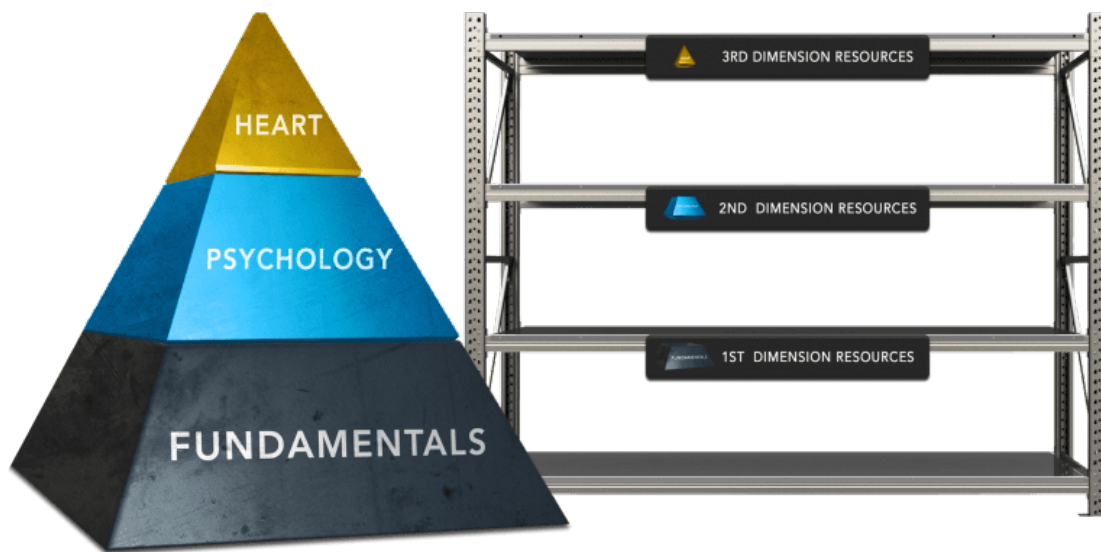


# 3D DIMENSIONAL COACHING™

## STRATEGIC PLANNING TOOL



## *Developing 3Dimensional Strategies to fulfill your Transformational Purpose*

### My 3Dimensional Coaching Plan

**Name:**

Tim Fulton

**My Transformational Purpose Statement is:**

To develop athletes with the courage and determination to pursue their goals with faith, love and wisdom.

### My Level 2 & 3 Strategies



You have selected the following 2nd & 3rd dimension strategies as part of your 3D Coaching strategic plan. You can find lesson plans for each of the strategies linked below. These lesson plans include a list of the various level 2 & 3 applications that are associated with each selection. They also provide more information to help you successfully implement these strategies into your program.

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### Display Your Transformational Purpose Statement



[Download Lesson Plan](#)

### To be implemented during the:



Pre-Season



Off-Season

### Notes:

Off Season with the coaching staff and pre-season with the players

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### FCA - A Level 3 Partner

### Notes:

Currently, we are working with Greg Miller of South Roanoke FCA.

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### One Word



[Download Lesson Plan](#)

### To be implemented during the:



Pre-Season

### Notes:

As part of our focus meeting due to the pandemic.

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## Recommended Reading

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### Spotlight Drill



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### To be implemented during the:



In-Season

### Notes:

Once pre-season camp is over and the players have a chance to be around one another and see one another's personalities.

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### Story Telling



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### To be implemented during the:



Pre-Season



In-Season



Post-Season

### Notes:

These are part of our pre practice meetings.

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### Tag, You're It!



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**To be implemented during the:**



Post-Season

**Notes:**

This is a great way to break the monotony of conditioning, we have used this towards the end of each season.

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**Upside Down Drill**



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**To be implemented during the:**



Pre-Season

**Notes:**

We currently have issues with players thinking offensive line is not important. This will serve as a great reminder.