Interview Summary

While interviewing the athletic director I chose to interview I thought he had very good beliefs about how he tried to run his athletic programs. I believed he coached in a way that his and other coaches athletes respect and need in today’s world. They put a big focus on letting the kids be in charge as much as possible and creating fun team activities outside of the gym or practice field. I also had never heard of the captains council system but he recommended me do a little research on it by myself as well and after I did I believed it to be a very good idea and something that is important in young athletes today. If there was one thing I thought this athletic program could do better at would be some professional development opportunities to ensure they are always getting better and their understanding of meeting the third dimension.

The Captain’s Council is a system that put the athletes in charge and gives them an important say in the team. This helps them build leadership skills along with adding responsibility. The five functions of the captains council is to develop leadership skills, decentralize command, create connections and cohesion, support and accountability, and to become a player-led team. I noticed when researching this program it reminded me a lot of this 3D coaching class in the fact that very little of it was directed to learning and coaching the fundamentals. This program also focuses on relationships but instead of it being between the athletes and coach it focuses on the relationships between athletes. After researching it I believed its main goal was to bring the athletes closer together in different ways off the court/field that will benefit them once they are on the court/field. I believe this system focuses heavily on the 2nd dimension of coaching in this class as it focuses deeply on trusting the players and bringing them closer together as a team.

The area I thought this department could get better at was ensuring they were all constantly growing their knowledge. When interviewing the athletic director I believed that he did value gaining more knowledge and information for himself, but I felt like he could find a way to better connect with his coaches and get them materials and information to help grow them as well. This could be as simple as finding the funding for all the coaches to complete a class such as this one over an extended period of time. Overall I believe these sport organizations are on the right track in better understanding there students and there athletes. If they continue to let there athletes have a say and bringing them together off the court the relationships will continue to grow stronger and stronger.