guiding the College-Bound Athlete Seminars"

Dynamite Sports is also able to offer educational recruiting seminars for your athletes, parents, counselors and coaches at no cost to your school. [Click here](#) for more information.

[Click here](#) to download a handout for athletes/parents that shows them how to enroll in this free online [Recruiting Academy](#) course.

	"To" Strategies	"Through" Strategies
<b>2<sup>nd</sup> Dimension</b>		
Motivation		✓
Confidence		
Emotions		
Team Cohesion		
Goal Setting		✓
<b>3<sup>rd</sup> Dimension</b>		
Identity		✓
Character		
Significance		

Self-Worth		
Values		
Purpose		

\*Because many 3D strategies have multiple level 2 & 3 implications, these checkmarks do not likely display their full scope of impact. We have tried to limit the number of checkmarks to the most obvious applications to make the planning process easier.

**When will this strategy be executed?**

☐ Pre-Season   ☐ In-Season   ☐ Post-Season   ☐ Off-Season

**Notes:**