

SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead. He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

OUR FATHER

Our father, who art in heaven; hallowed by Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE TO THE FATHER

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



THE JOYFUL MYSTERIES

[Monday and Saturday, Sundays of Advent and after Epiphany until Lent]

FIRST MYSTERY: The Annunciation. The Angel Gabriel appears to Mary, announcing She is to be the Mother of God.

[1 Our Father, 10 Hail Mary, 1Glory.]

SECOND MYSTERY: The Visitation. Elizabeth greets Mary: "Blessed art Thou among women and blessed is the fruit of Thy womb

[1 Our Father, 10 Hail Mary, 1Glory.]

THIRD MYSTERY: The Nativity. The Virgin Mary gives birth to the Redeemer of the world

[1 Our Father, 10 Hail Mary, 1Glory.]

FOURTH MYSTERY: The Presentation . The Blessed Mother presents the Child Jesus in the Temple.

[1 Our Father, 10 Hail Mary, 1Glory.]

FIFTH MYSTERY: The Finding in the Temple. The Blessed Mother finds Jesus in the Temple.

[1 Our Father, 10 Hail Mary, 1Glory.]

THE GLORIOUS MYSTERIES

[Wednesday and Sunday]

FIRST MYSTERY: The Resurrection. Jesus rises glorious and immortal, three days after His death.

[1 Our Father, 10 Hail Mary, 1Glory.]

SECOND MYSTERY: The Ascension . Jesus ascends into Heaven forty days after His Resurrection.

[1 Our Father, 10 Hail Mary, 1Glory.]

THIRD MYSTERY: Descent of the Holy Spirit. The Holy Spirit descends upon Mary and the Apostles.

[1 Our Father, 10 Hail Mary, 1Glory.]



FOURTH MYSTERY: The Assumption. The Blessed Mother is united with her Divine Son in heaven.

[1 Our Father, 10 Hail Mary, 1Glory.]

FIFTH MYSTERY: The Coronation . Mary is Gloriously crowned Queen of Heaven and earth.

[1 Our Father, 10 Hail Mary, 1Glory.]

THE SORROWFUL MYSTERIES

[Tuesday and Friday, and Sundays in Lent.]

FIRST MYSTERY: Agony in the Garden . At Gethsemane Jesus prays as He contemplates the sins of the world.

[1 Our Father, 10 Hail Mary, 1Glory.]

SECOND MYSTERY: The Scourging . Jesus is cruelly scourged until His mortified body could bear no more.

[1 Our Father, 10 Hail Mary, 1Glory.]

THIRD MYSTERY: Crowning with Thorns. A crown of thorns is placed on the head of Jesus.

[1 Our Father, 10 Hail Mary, 1Glory.]

FOURTH MYSTERY: Carrying of the Cross . Jesus carries the heavy cross upon His shoulders to Calvary.

[1 Our Father, 10 Hail Mary, 1Glory.]

FIFTH MYSTERY: The Crucifixion. Jesus is nailed to the Cross and dies after three hours of Agony.

[1 Our Father, 10 Hail Mary, 1Glory.]

THE MYSTERIES OF LIGHT

[Thursday]

FIRST MYSTERY: The Baptism of Jesus in the Jordan. Christ descends into the waters and the voice of the Father declares him the beloved Son, while the Spirit descends on him.

[1 Our Father, 10 Hail Mary, 1Glory.]

SECOND MYSTERY: His self-manifestation at the Wedding of Cana. Christ changes water into wine and opens the hearts of the disciples to faith, thanks to the intervention of Mary.

[1 Our Father, 10 Hail Mary, 1Glory.]



THIRD MYSTERY: The proclamation of the Kingdom of God. Jesus proclaims the coming of the Kingdom of God, calls to conversion and forgives sins.

[1 Our Father, 10 Hail Mary, 1Glory.]

FOURTH MYSTERY: The Transfiguration. The glory of God shines forth from the face of Christ as the Father commands the astonished Apostles to 'listen to him'.

[1 Our Father, 10 Hail Mary, 1Glory.]

FIFTH MYSTERY: The institution of the Eucharist. Christ offers his body and blood as food under the signs of bread and wine.

[1 Our Father, 10 Hail Mary, 1Glory.]

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy! our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen

Litany of the Blessed Virgin Mary

Lord have mercy.
Christ have mercy.
Lord have mercy.
Christ hear us.
Christ graciously hear us.

God, the Father of heaven, have mercy on us.

God the Son, Redeemer of the world, God the Holy Spirit,



Holy Trinity, one God,

Holy Mary, pray for us. Holy Mother of God, Holy Virgin of virgins, Mother of Christ, Mother of the Church, Mother of divine grace, Mother most pure, Mother most chaste, Mother inviolate. Mother undefiled, Mother most amiable, Mother admirable, Mother of good counsel, Mother of our Creator, Mother of our Saviour, Mother of mercy, Virgin most prudent, Virgin most venerable, Virgin most renowned, Virgin most powerful, Virgin most merciful, Virgin most faithful, Mirror of justice, Seat of wisdom, Cause of our joy, Spiritual vessel, Vessel of honour, Singular vessel of devotion, Mystical rose, Tower of David, Tower of ivory, House of gold, Ark of the covenant, Gate of heaven, Morning star, Health of the sick, Refuge of sinners, Comfort of the afflicted, Help of Christians, Queen of Angels, Queen of Patriarchs, Queen of Prophets,

Queen of Apostles, Queen of Martyrs,



Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of families,
Queen of peace.

Lamb of God, who takes away the sins of the world, spare us, O Lord.

Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world, have mercy on us.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us pray.
Grant, we beseech thee,
O Lord God,
that we, your servants,
may enjoy perpetual health of mind and body;
and by the intercession of the Blessed Mary, ever Virgin,
may be delivered from present sorrow,
and obtain eternal joy.
Through Christ our Lord.
Amen.

Memorare of St. Bernard

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

For the intentions of the Holy Father, one may recite at the end of the Rosary



one "Our Father", one "Hail Mary", and one "Glory Be".