Sam Phillips

Interview Reflection

3D Coaching

June 22, 2022

The person I chose for this interview was Taylor Sudmann. She has been teaching and coaching at Fremont-Mills Highschool for 3 years and has been Athletic Director for 1 year. Therefore, she is relevantly new to the experience but was seemingly eager and excited for the future.

When it comes to the first dimension, I believe the program had a solid foundation and was thorough. They offer clinics and events for the coaches and camps for the student athletes. I do believe the summer months could be taken advantage of more for the first dimension purposes. Their second dimension stragies were just ok in my opinion. I believe they can implement more team building and cohesion within the teams. The programs third dimension strategy was a good concept, I think they could execute it better by having more events that involve the “knight life” character traits or maybe even promotional opportunities forn the staff and students.