

# 5 - Value at Risk (VaR)

Espen Sirnes

2025-08-10

## Table of contents

1	VaR	1
2	Backtesting VaR	3
3	Evaluation Function	4
4	Methods for Calculating VaR	6
4.1	The Normal Distribution Model . . . . .	6
4.2	Empirical Frequencies . . . . .	6
4.3	Past Volatility . . . . .	7
5	Evaluation	7
6	Concluding Remarks	10
7	Literature	11

## 1 VaR

Value at Risk, commonly known as VaR, is a foundational concept in risk management, widely used by financial institutions to quantify and control risk exposure (Morgan and Reuters 1996). Essentially, VaR answers the question, “What is the maximum potential loss over a given time period within a specified confidence interval?” The confidence interval here represents the range within which we expect a certain percentage of returns to fall. For

instance, with a 95% confidence interval, we anticipate that only 5% of cases will breach this lower threshold. The closer the model's expected breaches are to the actual empirical frequency, the better the model's accuracy.

VaR provides a standardized way to assess risk, helping firms to understand potential losses and allocate capital effectively (Jorion 2007). Regulators also rely heavily on VaR; in fact, this method is embedded directly in EU financial regulations, requiring banks to hold capital reserves proportional to their risk exposure (Ong 2007). By setting a standardized measure for risk, VaR supports financial stability and resilience, making it invaluable for both risk managers and regulators.

In this lecture, we'll see that VaR is not a single, fixed method. Its accuracy and effectiveness depend on one crucial element: how volatility is predicted. Different approaches to forecasting volatility result in varying VaR outcomes, each with its strengths and limitations. By exploring these nuances, we'll gain a deeper understanding of both the power and the limitations of VaR as a risk management tool.

We start by loading the data from lecture 3:

```
import pandas as pd
df = pd.read_pickle('data/X.df')
df
```

Symbol Date	EQNR	NHY	TEL	YAR	Optimal
2016-01-10	-0.118288	-0.137636	-0.008125	-0.058065	-0.083888
2016-01-17	-0.060966	-0.054818	-0.085838	-0.047905	-0.072114
2016-01-24	0.060966	0.023505	0.049143	0.001741	0.055133
2016-01-31	0.074498	0.024710	-0.007077	-0.053584	0.045256
2016-02-07	0.027490	0.065780	-0.029552	0.024170	0.012622
...	...	...	...	...	...
2025-09-28	0.056725	-0.006665	-0.004226	0.023466	0.019510
2025-10-05	-0.039205	0.052979	-0.002423	-0.007852	-0.005135
2025-10-12	-0.035351	-0.013933	0.008454	0.018581	-0.018826
2025-10-19	-0.024138	0.020255	0.023687	0.005057	0.003308
2025-10-26	-0.001716	0.001431	0.000603	-0.002658	0.000197

## 2 Backtesting VaR

To understand the effectiveness of Value at Risk (VaR), we can test its accuracy by evaluating actual financial data and examining how well different VaR models predict risk.

Specifically, VaR is expected to forecast a certain number of “breaches”—cases where the return falls below the calculated lower bound—relative to the total sample of returns. The closer the model’s predictions align with the actual frequency of breaches, the more reliable the model is.

To carry out this backtest, we’ll define a function to calculate VaR for historical returns from a financial time series. The function takes the following inputs: - A general function, `f(x, sigmalist)`, which calculates the 95% and 99% VaR and returns an updated volatility (if applicable). This function uses historical data `x` and past volatility `sigmalist`. The specific function provided will determine the method used for VaR calculation. - A pandas DataFrame `df` containing historical data. - The name of the data series in `df`. - An estimation window, specifying the number of periods used to estimate the current VaR.

The function will return: - The 95% and 99% VaR for each date, - The estimated volatility (if applicable), - The corresponding dates, - The associated returns.

Below is the function for generating the backtest:

```
import numpy as np
import pandas as pd
def generate_backtest(f, df, name, estimation_win_size):
    # Initialize a df to store calculated values
    record = pd.DataFrame(columns=['Date', 'Return', 'VaR_95', 'VaR_99', 'Volatility'])

    # Iterate over returns to calculate and store VaR and volatility
    # We need to start at the estimation window size to have enough data
    for t in range(estimation_win_size, len(df)):

        # Record date and current return
        record.loc[t, 'Date'] = df.index[t].date()
        record.loc[t, 'Return'] = df[name].iloc[t]
```

```

# Extract data from the estimation window (t-estimation_win_
x = df[name].iloc[t-estimation_win_size:t-1]

# Apply the provided VaR estimation function using the histo
d95, d99, sigma = f(x, record)

# Append the estimates to their respective lists
record.loc[t, 'VaR_95'] = d95
record.loc[t, 'VaR_99'] = d99
record.loc[t, 'Sigma'] = sigma

# Return the results as numpy arrays for ease of analysis
return record

```

This setup allows for a flexible approach to testing different VaR models by simply passing different VaR estimation functions into `generate_backtest`. The returned data can then be used to evaluate the model's effectiveness by comparing predicted breaches against actual outcomes.

### 3 Evaluation Function

After generating the VaR time series, we need an evaluate function to assess the model's effectiveness. This function will take the following arguments:

- A plot object `plt` to visualize the performance,
- The estimated 95% and 99% VaR series,
- The returns,
- The dates,
- A heading for the plot.

The function will produce an informative graph with bars wher there are breaches, and display the model's performance by calculating the percentage of breaches. Here's the function:

```

import numpy as np

```

```

def evaluate(df, heading):
    # Compute breach columns directly in the DataFrame
    df['breach_95'] = (df['VaR_95'] > df['Return']).astype(int)
    df['breach_99'] = (df['VaR_99'] > df['Return']).astype(int)
    df['breaches_95_height'] = df['breach_95'] * df['Return'].max()

    # Plot VaR and Return lines
    ax = df.plot(x='Date', y=['VaR_95', 'VaR_99', 'Return'],
                 label=['95% Confidence Level', '99% Confidence Level', 'Return'])

    # Overlay bars for 95% breaches
    ax.bar(df['Date'], df['breaches_95_height'],
           color='gray', alpha=0.5, width=0.5, label='Breaches 95% VaR')

    # Labels and title
    ax.set_ylabel('VaR')
    ax.set_xlabel('Date')
    ax.set_title(heading)
    ax.legend(loc="lower right")
    ax.figure.autofmt_xdate()

    # Backtesting stats
    backtest_results = [
        np.round(df['breach_95'].mean() * 100, 1),
        np.round(df['breach_99'].mean() * 100, 1)
    ]

    for level, breaches, pct in zip([95, 99], ['breach_95', 'breach_99'], backtest_results):
        print(f"{heading} with {level}% confidence interval:\n"
              f"Breaches: {df[breaches].sum()}\n"
              f"Backtesting (Realized VaR - % breaches): {pct}%\n")

```

This function provides a visual and numerical evaluation of VaR accuracy. The plot shows the 95% and 99% VaR levels alongside the actual returns, with breaches of the 95% VaR highlighted. The function then calculates and prints the percentage of breaches, allowing us to assess how well the model aligns with expected outcomes.

## 4 Methods for Calculating VaR

Calculating Value at Risk (VaR) fundamentally involves predicting volatility. A model can more accurately predict volatility, it will also yield a more reliable VaR estimate. Here, we'll explore three different methods for calculating VaR: using the normal distribution, empirical frequencies, and past volatility.

### 4.1 The Normal Distribution Model

The most straightforward approach is to assume that returns follow a normal distribution. We can estimate the standard deviation (volatility) of a sample  $x$  and apply the normal distribution to compute VaR. That in practice just means multiplying the volatility with a number corresponding to the confidence interval, in this case given by the function `norm.ppf(PVALS)`. This is implemented as follows

```
PVALS = [0.05, 0.01] # Confidence intervals (95% and 99%)
from scipy.stats import norm
def normal_est(x, record):
    z = norm.ppf(PVALS) # Z-scores for the specified confidence level
    sigma = np.std(x, ddof=1) # Sample standard deviation
    return z[0] * sigma, z[1] * sigma, sigma

print(norm.ppf(PVALS))
```

```
[-1.64485363 -2.32634787]
```

The global variable `PVALS` sets the confidence levels, making it easy to adjust later, though 95% and 99% are almost always used in practice.

### 4.2 Empirical Frequencies

An alternative method is to rely on empirical data, using historical quantiles to set the VaR thresholds. This method establishes limits that would have perfectly predicted historical data breaches at the 95% and 99% levels:

```
def historical_est(x, record):
    q95 = (np.quantile(x, PVALS[0])) # 95th percentile of historical data
    q99 = (np.quantile(x, PVALS[1])) # 99th percentile of historical data
    return q95, q99, None # VaR values are negative to indicate potential loss
```

This approach is straightforward and does not assume any specific distribution of returns.

### 4.3 Past Volatility

A third method involves modeling volatility based on its past behavior. Using only the volatility from the previous period would imply constant volatility, so we introduce an innovation term—specifically, the squared error from the previous period. This error is added to the previous period’s variance and then square-rooted to estimate current volatility. If no prior volatility exists (e.g., in the first period), historical volatility is used.

After estimating the volatility, we can use the normal distribution to calculate VaR for each confidence interval. This type of volatility-based VaR estimation is required for financial firms under EU regulations (Banking Supervision 1996).

```
def last_volat(x, record):
    x = np.array(x)
    sigmalist = np.array(record['Sigma'].dropna())
    z = norm.ppf(PVALS)

    if len(sigmalist) == 0:
        sigma = np.std(x, ddof=1)
    else:
        # EWMA-style update
        sigma = (0.1 * (x[-1] - np.mean(x))**2 + 0.9 * sigmalist[-1])

    return z[0] * sigma, z[1] * sigma, sigma
```

These methods offer varied approaches to calculating VaR, each with specific strengths: the normal model assumes a normal distribution, empirical quantiles base predictions on historical breaches, and the volatility-based method adjusts dynamically, often aligning with regulatory requirements.

## 5 Evaluation

We can now easily evaluate the different methods. We first evaluate under the normal distribution.

```

NAME = 'EQNR'
ESTIMATION_WINSIZE = 52

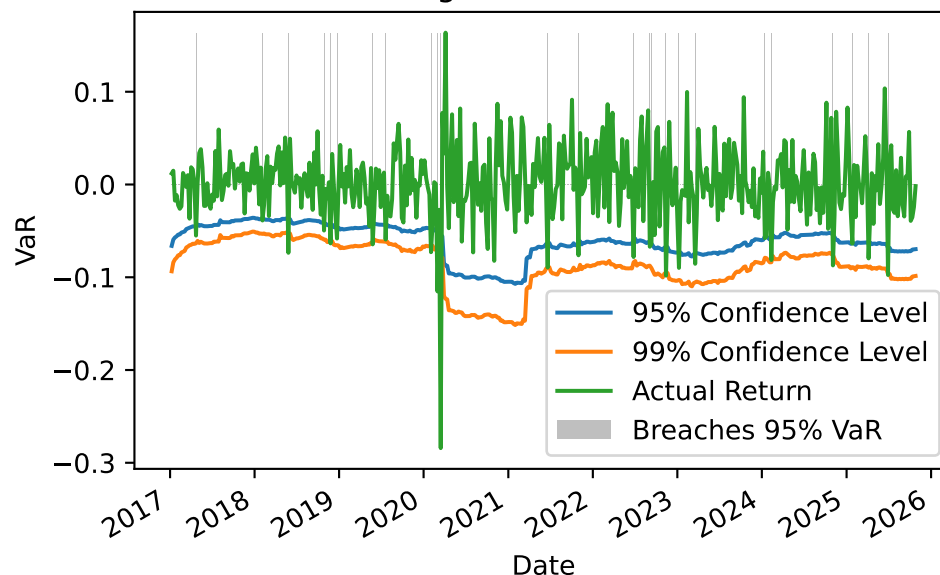
rec= generate_backtest(normal_est,
                      df, NAME, ESTIMATION_WINSIZE)
evaluate(rec,
        'VaR Estimation Using the Normal Distribution Method')

```

VaR Estimation Using the Normal Distribution Method with 95% confidence  
Breaches: 25  
Backtesting (Realized VaR - % breaches): 5.4%

VaR Estimation Using the Normal Distribution Method with 99% confidence  
Breaches: 10  
Backtesting (Realized VaR - % breaches): 2.2%

VaR Estimation Using the Normal Distribution Method



Then we apply the function that simply calculates the empirical distribution of passed returns:

```

rec = generate_backtest(historical_est,
                      df, NAME, ESTIMATION_WINSIZE)
evaluate(rec,

```



```
'VaR Estimation Using Empirical Distribution')
```

VaR Estimation Using Empirical Distribution with 95% confidence interval:

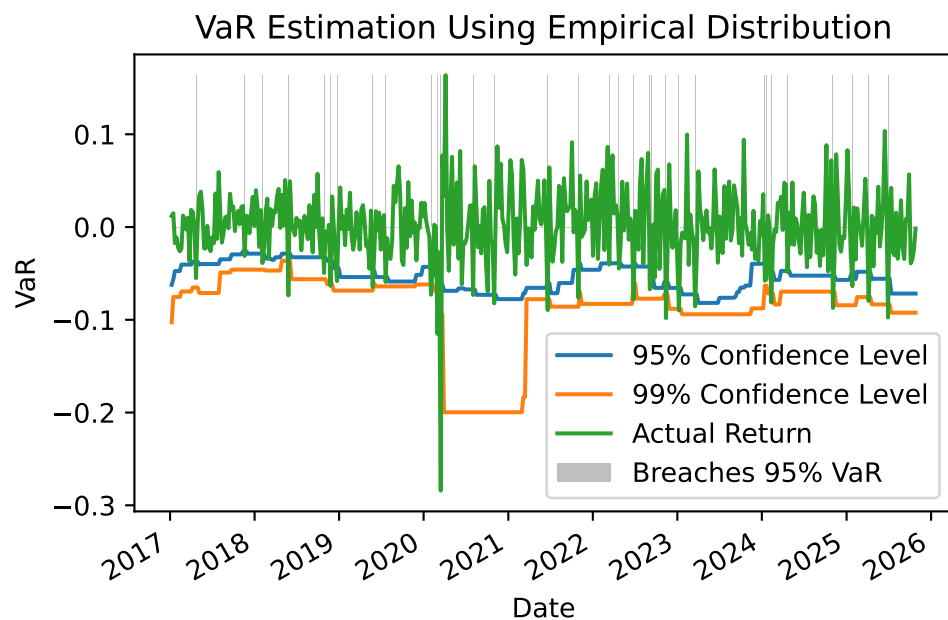
Breaches: 32

Backtesting (Realized VaR - % breaches): 7.0%

VaR Estimation Using Empirical Distribution with 99% confidence interval:

Breaches: 13

Backtesting (Realized VaR - % breaches): 2.8%



And at last, we use information about the previous period volatility.

```
rec = generate_backtest(last_volat,  
                        df, NAME, ESTIMATION_WINSIZE)  
evaluate(rec,  
        'VaR Estimation Using Past Volatility')
```

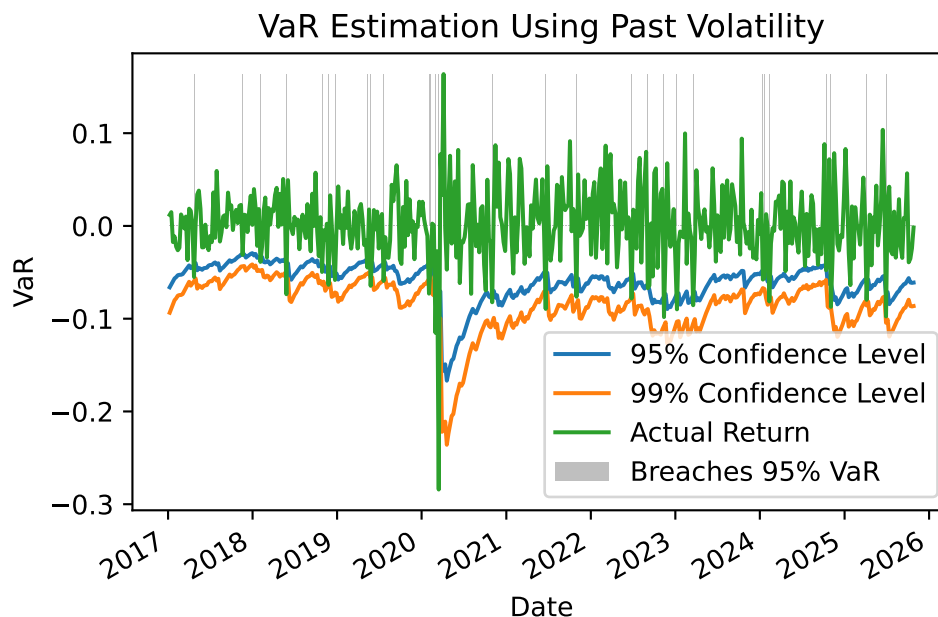
VaR Estimation Using Past Volatility with 95% confidence interval:

Breaches: 29

Backtesting (Realized VaR - % breaches): 6.3%

VaR Estimation Using Past Volatility with 99% confidence interval:

Breaches: 9  
Backtesting (Realized VaR - % breaches): 2.0%



## 6 Concluding Remarks

VaR (Value at Risk) provides an effective framework for communicating risk and has undoubtedly become the standard for measuring and controlling market risk. However, its ability to capture real risk depends heavily on its implementation. Risk is not static; it evolves continuously, responding to changing market conditions and external factors.

Dynamic measures can help anticipate shifts in risk, but as we have seen from the examples, they do not always outperform static measures. Predicting changes in risk is inherently challenging, and no single approach guarantees accurate foresight.

A notable example of these limitations is the case of Long-Term Capital Management (LTCM) (Lowenstein 2000). LTCM was managed by some of the brightest minds in finance, including Nobel laureates Myron Scholes and Robert C. Merton, the inventors of the renowned option pricing formula. Despite their reliance on VaR and a perception that their portfolios were robust and healthy, the Asian financial crisis of 1997 exposed critical flaws in

their risk models. The models proved inadequate against unforeseen events, and the fund ultimately had to be liquidated in early 2000.

These experiences serve as a stark reminder that VaR cannot be used uncritically. If a portfolio cannot be rebalanced quickly enough to adapt to shifting market conditions and declining liquidity, VaR offers little protection.

A skilled risk manager must also guard against the manipulation of VaR. Portfolio managers can exploit the model by selecting securities with hidden risks that VaR calculations fail to capture. A striking example is the Norwegian Oil Fund manager who reportedly earned bonuses amounting to nearly half a billion NOK, seemingly by taking significant risks (Dahl 2010).

High-risk investments often promise high returns, and employees with compensation structures linked to bonuses—without corresponding penalties for losses—are incentivized to take on excessive risk. Such arrangements function like an asymmetric option: they allow individuals to benefit from the upside while avoiding equivalent downside losses, fostering a strong incentive to maximize risk.

To address these challenges, a good risk manager works to minimize opportunities for such manipulation while maintaining vigilance for unobservable risk factors. Managing risk is not just about tools like VaR; it requires judgment, adaptability, and a proactive approach to identifying and mitigating hidden risks.

## 7 Literature

- Banking Supervision, Basel Committee on. 1996. “Amendment to the Capital Accord to Incorporate Market Risks.” Bank for International Settlements.
- Dahl, Carl Alfred. 2010. “Svenske Fikk Halv Milliard Av Oljefondet.” Aftenposten. <https://www.aftenposten.no/okonomi/i/pA656/svenske-fikk-halv-milliard-av-oljefondet>.
- Jorion, Philippe. 2007. *Value at Risk: The New Benchmark for Managing Financial Risk*. 3rd ed. McGraw-Hill.
- Lowenstein, Roger. 2000. *When Genius Failed: The Rise and Fall of Long-Term Capital Management*. Random House.
- Morgan, J. P., and Reuters. 1996. “RiskMetrics — Technical Document.” J.P. Morgan/Reuters.

Ong, Michael K. 2007. The Basel Handbook: A Guide for Financial Practitioners. 2nd ed. Risk Books.