**Blake Anderson**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Goals are a "what" whereas a purpose is a reason why. Goals are also task-oriented, realistic, and measurable. Purpose is more relationship oriented, and tends to transcend limits of time and is mostly immeasurable. It can be very helpful to set goals, but if we get to wrapped up in achieving goals, we will lose ourselves once the goals are taken away (i.e. the season is over or your career ends). Our identity becomes performance based, and it is important to coach in all 3 dimensions so that people have a sense of purpose even when the sport is taken away.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

Carroll County Academy uses sport for more a purpose than goals because it is a school for students with behavioral issues. Some of them have faced problems at home, drug problems, severe behavioral issues. The Lady Jags basketball team provides structure and a support system for girls who don't have much of that in their lives. They could try to set goals on winning games or making so many shots, but many of them have never played before, and the coach sees it more important to focus on having more of a purpose for life than the short-sidedness of a season of basketball.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Blake Andersen was a man who loved life. He was always very close with his family and enjoyed supporting them in everything. Blake also had passion for the game of football, and even more love for the athletes he coached. He always wanted the best for his athletes not only on the field, but off the field too.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

He was loving, and supportive. He loved life and had a passion for coaching and helping others above all else. He moved to the beat of his own drum and didn't let others influence what he thought was right or wrong.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

He pushed us to be the best we could be on and off the field. He did everything he could to make sure we were doing well personally and athletically. He cared.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Commitment, Integrity, Perseverance, Love

**My Transformational Purpose in coaching is:**

To motivate athletes to improve everyday on and off the field. Attack each day with passion and love in your heart and commit yourselves to the process.

**Torri Blythe**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

There are just a few differences between goals and purposes. When coaches talk about setting up goals for their players, players write down goals that are related to the task at hand. They are looking more for things that they can measure like averaging so many points a game, hits per game, or how many assists they can have. When players have goals that are only based on success they sometimes become stuck in the past and form their identity around their sport and do not know how to come out of that identity. When coaches tell their players to have a purpose in their playing or in their lives they are seeing past all the success and building an identity outside of their sport. They have a purpose that says more of why they play the game or why they coach the game. They can see past all of the measurable things in sports and are able to focus on the immeasurable aspects like what they enjoy most in the game and lessons they can take away from the game and apply to the rest of their lives.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

At Carroll County Academy they are using the game of basketball to teach them life skills that they would probably not be receiving from their home lives. They have court orders that they have to play a sport while they are in the Academy. For them to be able to play they have to be passing their classes and the drug tests that they are given. The coaches are taking every loss that they have and are turning them into lessons about boosting their self-esteem, courage, how to deal with difficult choices, and how to keep their anger in check. Through not pushing winning as the most important thing about sports the coaches are teaching the girls sacrifice, responsibility, discipline, and helping them see a bigger picture in life than winning. Through playing basketball they are able to forget about their current lives and help them grow to become better people. The coaches said that they are putting them on the ladder to success, and all they are doing is giving them a boost. The girls have to do the rest, and by the way they are looking at their lives through sports they are climbing that ladder by themselves pushing themselves.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

She brought so much joy to people around her by always being upbeat and caring about the people around her. She was one of those people you always wanted to be around because of all the life she had inside her. She was always thinking about what was best for other people and wanted them to succeed in everything they did.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I would want them to speak from their hearts and really say how much I mean to them. I would want them to say how proud they were to be a part of my life, and how much joy I brought into their lives by being around me. I would want them to say that I was a giving person and always put other people before my self. I want them to say that I was a selfless person who followed their faith and was able to serve our Lord.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

I would hope they would say what kind of an impact I had on their lives. I want them to say that I made that one change in their life that made them who they are today. I hope they would say something about how much I wanted to see them succeed not only in the game, but with their lives outside of sports.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Noble, Generosity, Respectfulness, Determined

**My Transformational Purpose in coaching is:**

To encourage athletes to strive to be role models to younger athletes to chase their dreams through leadership, sportsmanship, and staying true to who they are.

**Blake Chevalier**

22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Goals are more of "what". They are task oriented. They are normally on a time scale. Measurable, time-bound, and realistic. Can't set a goal to be in the hall of fame. Maybe that is a dream, but a goal is within reason and time. Where as purpose is a "why". A purpose is relationship oriented. Transcending limits or time and immeasurable.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

These kids are living in what seems to be an area of poverty. They don't seem very athletic. These coaches are worried about them growing as people rather than a record. These people are going through a very rough time in life. This is one of those moments where you need to teach them life skills. These kids are sent here. Most don;t wanna be there. it's like boot camp. They don't care about a record but a successful life.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

I would want to say, that everyone I had the pleasure of coaching and playing with in the years, that I thank them for the time I had with them in sport.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I want my family to recognize me for my love of sports and athletics. How much work I put in to my athletics.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

I want my former players to say how much fun we had while in the sports we were around. How I was an inspiration. How i was dedicated to what I did.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Commitment, Determined, Victory, Leadership

**My Transformational Purpose in coaching is:**

As a coach I encourage all of you to teach each other and stimulate your minds, to educate one another to be successful athletes.

**Kyle Crews**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Goals are items that you want to reach or obtain. Things in the goal category include hit a homerun, win a championship, or set a record. Goals become transactional. But the purpose is more substantial. The goal of a program should be related to life lessons. The purpose should be on which carries a life long impact of the participants. The purpose of a coach allows a coach to become transformational in the athletes life.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

At CCA the program is using sports as a tool to teach life skills. The staff believes in there students and view sports as a way to allow kids to grow up. Basketball was not about winning it was about teaching lessons. The staff saw losses as a way to build skills and teach lessons like courage and self esteem. The purpose of their program was to have to players obtain personal growth though sport. The goals were to be drug free and to raise their grades but at the end of the day the purpose drove those goals.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Kyle was a wonderful son, husband, and father. He lived his live passionately and was driven by the success of those around him. His accomplishments will live on though those whose lives he effected.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

He was a good man, a dedicated husband, and a committed father. He lived life to the fullest and was never satisfied with sub par results. Kyle was a man of integrity and honor. Those who's lives he touched will be forever changed because of his influence.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

Not being coach this one is pretty hard to apply so I will apply it to my full-time job and my role as a youth sports organizer.

Kyle's always had the athlete's best interest at heart. His programs were highlighted by the overall enjoyment of the participants. His activities were not driven by winning but rather by fun. Though his programs he was able to train and mold many volunteer coaches and players along the way.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Family, Happiness, Honesty, & Integrity

**My Transformational Purpose in coaching is:**

To inspire volunteer coaches to have positive impactful influences on the lives of those athletes they encounter, while focusing the joy and growth of the athlete.

**Benjamin Fielder**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Goals tend to be what we are going for. They are task oriented meaning we focus on winning the game or task at hand. Goals are realistic and measurable. The difference between goals and purpose is beyond winning. Purpose is relational oriented and has a reason why. Purpose is how you find identity as a individual.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

Carroll County Academy's focus is to kept kids out of state custody. This academy is allowing students to continue their education and not fall through the cracks. Their focus is to allow children a chance and change in life. The purpose is to build life skills and build strong relationships with others. The purpose of this team was not winning, it was living a normal and healthy life outside the basketball court.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

I want to be remembered as a high energy person with a crazy sense of humor. I loved to laugh and always smile, no matter what the day was like. He always built strong relationships with others and really cared for family and friends.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

He was a great father to his beautiful children and a great husband to his wonderful wife. He was always supportive to others that surrounded him. He loved to be in the moment.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

I hope my players and students would say that I was a fun person to be around. That I had a good sense of humor and loved to laugh. The last thing is that I truly cared for them as an individual.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Family/Friendship, Happiness, Commitment, Openness

**My Transformational Purpose in coaching is:**

To encourage young athletes to develop a sense of character as an individual through commitment and relationships with coaches and teammates.

**Nicole Gentile**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Setting goals are a great way to motivate your athletes and reach them on the first and second dimensions. It will enhance social relationships, with a group of young men and women focusing on the same common goals. But most goals are task oriented, time bound, and measurable. If a coach solely focuses on first dimension objectives like physical goals, rather than coaching for a purpose or value, athletes may confuse their value and worth with sports-performance based identity. Coaching purpose gives athletes a reason why behind sports. Purpose is relationship oriented and mostly immeasurable. Coaching purpose comes from focusing on the deepest level, the third dimension, of coaching.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

The women's basketball coach mentions future potential life problems, and relates them to struggles on the court. He reminds them to not focus on the score, or people in the stands, because they do not matter. Carroll Academy is for students with correctional problems, and sports give them a way to cope with the stress and problems they deal with at home. The girls realize that there's more to life than sports. The school uses sports to translate to life skills such as responsibility, focusing on school, and avoiding drugs. The coaches focus on hustling, working hard, building courage, and stress management rather than winning games or any of the scores. The girls enjoy sports because it gives them an outlet, and provides a family culture that they don't have at home. The girls are willing to sacrifice because they recognize the bigger picture. The coaches base their success of the girls being drug free, and improving on their anger issues, and having good grades. Growth is far more satisfying than winning any games so that's what they focus on.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Three sentences I would want to be read at my funeral: Nikki was thoughtful, caring, and I always knew she had my back no matter what the situation. I could come to her in any time of distress and she would find the calm in the storm. She was easy to rely on and trust since I knew she was always honest. But most of all, she was a great friend and will be truly missed.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I hope my family and friends will talk about how passionate I was about my job, and how much I cared about my players. I hope they will recognize how willing I am to help anyone in need, and how honest and trust worthy I was.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

I hope my players will talk about more than just the physical demands I asked of them, or how much I encouraged them to focus on school work. I hope they will mention the life lessons I provided them with, like the hard work ethic they developed, or time management skills or how I taught them to give 100% effort into anything they dedicated to. I hope they will say that I not only made them a better softball player, but a better, more rounded, genuine person.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Three core values that will best help me to leave the legacy I desire are honesty, loyalty, and leadership. I believe if my girls focus on these three core values, they will be successful in any aspect of their life: on or off the field.

**My Transformational Purpose in coaching is:**

To encourage young athletes to develop a sense of character as an individual through commitment and relationships with coaches and teammates.

**William Haer**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

A Goal is a physical result of action. Purpose is tided to identity. Goals are good but being strictly Goal based will lead to bad outcomes. If you are just goal bassed it will make you identity goal based and cause you to be afraid of failing becaus it is who you are. Where having purpose is like having goals but it goes much deeper into who you are and what you are doing.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

The coaches at Carroll County Academy are more worried about there athletes then winning. They use sports to teach that life skills. They said that the most important game is the game of life and sports help you build the skills to help you play the game of life. They told the kids not to focus on others but to focus on what they are doing. They are building character not just athletes.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Will was a man that had a heart after God. He Coached young girls and boys into Men and Women. He believed in them when they didn't believe themselves and encouraged them to recce for greatness when they didn't know if they could recce it.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

That I was a man of God. That I did my best to be a good husband, Friend, and Coach. That I cared about the heart more then the world.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

He believed in me. He pushed me to be the best version of myself on and off the field

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Faith, Courage, and Dedication

**My Transformational Purpose in coaching is:**

TO coach athletes to become the best versions of them self on and off the field to develop Faith, Courage, and Dedication to overcome any adversity.

**Michael Hobson**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Goals are a time bound, task oriented, thing that is usually measurable. When we set goals we are looking to improve our performance or something in the first dimension most often. While a purpose is a meaning to life or something that is immeasurable and describe why we do things. The reason why we need to focus on a purpose instead of goals is because purpose develops someones character. When we coach with goals or in the first dimension we leave a lot of things untouched and wondering why we set them when everything is over when developing a purpose will allow athletes to have the answers of what is next and why they want to move to that next.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

In Carroll County they were a very pour town that did not have very much. The coach was consistently reminding his players that life is the bigger game and what happens in sport is small and is only trying to prepare you for what is going to happen in the future in life. They have lost over 200 games in a row but they continue to play as the biggest underdogs. It is not okay for them to go into a season with a goal to win, because they are dealing with much bigger things in the real world so the coaches are using sport as a teaching lesson in order to prepare them for life as much as they can with the situations these kids have been put in.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Michael was a very hard working man who would never give up on himself, his team, or anybody else he was involved in. Michael was a hard headed man, but he was hard headed about he could not affect everyone he worked with life in a positive manor. Every situation that he was put in he would not think about himself but would look to help others make themselves into the humans they wanted to be. Being caring is an understatement to describe Michael. He modeled his life after two of his biggest role models, his father and John Wooden.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

Michael was very competitive and worked hard in everything he did and would never give less than his 100%. He was driven by working hard for everyone around him in order to help and make them the best they could be and trying to set them up for success.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

Michael was always working hard for us making sure that we were the utmost prepared for what ever situations we would be placed in during competition. He would work hard and know what he was talking about when it came to volleyball but he also took the time to get to know each of us individually and help us off the court too. He used volleyball as a bridge to teach us life lessons that would help us in life after volleyball.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Respectful, Loyalty, Leadership, Genuineness

**My Transformational Purpose in coaching is:**

Coaching and developing young athletes to become great leaders who are respectful, loyal, and genuine not only in sport but everyday life.

**Seth Kincaid**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

The first difference between goals and a purpose is that a goal is a specific "what," while a purpose is more of a reason why. A goal is something tangible that can be quantified, while a purpose is mostly immeasurable, at least in the immediate. Goals are primarily task oriented, while a purpose is geared toward building, maintaining, and strengthening relationships. Goals are always time bound, while relationships transcend the limits of time. A coach can set a goal for you that will be met or missed in a certain amount of time, but a if a coach executes his/her purpose, it will stay with you for a lifetime. Goals are great sign posts, meaning that they are certainly helpful while you are playing, but a good purpose has significance beyond the scoreboard. Winning has little to do with purpose, but it is often a key component in goal-setting.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

The coaches at Carroll Academy have a deep understanding of third dimension coaching. They work with students that have next to nothing at home and help them realize their worth and ability. Everyone in their life has given up on them, but these coaches give them a new look at life. They teach the bigger picture of life through the game of basketball. They tell their players that the work they put in now will prepare them for the most important game they will ever play, the game of life. He tells them not to worry about what the people in the stands think. It doesn't matter if you are losing, as long as you play. They use sports as a tool to teach life skills, and the players recognize and appreciate that. They use the losses to teach things like self-esteem, courage, anger, and stress management. The coaches provide something to these players that many have never had in their life, a family. A family that loves and supports them, that challenges them, that believes in them, and that cares deeply for them. My favorite quote from the video was "I don't care if they don't win a game. When we see the growth, it is just so satisfying to know that we were able to help in that way."

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Thank you to everyone who helped me become the man that I am. To my parents, thank you for raising me in a Godly home where I knew the importance of relationships and serving others. To my wife, thank you for showing me what selfless love looks like on a daily basis.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

He was a gentle man, slow to anger and quick to forgive. He showed us how to put others before himself. He taught us that if we want to do/accomplish something, and we work hard enough and long enough, anything is possible.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

He taught us that being a man is so much more than wins and losses. He showed us that you get out what you put in. And he always said to never let down the guy next to you.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you leadership, learning, serving, and joyfulness**

**My Transformational Purpose in coaching is:**

To serve young adults while emphasizing the importance of leadership, joyfulness, and education.

**Matthew Massey**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

The difference between goals and purpose is that the goals are the what, and the purpose is the reason why. Goals are also task oriented, realistic, time-bound and measurable. A purpose tends to be transcending limits of time and mostly immeasurable. If we focus just on the performance goals it leaves people looking in the wrong direction. Athletes then find their identity in the first dimension.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

Carroll County Academy focuses on purpose over goals by highlighting teaching moments like the women's basketball coach talking about how this is nothing that you are going to face in your life. He talks about facing adversity when you come home and your husband has lost his job. He then talks about how what they are facing will prepare them for that. The most important game you play is life. He also goes on to mention how the score does not matter that you are out there playing. The coach does a great job talking about life lessons learned and how to deal with adversity.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Matt inspired the lives of many. Not only did he impact the lives of all of his athletes, he also inspired those that came in contact with him. He was a loving father, brother, coach, and always put other's before himself.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

Some of the things that I hope my family and friends will say about me is that I was devoted into changing the lives of others. I worked my tail off to become the best at whatever I put my heart and mind into.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

Some of the things that I hope my former players will say about me is that I was devoted to the process of getting better every single day and that I inspired and touched the lives of them in some way shape or form.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Commitment, Leadership, Enthusiastic

**My Transformational Purpose in coaching is:**

To motivate and inspire coaches and athletes to strive to be better than one thought they could ever be and to understand and learn to love the process and hard work that got them to where they are.

**Sean O’Connor**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

The purpose defines the "why" behind the "what" (goals). Goals are more task oriented, but purpose is more relationship oriented. Purpose is a lot tougher to measure or gauge. Winning has little to do with your purpose, but winning has a lot to do with most goals because goals are mainly performance based.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

They focus on trying to become successful at life. They don't worry about their losing streak or the score on the scoreboard. They use sports to teach life skills and mold their kids' character. He focuses on them hustling up and down the floor, no matter what the score says. Some specific evidence would be that he gave Hayley, a troubled girl with anger problems, a chance to play on the team. He was able to get the most out of her and to help her see the bigger picture in life. The coach says that "success" is to have a kid that is now drug free and has their grades up.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Sean prioritized faith, family, and friends above all else. He was here to serve, and to make others around him the best they could possibly be. His positive attitude and energy were a life model that everyone should try to follow.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I would hope that they would say that I was a great friend that impacted their lives in one way or another. That I was a role model, and didn't just live life going through the motions. That I gave everything I had to building relationships with people.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

I would want them to say that I cared about every player I had like I cared for my own family. That I was able to get every ounce of effort and character development out of them. That every time they came to workout, it was always a fun and learning experience.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Faith, Love, Enthusiasm, Neighborly

**My Transformational Purpose in coaching is:**

To develop, physically and mentally, the lives of my players to become impactful people out in the world.

**Kiersten Orton**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

When it comes to defining goals and defining purpose, the two have different meanings. Goals are described as a "what." What is it that someone or something wants to achieve in a certain amount of time. For example, an individual may have a goal of reaching 1000 points by the time his/her basketball career is over. Goals are realistic, time-bound, and are measurable. Purpose on the other hand is a reason "why." Why it is that something is the way that it is. Purpose is more relationship oriented and mostly immeasureable. There really isn't a set time for purpose. Purpose really helps to show the value beyond the playing field. There is much more to a game than winning and losing. Athletes need to have goals, but they also need to know what his/her and the purpose is for the sport.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

They focus on trying to become successful at life. They don't worry about their losing streak or the score on the scoreboard. They use sports to teach life skills and mold their kids' character. He focuses on them hustling up and down the floor, no matter what the score says. Some specific evidence would be that he gave Hayley, a troubled girl with anger problems, a chance to play on the team. He was able to get the most out of her and to help her see the bigger picture in life. The coach says that "success" is to have a kid that is now drug free and has their grades up.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Wow, this really had me thinking. Obviously we all want to make a positive impact in this world, whether individuals clearly represent that or not. We all want to be needed, wanted, and want to be remembered even when we're gone. What I would like to be said at my funeral would be this:

1) I had her priorities straight, and knew what was important in life and that was the cliché saying we all hear as "faith, family, and friends," but I truly lived to serve all three. 2) I lived my life to the fullest and didn't take my gift of life for granted. 3) I genuinely loved and cared for everyone and thing I came in counter with.

As I look at these, they really all have nothing to do with sports - which I have a strong passion for. In the grand scheme of things, I realize just as the video shared, that sports are a tool to help with life lessons. They help with family situations, work situations, friend situation, faith situations; all of which we encounter on a daily basis. Sports are what have and will continue to help build my legacy due to the life lessons taught throughout.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I hope my family and friends can say I genuinely cared for each and every one of them and gave my time to them not just to give my time, but to sincerely want to be with them. I was there for them when they needed someone most, and was always there to reach out and love them for who they were.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

Not that I pushed them physically or that I was great at getting wins and they had fun with all the trophies and wins, but that I taught them how to persevere, how to face adversity, and how to keep going when the going gets tough because that is what life is all about. I want them to say that because of their athletic experience, they were able to recognize and find ways cope with the roller coaster we call life and that for every down, there will always be some sort of up! Winning is great in games, but winning in and at life and being happy with the person we've become is so much more than a 40 minute basketball game.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Genuineness, Wholeness, Faith, Family

**My Transformational Purpose in coaching is:**

To create an environment that encourages athletes to become leaders and use the life applicable skills learned in the athletic setting to apply to positively impact the world around them.

**Gage Rosier**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Goals tend to be a "what," are task-oriented and tend to be more transactional. Goals can often lead to an athlete developing a performance-based identity. If an athlete is coached just in the first dimension then goals are performance based and if they are not reached then the athlete begins to associate his/her identity with his/her performance. Purpose tends to be a "why," is relationship-oreinted, and is more transformational in nature. Coaches that focus on their purpose for coaching instead of goals often build better relationships with their players and have the power to transform lives, not just coach for an outcome. The coaches that know their purpose coach the athlete in all three dimensions, protecting the athlete from developing a performance-based identity.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

One of the ways that the coaches at Carroll Academy is by reinforcing that sport teaches life lessons. The girls on the basketball team come from troubled backgrounds and have dealt with a lot of scary issues. The coaches use sport as a tool to teach life lessons to the girls. The girls are taught how to handle adversity, work hard, and assume responsibility. The team also gives the girls a since of family and belonging, which many of them had never had before. My favorite quote from the coach to the girls is "you're not losing, you're playing." He does a great job of reinforcing that it is just a game and that the growth in the person is so much more important. The coach is truly transformational because he has taught the girls that the score does not matter; rather, how they play and the lessons they learn from the game is what matters. A transactional coach could never coach there because he/she would get to caught up in the scoreboard, which will most likely continue to be lopsided because of the nature of the school.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Gage Rosier was a great husband, father, son, and brother who dedicated his life to helping and serving others. He treated everyone with genuine kindness, sincerity, and respect. He approached everyday with a desire to improve himself by helping others succeed in what they desired most.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I hope my friends and family will say that I was a kind person that genuinely cared about others. I hope they say I was a loving husband, father, and friend and that I put the needs of my family, friends, and others before the needs of myself.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

I hope my former players say that I challenged them to be their best both physically and mentally, but that I also had their best interest at heart at all times. I hope they say that they knew I cared about them for the person they were, not for the athlete they were. I also hope they say that no one prepared them more for the ups and downs of life more than me.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Kindness, Perseverance , Respectfulness, Serving

**My Transformational Purpose in coaching is:**

To develop responsible and respectful athletes who possess the ability to persevere through all life's obstacles with integrity and a desire to serve others.

**Brock Sherman**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Goals are a task-oriented. They are able to be realistic, measurable, and time- table. Purpose is the reason why we are chasing a goal. It is the journey to reach the goal.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

At the beginning the coach talks about how adversity is not what they are facing when they fare playing basketball, but what they will actually face when they are out in the real world. But the game of basketball can help teach them how to handle adversity in their life. They aren't worried about winning or losing but the process and what the game can teach them and help them in their life.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

Brock, was a caring, loving, father who always looked out for the best interest of others. Coach brock, treated everyone of his players like they were one of his son/ daughter. Brock loved everyone and was always a positive person who made the best of every situation.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I hope that when I pass away that my family and friends talk about how I helped them throughout their life. I was always their for them when they needed someone to talk to or just a good laugh. I hope that people will look at me as someone who was an inspiration to them and was willing to put others before himself.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

I hope that former players will talk about how I cared about people as an individual rather than just a player. I hope they talk about how much I cared about them off the field as I did on the field. A father figure to them.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Love, Relationship, Enthusiastic, Openness

**My Transformational Purpose in coaching is:**

To help motivate athletes to enjoy and learn from the process of sports, to help them in their life.

**Matthew Smith**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

Purpose tends to transcending limits of tme and mostly is immeasurable along with that it's very relationship oriented. Whereas a goal is realistic, time bound and measurable. Now with goals though they must be set as less performance in things such as winning for instance if you set the goal at ok were going to go 15-0 and you lose the first game how bad is that going to send your team that you couldn't achieve that one time performance goal.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

From what I took on the video and the purpose of this would be that they are preparing these athletes and students to become a better person in the long run. They bring the students to be better than where they came from because they know what the home life. They are giving them a purpose of finding something that will make you happy. They are using sports to help them cope with life and teach them life lessons.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

I would want them to realize that I was a loving good standing Catholic man who stood for what he believed in and that he gave his life up for God. I would like for it to say that I was easy going easy to talk to and a loving person who was loved knowing that no matter what you could talk to me. Last being that I was a great family man, with my wife if I'm married with kids and that I was a great loving son and brother.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

That I was loving and someone they could look up to is something I would hope they would say. Also that I was a good Catholic man who gave his time and effort towards God.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

That I taught them more about life lessons than anything. That I was there when they needed someone to vent or learn from. That my athletes understood that I worked my hardest no matter what.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Faith- this to me is my biggest weapon of choice and will help people understand my legacy.

Humor- That in the worst of times we could smile and thank God for our amazing life we've been given.

Dedicated- That I took the less traveled path even when I knew it would be tough but because I was dedicated to it that we saw it for better at the end.

**My Transformational Purpose in coaching is:**

To motivate coaches and athletes to love each other and work towards a championship mindset that will include the values of faith, humor and dedication towards our program.

**Brandon Yost**  
22-510 Midterm

**After watching the video, write a short paragraph that describes the difference between "goals" and "purpose."**

A purpose is why we do things and is not measurable. This is more focused on the journey of the season and on the relationship aspect. Focuses on the relationships that we build with one another through out the season. Goals are measurable and task oriented. These are the results that people look for during and after the season is completed. You have a certain amount of time to complete the goals.

**After watching the video, write a short paragraph to highlight the evidence that the coaches at the Carroll County Academy are focused on purpose over goals.**

He says that he does not care about the outcomes he cares about the score or what anyone in the stands think. He tells them that they are only playing, the game is not life. They use sports to teach life skills instead of using them as a competition. The loses give them the tools they need to teach them life lessons. They were more worried about giving them a family than actually winning the games.

**After watching the video, contemplate what you want your eulogy to sound like. If you could write three sentences that were to be read at your funeral, what would they be?**

I would want someone to say that I cared about other people more than I did myself. He wanted to help people out and was one of the hardest workers that they have known. Also that I was a loving individual.

**In three sentences or less, what are the types of things that you hope your family and friends will say about you at your funeral?**

I hope they say that I was a genuinely happy person and that I made other peoples lives better. Also that I loved my family very much and was one of the most important things in my life to me. I was always willing to help others when they were in need.

**In three sentences or less, what are the types of things that you hope your former players will say about you at your funeral?**

That I was a very hard worker and that I cared for the team a lot. I always tried to make sure people were having a fun while they played instead being to hard on themselves. I always worked hard at what I did.

**After watching the video, select no more than 3-4 core values on the list linked below that will best help you leave the legacy you desire.**

Family, love, determination.

**My Transformational Purpose in coaching is:**

To help athletes enjoy playing a sport while teaching them life lessons they can always use outside of the sport.