

Module 1: Introduction

OBSERVE

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Log into your online account and watch the following units:

1.2 – The “It” Factor

1.3 – The 21st Century Student

1.4 – The 3Dimensions of Teaching

1.5 – Results of the 3D Process

REFLECT

Not only is 3D a framework for sports and leadership, but it’s also a framework for people serving as a reliable guide for maximizing performance and legacy (i.e., teaching).

1. Who were your favorite teachers growing up as a student? Why? What did you love most about them and the class you were in?

2. At what point in your career did you realize the influence you had on a young person’s life? What caused this realization?

3. How did the impact your teachers had on you impact this realization (good and/or bad)?

DISCUSS

The 3Dimensions of teaching are:

1st Dimension – Skillset (The set of fundamental skills students need to help them be successful academically)

2nd Dimension – Mindset (Engages the social-emotional and relational components of learning and human interaction in all its forms)

3rd Dimension – Heartset (The executive center of who we are, with the will as its function and the spirit as its form)

1. What are some of your greatest areas of frustration when dealing with today's student?

2. What are some things you currently do for your students regarding the 2nd and 3rd dimension?

Although teaching your student in all 3Dimensions does not guarantee success, research shows that you can expect to get higher performing students when you engage them holistically (in all 3 dimensions).

3. Why do you think this is true?

NOTES