

## Sports: 3D Coaching Course For Certification

Current Status

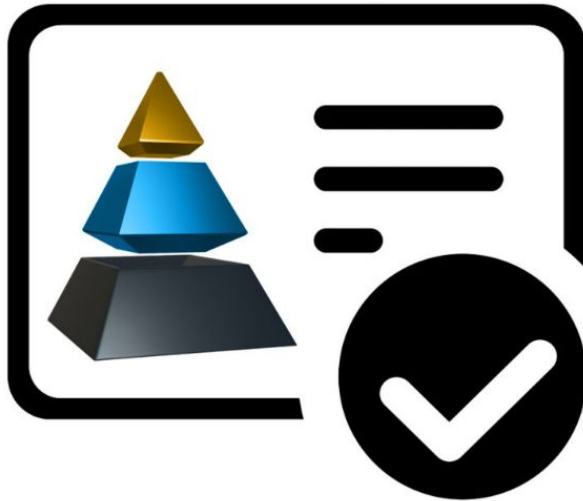
NOT ENROLLED

Price

Closed

Get Started

This course is currently closed



This self-paced online course takes coaches on a guided journey toward clarifying their purpose and creating a plan to fulfill it. Along the way, coaches will discover important principles and learn practical strategies for:

- dealing with the “entitlement” mentality
- intrinsically motivating athletes
- harnessing the power of emotions
- fostering higher levels of confidence
- creating team cohesion
- effectively setting goals
- helping athletes develop character