

# Cameroon

**Continent:** Africa

**Languages Spoken:** French, English

**Population:** 27,224,265

**Currency:** Central African CFA franc (XAF)

**Area:** 475,442

## Main Landmarks:

- {'name': 'Mount Cameroon', 'writeup': 'An active volcano and the highest peak in West Africa, popular for hiking and biodiversity.'}
- {'name': 'Waza National Park', 'writeup': 'A major wildlife reserve known for elephants, lions, and diverse bird species.'}
- {'name': 'Dja Faunal Reserve', 'writeup': 'A UNESCO World Heritage site, home to one of the largest and best-protected rainforests in Africa.'}
- {'name': 'Kribi Beaches', 'writeup': 'Famous for white sandy beaches and nearby waterfalls, a popular tourist destination.'}
- {'name': 'Foumban Royal Palace', 'writeup': 'Historic palace of the Bamoun kingdom, showcasing traditional architecture and culture.'}

## Head of State / Government:

President Paul Biya

## Main Cultural Events:

- {'name': 'Ngondo Festival', 'writeup': 'An annual traditional festival of the Sawa people celebrating their culture and ancestral spirits.'}
- {'name': 'Fête de la Jeunesse', 'writeup': 'Youth Day celebrated with music, dance, and cultural performances nationwide.'}
- {'name': 'Mvet Festival', 'writeup': 'A cultural event highlighting the traditional music and storytelling of the Beti people.'}

## Food & Cuisine:

Cameroonian cuisine is diverse, featuring staples like cassava, plantains, and maize, with popular dishes such as Ndolé (bitterleaf stew), Eru (vegetable soup), and grilled fish, reflecting the country's ethnic and regional variety.

## Brief History:

Cameroon was colonized by Germany in the late 19th century, then divided between France and Britain after World War I. It gained independence in 1960 (French Cameroon) and 1961 (British Cameroon), later uniting as the Republic of Cameroon. The country has a rich cultural heritage and has experienced political stability with occasional tensions.

## Important People:

- Ahmadou Ahidjo - First President of Cameroon
- Paul Biya - Current President

- Francis Ngannou - Mixed martial artist and former UFC Heavyweight Champion
- Roger Milla - Legendary footballer
- Germaine Acogny - Renowned dancer and choreographer

**Current Conflicts:**

Cameroon faces ongoing conflicts primarily in the Anglophone regions, where separatist movements seek independence, leading to clashes with government forces and humanitarian challenges.

**Youtube Links:**

- Discover Cameroon: Culture, Nature, and People
- Mount Cameroon Hike - Africa's Highest Peak
- Cameroon's Wildlife: Exploring Waza National Park
- Traditional Festivals of Cameroon - Ngondo Festival
- Cameroon: History and Contemporary Issues Explained