

## **Sports Clinics**

## **Strategy Overview**

This strategy is usually done on a Saturday morning during the school year or mid1morning and early afternoon during summer time. Simply put, younger kids are taught the basics of the sport by high school athletes under the direct supervision of the coaching staff. If there are times of competition, the kids are coached by the athletes. Very rarely are scores kept.

The kids get to develop a relationship with younger children and they see the influence they have on these kids. It makes them more accountable for the own behavior and choices they make in their own lives. It also helps put "play" back into sports since we don't keep score.

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## **Applications – Sports Clinics**

1 <sup>st</sup> Dimension	Level 1 Applications			
Physical Training	<b>⊘</b>			
Skill Development	<ul><li>✓</li></ul>			
Tactics	<b>⊘</b>			
2 <sup>nd</sup> Dimension	Level 2 Applications			
Motivation	<b>⊘</b>			
Confidence	<b>⊘</b>			
Emotions				
Team Cohesion				
Goal Setting				
3 <sup>rd</sup> Dimension	Level 3 Applications			
Character				
Identity & Self-Worth				
Value & Significance				
*Because many 3D strategies have multiple level 2 & 3 implications, these checkmarks do not likely display their full scope of impact. We have tried to limit the number of checkmarks to the most obvious applications to make the planning process easier.				
When will this strategy be executed?				
□Pre-Season □In-Season □Post-Season □Off-Season				
Action Steps:				
Measurement of Success:  Date to be completed:				
Date to be completed:				