

3D Parenting Video

As you seek to enact your 3Dimensional Coaching strategies, it's essential to view parents as allies in this process. As we communicate our Transformational Purpose with clarity, we need to also help parents understand their role in each dimension as it pertains to the athletic experience as well. The following video can be used in the following ways to help "align the sails" of parents and coaches.

- Play the video at your parent meeting and watch it all together
- Email a link of the video to parents and have them watch it on their own
- Use it as a training resource for yourself, then share these ideas with parents

Access this video at: <http://3dinstitute.com/3d-parenting-video/>

"To" Strategies		"Through" Strategies
2nd Dimension		
Motivation		✓
Confidence		
Emotions		
Team Cohesion		✓
Goal Setting		
3rd Dimension		
Identity		✓
Character		✓
Significance		✓
Self-Worth		✓
Values		✓
Purpose		✓

*Because many 3D strategies have multiple level 2 & 3 implications, these checkmarks do not likely display their full scope of impact. We have tried to limit the number of checkmarks to the most obvious applications to make the planning process easier.

When will this strategy be executed?

☐ Pre-Season ☐ In-Season ☐ Post-Season ☐ Off-Season

Notes: