

PHYSICAL ACTIVITY ENVIRONMENT AND PERFEC/TENACI

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Today's Date

INTRODUCTION.

Previous analyses showed that enviromental variables, such as school, have significant effects on IQ and Perf. variables.

For this reason:

- we explore the effect of the enviroment variables that promote physiscal activity in schools on IQ and Perf variables.
- Variables related to how the evironment of schools devoted to physical activity were collected.
- They are named and defined in the following section.

DOCUMENTATION

VARIABLES DE AMBIENTE PARA ACTIVIDAD FISICA

El sufijo aaf_ en todas las variabes abrevia: Ambiente (para) Actividad Fisica.

- aaf_

OBSERVED VARIABLES

Nombre d Variable	Definicion	Valores
aaf_t_pe_class	t Tiempo en clase de ed. fisica	Minutos por semana
aaf_t_recess	t Tiempo de recreo	Minutos por semana
aaf_population_size	Poblacion total de la escuela	1 - 4 = chica, mediana, grande, muy_gr
aaf_s_size	s Tamannho d Espacio para actividad	0 - 4 = no_hay, chico, mediano, grande, muy_gr
aaf_s_avail	s Espacio esta disponible o no	0, 1
aaf_s_used	s Espacio se usa o no	0, 1
aaf_s_shape	s Forma del espacio	rectang, triang, irregular, other

COMPUTED VARIABLES

Computed Variable	Definition	Formula
aaf_t_sum_total	total aggregated class+recess time	$t_sum = t_class + t_recess$
aaf_ratio_s_pop	space-size population-size ratio	$ratio_sp = s_size / pop_size$
aaf_indica_rec_t_s_p	time_space/population Indicator: Product of recess-time times the space/population ratio	$indica_tsp = t_recess * ratio_sp$
aaf_indica_sum_t_s_p	total time_space/population Indicator: Product of aggregated time (class+recess) times the space/population ratio	$indica_sum_tsp = t_sum * ratio_sp$

ANALYSES.

LINEAR REGRESSION ASSOCIATION ANALYSES.

PHYSICAL ACTIVITY ENVIROMENT VS IQ/FROST/OROS VARIABLES.

Six significant associations were found.

- The strongest association ($r > 0.6$) was found between IQ and physical activity aggregated time.
- Of particular interest:
- Association between Oros's PSP social dimension and aggregated time was found.

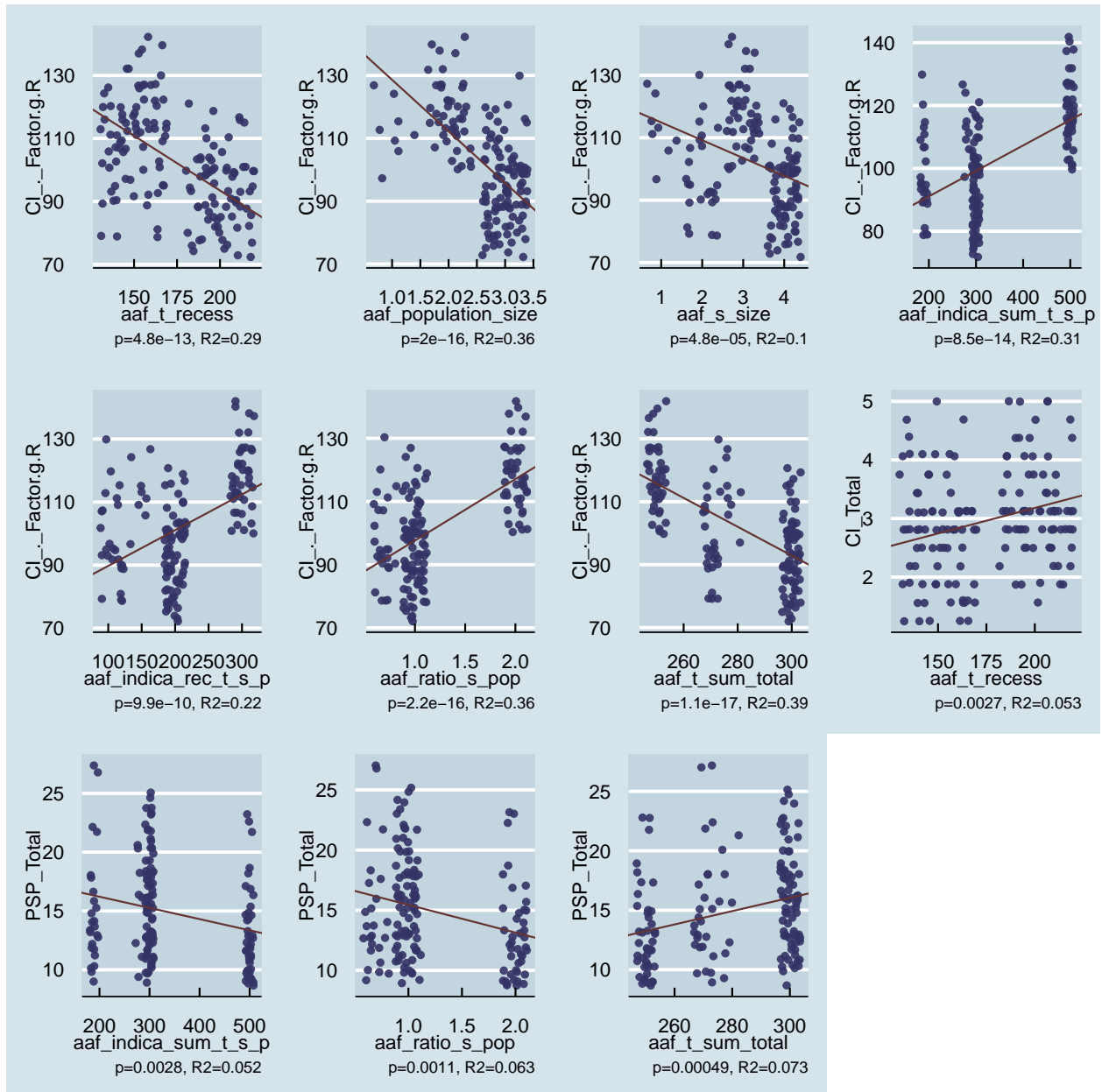
The following is the list of significant results, listing the name of variabes, pvalue and Rsquared.

ACTIVITY REGRESSION ANALYSES

```
res_activity_corr <- regression_significant_main(oactivity_df, joint_nums, varnames_activity, significant)
```

```
## [1] "CI._Factor.g.R aaf_t_recess"
## pv= 4.8e-13
## R2= 0.29
## [1] "CI._Factor.g.R aaf_population_size"
## pv= 2e-16
## R2= 0.36
## [1] "CI._Factor.g.R aaf_s_size"
## pv= 4.8e-05
## R2= 0.1
## [1] "CI._Factor.g.R aaf_indica_sum_t_s_p"
## pv= 8.5e-14
## R2= 0.31
## [1] "CI._Factor.g.R aaf_indica_rec_t_s_p"
## pv= 9.9e-10
## R2= 0.22
## [1] "CI._Factor.g.R aaf_ratio_s_pop"
## pv= 2.2e-16
## R2= 0.36
## [1] "CI._Factor.g.R aaf_t_sum_total"
## pv= 1.1e-17
## R2= 0.39
## [1] "CI_Total aaf_t_recess"
## pv= 0.0027
## R2= 0.053
```

```
## [1] "PSP_Total aaf_indica_sum_t_s_p"
## pv= 0.0028
## R2= 0.052
## [1] "PSP_Total aaf_ratio_s_pop"
## pv= 0.0011
## R2= 0.063
## [1] "PSP_Total aaf_t_sum_total"
## pv= 0.00049
## R2= 0.073
## [1] "NUMBER OF SIGNIFICANT ANALYSES:"
## [1] 11
```



```
## [1] "NUMBER OF GRAPHICS IN GRID:"
## [1] 11
```

```
## SHOW THE CORRELATIONS GRID
```

```
res_activity_corr[['grid']]
```

```
## TableGrob (3 x 4) "arrange": 11 grobs
##
##          z      cells      name      grob
## CI_._Factor.g.R~_aaf_t_recess      1 (1-1,1-1) arrange gtable[layout]
## CI_._Factor.g.R~_aaf_population_size 2 (1-1,2-2) arrange gtable[layout]
## CI_._Factor.g.R~_aaf_s_size          3 (1-1,3-3) arrange gtable[layout]
## CI_._Factor.g.R~_aaf_indica_sum_t_s_p 4 (1-1,4-4) arrange gtable[layout]
## CI_._Factor.g.R~_aaf_indica_rec_t_s_p 5 (2-2,1-1) arrange gtable[layout]
## CI_._Factor.g.R~_aaf_ratio_s_pop      6 (2-2,2-2) arrange gtable[layout]
## CI_._Factor.g.R~_aaf_t_sum_total      7 (2-2,3-3) arrange gtable[layout]
## CI_Total~_aaf_t_recess              8 (2-2,4-4) arrange gtable[layout]
## PSP_Total~_aaf_indica_sum_t_s_p      9 (3-3,1-1) arrange gtable[layout]
## PSP_Total~_aaf_ratio_s_pop          10 (3-3,2-2) arrange gtable[layout]
## PSP_Total~_aaf_t_sum_total          11 (3-3,3-3) arrange gtable[layout]
```

DIFFERENCES BETWEEN GROUPS ANALYSES.

By using the physical activity as grouping variables:

- 39 significant differences were found.
- Most of them with small effects.
- However, the association between IQ and Oros's PSP social dimension was replicated.

The following is the list of significant results, listing the name of variables, pvalue and Rsquared.

```
## ACTIVITY SAME ANALYSIS AS ABOVE BUT THE ACTIVITIES ARE TAKEN AS CATEGORIES FOR DIFFERENCE ANALYSES.
```

```
res_activity_diff <- regression_significant_main(oactivity_factored_df, joint_nums, varnames_activity, ,
```

```
## [1] "CI_._Factor.g.R aaf_t_recess"
## pv= 4.8e-13
## R2= 0.29
## [1] "CI_._Factor.g.R aaf_population_size"
## pv= 4.3e-05
## R2= 0.46
## [1] "CI_._Factor.g.R aaf_s_size"
## pv= 1.8e-05
## R2= 0.46
## [1] "CI_._Factor.g.R aaf_indica_sum_t_s_p"
## pv= 1.2e-10
## R2= 0.46
## [1] "CI_._Factor.g.R aaf_indica_rec_t_s_p"
## pv= 1.2e-10
## R2= 0.46
## [1] "CI_._Factor.g.R aaf_ratio_s_pop"
## pv= 9.6e-10
## R2= 0.39
## [1] "CI_._Factor.g.R aaf_t_sum_total"
## pv= 7.5e-21
## R2= 0.46
## [1] "CI_Total aaf_t_pe_class"
## pv= 0.027
## R2= 0.022
## [1] "CI_Total aaf_t_recess"
## pv= 0.0027
```

```

## R2= 0.053
## [1] "CI_Total aaf_indica_sum_t_s_p"
## pv= 0.004
## R2= 0.055
## [1] "CI_Total aaf_indica_rec_t_s_p"
## pv= 0.004
## R2= 0.055
## [1] "CI_Total aaf_ratio_s_pop"
## pv= 0.0037
## R2= 0.061
## [1] "CI_Total aaf_t_sum_total"
## pv= 0.014
## R2= 0.055
## [1] "Grit.S aaf_t_pe_class"
## pv= 0.0063
## R2= 0.04
## [1] "Grit.S aaf_t_recess"
## pv= 0.022
## R2= 0.028
## [1] "Grit.S aaf_indica_sum_t_s_p"
## pv= 0.0025
## R2= 0.047
## [1] "Grit.S aaf_indica_rec_t_s_p"
## pv= 0.0025
## R2= 0.047
## [1] "Grit.S aaf_ratio_s_pop"
## pv= 0.0019
## R2= 0.053
## [1] "ESP_Total aaf_t_pe_class"
## pv= 0.016
## R2= 0.027
## [1] "ESP_Total aaf_population_size"
## pv= 0.0098
## R2= 0.031
## [1] "ESP_Total aaf_s_size"
## pv= 0.01
## R2= 0.026
## [1] "ESP_Total aaf_indica_sum_t_s_p"
## pv= 0.025
## R2= 0.026
## [1] "ESP_Total aaf_indica_rec_t_s_p"
## pv= 0.025
## R2= 0.026
## [1] "ESP_Total aaf_t_sum_total"
## pv= 0.01
## R2= 0.026
## [1] "Preocupaci..n_perfeccionista aaf_t_sum_total"
## pv= 0.026
## R2= 0.016
## [1] "Esfuerzo_Perfeccionista aaf_population_size"
## pv= 0.021
## R2= 0.024
## [1] "Esfuerzo_Perfeccionista aaf_s_size"
## pv= 0.022

```

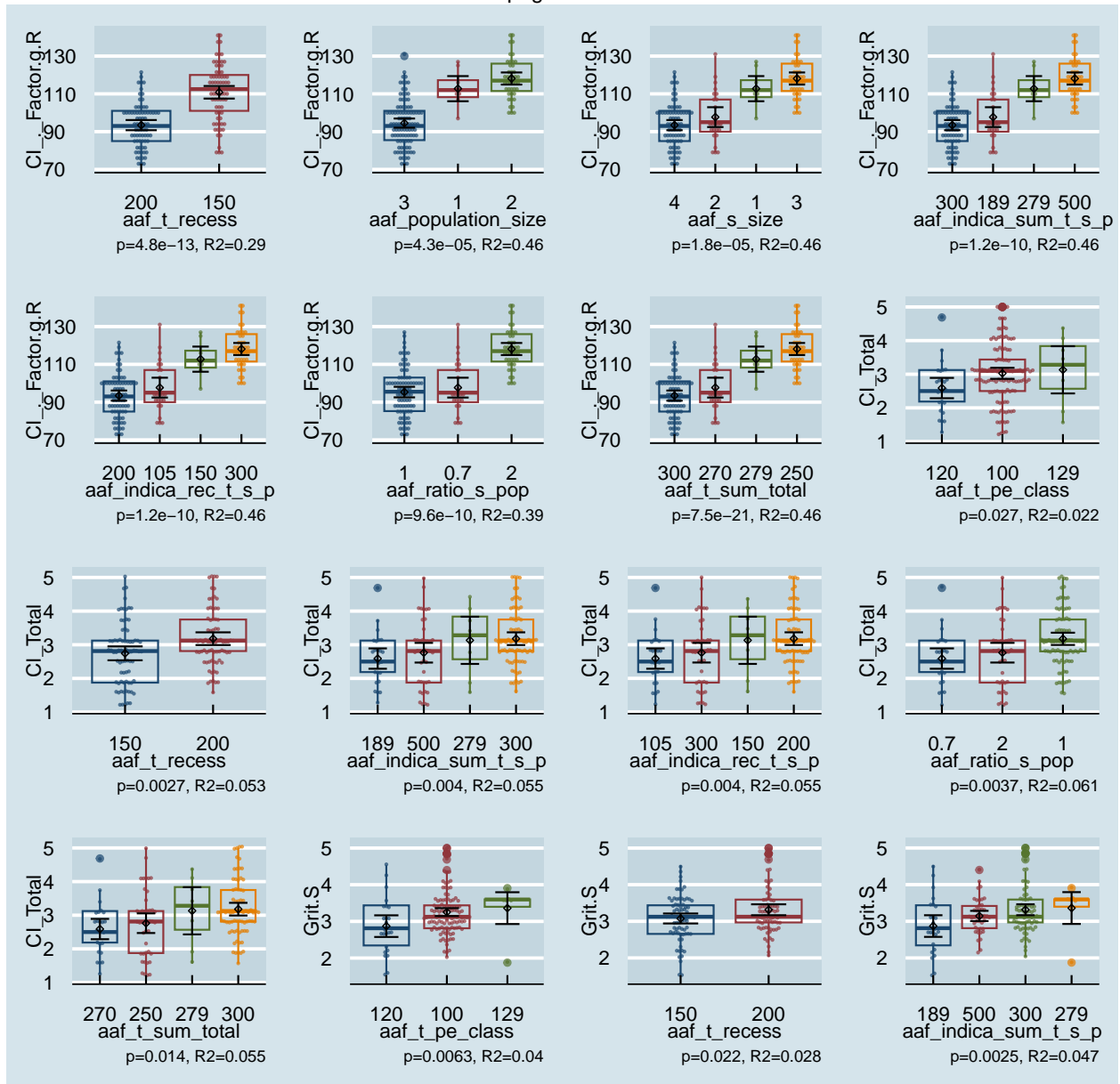
```

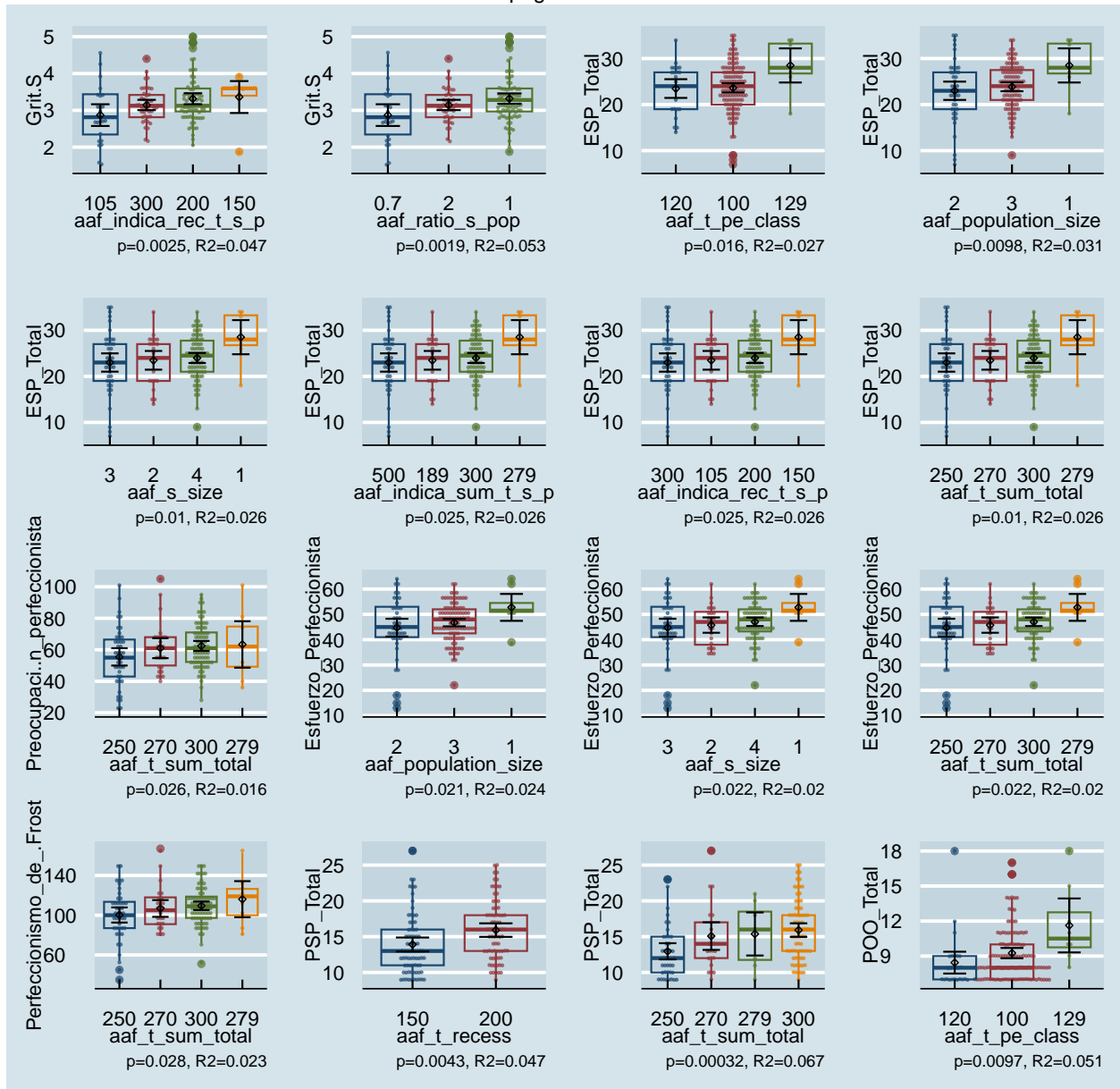
## R2= 0.02
## [1] "Esfuerzo_Perfeccionista aaf_t_sum_total"
## pv= 0.022
## R2= 0.02
## [1] "Perfeccionismo_de_.Frost aaf_t_sum_total"
## pv= 0.028
## R2= 0.023
## [1] "PSP_Total aaf_t_recess"
## pv= 0.0043
## R2= 0.047
## [1] "PSP_Total aaf_t_sum_total"
## pv= 0.00032
## R2= 0.067
## [1] "P00_Total aaf_t_pe_class"
## pv= 0.0097
## R2= 0.051
## [1] "P00_Total aaf_population_size"
## pv= 0.0045
## R2= 0.042
## [1] "P00_Total aaf_s_size"
## pv= 0.0019
## R2= 0.046
## [1] "P00_Total aaf_indica_sum_t_s_p"
## pv= 0.0019
## R2= 0.046
## [1] "P00_Total aaf_indica_rec_t_s_p"
## pv= 0.0019
## R2= 0.046
## [1] "P00_Total aaf_t_sum_total"
## pv= 0.021
## R2= 0.046
## [1] "NUMBER OF SIGNIFICANT ANALYSES:"
## [1] 37

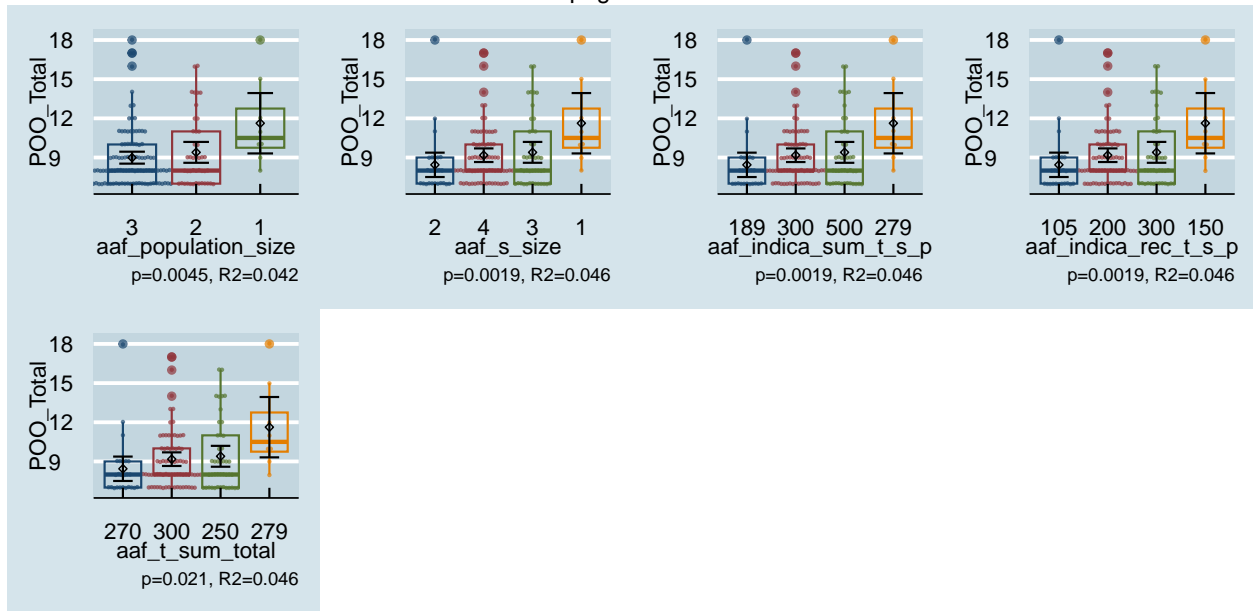
## [1] "NUMBER OF GRAPHICS IN GRID:"
## [1] 37

## SHOW THE GRID
res_activity_diff[['grid']]

```



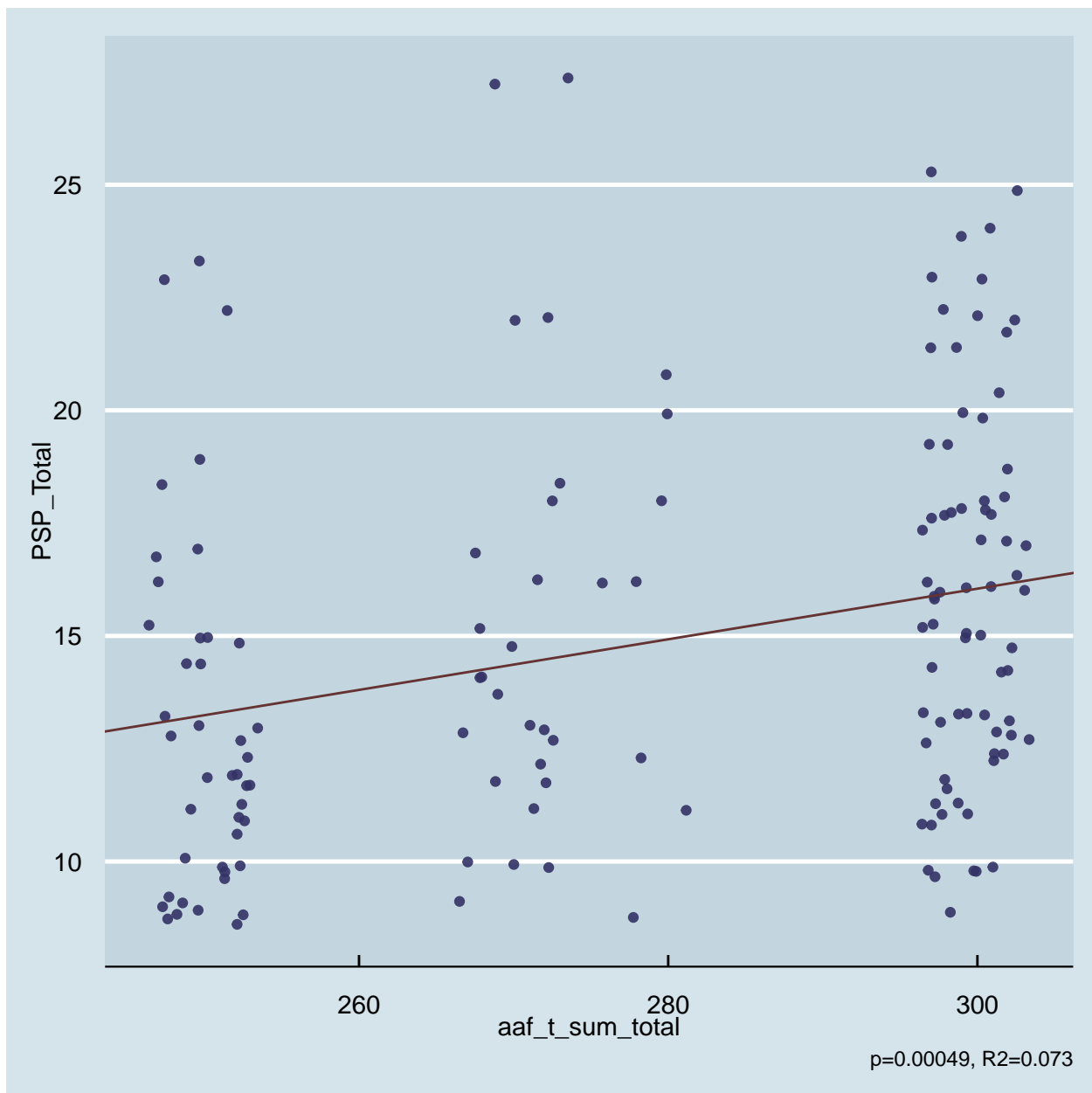




VARIABLE OF INTERES, OROS'S PSP SOCIAL DIMENSION, GRAPHICS IN DETAIL.

PSP-TIME ASSOCIATION.

```
## SHOW THE PSP CORRELATION GRAPH
res_activity_corr[['plots']][['PSP_Total_~_aaf_t_sum_total']]
```



DIFFERENCES IN PSP SOCIAL DIMENSION.

```
## SHOW THE PSP CORRELATION GRAPH  
res_activity_diff[['plots']][['PSP_Total_~_aaf_t_sum_total']]
```

