# **Ulrik Lyngs**

## Research summary

**Aims**—to develop and evaluate design patterns that help people exercise self-control over their use of smartphones and laptops.

**Methods**—controlled studies, user surveys, interviews, co-design workshops, web scraping, behaviour logging.

I am passionate about open and transparent research. Since 2018, I have shared materials, analysis scripts, and data for all my first-authored work, and written my papers as reproducible documents in R Markdown1.

# Research positions

2021 — present Postdoctoral Researcher

Carlsberg Foundation & Dept. of Computer Science, University of Oxford

#### **Education**

2016 — 2021 **DPhil in Computer Science**, University of Oxford

Supervisor: Sir Nigel Shadbolt2

Thesis: Examining the effectiveness of design patterns for digital self-control

2012 — 2013 MSc in Cognitive and Evolutionary Anthropology, University of Oxford

Supervisor: Oliver Curry3

Thesis: Fundamental motivations and risk-taking

2011 — 2016 MA in the Study of Religion & Psychology, Aarhus University

Supervisor: Uffe Schjødt4

Thesis: Religion as a cultural tool for cognitive control

2007 — 2011 BA in the Study of Religion & Psychology, Aarhus University

Supervisors: Jesper Sørensen<sup>5</sup> and Kristoffer Laigaard Nielbo<sup>6</sup> Thesis: Priming effects of religious concepts on moral judgment

## Major grants and funding

2021 — 2023 Carlsberg Foundation Visiting Fellowship at University of Oxford7 (DKK

700,000 (~£80k)), Understanding Personal Digital Self-Control Struggles and

Appropriate Interventions

van Houten Fund8 (~£12k), The Reducing Digital Distraction (ReDD) Workshop

for Oxford University students.

Supervisor: Maureen Freed.

2019 — 2020 EPSRC Doctoral Prize 9 (~£28k), Supporting End-User Autonomy Over Digital

Device Use.

Supervisor: Nigel Shadbolt. Mentor: Max Van Kleek.

#### Awards & honours

2020 Winner of the 2020 Oxford Three Minute Thesis competition 10, Mathematical, Physical and Life Sciences Division, University of Oxford Commendation Certificate for the Reducing Digital Distraction Workshop, MPLS Impact Awards 11, University of Oxford 2019 Best Talk Award, 2019 Oxford Computer Science Conference, University of Oxford Best Paper Honorable Mention Award for "Self-Control in Cyberspace...", CHI'19: ACM Conference on Human Factors in Computing Systems 2018 Best Paper Award for "Third party tracking...", WebSci'18: ACM Conference on Web Science, Amsterdam 2017 DOMUS Prize for Outstanding Research Communication, Linacre College, University of Oxford **Publications** Conference In computer science, top-tier conferences (<30% acceptance rate) are as, or more publications impactful than journals, see doi.org/fgjt2h (fully reviewed, archival) 2021 C6 How the Design of YouTube Influences User Sense of Agency K. Lukoff, U. Lyngs, H. Zade, V. Liao, J. Choi, K. Fan, S. Munson, A. Hiniker CHI'21: ACM Conference on Human Factors in Computing Systems 2020 C5 From Ancient Contemplative Practice to the App Store: Designing a Digital **Container for Mindfulness** K. Lukoff, U. Lyngs, S. Gueorguieva, E. S. Dillman, A. Hiniker, S. A. Munson DIS'20: ACM conference on Designing Interactive Systems C4 "I Just Want to Hack Myself to Not Get Distracted": Evaluating Design Interventions for Self-Control on Facebook U. Lyngs, K. Lukoff, P. Slovak, W. Seymour, H. Webb, M. Jirotka, J. Zhao, M. Van Kleek, N. Shadbolt CHI'20: ACM Conference on Human Factors in Computing Systems 2019 C3 Self-Control in Cyberspace: Applying Dual Systems Theory to a Review of **Digital Self-Control Tools** U. Lyngs, K. Lukoff, P. Slovak, R. Binns, A. Slack, M. Inzlicht, M. Van Kleek, N. Shadbolt CHI'19: ACM Conference on Human Factors in Computing Systems **Q** Best paper honourable mention (top 5%) 2018 C2 Third party tracking in the mobile ecosystem R. Binns, U. Lyngs, M. Van Kleek, J. Zhao, T. Libert, N. Shadbolt WebSci'18: ACM Web Science Conference P Best paper award (top 2 papers) C1 "It's Reducing a Human Being to a Percentage": Perceptions of Justice in **Algorithmic Decisions** R. Binns, M. Van Kleek, M. Veale, U. Lyngs, J. Zhao, N. Shadbolt

CHI'18: ACM Conference on Human Factors in Computing Systems

		Journal articles (fully reviewed, archival)
2021	J3	Before and after GDPR: tracking in mobile apps K. Kollnig, R. Binns, M. Van Kleek, J. Zhao, <i>U. Lyngs</i> , C. Tinsman, N. Shadbolt Internet Policy Review, 10(4)
	J2	Designing for Youth-Centered Moderation and Community Governance in Minecraft
		K. Salen Tekinbaş, K. Jagannath, <i>U. Lyngs</i> , P. Slovák TOCHI: ACM Transactions on Computer-Human Interaction
2016	J1	Hearing in Colour: How Expectations Distort Perception of Skin Tone <i>U. Lyngs</i> , E. Cohen, W. Hattori, M. Newson, D. Levin JEP:HPP: Journal of Experimental Psychology: Human Perception and Performance, 42(12), 2068-2076
		Book chapters
2021	B1	Robot Accident Investigation: a case study in Responsible Robotics A. F.T. Winfield, K. Winkle, H. Webb, <i>U. Lyngs</i> , M. Jirotka, C. Macrae Springer: : Software Engineering for Robotics 12, Cavalcanti et al. (eds.), pp. 165- 187
		Extended abstracts and workshop papers
		(lightly reviewed)
2020	А9	The ReDD Workshop: A Template for Supporting People in Regaining Control Over Digital Device Use  U. Lyngs, M. Freed, K. Lukoff, P. Slovak, M. Van Kleek CHI'20 workshop: Rethinking Mental Health Resources, Workshop at the ACM Conference on Human Factors in Computing Systems
	A8	Further Exploring Communal Technology Use in Smart Homes: Social Expectations M. Kraemer, U. Lyngs, H. Webb, I. Flechais CHI'20 EA: ACM Conference on Human Factors in Computing Systems
	A7	"What Could Possibly Go Wrong?" Logging HRI Data for Robot Accident Investigations K. Winkle, M. Jirotka, <i>U. Lyngs</i> , C. Macrae, H. Webb, A. Winfield HRI'20 Companion: ACM/IEEE International Conference on Human-Robot Interaction
2019	A6	Putting Self-Control at the Centre of Digital Wellbeing U. Lyngs CHI'19 workshop: Designing for Digital Wellbeing, Workshop at the ACM Conference on Human Factors in Computing Systems
2018	A5	So, Tell Me What Users Want, What They Really, Really Want! U. Lyngs, R. Binns, M. Van Kleek, N. Shadbolt

A Cognitive Design Space for Supporting Self-Regulation of ICT Use
U. Lyngs
CHI'18 EA: ACM Conference on Human Factors in Computing Systems

CHI'18 EA (alt.chi): ACM Conference on Human Factors in Computing Systems

2017	А3	'It's More Fun With My Phone': A Replication Study of Cell Phone Presence and Task Performance U. Lyngs
		CHI'17 EA: ACM Conference on Human Factors in Computing Systems
	A2	'It's More Fun With My Phone': A Replication Study of Cell Phone Presence and Task Performance U. Lyngs, R. McKay CogSci'17: 39th Annual Conference of the Cognitive Science Society
	A1	Curiosity, ICTs, and Attention Management
		U. Lyngs CHI'17 workshop: Designing for Curiosity: An Interdisciplinary Workshop 13, ACM Conference on Human Factors in Computing Systems
		Publicly available research code & data
2021		Data, materials, and analysis for "Before and after GDPR" [J3] K. Kollnig, R. Binns, M. Van Kleek, J. Zhao, <i>U. Lyngs</i> , C. Tinsman, N. Shadbolt <a href="https://osf.io/35xps/">https://osf.io/35xps/</a>
2021		Data, materials, and analyses for my DPhil thesis "Ulysses in Cyberspace"  U. Lyngs <a href="https://osf.io/ed3wh/">https://osf.io/ed3wh/</a>
2020		Data, materials, and analysis for "'I Just Want to Hack Myself…" [C4] U. Lyngs, K. Lukoff, P. Slovak, W. Seymour, H. Webb, M. Jirotka, J. Zhao, M. Van Kleek, N. Shadbolt <a href="https://osf.io/qtg7h/">https://osf.io/qtg7h/</a>
2019		Data, materials, and analysis for "Self-Control in Cyberspace" [C3] U. Lyngs, K. Lukoff, P. Slovak, R. Binns, A. Slack, M. Inzlicht, M. Van Kleek, N. Shadbolt <a href="https://osf.io/zyj4h/">https://osf.io/zyj4h/</a>
2018		Data and analysis for "Third party tracking" [C2] R. Binns, U. Lyngs, M. Van Kleek, J. Zhao, T. Libert, N. Shadbolt <a href="https://osf.io/4nu9e/">https://osf.io/4nu9e/</a>
		Research dissemination
		Press
2021		Interviewed on the Danish radio program 'Kortsluttet' (short-circuited) on P1, in the episode 'Død over digitale distraktioner' (Death to digital distractions)14
2018		Our paper "Third Party Tracking in the Mobile Ecosystem" [C2] covered in the Financial Times 15, BBC 16, The Times 17, Business Insider 18, and more
		Podcasts
2021	Pod2	<b>Brainstorm podcast (Danish)</b> 19, Slip nu den telefon! Fire gode råd til at undgå tidsrøvende distraktioner på nettet (Let go of that phone! Four pieces of good advice for avoiding time-wasting distractions on the web)
2020	Pod1	University of Oxford Podcasts 20, Your Digital Life During Lockdown

#### **Talks**

All first-authored conference	publications listed	above were also	presented as talks
at their respective conference	es and are not liste	ed again in this se	ection.

2021	T35	University of Oxford, Reproducible Research Oxford21
		Reproducible academic papers with R Markdown, RStudio, Zotero, Google Docs, and LaTeX templates <sup>22</sup>
	T34	<b>University of Oxford, Human Centred Computing</b> 23, Dept. of Computer Science
		"Where has my cognitive prime time gone?" Understanding digital self- control struggles and appropriate interventions
	T33	University of Copenhagen, International Seminar: Studying the Digital Backlash, DISTRACT24, Copenhagen Center for Social Data Science "Where has my cognitive prime time gone?" Understanding digital self-control struggles and appropriate interventions
	T32	<b>Biblioteket i Thisted, Thy 360</b> 25, KulturRummet Thy Selvkontrol i cyberspace ( <i>Self-control in cyberspace</i> )
	T31	<b>University of Copenhagen, DISTRACT</b> 26, Copenhagen Center for Social Data Science
		The Reducing Digital Distraction workshop as research tool: methods and preliminary results
	T30	University of Copenhagen, Human-Centred Computing Section 27, Dept. of Computer Science Reproducible and Replicable Research
	T29	University of Oxford, Human Centred Computing 28, Dept. of Computer Science R Markdown in 7 Minutes
	T28	<b>University of Oxford, Human Centred Computing</b> 29, Dept. of Computer Science
		Reproducible and Replicable Research
2020	T27	University of Oxford, Guest lecture in Interaction Design (IDE)30, Dept. of Computer Science
		Ulysses in Cyberspace: The Theory and Practice of Digital Self-Control
	T26	<b>University of Copenhagen, DISTRACT</b> 31, Copenhagen Center for Social Data Science
		Self-Control in Cyberspace: Examining Tools of Resistance in the Battle for Online Attention
	T25	University of Copenhagen, COINACT32, Institute of Psychology Cognitive Control in Cyberspace
	T24	University of Oxford, Seminars at Linacre College 33

University of Oxford, Oxford Centre for Hindu Studies, online lecture series (6 videos)34 for a general audience
What Can Digital Humanities Offer Hindu Studies?

'I Just Want to Hack Myself to Not Get Distracted': Do Design Interventions for

Self-Control on Facebook Work?

	T22	University of Oxford, Śākta traditions project35, Oxford Centre for Hindu Studies
		Deus ex Machina: What Can Digital Humanities Offer Hindu Studies?
	T21	University of Washington, Design. Use. Build. (DUB) alliance 36 'I Just Want to Hack Myself to Not Get Distracted': Evaluating Design Interventions for Self-Control on Facebook
	T20	Google, Digital Wellbeing 37 Digital Wellbeing in Practice: Designing for Digital Self-Control
	T19	University of Copenhagen, Human-Centred Computing Section 38, Dept. of Computer Science Digital Wellbeing in Practice: Examining the Effectiveness of Digital Self-Control Strategies
	T18	University of Oxford, Digital Ethnography Group (OxDEG)39, Oxford Internet Institute
		Digital Wellbeing in Practice: Examining the Effectiveness of Digital Self-Control Strategies
2019	T17	University of Oxford, R user group Oxford 40, St. Peter's College Reproducible research with R Markdown, featuring article and PhD thesis writing
	T16	Indian Institute of Technology (IIT) Bombay, Best of CHI2019, Mumbai (videolink)
		Q&A: Self-Control in Cyberspace
	T15	University of Oxford, 2019 Oxford Computer Science Conference 41, Dept. of Computer Science Self-Control in Cyberspace: Applying Dual Systems Theory to a Review of Digital
		Self-Control Tools
	T14	University of Oxford, Dept. of Computer Science, workshop for 1st year DPhil (PhD) students "Owning" Your DPhil
	T13	2019 CHI Conference on Human Factors in Computing Systems, Designing for Digital Wellbeing Workshop 42, Glasgow, UK Putting Self-Control at the Centre of Digital Wellbeing
2018	T12	BBC, AI, Society & the Media, BBC Radio Theatre, New Broadcasting House, London
		So, Tell Me What Users Want, What They Really, Really Want!
	T11	UnBias43 Hackathon, CodeBase, Edinburgh Hacking the Attention Economy
	T10	University of Oxford, Human Centred Computing 44, Dept. of Computer Science
0047	T00	Evaluating Anti-Distraction Browser Extensions for Facebook
2017	T09	<b>PubhD</b> 45, science communication and pints, St Aldate's Tavern, Oxford How to Build Minimally-Distracting Technology
	Т08	University of Oxford, SOCIAM: The Theory and Practice of Social Machines 46 project meeting, Jesus College Distraction and Self-Regulation in Social Machines

	T07	<b>University of Oxford, DOMUS Research Communication Competition</b> , Linacre College
		Ulysses in Cyberspace: How Anti-Distraction Apps Can Guide Digital Design
	T06	<b>University of Oxford, 2017 Oxford Computer Science Conference</b> 47, Dept. of Computer Science
		ICTs and Attention Management: Evaluating the Emerging Anti-Distraction Market
	T05	University of Oxford, Being Responsible in Research: Opportunities and Challenges workshop, Human Centred Computing 48, Dept. of Computer Science
		Battle of the Social Machines: Attention Management in the Information Age
	T04	<b>SOCIAM:</b> The Theory and Practice of Social Machines 49, project meeting at Brockenhurst, UK
		Attention Management in the Information Age
2015	T03	<b>Aarhus University, Religion, Cognition and Culture</b> 50 <b>research unit</b> , Institute of Culture and Society
		Religion: A Culturally Evolved Tool for Self-Control
2014	T02	26th Annual Human Behavior and Evolution Society Conference 51, Natal, Brazil
		Fundamental Motivations and Risk-Taking: Loss Aversion in Context
2012	T01	Homo Experimentalis: Experimental Approaches in The Study of Religion 52, Brno, Czech Republic
		Effort, Loss Aversion and Religion
		Discussion panels
2021	D3	Linacre College, Coping with Isolation and Loneliness - a Conversation,
2019	D2	<b>Futures Thinking Conference</b> 53, Psychology and Futurity, roundtable discussion on mental health
	D1	<b>2019 Oxford Computer Science Conference</b> 54, Computing Everything? The Limits of Algorithmic Learning, moderator for panel discussion with Richard Evans (Deepmind), Peter Millican, Hao Ni, and Luba Elliott
		Poster presentations
2018	P7	University of Oxford, Connected Life Conference 201855, Oxford Internet
		Institute
		What the Anti-Distraction Market Tells Us About Digital Technology and Self-Regulation
	P6	2018 CHI Conference on Human Factors in Computing Systems, 3rd
		<b>Symposium on Computing and Mental Health</b> 56, Montreal, Canada A Cognitive Design Space for Supporting Self-Regulation of ICT Use
2017	P5	
2017		A Cognitive Design Space for Supporting Self-Regulation of ICT Use
2017		A Cognitive Design Space for Supporting Self-Regulation of ICT Use  39th Annual Conference of the Cognitive Science Society 57, London  "It's More Fun With My Phone": A Replication Study of Cell Phone Presence and

	P3	2017 CHI Conference on Human Factors in Computing Systems, Designing for Curiosity Workshop 59, Denver, Colorado
		Curiosity, ICTs and Attention Management: Evaluating the Emerging Anti- Distraction Market
2014	P2	Central European University, Morality: Evolutionary Origins and Cognitive Mechanisms 60, Budapest
		Wild Cooperation: Studying Real-World Reciprocity Using Couchsurfing.org
2011	P1	<b>33rd Annual Conference of the Cognitive Science Society</b> 61, Boston, MA Priming Effects of Religious Concepts on Moral Judgment – Between Mean Values and Variation
		Blog posts
2021	B10	<b>ulriklyngs.com</b> , How to Adapt Any LaTeX Template for Use With R Markdown in Four Steps 62
2019	B09	<b>UX Collective (Medium)</b> , 367 Tools of Resistance in the Battle for Online Attention 63
	B08	<b>ulriklyngs.com</b> , How to Use Pandoc Filters for Advanced Customisation of Your R Markdown Documents64
	B07	ulriklyngs.com, How to Create New Chunk Options in R Markdown65
2018	B06	ulriklyngs.com, How to Build Safari App Extensions66
	B05	ulriklyngs.com, R packages for CHI papers with R Markdown67
	B04	ulriklyngs.com, How to Write ACM Articles with R Markdown68
2017	B03	Connected Life Conference 2017, Ulysses in Cyberspace 69
	B02	ulriklyngs.com, Making Statistics Make Sense70
2016	B01	ulriklyngs.com, Digging Science Out of a Hole: The Reproducibility Index71
		Teaching experience
2021		Instructor, Reproducible research with R Markdown72, OxfordlBerlin Summer School on Open Research73 25 early career researchers (MSc, PhD, and postdocs). Taught a 2-hour workshop
		on workflows for reproducible data analysis and paper writing.
2020		<b>Teaching assistant, Big Data Analytics</b> 74, Oxford Internet Institute, University of Oxford
		20 master's students. Taught the practical part of the class on analysing and visualising non-normally distributed data in R and RStudio
2019		Instructor, Reproducible research with R Markdown <sup>75</sup> , TIER Faculty Development Workshop <sup>76</sup> , St. Anne's College, University of Oxford 20 staff and faculty from research institutions across Europe. Developed and taught a 2-day master class in reproducible research
2013		<b>Teacher, Introduction to Evolutionary Psychology</b> , Oxbridge International Summer School <sup>77</sup> 10 high school students. Organised and taught a 2-week course with group and individual tutorials

2010 — 2011	Teaching assistant, Philosophy, theory of science, and university history, Dept.
	for the Study of Religion, Aarhus University
	20 undergraduate students. Taught a weekly supplementary seminar to the main
	lecture series

# R packages

2019 — present	oxforddown <sup>78</sup> , for reproducible thesis writing in R Markdown, formatted with a traditional University of Oxford LaTeX template
2019 — present	<pre>pagedown-cv79, for dynamically generating a curriculum vitae from data held in a spreadsheet into a variety of output formats, using R Markdown and the pagedown R package</pre>
2018 — 2020	chi-2021-rmd-template80, chi20-papers-rmarkdown81, chi-proc- rmd-template82 & chi-ea-template83, for writing reproducible submissions in R Markdown to the ACM CHI conference

### **Service**

2018 — 2020

	group member member and address and addres
2016 — present	<b>Reviewer</b> ACM Transactions on Computer-Human Interaction (TOCHI)85, ACM CHI Conference86, Computer-Supported Cooperative Work and Social Computing87, International Journal of Human-Computer Studies88
2018	Main conference organiser and General Chair Oxford Computer Science Conference 2018, Dept. of Computer Science, University of Oxford
2017 — 2018	<b>President of the Computer Science Graduate Society (CoGS)</b> Dept. of Computer Science, University of Oxford
2016 — 2017	<b>DPhil representative in the Computer Science Graduate Society (CoGS)</b> Dept. of Computer Science, University of Oxford
2012 — 2016	Executive committee member in the London Evolutionary Research Network89 (LERN) London, UK
2008 — 2012	Chairman of the Society for the Study of Religion (RvF)90 Dept. for the Study of Religion, Aarhus University

Steering group member Transparent Statistics in Human-Computer Interaction 84

## Selected work experience

	Sciected Work experience
2020 — present	<b>Data Scientist and Digital Humanities Consultant</b> , Śākta Traditions 91, Oxford Centre for Hindu Studies, University of Oxford I provide practical support and consultancy on natural language processing methods for analysis and visualisation of large text corpora, using reproducible workflows in R Markdown.
2019 — 2020	<b>Research Assistant</b> , RoboTIPS: Developing Responsible Robots for the Digital Economy 92

Developed accident scenarios and investigation processes to inform responsible innovation in social robotics, with researchers at the Dept. of Computer Science in Oxford (lead: Prof. Marina Jirotka), and the Bristol Robotics Facility (lead: Prof. Alan Winfield).

2017 — 2019	<b>Web developer</b> , Dept. of Computer Science, University of Oxford: SOCIAM: The Theory and Practice of Social Machines 93 Built sociam.org 94, which archives outputs of a 5.5 year EPSCR research project involving 55+ researchers, 40+ projects, and 400+ publications. Developed from scratch in Drupal 7, assisted by two summer interns. Ongoing maintenance, feature development, and content curation.
2017 — 2019	Bartender, Linacre College, University of Oxford
2013 — 2016	Festival Producer and Manager, Institute of Art and Ideas 95, London Generated ideas and wrote programme copy for 250+ panel debates for the internationally renowned philosophy and music festival HowTheLightGetsIn 96; interviewed (600+) and booked (150+) speakers, including Cory Doctorow, Aubrey de Grey, and Simon Baron-Cohen; led and managed a research team division of two full-time staff plus a music team of three full-time staff.
	Professional development
2018	<b>Invited participant to the Global Dialogue for Happiness</b> , World Government Summit97, Dubai
2017	<b>Leading for Impact</b> 98 <b>fellow</b> , 4-month leadership training programme at Saïd Business School, University of Oxford
	Minor grants and funding
2018	<b>Student Research Competition Grant</b> (\$500), CHI'18: ACM Conference on Human Factors in Computing Systems
2017	<b>Workshop Travel Grant</b> (€400), Designing for Curiosity, CHI'17: ACM Conference on Human Factors in Computing Systems
	<b>Student Research Competition Grant</b> (\$500), CHI'17: ACM Conference on Human Factors in Computing Systems
2013	<b>Lienhard &amp; Bagby Research Grant</b> (£1,000), Institute of Social & Cultural Anthropology, University of Oxford
2008	Summer School Scholarship (~€1000), University of Helsinki
	Undergraduate Travel Grant (DKK 1200), Aarhus University
	Personal skills & volunteering
2017 — present	Founding Band Member, The Karaoke Collective 99 Inventor, MC and drummer; the KC is a group of seasoned musicians in Oxford and London where we blend the fun of karaoke with the magic of a live band.
2017 — 2019	<b>Computer Science Ambassador</b> , Dept. of Computer Science, University of Oxford

students from schools in the UK visiting the Dept. of Computer Science 2017 — 2019 Steering committee member, Oxford Scandinavian Society, Co-organiser of 'sittnings' (traditional Scandinavian dinner- and drinking parties), movie nights, summer BBQs and more

Webmaster and ticket manager for ScanSoc's website at oxfordscandinavian.com

I gave regular talks about my group's and my personal research to 14-18 year old

- 2017 Head of Entertainment, Linacre College Ball, Planned, contracted, and produced 15+ acts, including a 30-piece swing band, funk orchestra, live karaoke, glitter fairy, space hopper race, treasure hunt and drumming DJ
- 2013 2016 Interview Coach, Oxbridge Interviews, Oxfizz100 Provided interview training to 30+ teenagers from families not traditionally going to university wishing to apply to Oxford or Cambridge

# Links

- 1. <a href="https://rmarkdown.rstudio.com">https://rmarkdown.rstudio.com</a> ←
- 2. <a href="https://www.jesus.ox.ac.uk/people/professor-sir-nigel-shadbolt-freng-frs+">https://www.jesus.ox.ac.uk/people/professor-sir-nigel-shadbolt-freng-frs+</a>
- 3. <a href="https://www.oliverscottcurry.com">https://www.oliverscottcurry.com</a> ←
- 4. https://pure.au.dk/portal/en/persons/uffe\_schjoedt(c2b0d5e1\_b9e5\_4ff1\_9866 7009bc63827e).html↔
- 5. https://pure.au.dk/portal/da/persons/jesper\_soerensen(6eb687a7\_1af7\_48c0\_bad1\_ cc9cc0ba3054).html↔
- 6. https://pure.au.dk/portal/en/persons/kristoffer laigaard nielbo(aef8887c d4e9 4270 9031 1a15553f5590).html↔
- 7. <a href="https://www.carlsbergfondet.dk/da/Forskningsaktiviteter/Bevillingsstatistik/Bevillingsoversigt">https://www.carlsbergfondet.dk/da/Forskningsaktiviteter/Bevillingsstatistik/Bevillingsoversigt</a> /CF20 0678 Ulrik Lyngs↔
- 8. <a href="https://governance.admin.ox.ac.uk/van houten fund">https://governance.admin.ox.ac.uk/van houten fund</a> ←
- 9. https://epsrc.ukri.org/skills/students/dta/doctoralprize/←
- 10. https://www.ox.ac.uk/students/three minute thesis competition ←
- 11. <a href="https://www.mpls.ox.ac.uk/news/mpls">https://www.mpls.ox.ac.uk/news/mpls</a> impact awards 2020 winners announced at winter <u>reception</u> ←
- 12. https://link.springer.com/book/10.1007/978 3 030 66494 7 €
- 13. <a href="https://dl.acm.org/doi/10.1145/3027063.3027064">https://dl.acm.org/doi/10.1145/3027063.3027064</a> ←
- 14. <a href="https://www.dr.dk/radio/p1/kortsluttet/kortsluttet-62">https://www.dr.dk/radio/p1/kortsluttet/kortsluttet-62</a>? fbclid=iwar2cnu58qu19ym6m0zv48z2tcwqni56xsxmiszkkuqne9efjqwq8w4zqylw₽
- 15. <a href="https://ig.ft.com/mobile app data trackers/">https://ig.ft.com/mobile app data trackers/</a> ←
- 16. <a href="https://www.bbc.co.uk/news/technology-45952466">https://www.bbc.co.uk/news/technology-45952466</a> ↔
- 17. <a href="https://www.thetimes.co.uk/article/personal data harvesting by mobile phone apps is out">https://www.thetimes.co.uk/article/personal data harvesting by mobile phone apps is out</a> of control pb2m2kwkj↔
- 18. <a href="https://www.businessinsider.com/google">https://www.businessinsider.com/google</a> and facebook big data apps oxford study finds \_2018\_10?r=UK&IR=T↔
- 19. <a href="https://videnskab.dk/kultur-samfund/slip-nu-den-telefon-fire-gode-raad-til-at-undgaa">https://videnskab.dk/kultur-samfund/slip-nu-den-telefon-fire-gode-raad-til-at-undgaa</a> tidsroevende distraktioner paa↔
- 20. https://podcasts.ox.ac.uk/your\_digital\_life\_during\_lockdown ←

- 21. <a href="https://ox.ukrn.org">https://ox.ukrn.org</a> →
- 22. <a href="https://youtu.be/aU0uetWJXis+">https://youtu.be/aU0uetWJXis+</a>
- 23. <a href="https://hcc.cs.ox.ac.uk">https://hcc.cs.ox.ac.uk</a>
- 24. <a href="https://sodas.ku.dk/projects/distract/">https://sodas.ku.dk/projects/distract/</a> ←
- 25. https://thy360.dk/event/selvkontrol i cyberspace/8500↔
- 26. <a href="https://sodas.ku.dk/projects/distract/">https://sodas.ku.dk/projects/distract/</a> ←
- 27. https://di.ku.dk/english/research/human\_centred\_computing/←
- 28. <a href="https://hcc.cs.ox.ac.uk">https://hcc.cs.ox.ac.uk</a>
- 29. https://hcc.cs.ox.ac.uk←
- 30. <a href="https://hip.cat/emax/teaching">https://hip.cat/emax/teaching</a> ←
- 31. <a href="https://sodas.ku.dk/projects/distract/">https://sodas.ku.dk/projects/distract/</a> ←
- 32. <a href="https://psychology.ku.dk/coinact/">https://psychology.ku.dk/coinact/</a> ←
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