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Related existing application



번핏/오늘의 운동

- For who wants to record home training
- Planning exercise routine
- Monthly Calendar, Interval Timer
- Insufficient exercise type, Lack of detailed explanation for exercise.



스마트 홈트

- For who wants to train in the correct position
- Guiding correct posture by AI coaching
- Diet management, exercise status
- Nonvarious exercises



다신트레이너

- For 20-30s interested in home training
- Cash reserve for exercise
- Body dimension record, monthly detailed report
- Only stored videos are available



Related existing application



핏데이

- For who wants to see the effects of 7 minutes of exercise
- Voice Training and Video
- Self-checking system through exercise record data
- Can't choose an exercise.



홈트레이닝

- For 20-30s who want to bulk up
- calorie display
- Various levels of exercise
- Can't record weight, diet, etc.



Service Description



매운맛에서 핵매운맛으로 레벨업했어요!!

20.10.22 -

20.10.23 -

20.10.24 - ...

자세히 보기

10 답글

9/8

9/15

9/16

9/17 ...

자세히 보기

187 답글

끝날 때까지 끝나지 않는 챌린지

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9/22

9/23 ...

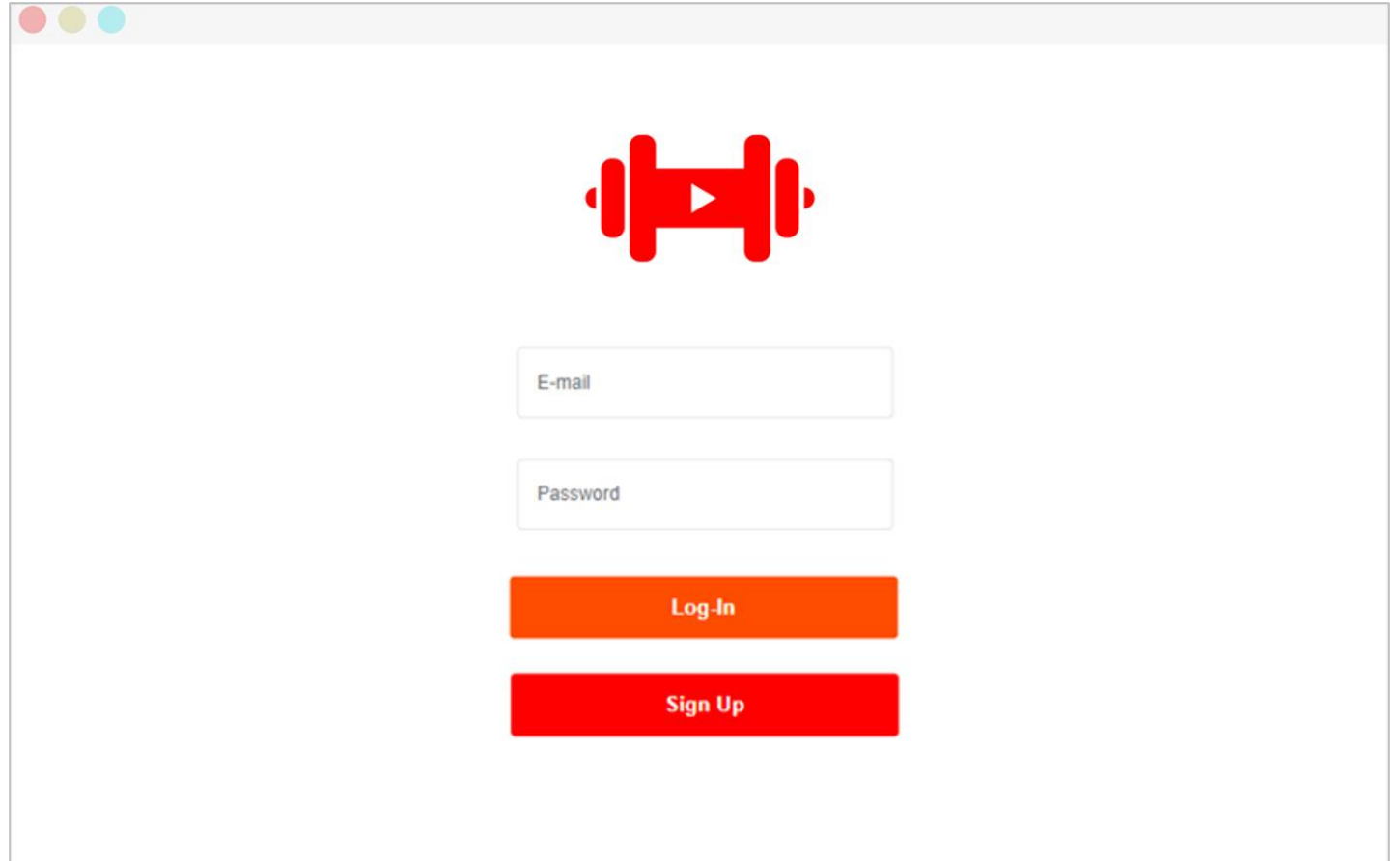
자세히 보기

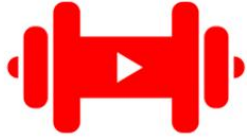
75 답글



Features

Log In & Sign In

A screenshot of a web form for logging in and signing up. The form is centered on a light gray background. At the top, there is a red icon of a dumbbell with a play button in the center. Below the icon are two input fields: one for 'E-mail' and one for 'Password'. Below the input fields are two buttons: an orange 'Log-In' button and a red 'Sign Up' button.



E-mail

Password

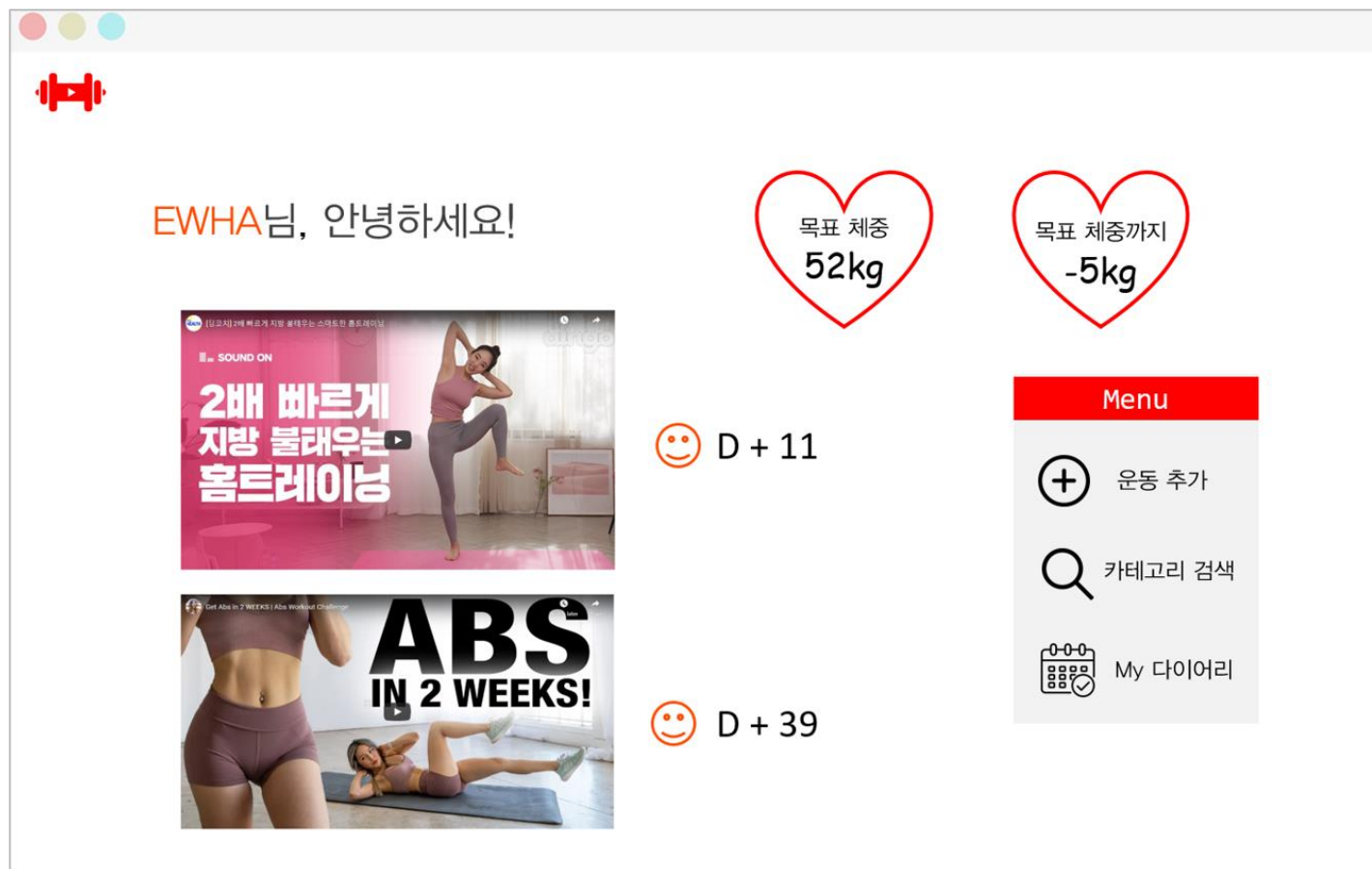
Log-In

Sign Up



Features

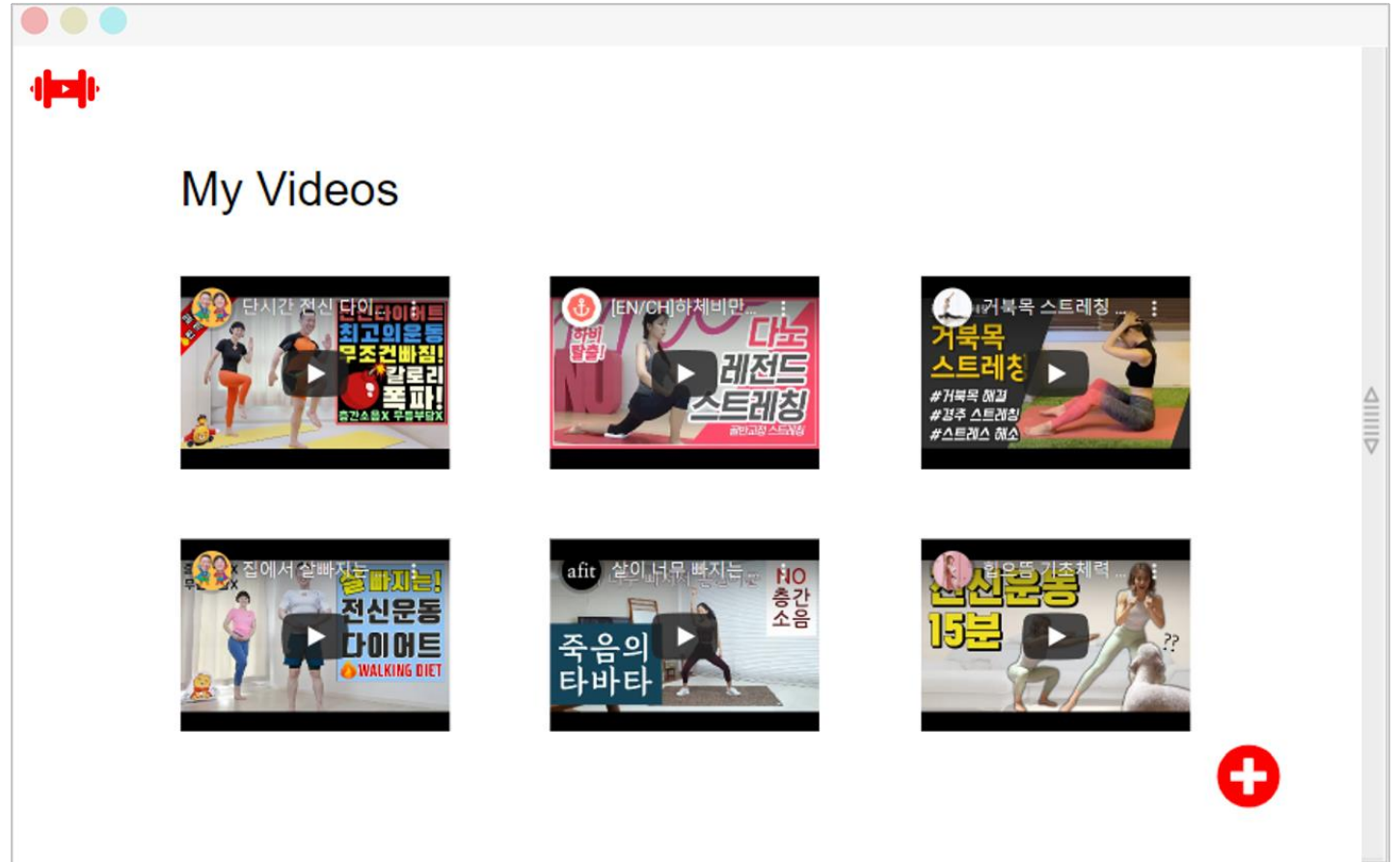
Main Page





Features

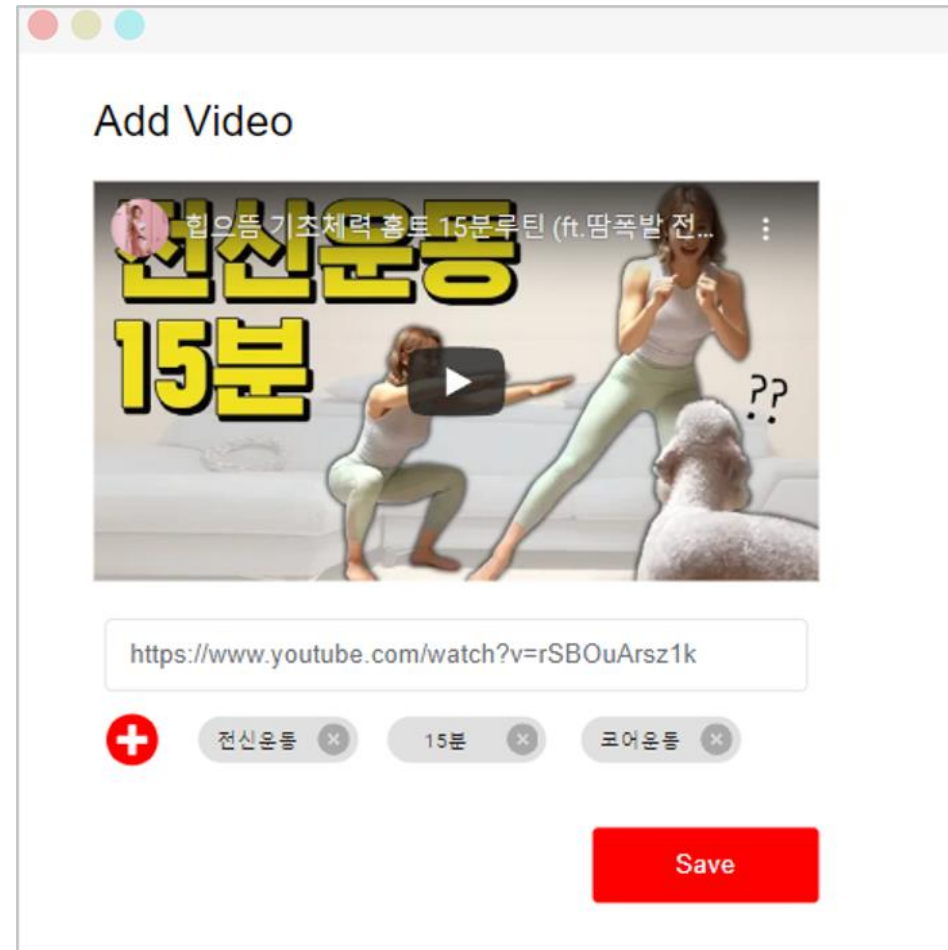
My Videos





Features


Add Videos






Features

Exercise Check



Excercise Check



전신운동 코어운동

Day 1

☒ 11/1

Day 2

☒ 11/2

Day 3

☒ 11/3

Day 4

☒ 11/4

Day 5

☐ 11/5

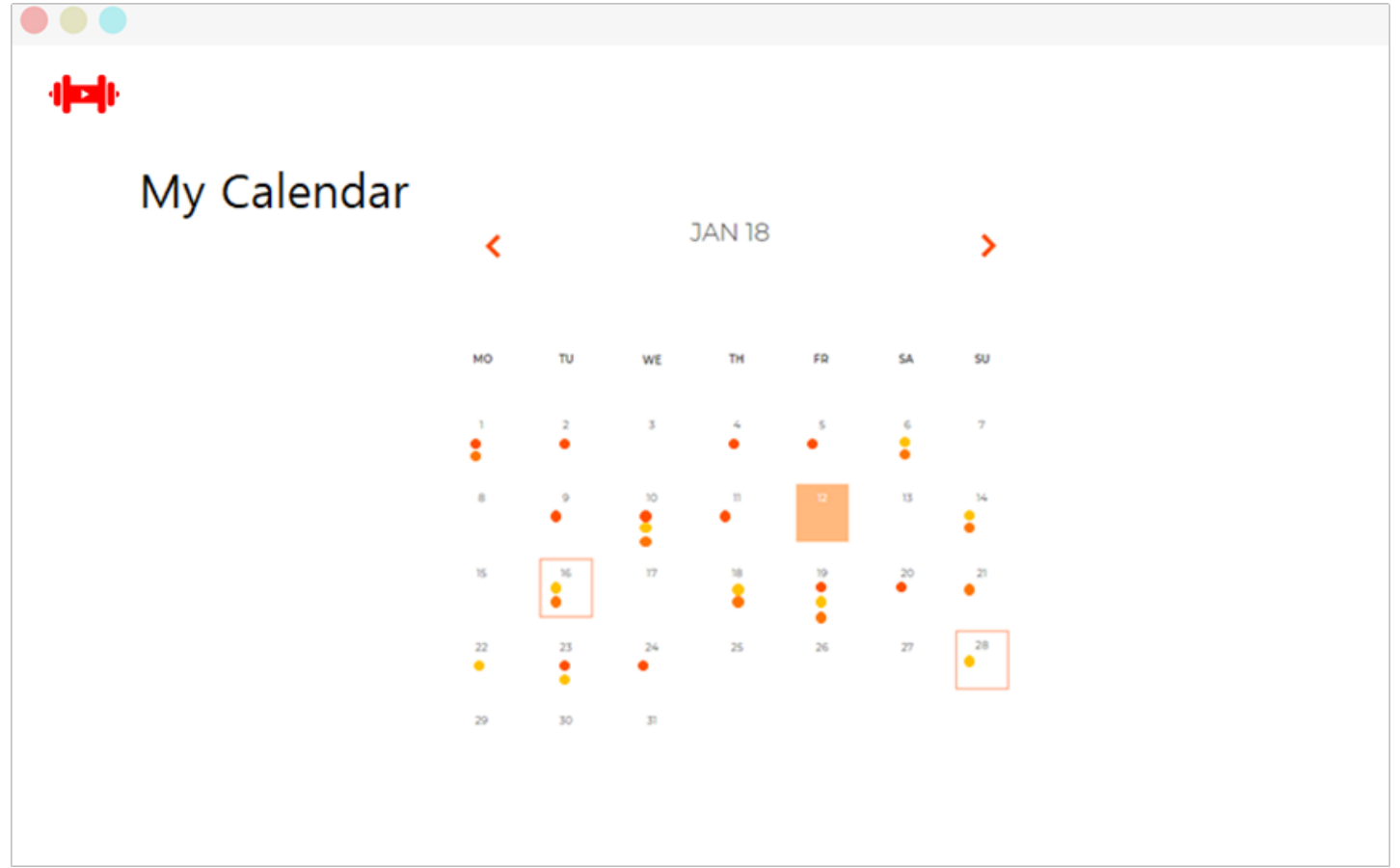
Day 5

☐ 11/6



Features

My Calender





Features

My Weight Log





What we're gonna use

CSS



HTML



Firestore





Expected Effects

- You can choose everything such as health trainer, muscle to build, the type and intensity of exercise.
- Fast Customization → you can quickly replace it with something else if it doesn't fit you.
- YouTube's success is expected to give us high-quality exercise content.
- You can use health logs and home training at a low cost

THANK YOU

