# SPECTRAL ASPECT SUBCONVEXITY FOR $PGL_2$ : A COUPLE APPROACHES

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ABSTRACT. We discuss and compare two approaches for estimating a short second moment of *L*-functions on PGL<sub>2</sub> in the spectral aspect: that of Iwaniec [7], using the approximate functional equation and Kuznetsov formula, and that of [12] using period integrals.

**Remark 0.1.** This is a lightly edited version of "log-2022-03-08-a.tex". It needs a lot of polishing, but might be useful to someone even in its current state.

#### 1. Goal

Take

$$G := \mathrm{PGL}_2(\mathbb{R}),$$

$$\Gamma := \mathrm{PGL}_2(\mathbb{Z}) \hookrightarrow G,$$

$$H := \mathrm{GL}_1(\mathbb{R}) \cong \begin{pmatrix} * & 0 \\ 0 & 1 \end{pmatrix} \hookrightarrow G,$$

$$\Gamma_H := \mathrm{GL}_1(\mathbb{Z}) = \{\pm 1\} \hookrightarrow H.$$

Let  $\pi \subset L^2_{\text{cusp}}(\Gamma \backslash G)$  be a cuspidal automorphic representation corresponding to a Maass form of eigenvalue  $1/4 + T^2$ . We aim to show that

$$L(\pi, \frac{1}{2}) \ll T^{1/2-\delta}$$
 (1.1)

for some fixed  $\delta > 0$ .

Such an estimate was first shown by Iwaniec [7] (in the Maass case, and initially under an additional hypothesis, which Iwaniec later observed could be removed using identity  $\lambda(p)^2 - \lambda(p^2) = 1$ ). Iwaniec's method consists of estimating an amplified second moment over T in an interval of length a bit more than 1. This

method was adapted to  $PGL_3$  by Blomer–Buttcane [3, 4], using an amplified fourth moment, and then to  $GL_n$  in [12] (direct link), using an amplified 2(n-1)th moment. In the works of Iwaniec and Blomer—Buttcane, the moment is estimated using the approximate functional equation, Kuznetsov formula, and several applications of Poisson summation. In [12], the moment is estimated implicitly by direct analysis of an integral representation for the L-function, with vectors chosen as in [14] and the averaging implemented via the pretrace formula like in [8].

Remark 1.1. The best known bound for (1.1) is to due to Ivic [6], who showed (in the Maass case) that (1.1) holds for any fixed  $\delta < 1/6$ . Ivic's method consists of estimating an unamplified fourth moment over T in an interval of length a bit more than  $T^{1/3}$  (compare with [10, 11, 5, 2]). Such approaches using "higher moments" have no known generalization beyond  $GL_2$ .

# 2. Automorphic background

- 2.1. Cuspidal automorphic representations. The space  $L^2_{\text{cusp}}(\Gamma \backslash G)$  consists of square-integrable functions on  $\Gamma \backslash G$  whose constant term vanishes. It is simultaneously a representation for the group G, acting via right translation, and the Hecke algebra, acting via left translation with respect to double cosets in  $\Gamma \backslash \operatorname{PGL}_2(\mathbb{Q})/\Gamma$ . Under these actions, it decomposes as a direct sum of irreducible representations, each occurring with multiplicity one. We denote by  $\pi$  the space of smooth vectors inside one such representation.
- 2.2. Whittaker expansion. The Hecke eigenvalues of  $\pi$  are described by a multiplicative function  $\lambda_{\pi}: \mathbb{N} \to \mathbb{C}$ , which specifies the eigenvalues for a spanning set of double cosets. For  $\varphi \in \pi$ , one defines the Whittaker function  $W_{\varphi}: G \to \mathbb{C}$  by

$$W_{\varphi}(g) := \int_{x \in \mathbb{R}/\mathbb{Z}} \varphi\left(\begin{pmatrix} 1 & x \\ 0 & 1 \end{pmatrix} g\right) e(-x) \, dx,$$

where we employ the standard abbreviation  $e(t) := e^{2\pi i t}$ . Conversely,  $\varphi$  may be recovered from  $\lambda_{\pi}$  and  $W_{\varphi}$  via the formula

$$\varphi(g) = \sum_{n \neq 0} \frac{\lambda_{\pi}(|n|)}{|n|^{1/2}} W_{\varphi}\left(\begin{pmatrix} n & 0\\ 0 & 1 \end{pmatrix} g\right), \tag{2.1}$$

with the sum taken over all nonzero integers n.

2.3. Kirillov model. The Whittaker model  $W(\pi)$  for  $\pi$  is defined to consist of all functions of the form  $W_{\varphi}$ . The theory of the Kirillov model implies that the restriction map

$$\mathcal{W}(\pi) \to \{\text{functions } H \to \mathbb{C}\}$$

is injective, and that its image contains  $C_c^{\infty}(H)$ . Combining this fact with (2.1) tells us that

- any  $\varphi \in \pi$  is determined by  $W_{\varphi}: H \to \mathbb{C}$ , and
- every smooth compactly-supported function  $H \to \mathbb{C}$  determines a unique  $\varphi \in \pi$ .

# 3. Integral representation

The L-function  $L(\pi, s)$  may be defined for  $\Re(s) > 1$  by the absolutely convergent Dirichlet series  $\sum_{n \in \mathbb{N}} \lambda_{\pi}(n) n^{-s}$  and in general by meromorphic continuation. By unfolding (2.1), one obtains the Hecke/Jacquet-Langlands integral representation

$$\int_{\Gamma_H \setminus H} \varphi = L(\pi, \frac{1}{2}) \int_H W_{\varphi}. \tag{3.1}$$

# 4. Coadjoint orbits

We denote by  $\mathfrak{g}$  the Lie algebra of G and by  $\mathfrak{g}^*$  its linear dual. Using the trace pairing, we may identify  $\mathfrak{g}^*$  with  $\mathfrak{g}$ , which we identify further with the space  $\mathfrak{sl}_2(\mathbb{R})$  of traceless  $2 \times 2$  matrices  $\xi$ . The coadjoint orbit

$$\mathcal{O}_{\pi}\subseteq\mathfrak{g}^*$$

attached to  $\pi$  is the one-sheeted hyperboloid cut out by the equation

$$\det(\xi) = -T^2.$$

(See for instance §6.2-§6.3 of Quantum variance III. It comes with a natural symplectic volume form that describes the character of  $\pi$  via the Kirillov formula (see [14, §6]). We note that in the coordinates

$$\xi = \begin{pmatrix} a & b \\ c & -a \end{pmatrix} = \begin{pmatrix} x & y-z \\ y+z & -x \end{pmatrix},$$

we have

$$\det(\xi) = -a^2 - bc = z^2 - y^2 - x^2.$$

In particular,  $\mathcal{O}_{\pi}$  contains the circle  $\{(x,y,0): x^2+y^2=T^2\}$ . The circular strip  $\{(x,y,z)\in\mathcal{O}_{\pi}: |z|\leq 1/2\}$  has symplectic volume one; in the orbit method heuristic described in [14, §1.7], it corresponds to the weight zero vector in  $\pi$ .

The integrals (3.1) may be understood as describing how  $\pi$  oscillates against the trivial character of H. The orbit method suggests [14, §1.9] that such oscillation may be understood in terms of the intersection

$$\mathcal{O}_{\pi} \cap \mathfrak{h}^{\perp}$$
,

i.e., the preimage in  $\mathcal{O}_{\pi}$  of the trivial element 0 of  $\mathfrak{h}^*$ . That intersection is given in (x, y, z) coordinates by

$$\{(0,y,z): y^2 - z^2 = T^2\}$$

and in (a, b, c) coordinates by

$$\{(0, b, c) : bc = T^2\}.$$

It is a closed H-orbit, with trivial stabilizer.

We pick a point  $\tau \in \mathcal{O}_{\pi} \cap \mathfrak{h}^{\perp}$  of size comparable to T. For concreteness, let us take

$$\tau = \begin{pmatrix} 0 & T \\ T & 0 \end{pmatrix}.$$

Remark 4.1. For the variant problem concerning  $\pi$  attached to a holomorphic form of weight 2k, we would take T := k - 1/2, we would take  $\mathcal{O}_{\pi}$  cut out by  $\det(\xi) = T^2$ , and we would take

$$\tau = \begin{pmatrix} 0 & -T \\ T & 0 \end{pmatrix}.$$

See for instance §8.4 of Quantum variance III.

#### 5. Choice of vector

We seek a unit vector  $\varphi \in \pi$  that is "localized at  $\tau$ ." Informally, this means that for each fixed Lie algebra element  $X \in \mathfrak{g}$ , we have

$$X\varphi = i\langle X, \tau \rangle \varphi + \mathcal{O}(T^{1/2}). \tag{5.1}$$

For further informal discussion of this concept, see  $[14, \S1.7]$  and  $[13, \S2.5]$ . For some precise definitions, see  $\S7.1$  of Quantum variance III, or  $[12, \S14]$  (direct link:  $\S14$ ).

Such a vector  $\varphi$  may be described readily in the Kirillov model for  $\pi$ . Recall (from §2.3) that this consists of identifying elements W of the Whittaker model  $W(\pi)$  their restrictions to H. It will be convenient to think of such W as function on  $\mathbb{R}^{\times}$  via the abbreviation

$$W(y) := W\left(\begin{pmatrix} y & 0 \\ 0 & 1 \end{pmatrix}\right).$$

We consider the following basis elements for  $\mathfrak{g}$ :

$$\partial_a = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}, \quad \partial_b = \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix}, \quad \partial_c = \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}.$$

The action of the first two of these elements on the Kirillov model is given very simply:

$$\partial_a W(y) = 2yW'(y), \quad \partial_b W(y) = 2\pi i y W(y).$$

Since  $\langle \partial_a, \tau \rangle = 0$  and  $\langle \partial_b, \tau \rangle = T$ , the condition (5.1) says in particular that

$$\partial_a W_{\varphi} = \mathcal{O}(T^{1/2}), \quad \partial_b W_{\varphi} = iTW_{\varphi} + \mathcal{O}(T^{1/2}).$$

These formulas suggest taking the following smoothened  $L^2$ -normalized characteristic function:

$$W_{\varphi}(y) = T^{1/4} 1_{T/2\pi + \mathcal{O}(T^{1/2})}^{\text{smooth}}(y).$$
 (5.2)

Using that  $W_{\varphi}$  is an eigenfunction under the Casimir operator (see [12, §12], direct link: §12), one can check also that

$$\partial_c W_{\varphi} = iTW_{\varphi} + \mathcal{O}(T^{1/2}).$$

Precise forms of all these estimates are established in [12, Part 3] (direct link: Part 3).

**Remark 5.1.** This choice of  $\varphi$  is closely related to the "microlocal lift" of Zelditch [17] et al., see [9, 16, 1]. More precisely, it is (asymptotically) a G-translate of the usual definition; the limit invariance for  $L^2$ -masses will be with respect to the stabilizer  $G_{\tau}$  of  $\tau$ , namely

$$G_{\tau} = \left\{ \begin{pmatrix} \cosh t & \sinh t \\ \sinh t & \cosh t \end{pmatrix} \right\},\tag{5.3}$$

rather than with respect to the diagonal subgroup.

By chosing the smooth bump function implicit in (5.2) to be nonnegative, we may arrange that

$$\int_{H} W_{\varphi} \asymp T^{-1/4},$$

so that (3.1) reads

$$T^{-1/4}L(\pi, \frac{1}{2}) \simeq \int_{\Gamma_H \backslash H} \varphi.$$
 (5.4)

Our task is to show that the right hand side is  $\ll T^{1/4-\delta}$ .

#### 6. Truncation

We now indicate why the integral on the right hand side of (5.4) of may be effectively truncated to a fixed compact set. For a detailed discussion of this point, see  $[12, \S 5.3]$  (direct link: 5.3) or  $[10, \S 5.1.4]$  or  $[15, \S 3]$  (or  $\S 3$  of this informal note).

Consider, for a fixed even "truncation" function  $\mathcal{T} \in C_c^{\infty}(H)$ , the map

$$I: H \to \mathbb{C}$$

$$I(Y) := \int_{y \in \Gamma_H \setminus H} \mathcal{T}(y/Y) \varphi(y) \, d^{\times} y$$

assigning to a parameter Y the smoothened integral of  $\varphi|_H$  over the corresponding dyadic range. We have

$$\int_{\Gamma_H \backslash H} \varphi |.|^{s-1/2} = L(\pi, s) Z(W_{\varphi}, s),$$

where  $Z(W_{\varphi}, s)$  denotes the local zeta integral

$$Z(W_{\varphi},s) := \int_{H} W_{\varphi}|.|^{s-1/2}.$$

For s = O(1), we see by explicit calculation that

$$Z(W_{\omega}, s) \approx T^{s-3/4}$$
.

If moreover  $|\Re(s)| \leq 1/2$ , then the convexity bound reads

$$L(\pi,s) \ll T^{1-s}$$
.

These bounds become only polynomially worse if we relax the condition s = O(1) to  $\Re(s) = O(1)$ . Multiplying them together and convolving against the rapidly-decaying Mellin transform of the fixed test function  $\mathcal{T}$ , we deduce the Mellin transform estimate

$$|\Re(s)| \le 1/2 \implies \tilde{I}(s) \ll T^{1/4} (1+|s|)^{-\infty}.$$

It follows readily that for fixed  $\kappa > 0$ , we incur the acceptable error  $\mathcal{O}(T^{1/4-\kappa/2})$  by smoothly truncating the integral  $\int_H \varphi$  to the range  $\{T^{-\kappa} < |y| < T^\kappa\}$ . If we seek only a qualitative subconvex bound, then we can take  $\kappa$  as small as we like, so there is no harm in truncating to  $\{|y| = T^{o(1)}\}$ . Note that the relevant truncation is specific to our choice of vector  $\varphi$ .

The model problem is thus to bound

$$\int_{y \in H, y \approx 1} \varphi(y) \, d^{\times} y. \tag{6.1}$$

#### 7. Symmetries

We use a convolution kernel  $\omega \in C_c^{\infty}(G)$  to "remember" many of the symmetries satisfied by  $\varphi$ . (When amplifying, we really take  $\omega \in C_c^{\infty}(\operatorname{PGL}_2(\mathbb{A}))$ .) Roughly speaking, we take  $\omega$  to be a character multiple of an approximate subgroup of G:

$$\omega := \operatorname{vol}(J)^{-1} 1_J^{\operatorname{smooth}} \chi_{\tau}^{-1},$$

where:

• *J* is a subset of *G* roughly of the shape

$$J = (1 + \mathcal{O}(T^{-\varepsilon})) \cap (G_{\tau} + \mathcal{O}(T^{-1/2 - \varepsilon})),$$

with  $G_{\tau}$  the stabilizer of  $\tau$ , as described in (5.3).

- $1_J^{\text{smooth}}$  is a smoothened characteristic function of J.
- $\chi_{\tau}$  is the "approximate character" of J attached to  $\tau$ , given near the identity in exponential coordinates by

$$\chi_{\tau}(\exp(X)) = e^{i\langle X, \tau \rangle}.$$

We may also describe  $\omega$  in terms of the function  $\mathfrak{g}^* \to \mathbb{C}$  obtained by taking the Fourier transform of the pullback  $\omega \circ \exp$ . This function is roughly a smoothened characteristic function of a "coin-shaped" neighborhood of  $\tau$ , of thickness  $T^{\varepsilon}$  (resp.  $T^{1/2+\varepsilon}$ ) in directions transverse (resp. tangential) to the coadjoint orbit  $\mathcal{O}_{\pi}$  at  $\tau$ . The intersection of this neighborhood with  $\mathcal{O}_{\pi}$  has symplectic volume  $\approx T^{2\varepsilon} \approx 1$ . The orbit method heuristic suggests that for an irreducible representation  $\sigma$  of G, we have  $\sigma(\omega) \approx 0$  unless  $\sigma$  is a principal series representation of parameter  $T + \mathcal{O}(T^{\varepsilon})$ , in which case  $\sigma(\omega)$  is approximately a projection onto a rank  $\approx T^{2\varepsilon} \approx 1$  "subspace" of vectors microlocalized at  $\tau$ . In particular,

$$\pi(\omega)\varphi \approx \varphi. \tag{7.1}$$

These heuristics and definitions can be made precise, and the above approximation holds in an extremely strong sense (i.e., up to  $O(T^{-\infty})$  with respect to any fixed seminorm).

For further informal discussion concerning  $\omega$  in a general setting, see [13, §2]. For a precise discussion in the current rank one example, see §7.1 of Quantum variance III.

# 8. The convexity threshold

Let's explain how to recover the convexity bound from here. Our task is to show that

$$\int_{y\in H, y\asymp 1} \pi(\omega) \varphi(y) \, d^{\times} y \ll T^{1/4}.$$

We view the square of the left hand side as one term arising from an integrated pretrace formula, like in the sup norm story [8] (alternatively, we write the left hand side as the inner product of  $\varphi$  against a Poincaré series and apply Cauchy–Schwarz; see [13, §5.3]). We reduce to checking that

$$\int_{y_1, y_2 \asymp 1} \sum_{\gamma \in \Gamma} \omega(y_1^{-1} \gamma y_2) \ll T^{1/2}. \tag{8.1}$$

Since  $\omega$  is supported on  $1 + O(T^{-\varepsilon})$ , we see that the only  $\gamma$  that contribute are those in  $\Gamma_H$ . Combining the  $y_1$  and  $y_2$  integrals, it remains to check that

$$\int_{y \in H: y \approx 1} \omega(y) \ll T^{1/2}. \tag{8.2}$$

To that end, we observe that

$$H \cap G_{\tau} = \{1\},$$

i.e., that no nontrivial matrices are simultaneously diagonal and of the form (5.3). (This is a baby case of the "stability" feature explained in [14, §1.9, §14].) It follows that (up to some  $\varepsilon$ 's in the exponents)

$$H \cap J \subseteq \mathcal{O}(T^{-1/2}),$$

and so the volume of the integral in (8.2) is  $O(T^{-1/2})$ .

On the other hand, the magnitude of the integrand is

$$\operatorname{vol}(J)^{-1} \approx T.$$

Indeed, J has dimensions roughly 1 along one direction and  $T^{-1/2}$  along the remaining two directions.

These observations combine to give the required estimate (8.2).

Remark 8.1. It's clear in retrospect that we should have obtained such an estimate: the orbit method heuristic applied to  $\omega$  suggests that the left hand side of (8.1) is a proxy for the sum of  $|L(\pi, \frac{1}{2})|^2$  over T in an interval of width roughly  $O(T^{\varepsilon})$  (see [13, §2.3]), which is of the appropriate size for an averaged Lindelöf estimate to recover convexity.

# 9. Amplification

This section is just a stub; see [13, §1.5, §2.7-2.10] for details and pictures relevant for this example. To carry out the amplification step, we basically need to know that the vector  $\varphi'$  obtained by averaging the translates of  $\varphi$  under elements of H of size  $\times$  1 satisfies a matrix coefficient estimate  $\langle g\varphi', \varphi' \rangle \ll T^{-\delta}$  except when g is very close to H. This is word-for-word what happens in the sup norm problem [8], where, if we replace H with SO(2), then  $\varphi'$  becomes something like the weight zero vector.

#### 10. Comparison with Iwaniec

The "two arguments" are "equivalent." Recall that Iwaniec [7] starts with the approximate functional equation, applies Kuznetsov, and then applies Poisson summation to both variables. The reduction to (6.1) is essentially the approximate functional equation (TODO: explain this in some detail?). In the passage to (8.1), rather than applying the pretrace formula, we could have instead applied the Fourier expansion of  $\varphi$  and averaged each term in the resulting double sum using Kuznetsov. A couple applications of Poisson to the geometric side of Kuznetsov would then bring us right back to (8.1).

It's more interesting to compare the generalization of this argument to  $\mathrm{GL}_3$  with Blomer–Buttcane [3]. The arguments are again ultimately "equivalent," but the present approach seems less miraculous.

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