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Scaling evidence driven digital mental health



Mental healthcare is overburdened



Patients contacting NHS funded care (2022)

National Audit Office - Progress in improving mental health services in England (2023)





Excessive load on care professionals

39.3%

Therapist time spent on admin



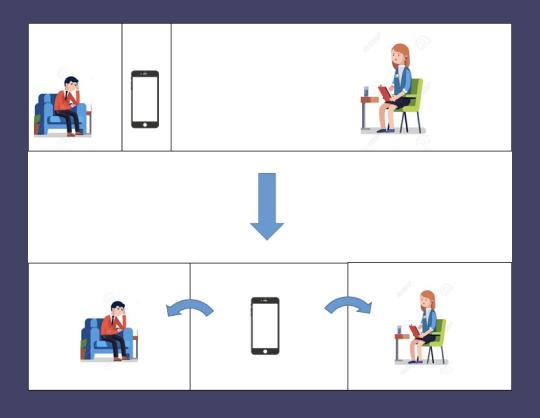




A workspace for therapists to provide effective and efficient care

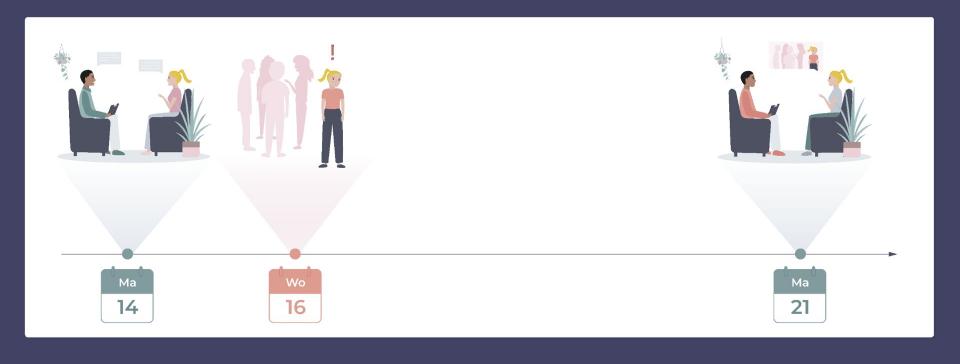


Making care effective and efficient



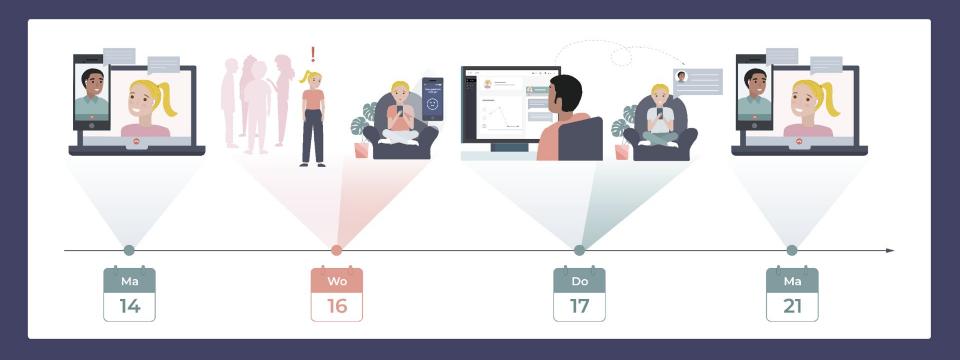


Traditional Care





Data Supported Care





Validation Study

10.249 participants



24% faster patient recovery



8% less direct time spent by therapists



High client satisfaction (8.9 / 10)

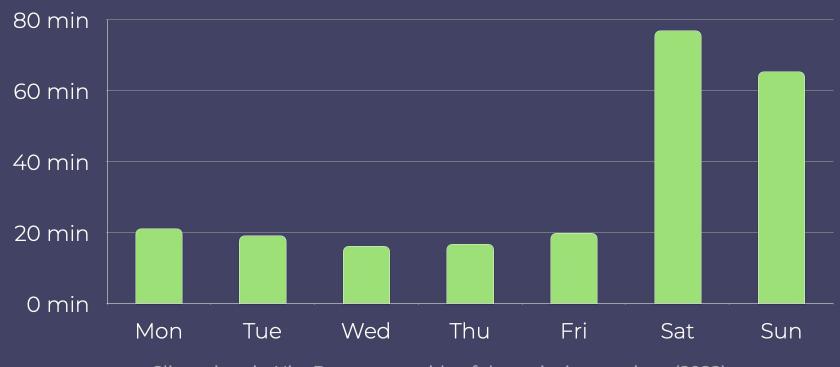


Equally effective as face to face therapy





Unsupported client time in app



Client time in NiceDay app outside of therapist interactions (2022)



Trusted in Dutch public healthcare

2.300

Therapists

70.000

Clients



Growing global usage











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Thank You

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