

# French Polynesia

**Continent:** Australia

**Languages Spoken:** French, Tahitian

**Population:** 280,000

**Currency:** CFP franc (XPF)

**Area:** 4,167

## Main Landmarks:

- {'name': 'Bora Bora', 'writeup': 'A famous island known for its turquoise lagoon protected by a coral reef, luxury resorts, and stunning volcanic peaks.'}
- {'name': 'Mount Orohena', 'writeup': 'The highest peak in French Polynesia, located on Tahiti, offering challenging hikes and panoramic views.'}
- {'name': 'Marae Arahurahu', 'writeup': 'An ancient Polynesian temple site on Tahiti, showcasing traditional religious architecture and cultural heritage.'}

## Head of State / Government:

Emmanuel Macron (President of France)

## Main Cultural Events:

- {'name': 'Heiva i Tahiti', 'writeup': 'An annual festival celebrating Polynesian culture with traditional dance, music, and sports competitions.'}
- {'name': '"Hawaiki Nui Va'a"', 'writeup': 'A prestigious outrigger canoe race held annually between the islands of Huahine, Raiatea, and Tahaa.'}

## Food & Cuisine:

French Polynesian cuisine blends French culinary techniques with local ingredients like seafood, tropical fruits, and taro, featuring dishes such as poisson cru (raw fish marinated in lime and coconut milk).

## Brief History:

Originally settled by Polynesian voyagers around 1000 BCE, French Polynesia became a French protectorate in the 19th century and remains an overseas collectivity of France with a degree of autonomy.

## Important People:

- Gaston Flosse - Former President of French Polynesia
- Oscar Temaru - Prominent pro-independence political leader

## Current Conflicts:

No significant internal or external conflicts reported; political discussions focus on autonomy and independence movements.

## Youtube Links:

- Discovering French Polynesia: Islands of Paradise
- Heiva Festival in Tahiti - Polynesian Culture Celebration

- [Bora Bora Travel Guide - French Polynesia](#)
- [French Polynesia: History and Culture Overview](#)
- [Top 10 Things to Do in French Polynesia](#)