**Manual Physical Activity - Flúor**

|  |  |  |  |
| --- | --- | --- | --- |
| **Variable** | **Description (labels)** | | **Codes (Values ​​and labels)** |
| **folio** | Folio | |  |
| **etapa** | Stage | | T1-T2 |
| **f\_dia** | Interview day | |  |
| **f\_mes** | Interview month | |  |
| **f\_anio** | Interview year | |  |
| **cod\_ent** | Interviewer Code | |  |
| **acv1** | 1. Without counting you, how many people under 18 living at home? | | |  | | --- | | 1. None  2. 1  3. 2  4. 3  5. 4  6. 5 or greater | |
| 2. How long in these activities? | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | 1  None | 2  Less than half an hour a week | 3  half  to two hours a week | 4  2-4 hours a week | 5  4-6 hours per week | 6  6 or more hours a week | |
| **acv2\_1** | | 2.1 Soccer |
| **acv2\_2** | | 2.2 Volleyball |
| **acv2\_3** | | 2.3 Cycling |
| **acv2\_4** | | 2.4 Skating or skateboarding |
| **acv2\_5** | | 2.5 Basketball |
| **acv2\_6** | | 2.6 Dancing(including dance classes like ballet, jazz, Hawaiian) |
| **acv2\_7** | | 2.7 Clean or fix home |
| **acv2\_8** | | 2.8 Walking |
| **acv2\_9** | | 2.9 Running |
| **acv2\_10** | | 2.10 Gymnastics, aerobics, etc. |
| **Variable** | | **Description (labels)** | **Codes (Values ​​and labels)** |
|  | |  | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | 1  None | 2  Less than half an hour a week | 3  half  to two hours a week | 4  2-4 hours a week | 5  4-6 hours per week | 6  6 or more hours a week | |
| **acv2\_11** | | 2.11 Swimming (not just playing in the pool) |
| **acv2\_12** | | 2.12 Baseball |
| **acv2\_13** | | 2.13 Tennis, racquetball or Fronton |
| **acv2\_14** | | other activity or sport | 1. Yes  2. No If the answer is NO, go to question 3 |
| **acv2\_cual** | | (specify which |  |
| **acv2\_14\_1** | |  | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | 1  None | 2  Less than half an hour a week | 3  half  to two hours a week | 4  2-4 hours a week | 5  4-6 hours per week | 6  6 or more hours a week | |
|  | |  |  |
| **acv3\_1** | | 3. Do you participate in any sports team in or out of school? | 1. Yes  2. No If the answer is NO, go to question 3 |
| **acv3\_cual** | | (Specify what | Name of team |
|  | |  |  |
| |  | | --- | | 4. Think of a normal week. Tell us how many hours do you watch TV (not counting time playing video games or watching movies on the VCR) on each day. It includes time you see the TV in the morning, afternoon or evening | | | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Nothing | Less than 1 hour | 1-2 hours | 2-3 hours | 4-5 hours | 6-7 hours | 8 or more hours | |
| **acv4\_1** | Monday | |
| **acv4\_2** | Tuesday | |
| **acv4\_3** | Wednesday | |
| **acv4\_4** | Thursday | |
| **acv4\_5** | Friday | |
| **acv4\_6** | Saturday | |
| **acv4\_7** | Sunday | |
| **Variable** | **Description (Labels)** | | **Codes (Values ​​and labels)** |
| 5. On a weekday | | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Nothing | Less than 1 hour | 1-2 hours | 2-3 hours | 4-5 hours | 6-7 hours | 8+ hours | |
| **acv5\_1** | How often do you watch movies or videos on a VCR / DVD? | |
| **acv5\_2** | How many hours do you play video games (like PlayStation, GameBoy, Xbox or other video games or computer) and use the Internet for entertainment (not for homework)? | |
| 6. On a weekday | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | None | Less than half an hour a day | Half to 1 hour a day | 1 to 2 hours a day | 3+ hours a day | |
| **acv6\_1** | How many hours do you use to do your homework and / or read? | |
|  |  | |  |
| 7. On weekend | | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | | Nothing | Less than 1 hour | 1-2 hours | 2-3 hours | 4-5 hours | 6-7 hours | |
| **acv7\_1** | How often do you watch movies or videos on a VCR/DVD? | |
| **acv7\_2** | How many hours do you play video games (like PlayStation, GameBoy, Xbox or other video games or computer) and use the Internet for entertainment (not for homework)? | |
|  |  | |  |
| 8. On weekend | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | None | Less than half an hour a day | Half to 1 hour a day | 1 to 2 hours a day | 3+ hours a day | |
| **acv8** | How many hours do you use to do your homework and / or read? | |
| **Variable** | **Description (labels)** | | **Codes (Values ​​and labels)** |
| 9. How much time do you spend sitting transporting you by car, truck or bus? | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | Less than an hour | 1-2 hours | 2-3 hours | 3-4 hours | 4 or more hours | |
| **acv9\_1** | On a weekday | |
| **acv9\_2** | On a weekend day | |
|  |  | |  |
| 10. At what time do you usually go to sleep? | | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Before 6 pm | Between 6 and 7 pm | Between 7 and 8 pm | Between 8 and 9 pm | Between 9 and 10 pm | Between 10 and 11 pm | After 11 pm | |
| **acv10\_1** | Weekday | |
| **acv10\_2** | Weekend | |
|  |  | |  |
| **acv11** | 11. What time do you get up to go to school normally? | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | Before 5 am | Between 5 and 6 a.m. | Between 6 and 7am | Between 7 and 8 am | After 8 am | |
|  |  | |  |
| **acv12** | 12. What time do you usually wake up on Saturday and Sunday? | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | Before 6 am | Between 6 and 7 am | Between 7 and 9 am | Between 9 and 11 am | After 11 am | |

|  |  |  |
| --- | --- | --- |
| **Variable** | **Description (labels)** | **Codes (Values ​​and labels)** |
| **acv2\_PAhrs** | Number of hours of physical activity per week |  |
| **acv2\_METhrs** | Total METs per week |  |
| **acv2\_vigPAhrs** | Hours of vigorous physical activity per week (MET > 6) |  |
| **acv2\_nonvigPAhrs** | Hours of non-vigorous physical activity per week (MET < 6) |  |
| **acv2\_nonvigPAhrs\_wo\_walk** | Hours of non-vigorous physical activity per week (MET < 6), excluding walk |  |