# PHYSICAL ACTIVITY ENVIRONMENT AND PERFEC/TENACI

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Today's Date

### INTRODUCTION.

Previous analyses showed that environmental variables, such as school, have significant effects on IQ and Perf. variables.

#### For this reason:

- we explore the effect of the environment variables that promote physiscal activity in schools on IQ and Perf variables.
- Variables related to how the evironment of schools devoted to physical activity were collected.
- They are named and defined in the following section.

# **DOCUMENTATION**

#### VARIABLES DE AMBIENTE PARA ACTIVIDAD FISICA

El sufijo aaf\_ en todas las variabes abrevia: Ambiente (para) Actividad Fisica.

• aaf\_

#### **OBSERVED VARIABLES**

Nombre d Variable	Definicion	Valores
aaf_t_pe_class	t Tiempo en clase de ed. fisica	Minutos por semana
$aaf\_t\_recess$	t Tiempo de recreo	Minutos por semana
aaf_population_size	Poblacion total de la escuela	1 - 4 = chica,
		mediana, grande,
		$muy\_gr$
aaf_s_size	s Tamannho d Espacio para	$0 - 4 = no\_hay,$
	actividad	chico, mediano,
		$grande, muy\_gr$
aaf_s_avail	s Espacio esta disponible o no	0, 1
aaf_s_used	s Espacio se usa o no	0, 1
aaf_s_shape	s Forma del espacio	rectang, triang,
		irregular, other

#### COMPUTED VARIABLES

Computed Variable	Definition	Formula
aaf_t_sum_total	total aggregated class+recess time	t_sum = t_class + t_recess
aaf_ratio_s_pop	space-size population-size ratio	ratio_sp = s_size / pop_size
aaf_indica_rec_t_s_p	time_space/population Indicator: Product of recess-time times the space/population ratio	indica_tsp = t_recesss * ratio_sp
aaf_indica_sum_t_s_p	total time_space/population Indicator: Product of aggregated time (class+recess) times the space/population ratio	indica_sum_tsp = t_sum * ratio_sp

#### ANALYSES.

#### LINEAR REGRESSSION ASSOCIATION ANALYSES.

## PHYSICAL ACTIVITY ENVIROMENT VS IQ/FROST/OROS VARIABLES.

Six significant associations were found.

- The strongest association (r>0.6) was found between IQ and physical activity aggregated time.
- Of particular interest:
- Association between Oros's PSP social dimension and aggregated time was found.

The following is the list of significant results, listing the name of variabes, pvalue and Rsquared.

```
## ACTIVITY REGRESSION ANALYSES
```

## [1] "CI\_.\_Factor.g.R aaf\_t\_recess"
## pv= 5e-13
## R2= 0.29
## [1] "CI\_.\_Factor.g.R aaf\_population\_size"

res\_activity\_corr <- regression\_significant\_main(oactivity\_df, joint\_nums, varnames\_activity, significa

## R2= 0.36
## [1] "CI\_.\_Factor.g.R aaf\_s\_size"

## pv= 5e-05

## R2= 0.1

## pv= 2e-16

## [1] "CI\_.\_Factor.g.R aaf\_indica\_sum\_t\_s\_p"

## pv= 8e-14 ## R2= 0.31

## [1] "CI\_.\_Factor.g.R aaf\_indica\_rec\_t\_s\_p"

## pv= 1e-09

## R2= 0.22

## [1] "CI\_.\_Factor.g.R aaf\_ratio\_s\_pop"

## pv= 2e-16 ## R2= 0.36

## [1] "CI\_.\_Factor.g.R aaf\_t\_sum\_total"

## pv= 1e-17

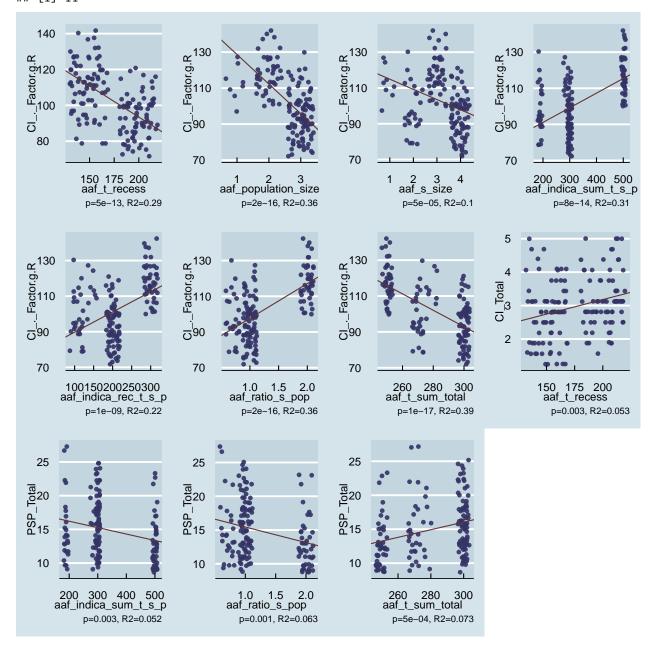
## R2= 0.39

## [1] "CI\_Total aaf\_t\_recess"

## pv = 0.003

## R2= 0.053

```
## [1] "PSP_Total aaf_indica_sum_t_s_p"
## pv = 0.003
## R2= 0.052
## [1] "PSP_Total aaf_ratio_s_pop"
## pv = 0.001
## R2= 0.063
## [1] "PSP_Total aaf_t_sum_total"
## pv = 5e - 04
## R2= 0.073
## [1] "NUMBER OF SIGNIFICANT ANALYSES:"
```



## [1] "NUMBER OF GRAPHICS IN GRID:"

## [1] 11

```
## SHOW THE CORRELATIONS GRID
res_activity_corr[['grid']]
```

```
## TableGrob (3 x 4) "arrange": 11 grobs
                                                 cells
                                                          name
## CI_._Factor.g.R_~_aaf_t_recess
                                           1 (1-1,1-1) arrange gtable[layout]
## CI_._Factor.g.R_~_aaf_population_size
                                           2 (1-1,2-2) arrange gtable[layout]
## CI_._Factor.g.R_~_aaf_s_size
                                           3 (1-1,3-3) arrange gtable[layout]
## CI_._Factor.g.R_~_aaf_indica_sum_t_s_p 4 (1-1,4-4) arrange gtable[layout]
## CI_._Factor.g.R_~_aaf_indica_rec_t_s_p 5 (2-2,1-1) arrange gtable[layout]
## CI_._Factor.g.R_~_aaf_ratio_s_pop
                                           6 (2-2,2-2) arrange gtable[layout]
## CI_._Factor.g.R_~_aaf_t_sum_total
                                           7 (2-2,3-3) arrange gtable[layout]
## CI_Total_~_aaf_t_recess
                                           8 (2-2,4-4) arrange gtable[layout]
## PSP_Total_~_aaf_indica_sum_t_s_p
                                          9 (3-3,1-1) arrange gtable[layout]
## PSP_Total_~_aaf_ratio_s_pop
                                          10 (3-3,2-2) arrange gtable[layout]
                                          11 (3-3,3-3) arrange gtable[layout]
## PSP_Total_~_aaf_t_sum_total
```

#### DIFFERENCES BETWEEN GROUPS ANALYSES.

By using the physical activity as groupping variables:

- 39 significant differences were found.
- Most of them with small effects.
- However, the associtiaion between IQ and Oros's PSP social dimension was replicated.

The following is the list of significant results, listing the name of variabes, pvalue and Rsquared.

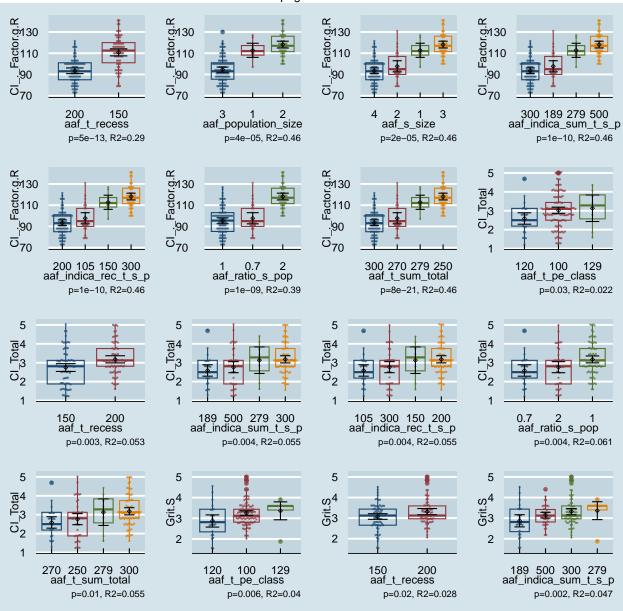
## ACTIVITY SAME ANALYSIS AS ABOVE BUT THE ACTIVITIES ARE TAKEN AS CATEFORIES FOR DIFFERENCE ANALYSES.
res\_activity\_diff <- regression\_significant\_main(oactivity\_factored\_df, joint\_nums, varnames\_activity,

```
## [1] "CI_._Factor.g.R aaf_t_recess"
## pv= 5e-13
## R2= 0.29
## [1] "CI_._Factor.g.R aaf_population_size"
## pv = 4e - 05
## R2 = 0.46
## [1] "CI_._Factor.g.R aaf_s_size"
## pv = 2e - 05
## R2= 0.46
## [1] "CI_._Factor.g.R aaf_indica_sum_t_s_p"
## pv= 1e-10
## R2 = 0.46
## [1] "CI_._Factor.g.R aaf_indica_rec_t_s_p"
## pv= 1e-10
## R2 = 0.46
## [1] "CI_._Factor.g.R aaf_ratio_s_pop"
## pv= 1e-09
## R2= 0.39
## [1] "CI_._Factor.g.R aaf_t_sum_total"
## pv= 8e-21
## R2 = 0.46
## [1] "CI_Total aaf_t_pe_class"
## pv = 0.03
## R2= 0.022
## [1] "CI_Total aaf_t_recess"
## pv = 0.003
```

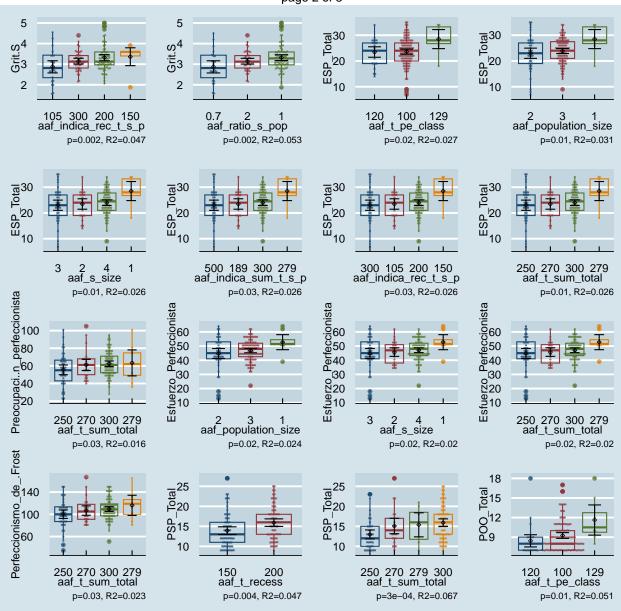
```
## R2= 0.053
## [1] "CI_Total aaf_indica_sum_t_s_p"
## pv = 0.004
## R2= 0.055
## [1] "CI_Total aaf_indica_rec_t_s_p"
## pv = 0.004
## R2= 0.055
## [1] "CI_Total aaf_ratio_s_pop"
## pv = 0.004
## R2= 0.061
## [1] "CI_Total aaf_t_sum_total"
## pv = 0.01
## R2= 0.055
## [1] "Grit.S aaf_t_pe_class"
## pv = 0.006
## R2= 0.04
## [1] "Grit.S aaf_t_recess"
## pv = 0.02
## R2= 0.028
## [1] "Grit.S aaf_indica_sum_t_s_p"
## pv = 0.002
## R2= 0.047
## [1] "Grit.S aaf_indica_rec_t_s_p"
## pv = 0.002
## R2= 0.047
## [1] "Grit.S aaf_ratio_s_pop"
## pv = 0.002
## R2= 0.053
## [1] "ESP_Total aaf_t_pe_class"
## pv = 0.02
## R2= 0.027
## [1] "ESP_Total aaf_population_size"
## pv = 0.01
## R2= 0.031
## [1] "ESP_Total aaf_s_size"
## pv = 0.01
## R2= 0.026
## [1] "ESP_Total aaf_indica_sum_t_s_p"
## pv = 0.03
## R2= 0.026
## [1] "ESP_Total aaf_indica_rec_t_s_p"
## pv = 0.03
## R2= 0.026
## [1] "ESP_Total aaf_t_sum_total"
## pv = 0.01
## R2= 0.026
## [1] "Preocupaci..n_perfeccionista aaf_t_sum_total"
## pv = 0.03
## R2= 0.016
## [1] "Esfuerzo_Perfeccionista aaf_population_size"
## pv = 0.02
## R2= 0.024
## [1] "Esfuerzo_Perfeccionista aaf_s_size"
## pv = 0.02
```

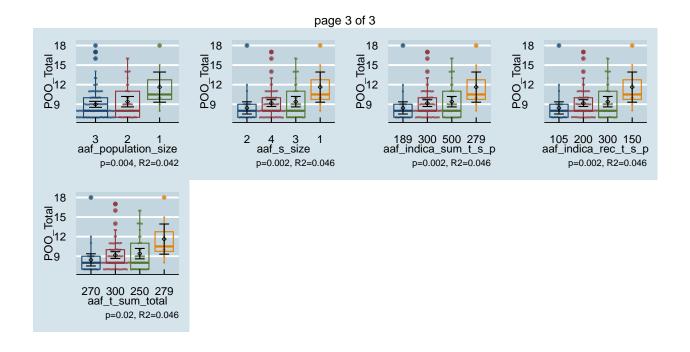
```
## R2= 0.02
## [1] "Esfuerzo_Perfeccionista aaf_t_sum_total"
## pv = 0.02
## R2= 0.02
## [1] "Perfeccionismo_de_.Frost aaf_t_sum_total"
## pv = 0.03
## R2= 0.023
## [1] "PSP_Total aaf_t_recess"
## pv = 0.004
## R2= 0.047
## [1] "PSP_Total aaf_t_sum_total"
## pv= 3e-04
## R2= 0.067
## [1] "P00_Total aaf_t_pe_class"
## pv= 0.01
## R2= 0.051
## [1] "POO_Total aaf_population_size"
## pv = 0.004
## R2= 0.042
## [1] "P00_Total aaf_s_size"
## pv = 0.002
## R2= 0.046
## [1] "POO_Total aaf_indica_sum_t_s_p"
## pv = 0.002
## R2= 0.046
## [1] "POO_Total aaf_indica_rec_t_s_p"
## pv = 0.002
## R2= 0.046
## [1] "POO_Total aaf_t_sum_total"
## pv = 0.02
## R2= 0.046
## [1] "NUMBER OF SIGNIFICANT ANALYSES:"
## [1] 37
## [1] "NUMBER OF GRAPHICS IN GRID:"
## [1] 37
## SHOW THE GRID
res_activity_diff[['grid']]
```

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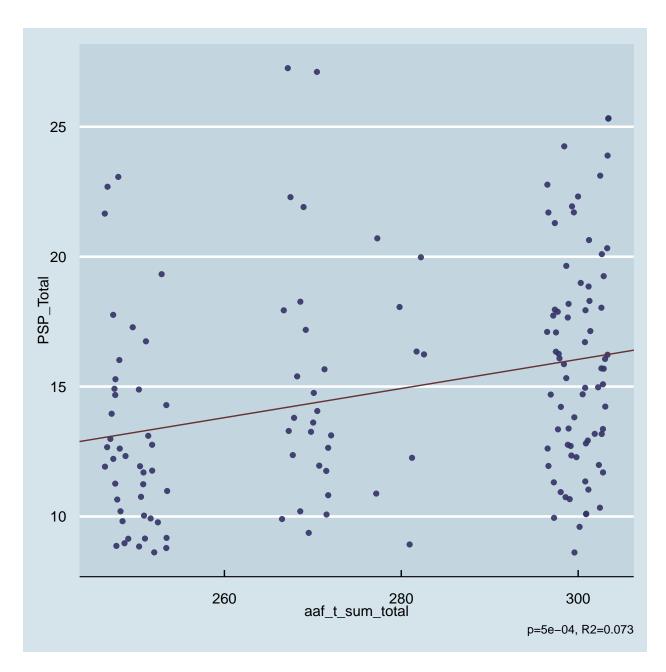




# VARIABLE OF INTERES, OROS'S PSP SOCIAL DIMENSION, GRAPHICS IN DETAIL.

#### PSP-TIME ASSOCIATION.

```
## SHOW THE PSP CORRELATION GRAPH
res_activity_corr[['plots']][['PSP_Total_~_aaf_t_sum_total']]
```



# DIFFERENCES IN PSP SOCIAL DIMENSION.

## SHOW THE PSP CORRELATION GRAPH
res\_activity\_diff[['plots']][['PSP\_Total\_~\_aaf\_t\_sum\_total']]

