

In this case study I will be analyzing Nodaway Valley Community School District's ability to use and apply all three dimensions that are involved in three dimensional coaching. The main source for this case study will be from a questionnaire of Gerry Miller, Nodaway Valley's Athletic Director.

The first question in the case study was if Nodaway Valley had a mission statement. On a positive note, Gerry was able to pull from a Nodaway Valley coaches manual a comprehensive statement of Nodaway Valley's philosophy toward activities. The statement was broken down into six different parts and really emphasized having a dynamic amount of opportunities for all students. The philosophy also wanted activities at Nodaway Valley to be a driving force in creating good will, self-realization, all-around growth, and good citizenship within its student-athletes. This part of the philosophy had three dimensional coaching written all over it. This philosophy moved past the first dimension of strategy in coaching, and really pushes student-athletes to become overall quality people who will be beneficial to their community. As this was all positive, as a coach within the district this was the first time I have seen this philosophy. This manual was created by a previous athletic director and recently has just been a manual saved, that hasn't had practical use. After taking this three dimensional coaching course, I think it will be important to encourage our athletic director to bring our philosophy to good use, and during a beginning of the year coaching meeting bring this philosophy to all of our coaches and sponsors to better help our students reach all three dimensions.

The second question in the case study asked what the primary role of the athletic director is at Nodaway Valley. When asked this question, Gerry emphatically answered to support his staff. Gerry wants to make sure that all his coaches and sponsors are set up for success and have all the resources they need to be successful. I thought this was a very proactive approach, and it fits nicely with the second dimension of three dimensional coaching. His role is also very first dimensional as it applies to doing a lot of details in scheduling and equipment updating and purchasing.

When discussing other questions with Nodaway Valley's athletic director it became pretty obvious that Nodaway Valley, along with roughly 70% of other schools/coaches are very first dimensional driven. Through trainings, coaches meetings, schedules and practices Nodaway Valley does a good job of building a solid foundation in the first dimension. They have a diverse background of coaches that have vast experience that has helped them be successful in coaching the X's and O's of sport. Nodaway Valley has a pretty solid tradition of athletics in a variety of different sports. Getting the district to "buy in" and really tap into the second and third dimension could really take the school to the next level. As this class has demonstrated, what motivates kids is constantly changing and we as coaches need to adapt to set up these kids for success. Building strong cultures through the third dimension where kids really learn to build strong moral values, and I have a strong sense of caring for others will not

only benefit Nodaway Valleys athletics but create a strong community that would be oozing with pride.