

Base Menu
EVEN WEEK

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	ONION DOSA	POORI	RAGI DOSA , UPMA	MASALA DOSA	CHOW CHOW BATH	RAVA IDLY , VADA (2)	ONION PARATHA
	SAMBAR, COCONUT CHUTNEY	ALOO MASALA CURRY	SAMBAR , GROUNDNUT CHUTNEY	SAMBAR,Toma to onion CHUTNEY	MYSORE BONDA (3) , COCONUT CHUTNEY	SAMBAR, Tomato onion CHUTNEY	KABULI CHANNA MASALA , CURD, PICKLE
	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*
	SEASONAL CUT FRUITS***	BANANA (1)	SEASONAL CUT FRUITS***	BANANA (1)	SEASONAL CUT FRUITS***	BANANA (1)	SEASONAL CUT FRUITS***
	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT
LUNCH	TAWA CHAPATHI, PANEER BUTTER MASALA ***	PULKHA , SOYA CURRY***	TAWA CHAPATHI, MANGO DAL	PULKHA,SAM BAR,GREEN MONG CURRY	TAWA CHAPATHI	PHULKA,GRE EN PEAS CURRY	TAWA CHAPATHI , SAMBAR,BAI GAN METHI CURRY***
	VEG BIRYANI, RAITHA	ALOO MASALA DRY***,	SPINACH KOOTU,VEG KURMA	KOVAKAI FRY ***	BINDI MASALA CURRY***	RICE, GOBI FRY***,ANDH RA TOMATO DAL	CHILLI SOYA BEAN DRY***, PERUGU PACHADI
	PLAIN GRAVY	RICE,VATHAKOL AMBU,CURD,FRY UMS	RICE,RASAM, CURD,PAPAD	RICE,RASAM, CURD,FRYUM S	RICE,MIX VEG KARAKOZH AMBU,RASAM, CURD,PAPAD	RASAM, CURD,FRYUM S	RICE,RASAM, PAPAD
	CURD RICE,ICE CREAM ***	PICKLE	PICKLE	PICKLE	GONGURA CHUTNEY	PICKLE	PICKLE
		SUGAR ,SALT ,GHEE,PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI
	SALAD	SEASONAL FRUIT JUICE	SALAD	SEASONAL FRUIT JUICE	SALAD	SEASONAL FRUIT JUICE	BANANA JUICE
SNACKS	PANI PURI(6),TAMA RIND CHUTNEY,GR EEN CHUTNEY	SUNDAL*(Boiled channa black,boiled green gram dal)	BREAD PAKORA (2) , TOMATO SAUCE	SWEET POTATO	CHANNA CHAT	MIX VEG MAGGI (130 gm) ,TOMATO SAUCE	ALOO SAMOSA(SHO ULD CONTAIN PEAS ALSO) ,TOMATO SAUCE
	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MILK ,SUGAR,BOOST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS
DINNER	IDIYAPPAM , SAMBAR, IDLI KARAM, GHEE	TAWA CHAPATHI,CHAN NA MASALA	TOMATO RICE	SPECIAL DINNER	CHOLE BATURE	TAWA CHAPATHI, VEG BIRYANI RAITHA	DOSA, PEANUT CHUTNEY
	LEMON RICE,PICKLE, BINDI FRY	RICE,SAMBAR,FR YUMS,RASAM	PHULKA, ALOO BRINJAL CURRY***		BAGARA RICE, BUTTERMILK	PANEER CURRY***	PLAIN RICE, MIXED DAL
	TOMATO ONION CHUTNEY,CU RD RICE	CAULIFLOWER WITH PEAS CURRY***	PAPAD, BUTTERMILK		PARIPPU PAYASAM WITH JAGGERY	SWEET BOONDI***	BUTTER MILK, BREAD HALWA***
	SWEET PONGAL***	BOONDI LADDU(1)	GULAB JAMUN(2)				

ODD WEEK MENU

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	RAVA DOSA,SEMIYA UPMA	PONGAL , VADA(3)	IDLI ,RICE BONDA	PURI	WHEAT RAVA UPMA,POHA	RAVA IDLI,VADA (3)	ALOO PARATHA
	SAMBAR, COCONUT CHUTNEY	SAMBAR, GROUNDNUT CHUTNEY	SAMBAR,COC ONUT CHUTNEY	ALOO CURRY	MYSORE BONDA(3), Tomato onion CHUTNEY	SAMBAR,GRO UNDNUT CHUTNEY	CHANNA MASALA, CURD, PICKLE
	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ, SPROUTS*	BBJ,SPROUTS*	BBJ, SPROUTS*
	SEASONAL CUT FRUITS***	BANANA (1)	SEASONAL CUT FRUITS***	BANANA (1)	SEASONAL CUT FRUITS***	BANANA(1)	SEASONAL CUT FRUITS***
	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT
LUNCH		PULKHA , DAL MAKHANI	TAWA CHAPATHI, DUM ALOO	PULKHA , ANDHRA TOMATO DAL	TAWA CHAPATHI ,	PULKHA ,RAJMA DAL,	TAWA CHAPATHI, PLAIN GRAVY
	KAJU CURRY***	BHINDI FRY***	BEANS CARROT PORIYAL***	ONION PAKODA***, PERUGU PACHADI	KADAI PANNER***	JEERA RICE,DUM ALOO	LAUKI CHANA DAL, GOBI 65***
	VEG BIRYANI , RAITHA,TAWA CHAPATHI	RICE,SAMBAR, RASAM, CURD	RICE,PANCHR ATAN DAL,RASAM, CURD,FRYUM S	RICE, RASAM,MASA LA PAPAD,CABBA GE MOONG DAL PORIYAL AND COCONUT***	RICE,MASALA SAMBAR, CURD,FRYUM S	RICE,RASAM, CURD,FRYUM S	RICE,RASAM, CURD,FRYUM S
	BADUSHA(1)	PICKLE ,PAPAD	PICKLE	PICKLE	PICKLE	`	PICKLE
	SEASONAL FRUIT JUICE , ICE CREAM ***	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI	SUGAR , SALT , GHEE , PODI
		PULKHA , DAL MAKHANI	TAWA CHAPATHI, DUM ALOO	PULKHA , ANDHRA TOMATO DAL	TAWA CHAPATHI ,	PULKHA ,RAJMA DAL,	TAWA CHAPATHI, PLAIN GRAVY
SNACKS**	PANI PURI(6),GREEN CHUTNEY,TAM ARIND CHUTNEY	PASTA	ONION PAKODA***	BOILED GROUNDNUTS	SWEET CORN (half piece-6cm)	MASALA VADA(3),TOM ATO SAUCE	MILLET SNACK*
	TEA*,COFFEE, MILK,SUGAR,BO OST SACHETS	TEA,COFFEE,M ILK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR.,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS	TEA,COFEE,MI LK,SUGAR,BO OST SACHETS
DINNER	CHAPATTI , MIX VEG CURRY(Punjabi style)***	CHOLE BATURE, ONION MIRCH SALAD	RICE,SAMBAR	PHULKA,,VEG BIRYANI , RAITHA	LACHA PARATHA ,SALNA	TAWA CHAPATHI ,VEG PULAO, RAITHA	PULKA, CHANNA PEAS PALAK,
	TAMARIND RICE, BUTTERMILK,FRYUMS	WHITE RICE, SNAKE GOURD KOOTU(Sufficie nt Vegetables)	TAWA CHAPATHI ,CHANNA MASALA	PANEER MANCHURIAN ***	KOVAKAI PORIYAL***,R ICE, RASAM	KAJU CURRY***	SAMBAR RICE*, CURD RICE,
	LIME PICKLE,GHEE	CURD,RASAM	FRYUMS,BEET ROOT PORIYAL***	DAL FRY	ONION SALAD	KESARI BAT***	ALOO 65***, PICKLE , GULAM JAMUN(2)
	SEASONAL CUT FRUITS***	BANANA(1)	BREAD HALWA	SABUDHANA KHEER ,KHULFI(1) (MEDIUM SIZE) (MALAI, PISTA, MANGO, STRAWBERRY)	BADAM MILK HOT,VERMICE LLI PAYASAM		