



## STAR Method Interviewing Practice Worksheet

*Use the following worksheet to prepare answers to behavioral interview questions using the STAR format. Feel free to insert your own questions.*

**1) Tell me about a time that you made a mistake and how you handled it.**

Situation	Task	Action	Result

**2) Tell me about a problem that you solved in a creative or innovative way.**

Situation	Task	Action	Result

**3) Tell me about a time you disagreed with a coworker or manager.**

Situation	Task	Action	Result

4) Tell me about a time you had to learn something for a project.

Situation	Task	Action	Result

5) Tell me about a project you are proud of and why you are proud of it.

Situation	Task	Action	Result

6) Tell me about a time you failed. If you could go back in time, what would you do differently?

Situation	Task	Action	Result