# Soups & more...

• SOPA DE TORTILLA V Cup 4.98 Bowl 6.98
A Mexican Classic... Tomato Based Soup, with Crispy Tortilla Chips, Dried Pasilla Chiles, Cheese & Avocado.

#### GRILLED CHICKEN & FETA SALAD 8.98

Fire-Grilled Marinated Chicken Breast Strips, Crumbled Feta, Organic Mixed Greens, Fresh Tomatoes, Shredded Carrots, Crushed Tortilla Chips, Toasted Pumpkin Seeds & House Cilantro & Lime Vinaigrette.

FRESH SALSA & CHIPS GF
 GUACAMOLE & CHIPS GF
 GUACAMOLE, SALSA & CHIPS GF
 NACHOS GF >> Add any Meat + 1.75
 5.75

# <u>Beverages</u>

"Cafe de Olla" (Crised Mayieur Coffee)

• Care de Olia (Spicea Mexican Corree)	≥.50
<ul> <li>Iced Spiced Mexican Coffee</li> </ul>	2.98
• Hibiscus Flower Iced Tea (Home-mo	ide) <b>2.25</b>
• Fresh Limeade	<b>2</b> .25
<ul> <li>Mexican Sodas</li> </ul>	<b>2</b> .25
• Coffee & Tea	1.99

### **Desserts**

• Home-Made Mexican Flan *GF* 3.98

## About us

At **The Mexican Gourmet** we create dishes inspired by some of the most delicious Authentic Mexican recipes.

We would be delighted to have you over for lunch or dinner at our Café, where you will enjoy a casual and cozy environment that will nourish not just your appetite but will make you feel right at home.

You may also come by to pick up some dinner on your way home, our conveniently packaged Take-Home dishes are ready to be enjoyed either at home or at work the next day...

We prepare everything from scratch in order to bring you that freshness and flavour which is not easy to find these days...

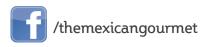
See you soon!!!



Cafe • Grill • Catering

THE MEXICAN GOURMET emerged from the idea of creating Fresh & Authentic Mexican Dishes that nourish the desire to enjoy a healthy, comforting and delicious meal made from scratch with the freshest ingredients.

themexicangourmet.ca





# Maple Ridge (604) 380 22 22

20757 B Lougheed Highway Maple Ridge, BC V2X 2R2

> 7 DAYS A WEEK 11 am - 8 pm

#### COMING SOON!!!

# Port Coquitlam (604) 380 22 22

PoCo Place Mall (next to Michael's)

Unit 18 2755 Lougheed Highway Maple Ridge, BC V2X 2R2

**7 DAYS A WEEK**ll am - 8 pm

For more info visit:

themexicangourmet.ca

## WE CATER !!!

info@themexicangourmet.ca

# **House Specialties:**

# •Artisan Burrito Wrap 7.98

Salsa, Beans, Rice, Pickled Onions & Melted Cheese, wrapped in a wheat Tortilla + Side Salad, Salsa + Mexican Sour Cream.

>>Add any Meat 1.75

#### •"Torta" Sandwich

**9.98** 

Choice of Meat, Beans, Melted Cheese & Pickled Onions on an Artisan Bun, served with Rice & Salad.

#### • Taquitos Dorados 1= 2.75 or 4= 9.98

Crispy Rolled Tortillas with Your Choice of Chicken, Pork or Beef, topped with Fresh Lettuce, Sour Cream, Cheese, Pickled Onions and a side of our Mild Salsa Roja or Verde for dipping.

#### • Tacos GF V 1=2.75 or 4=9.98

Choice of Meat, Salsa Verde, Pickled Onions & Fresh Salsa on White Corn Tortillas.

### • Baja Fish Tacos 1= 3.98 or 4= 9.98

Battered Pacific Cod, Crispy Lettuce, our signature Pickled Onions & Fresh Salsa on wheat flour Tortillas.

# •Tostadas (3 per order) GF V 9.98

Choice of Meat, Lettuce, Fresh Salsa, Pickled Onions, Beans, Mexican Sour Cream & Cheese on a flat crisp Corn Tortilla.

### •Dish <sub>GF</sub> 11.98

Choice of Meat, Side of Beans, Red Rice, Side of Salad & 3 Soft White Corn Tortillas.

#### •Enchiladas GF 11.98

3 Soft Rolled Corn Tortillas, Choice of Meat topped with Salsa Verde, Roja or Mole Sauce, Melted Cheese & Sour Cream, served with a side of Mexican Red Rice & Beans.

# • Quesadilla (GF made with Corn Tortillas) 7.98

Cheese & Beans folded in a LG Wheat Tortilla, Served with Side Salad, Salsa & Mexican Sour Cream.

>>Add any Meat 1.75

## **Meat Choices:**

- MEXICAN PULLED PORK "COCHINITA PIBIL"
   Flavourful Mexican Dish from the Yucatán Peninsula
- CHICKEN PIBIL Flavourful Chicken Grilled & Braised in our Home-made Achiote Marinade.
- **BEEF TINGA** Traditional Braised Beef Steak with Sautéed Onions in our Mild Salsa Roja.
- CARNE ASADA Thinly sliced Fire Grilled Beef Steak.
- GRILLED CHICKEN ADOBO SKEWER
   Marinated in our Home-made Adobo and grilled to order.
- BAJA STYLE ZUCCHINI (Battered)
   Recommended for BAJA STYLE TACOS or BURRITO V

## Kid's Menu

>> Served with side of Red Rice, Salad or Beans + Apple Juice & Treat <<

#### •KIDS QUESADILLAS GF

5.98

2 White Corn Tortillas, Melted Cheese & Sour Cream.

#### •KID'S TACOS or TAQUITOS GF

6.98

2/order, Choice of Meat & Sour Cream.

#### •KID'S MINI ENCHILADAS GF

6.98

2 Soft Rolled Corn Tortillas, Choice of Meat topped with Salsa Roja, Melted Cheese & Sour Cream.

V = Vegan

#### GF = Gluten Free

- Most of our dishes may be prepared Gluten Free upon Request.
- Please advice our staff of any allergies.