

Medical Marijuana

- ◆ The products are available in edible forms such as cookies or candy, as well as oils and leafs/flowers for smoking. Products are often labeled with content of THC, CBD, and CBN, which relate to the expected effects.
- ◆ However, the actual contents of medical marijuana products have been found to vary significantly from the labeling. The personnel at dispensaries are usually knowledgeable about which products are best for pain. It is important to start with a low dose and to see how the product impacts you before increasing the amount.
- ◆ Keep in mind that use of these products is experimental so follow the directions carefully but be aware that the dosage may need to be adjusted based on your experience.
- ◆ Note that edible forms take about 2 hours to have effect, so do not take additional amounts before at least two hours have passed.
- ◆ All medical marijuana products have side effects of impaired mental function and sedation and should be used with caution.