For the final, you are required to write a 1-Page summary of your interaction with the person you interviewed. This summary should include the perceived strengths and weaknesses of the program in each of the 3Dimensions. Based on these findings, and on the knowledge you gained through this course, you should also include suggestions for how this organization can better meet the needs of their people in each of the 3Dimensions.

It was extremely interesting talking to Matt Haddy about the MV Youth Basketball program. He is starting the program and serving as Co-director. The Mt Vernon Community has never had a formal youth basketball program. With the completion of a Community Center Matt and his Co-director are trying to formalize the structure of youth basketball in Mt Vernon.

The first positive I would point out is that Mr. Haddy is a certified 3-D Coach. As far as the 1st dimension they have put together a booklet of “Skills and Drills” that are arranged by age appropriateness. This is very exhaustive with lots of flexibility to keep things interesting while improving a wide range of skills.

The coaches are all volunteers/parents so, accountability for Level 2 and Level 3 is very difficult. They have coaches informational/training sessions which are required before someone is allowed to coach. The volunteers are given another packet that addresses level 2 issues. This includes strategies to prioritize process over product. It also includes the program’s purpose statement.

Matt and I talked about Level 3 and how to address this with volunteers and he is still in the implementation phase. This was all supposed to be rolled out this summer but with our current situation when this program will be implemented is still up in the air. One of the strategies Matt is now working on is a series of videos that coaches could view that model teaching drills and skills thru a 2nd level prism. These would be available to view or review at any time.

The difficult thing that Matt and all supervisors of youth coaches is not so much in educating volunteer coaches to 3-D Coaching but in some way insuring implementation and accountability. Obviously the hope is that this is seen as a “better way”. For me as a Varsity Coach this is essential piece of our program and essential to insure an experience that is fun and uplifting, while building 1st level skills.