## Documents to be submitted to ethics committee for PG dissertation

S.No	Name of the document	Submitted Yes / No
I	<ul> <li>a. Request letter from Principal Investigator (P.G) to the chairman, Institutional Ethics Committee, Osmania Medical College, Hyderabad, through proper channel. (Annexed)</li> <li>b. Forwarded &amp; signed by Guide &amp; HOD</li> </ul>	YES
II	Dissertation Protocol (Annexed)  i. Title of Dissertation  ii. Details of Principal Investigator  iii. Details of Guide , co – guide & HOD  > Email ID  > Contact Number	YES
III	PROFORMA FOR REGISTRATION OFDISSERTATION (Annexed)  1. Name of the candidate and address 2. Name of the Institution 3. Course of study and subject 4. Date of admission to course 5. Title of the topic 6. Brief review of the intended work  Need for study  Aims  Objectives of the study  Inclusion criteria  Exclusion criteria  Sample size  Duration of the study  Study Design  Materials and Methods  Source of the data  Case sheet Performa & Investigations  Review of literature & References  7. Signature of the candidate 8. Name & signature of Guide 9. Name & signature of the Principal	YES
IV	Participant Information Sheet (ANNEXED)	YES
V	Informed Consent Form(ANNEXED)	YES
v	IIIIOITIIEU COIISEIIL FOITII(AININEXED)	IES

### I (a). Request Letter

Date: 30<sup>th</sup> October 2018 Place: Koti, Hyderabad

From

Dr. Allu Chandana First Year P.G. Department of E.N.T, Osmania Medical College, Hyderabad.

To

The Chairman, Institutional Ethics Committee Osmania Medical College, Hyderabad.

Respected Sir,

#### **Through proper Channel**

Sub: Request for thesis approval from Institutional Ethics Committee

I, Dr. Allu Chandana, FIRST Year P.G in the Department of E.N.T, would like to submit my thesis protocol for Institutional Ethics Committee's approval. My thesis topic is "A STUDY OF COMPARISON BETWEEN PRE-OPERATIVE RADIOLOGICAL FINDINGS, DIAGNOSTIC NASAL ENDOSCOPY AND INTRA-OPERATIVE FINDINGS IN PATIENTS WITH CHRONIC RHINO SINUSITIS," at tertiary E.N.T hospital.

I have enclosed the protocol herewith. Kindly do the needful.

Thanking you Sir,

Yours faithfully,

DR. ALLU CHANDANA

### I (b). Request Letter

Date: 30<sup>th</sup> October 2018 Place: Koti, Hyderabad

From

Dr. Allu Chandana First Year P.G. Department of E.N.T, Osmania Medical College, Hyderabad.

To

The Professor and HOD, Department of E.N.T Osmania Medical College, Hyderabad.

Respected Sir,

#### **Through proper Channel**

Sub: Request for Permission to do my dissertation work at the Department of E.N.T, Government E.N.T Hospital.

I, Dr. Allu Chandana, FIRST Year P.G in the Department of E.N.T, hereby request you to grant me permission to do my dissertation work in the Department of E.N.T, on the topic "A STUDY OF COMPARISON BETWEEN PRE-OPERATIVE RADIOLOGICAL FINDINGS, DIAGNOSTIC NASAL ENDOSCOPY AND INTRA-OPERATIVE FINDINGS IN PATIENTS WITH CHRONIC RHINO SINUSITIS," at Government E.N.T Hospital.

TI	nan	king	you	Sir,
----	-----	------	-----	------

Yours faithfully,

**DR. ALLU CHANDANA** 

### **II. Dissertation Protocol**

 TITLE OF DISSERTATION / THESIS TITLE: A Study of Comparison Between Pre-Operative Radiological Findings, Diagnostic Nasal Endoscopy and Intra-Operative Findings in Patients with Chronic Rhino Sinusitis, at Tertiary ENT Care Hospital

#### 2. DETAILS OF PRINCIPAL INVESTIGATOR

a. Name : DR. ALLU CHANDANA

b. Designation : Post Graduate

c. Department : E.N.T

d. Phone Number : (+91) 85 00 287296 e. Registration Number : TSML / FMR / 03408

#### 3. DETAILS OF GUIDE, CO-GUIDE & HOD

Name of the Guide : DR. L. SUDARSHAN REDDY

Designation : Professor Department : E.N.T

Institution : Osmania Medical College, Hyderabad

Contact Number : (+91) 80 96 817081

Email – id : drlsudarshanreddy9@gmail.com

Name of the Co - Guide : DR. N. KARUNA
Designation : Associate Professor

Department : E.N.T

Institution : Osmania Medical College, Hyderabad

Contact Number : (+91) 97 01 098505

Email – id : rayudukaruna@yahoo.co.in

Name of the HOD : DR. ANAND ACHARYA
Designation : Professor and HOD

Department : E.N.T

Institution : Osmania Medical College, Hyderabad

Contact Number : (+91) 98 48 038242

Email – id : acharya.is.anand@gmail.com

# III. Proforma for Registration of Dissertation

1.	NAME OF THE CANDIDATE AND ADDRESS	DR. ALLU CHANDANA		
2.	NAME OF THE INSTITUTION	OSMANIA MEDICAL COLLEGE / GENERAL HOSPITAL		
3.	COURSE OF STUDY AND SUBJECT	MS (E.N.T)		
4.	DATE OF ADMISSION TO COURSE	18 <sup>TH</sup> MAY 2018		
5.	TITLE OF THE TOPIC	A STUDY OF COMPARISON BETWEEN PRE- OPERATIVE RADIOLOGICAL FINDINGS, DIAGNOSTIC NASAL ENDOSCOPY AND INTRA-OPERATIVE FINDINGS IN PATIENTS WITH CHRONIC RHINO SINUSITIS		
	BRIEF REVIEW OF INTENDED WORK			
6.	➤ Need for study	Chronic rhino sinusitis (CRS) is one of the most common chronic diseases. The advent of CT scan and nasal endoscopy in the delineation of the sinonasal pathology and anatomical variations has proven invaluable to the otolaryngologists in the preoperative planning but are not always accurate in depicting the disease and anatomical variants. These discrepancies though minor, need further evaluation and correlation with that of findings observed during Functional Endoscopic Sinus Surgery.		
	> Aim	To correlate the pre-operative CT scan and Nasal Endoscopy findings with intra-operative findings in CRS thereby detecting the disparity between them.		
	> Objective	<ol> <li>To evaluate the accuracy of objective diagnostic modalities in Chronic Rhino Sinusitis.</li> <li>To delineate the extent of disease, define anatomical variants, relationship of sinuses surrounding important structures.</li> </ol>		

Inclusion Criteria	1.	Αll	patie	ents	with

- 1. All patients with a diagnosis of CRS both male and female above 10 years of age with or without polyposis undergoing endoscopic sinus surgery, after getting an informed consent.
- 2. All patients who have received treatment with adequate antibiotics, decongestants and a 6-week course of topical steroids, systemic antihistamines and systemic steroids.
- 3. Preoperative CT scan would be taken after the aforementioned medical treatment.

Exclusion Criteria

- 1. Those less than 10 years of age
- Those with other morbidities like diabetes mellitus, malignancy, immunocompromised status; also pregnant women and breast-feeding mothers.
- 3. Those with a history of nasal and paranasal sinus surgery in the past.
- 4. Those with histological or radiological documentation of invasive fungal sinusitis.
- 5. Those who are not compliant with the prescribed medical and surgical treatment.

100 cases of Chronic Rhino Sinusitis (CRS)

November 2018 - October 2020

**Prospective Observational Study** 

This is a prospective observational study of 100 patients attending regular ENT outpatient department (OPD) between the period of November 2018 and October 2020. The cases selected for the study were subjected to detailed history taking and ENT examination. Routine investigation viz., CBP, CT, BT, RBS, Blood Urea and CUE were done. All patients in active stage of the disease were treated with course of suitable antibiotics, systemic antihistamines, local decongestants and tropical and systemic steroids. Each patient underwent a systematic DNE and CT of nose and para-nasal sinuses after maximum medical therapy. The patients underwent Functional Endoscopic Sinus Surgery after obtaining written informed consent. The CT scan and DNE findings were correlated with Intra-operative Endoscopic findings.

- Sample Size
- Duration of study
- Study Design
- Material & Methods

- Source of data
- Investigations
- Review of Literature & References

#### Tertiary E.N.T Care Hospital

Viral Screening, Haemoglobin, Complete Blood Count, Coagulation Time ,Bleeding Time, Platelet Count, Urine Examination, CT of Nose and Para-nasal Sinus, Diagnostic Nasal Endoscopy.

- Shrutih Satyanarayana Handanakere, Chidananda Ramappa Devasanudra. Clincal Study of correlation between preoperative CTscan findings with intraoperative findings in cases of chronic rhinosinusistis. Indian Journal of Anatomy & Surgery of Head, Neck & Brain, April-June, 2016;2(2) 49-52.
- 2. Mallikarjuna S. Tegnoor, Joseph Williams Geogre, Williams George, Ramchandra Joshi. Comparative Study between diagnostic nasal endoscopy and computed tomography of ONS in sino nasal diseases. Internation Journal of Otorhinolaryngology and Head and Neck Surgery, 2017 Oct; 3(4):972-978.
- 3. Sheetal. D, Devan P P, Manjunath P, Martin P, Satish Kumar K, Sreekantha Satisha T G, Manjunath Goud. CR PNS Do we really require before fess? *Journal of Clinical and Diagnostic Research*. 2011 Apr, Vol- 5(2):179-181
- 4. **Bhattacharyya N.** Clinical and symptom criteria for the accurate diagnosis chronic rhinosinusitis. *Laryngoscope 2006;116(7 Suppl 110)(Pt 2).*
- 5. **Deepthi NV, Menon UK, Menon IR.** Correlations and Comparison between Repeat Computed Tomography Scores, Endoscopy Scores and Symptomatic Improvement before and after Endoscopic Sinus Surgery: A Pilot Study. *Clin Rhinol An Int J* 2013;6(1):32-40.
- Deosthale NV. Diagnostic Accuracy of Nasal Endoscopy as Compared to Computed Tomography in Chronic Rhinosinusitis. *Indian J Otolaryngol Head Neck Surg.* 2017 Dec;69(4):494-499.

		<ol> <li>Wabnitz DA, Nair S, Wormald PJ. Correlation between preoperative symptom scores, quality-of-life questionnaires, and staging with computed tomography in patients with chronic rhinosinusitis. Am J Rhinol 2005;19:91-96.</li> <li>Ryan WR, Ramachandra T, Hwang PH. Correlations between symptoms, nasal endoscopy, and in-office computed tomography in postsurgical chronic rhinosinusistis patients. Laryngoscope 2011;121:674-78.</li> </ol>
7.	SIGNATURE OF CANDIDATE	DR. ALLU CHANDANA
8.	NAME AND SIGNATURE OF GUIDE	DR. L. SUDARSHAN REDDY
9.	NAME AND SIGNATURE OF HOD	DR. ANAND ACHARYA
10.	NAME AND SIGNATURE OF PRINCIPAL	DR. P. SASHIKALA REDDY

### **IV. Participant Information Sheet**

**PROTOCOL TITLE** : A Study of Comparison between Pre-operative Radiological Findings,

Diagnostic Nasal Endoscopy and Intra-operative Findings in Patients

with Chronic Rhino Sinusitis, at Tertiary ENT Care Hospital

**PRINCIPAL INVESTIGATOR** : DR. ALLU CHANDANA

**DESIGNATION** : M.S. (E.N.T)

**HOSPITAL** : GOVERNMENT E.N.T HOSPITAL / OSMANIA MEDICAL COLLEGE

**CONTACT NUMBER** : (+91) 85 00 287296

PLEASE READ THIS INFORMATION CAREFULLY. IF YOU DON'T UNDERSTAND THE LANGUAGE OR ANY INFORMATION IN THIS DOCUMENT, PLEASE DISCUSS WITH THE STUDY DOCTOR. IF YOU DECIDE TO VOLUNTEER TO THIS STUDY YOU MUST SIGN AT THE END OF THIS FORM.

**INTRODUCTION TO THE RESEARCH STUDY**: You are being asked to take part in this study because

you have Chronic Rhino Sinusitis (CRS)

**PURPOSE OF STUDY** : To correlate the pre-operative CT scan and Nasal

Endoscopy findings with intra-operative findings in CRS

thereby detecting the disparity between them.

WHO CAN TAKE PART : All patients with Chronic Rhino Sinusitis (CRS) above 10

years of age.

WHAT WILL HAPPEN DURING STUDY : 1. All patients with Chronic Rhino Sinusitis (CRS) will be

evaluated.

2. Physical Examination of these patients will be done.

3. Management of patients will be done with CT scan, Nasal Endoscopy, Functional Endoscopic Sinus Surgery

& required investigations will be done.

4. Any questionnaire (may) given must/will be duly

filled.

#### Your role/responsibility in the study: Role of the subject during the study:

- Provide accurate information whenever asked.
- Must inform the study doctor about any problem experienced during the study.
- Follow the investigators instruction.
- If you want to discontinue from the study, study doctor to be informed.

#### What are the potential benefits of participating in the study:

You may or may not get benefit from participating in this study. It is possible that you may get better, stay the same, or get worse. If you take part in this study you may help other patients with Chronic Rhino Sinusitis (CRS) by contributing to the knowledge on this disease process.

#### Compensation for injury:

If a medical problem arises during this research as a direct result of the treatment done for the study, the study doctor will be responsible for making sure that proper medical care is provided to you, if you suffer any physical/mental injury or illness as a direct result of the proper administration of the study drug to you or of properly performed study procedures.

#### **Confidentiality of information:**

Information from the study including your name, address, medical records, results of tests, study results will be reviewed only by authorized personnel from the sponsor or their representative, Ethics committee or regulatory bodies. Information and results from this study may be presented at meetings or published in journals without including your name and personal identifications.

#### New information about the study:

Any new information available during the course of the study will be informed to you if it has relevance to your decision regarding continuing in the study.

#### **Voluntary participation:**

Entering a research study is voluntary. If you volunteer for a research study, you have the right to stop at any time and you need not give any reason for the same. Your decision not to participate in the study will not affect your future treatment. The investigator may stop the research or your participation in it at any time for some or other reason without your permission.

## V. Informed Consent Form

Patient Identification No Title of the Project	umber	: : A Study of Comparison between Pre-operative Radiological Findings, Diagnostic Nasal Endoscopy and Intra-operative Findings in Patients with Chronic Rhino
Name of the Principal Investigator Contact Number		Sinusitis, at Tertiary ENT Care Hospital : DR. ALLU CHANDANA : (+91) 85 00 287296
in a language that I comopportunity to ask quesexpected duration of the detail. I understand that	nprehend, and I have ful stions. The nature and p he study, and other rela t my participation is volu	have been read carefully by me/explained in detail to me, lly understood the contents. I confirm that I have had the purpose of the study and its potential risks/ benefits and evant details of the study have been explained to me in untary and that I am free to withdraw at any time, without egal right being affected.
of any of my medical no	otes may be looked at by ities where it is relevant	out me from my participation in this research and sections responsible individuals from Osmania medical college or to my taking part in research. I give permission for these
In case if the patient is taking part in the above		rs of age), as parent on his/her behalf, I agree to my child
Date:		
(Signature / left thumb Place Name of the Participant S/o   D/o Complete Address		
Date:		en obtained in my presence.
(Signature / left thumb Place		

Address

# v. सूचित सहमति प्रपत्र

	, N	
रोगी पहचान संख्या		:
प्रोजेक्ट का शीर्षक		: A Study of Comparison between Pre-operative Radiological Findings, Diagnostic Nasal Endoscopy and Intra-operative Findings in Patients with Chronic Rhino Sinusitis, at Tertiary ENT Care Hospital
प्रधान अन्वेषक का नाम	Γ	: DR. ALLU CHANDANA
संपर्क नंबर		: (+91) 85 00 287296
सामग्री समझ है। मैं पुष्टि क और अध्ययन की उंमीद की अ स्वैच्छिक है और है कि मैं किस के बिना प्रभावित किया जा रह मैं समझता हूं कि इस अनुसंध कॉलेज से जिंमेदार व्यक्तियों इन व्यक्तियों के लिए अनुमां मामले में यदि रोगी नाबालिग	रता हूं कि मुझे सवाल पूछने का भवधि, और अध्ययन के अंय प्रा ही भी समय वापस लेने के लिए हा है । ान और मेरे मेडिकल नोटों में से ां या विनियामक अधिकारियों ते देने के लिए अपने रिकॉर्ड तब	ते पढ़ा/विस्तार से मुझे समझाया, एक भाषा है कि मैं समझ में, और मैं पूरी तरह र । मौका मिला है । अध्ययन की प्रकृति और उद्देश्य और उसके संभावित जोखिम/लाभ् । संगिक विवरण मुझे विस्तार से समझाया गया है । मैं समझता हूं कि मेरी भागीदार्र स्वतंत्र हूं, किसी भी कारण देने के बिना, मेरी चिकित्सा देखभाल या कानूनी अधिका । किसी के वर्गों में अपनी भागीदारी से मेरे बारे में एकत्र जानकारी उस्मानिया मेडिकल से देखा जा सकता है जहां यह मेरे लिए प्रासंगिक है अनुसंधान में भाग ले रहे हैं । में क पहुंच है ।
के लिए सहमत हूं । Date:		
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Name of the Participa	ınt:	
S/o   D/o	:	
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This is to certify that t Date:	he above consent has	been obtained in my presence.
(Signature / left thum	b impression of witnes	ss)
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# V. తెలియజేసిన సమ్మతి పత్రం

రోగి గుర్తింపు సంఖ్య		:		
ఈ ప్రాజెక్టు టైటిల్		: A Study of Comparison between Pre-operative		
ప్రధాన పరిశోధకుడు పేరు		Radiological Findings, Diagnostic Nasal Endoscopy and Intra-operative Findings in Patients with Chronic Rhino Sinusitis, at Tertiary ENT Care Hospital : DR. ALLU CHANDANA		
సంప్రదింపు సంఖ్య		: (+91) 85 00 287296		
(00000000000000000000000000000000000000		. (131) 63 66 267236		
సమాచార పత్రం అందించిన విషం	హలు నా ద్వారా జాగ్రత్తగా చ	సదివాను/నాకు వివరంగా వివరించారు, నాకు సంబంధించిన ఒక భాషలో, నేను విషయాలన		
పూర్తిగా అర్థం చేసుకున్నాను. నేను	ప్రశ్నలు అడిగే అవకాశం ఉందన	ని నిర్ధారించండి. అధ్యయనం యొక్క స్వభావం మరియు ప్రయోజనం మరియు దాని సంభావ్మ		
ప్రమాదాలు/ప్రయోజనాలు మరియ	గు అధ్యయనం యొక్క ఊహి	ాంచిన వ్యవధి, మరియు అధ్యయనం యొక్క ఇతర సంబంధిత వివరాలు నాకు వివరంగా		
వివరించారు. నా వైద్య సంరక్షణ లేగ	వా చట్టపరమైన హక్కు ప్రభావిం	తం లేకుండా, ఏ కారణం ఇవ్వకుండా, నేను ఏ సమయంలోనైనా, నేను ఖాళీ అని నా పాల్గొనడం		
స్వచ్చంగా ఉందని అర్థం.				
నేను ఈ పరిశోధన మరియు నా ఫై	వైద్య గమనికలు ఏ నా భాగస్ <u>ా</u>	్వమ్యం నుండి నా గురించి సేకరించిన సమాచారం నేను అర్థం ఉండవచ్చు ఉస్మానియా వైద్య		
కళాశాల నుండి బాధ్యతగల వ్యక్తు	లు లేదా నియంత్రణా అధికారు	ా ుల నుండి నా పరిశోధనల్లో భాగంగా. నా రికార్డులను ప్రాప్యత చేయడానికి ఈ వ్యక్తులకు నేన		
అనుమతి ఇస్తాను.				
ఒకచేళ రోగి మెనర్ (18 సంవత్స	రాల కంటే తక్తున నయసున్	) ఉంటి, అతని/ఆమె తరపున తల్లిదండ్రులు, పై అధ్యయనంలో భాగంగా నా బిడ్డకు నేను		
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Address	:			

# فارم کا رضامندی باخبر .۷

نمبر ساحنی مریض		:
خطاب کا منصوبے اس		: A Study of Comparison between Pre-operative Radiological Findings, Diagnostic Nasal Endoscopy and Intra-operative Findings in Patients with Chronic Rhino Sinusitis
نام کا کار تفتیش پرنسپل		: DR. ALLU CHANDANA
کریں ر ابطہ سے نمبر		: (+91) 85 00 287296
پر طور مکمل کو مشمولات مکنہ کے اس اور مطالعہ کا تا میں ۔ ہے میں تفصیل سے	ے یں ـ کی وضاحت نے ہے سمجھ ا کی مطالعہ اور فوائد / خطرات ما	میں ،بزبان میں میں زبان ایک مجھے میں تفصیل / مطالعہ بغور سے طرفہ مقصد اور نوعیت ـ ہے ملا موقع کا کرنے سوالات میں کہ کریں تصدیق مبہ مستخنی سے گیا کیا مطالعہ کا تفصیلات متعلقہ دیگر اور مدت متوقع کا بغیر کے دینے وجہ کسی ،وقت بھی کسی میں کہ یہ اور ہے عمل رضاکاہ ۔ ہوں آزاد لیے کے لینے واب
طرف کی نگاہ ہو ہو حصے	ز انضباطی یا افراد دار ذمہ سے	کسی سے میں نوٹس طبی میری اور سے شمولیت میری میں تحقیق اس میں تحقیق میری ہے متعلق سے اس جہاں سے کالج میڈیکل عثمانیہ انھارٹیو ۔ ہے دیتا اجازت کی لئے کے کرنے حاصل
ہ 18 کم سے کم) مریض اگر رت کی اتفاق لئے کے لینے Date:		حصہ میں تحقیق بالا مندر جہ بچہ میر ا میں ،ہے معمولی پر طور کے والدین
(Signature / left thum	h impression)	
Place	•	
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S/o   D/o		
·	<u>:</u>	<del></del>
Complete Address	·	<del></del>
	he above consent has bee	en obtained in my presence.
Date:		
	b impression of witness)	
Place	:	<del></del>
Name	•	
Address	:	