

### 3D Certification Worksheet

<b>Submission Date</b>	2015-10-28 16:09:24
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<b>If you could write 3 sentences that were to be read at your funeral, what would they be?</b>	Rod was a kind ,giving and honest person who would go the extra mile to make someone`s day.
<b>In 3 sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?</b>	Rod was a loving husband and father, exhibited compassion for others and enjoyed life and put God first.
<b>In 3 sentences or less, what are the types of things that you hope your former players will say about you at your funeral?</b>	Rod was an athlete and always worked with young athletes to make them better people.
<b>Research indicates that if you truly want to impact behavior, no more than three or four core values should be emphasized. Look at the abbreviated list below and put a checkmark next to the core values that will best help you leave the legacy you desire.</b>	Faith Honesty Love Perseverance
<b>Identifying Your Gifting: What verbs listed below best describe how you most successfully interact with people? Use these verbs to craft your “Transformational Purpose Statement.”</b>	Empower Encourage Inspire Motivate
<b>My Transformational Purpose in coaching is:</b>	As a coach my focus will be to empower and inspire young student athletes to become leaders in their communities and family. To encourage student athletes to serve others and exhibit spirituality throughout their lives.

Select at least one strategy for each season. Which strategies do you plan to implement and when?

	Not Implementing	Pre-Season	In-Season	Post-Season	Off-Season
3D Parenting Presentation	-	✓	-	-	-
A Question to Ask Every Parent	-	✓	-	-	-
An "Extra Practice" - Clean Your Room	✓	-	-	-	-
Banquet Letters to Parents	-	-	-	✓	-
Canoe Trip	-	-	✓	-	-
Captains/Leaders Training	✓	-	-	-	-
Cell Phone Ban (Used Strategically)	✓	-	-	-	-
Codes of Conduct	-	✓	-	-	-
Contemplation Exercises	-	✓	-	-	-
Cross the Line	-	✓	-	-	-
FCA Camp	-	-	-	-	✓
FCA Huddles	-	-	✓	-	-
Follow the Leader	-	-	✓	-	-
Food Kitchen	-	-	✓	-	-
Helmet Awards	✓	-	-	-	-
Home Visits	-	-	✓	-	-
Honor Calls	✓	-	-	-	-
Journaling	-	✓	✓	-	-
Lesson Plans/Theme of the Week	-	✓	✓	-	-
Lunch Room	-	-	✓	-	-
Masculinity/Femininity Issues	✓	-	-	-	-
Mission Trips	-	-	-	-	✓
Note Writing	-	-	✓	-	-
Nursing Home Outreach	✓	-	-	-	-
Put Ups	-	-	✓	✓	-
Slip N Slide	✓	-	-	-	-
Spotlight Drill	-	✓	✓	✓	✓
Spring Clean Up	-	-	-	-	✓
Sticky Notes	✓	-	-	-	-
Tag, You're It!	-	✓	-	-	-
Upside Down	-	✓	-	-	-