

3D Course For Credit Worksheet

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If you could write 3 sentences that were to be read at your funeral, what would they be?	Scott dedicated his life to loving his wife and family. Scott influenced hundreds of student-athletes and colleagues to live kindly and compassionately. Scott lived humbly and inspired others to become something better than they thought possible.
In 3 sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?	Scott enjoyed his life as a teacher, dedicating and sacrificing himself to serve others, and was a good man to his wife and family.
In 3 sentences or less, what are the types of things that you hope your former players will say about you at your funeral?	Coach knew and cared about us as people, and his impact has been long-lasting and deep on our lives.
Research indicates that if you truly want to impact behavior, no more than three or four core values should be emphasized. Look at the abbreviated list below and put a checkmark next to the core values that will best help you leave the legacy you desire.	Commitment Compassion Leadership Relationships
Identifying Your Gifting: What verbs listed below best describe how you most successfully interact with people? Use these verbs to craft your “Transformational Purpose Statement.”	Coach Develop Empower Encourage Inspire Lead Love Mentor Model Motivate Teach
My Transformational Purpose in coaching is:	To lead, mentor, and equip high school young men to become successful students, athletes, friends, sons, boyfriends, husbands, fathers in their current and future lives, acting with moral and ethical character while competing on the football field, learning in the classroom, and building relationships in their personal lives.
My Transformational Purpose in coaching is:	To lead, mentor, and equip young men to become successful students, athletes, friends, sons, boyfriends, husbands, fathers in their current and future lives, acting with moral and ethical character while competing, learning, and relationship-building.

Select at least one strategy for each season. Which strategies do you plan to implement and when?

	Not Implementing	Pre-Season	In-Season	Post-Season	Off-Season
3D Parenting Presentation	-	✔	-	-	✔
A Question to Ask Every Parent	✔	-	-	-	-
An "Extra Practice" - Clean Your Room	✔	-	-	-	-
Banquet Letters to Parents	-	-	-	✔	-
Canoe Trip	✔	-	-	-	-
Captains/Leaders Training	-	✔	✔	✔	✔
Cell Phone Ban (Used Strategically)	-	-	✔	-	-
Codes of Conduct	-	✔	✔	✔	✔
Contemplation Exercises	✔	-	-	-	-
Cross the Line	✔	-	-	-	-
FCA Camp	✔	-	-	-	-
FCA Huddles	-	✔	✔	✔	✔
Follow the Leader	✔	-	-	-	-
Food Kitchen	-	✔	✔	-	-
Helmet Awards	-	-	✔	-	-
Home Visits	✔	-	-	-	-
Honor Calls	✔	-	-	-	-
Journaling	-	✔	✔	-	-
Lesson Plans/Theme of the Week	-	✔	✔	-	-
Lunch Room	-	✔	✔	✔	✔
Masculinity/Femininity Issues	-	✔	✔	✔	✔
Mission Trips	✔	-	-	-	-
Note Writing	-	✔	✔	✔	✔
Nursing Home Outreach	✔	-	-	-	-
Put Ups	-	✔	✔	✔	✔
Slip N Slide	✔	-	-	-	-
Spotlight Drill	-	✔	✔	-	-
Spring Clean Up	✔	-	-	-	-
Sticky Notes	✔	-	-	-	-
Tag, You're It!	✔	-	-	-	-
Upside Down	✔	-	-	-	-

If you have other strategies you plan to use that are not outlined above, chronicle those strategies below:

I have goal-setting and team building activities built into the season every Monday, Wednesday, and Friday that I have adapted from Jeff Janessen's series of books on leadership, "Championship Team Building" and "The Team Captain's Leadership Manual."