# PHYSICAL ACTIVITY ENVIRONMENT AND PERFEC/TENACI

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#### Today

# INTRODUCTION.

Previous analyses showed that environmental variables, such as school, have significant effects on IQ and Perf. variables.

#### For this reason:

- we explore the effect of the environment variables that promote physiscal activity in schools on IQ and Perf variables.
- Variables related to how the evironment of schools devoted to physical activity were collected.
- They are named and defined in the following section.

# **DOCUMENTATION**

#### VARIABLES DE AMBIENTE PARA ACTIVIDAD FISICA

El sufijo aaf\_ en todas las variables abrevia: Ambiente (para) Actividad Fisica.

• aaf\_

#### **OBSERVED VARIABLES**

Nombre d Variable	Definicion	Valores
aaf_t_pe_class	t Tiempo en clase de ed. fisica	Minutos por semana
aaf_t_recess	t Tiempo de recreo	Minutos por semana
aaf_population_size	Poblacion total de la escuela	1 - 4 = chica,
		mediana, grande,
		$muy\_gr$
aaf_s_size	s Tamannho d Espacio para	$0 - 4 = no\_hay,$
	actividad	chico, mediano,
		$grande, muy\_gr$
aaf_s_avail	s Espacio esta disponible o no	0, 1
aaf_s_used	s Espacio se usa o no	0, 1
aaf_s_shape	s Forma del espacio	rectang, triang,
		irregular, other

#### COMPUTED VARIABLES

Computed Variable	Definition	Formula
aaf_t_sum_total	total aggregated class+recess time	t_sum = t_class + t_recess
aaf_ratio_s_pop	space-size population-size ratio	ratio_sp = s_size / pop_size
aaf_indica_rec_t_s_p	time_space/population Indicator: Product of recess-time times the space/population ratio	indica_tsp = t_recesss * ratio_sp
aaf_indica_sum_t_s_p	total time_space/population Indicator: Product of aggregated time (class+recess) times the space/population ratio	indica_sum_tsp = t_sum * ratio_sp

#### ANALYSES.

#### LINEAR REGRESSSION ASSOCIATION ANALYSES.

#### PHYSICAL ACTIVITY ENVIROMENT VS IQ/FROST/OROS VARIABLES.

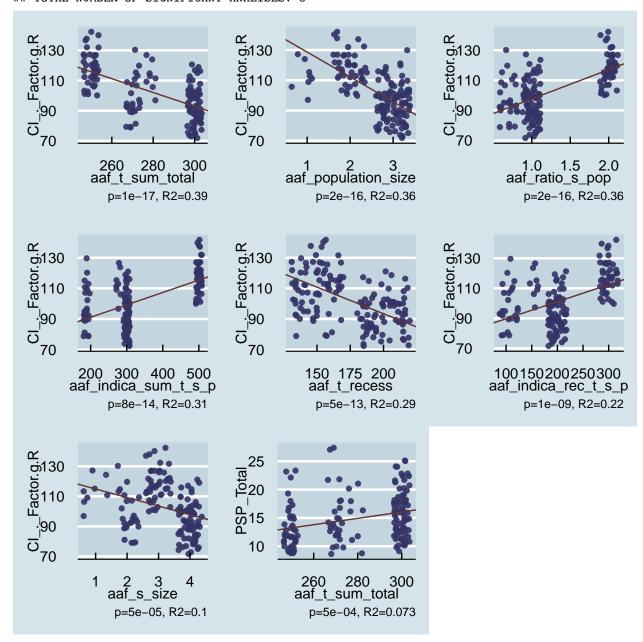
Six significant associations were found.

- 8 significant differences were found.
- The strongest association (r>0.6) was found between IQ and physical activity aggregated time.
- Of particular interest:
- Association between Oros's PSP social dimension and aggregated time was found.

The following is the list of significant results, listing the name of variables, pvalue and Adjusted Rsquared.

show\_pars(res\_activity\_corr, decreasing = FALSE)

```
## PSP_Total aaf_t_sum_total
## pv = 5e - 04
## R2= 0.073
## CI_._Factor.g.R aaf_s_size
## pv= 5e-05
## R2= 0.1
## CI_._Factor.g.R aaf_indica_rec_t_s_p
## pv= 1e-09
## R2= 0.22
## CI_._Factor.g.R aaf_t_recess
## pv= 5e-13
## R2= 0.29
## CI_._Factor.g.R aaf_indica_sum_t_s_p
## pv= 8e-14
## R2= 0.31
## CI_._Factor.g.R aaf_population_size
## pv= 2e-16
## R2= 0.36
## CI_._Factor.g.R aaf_ratio_s_pop
## pv= 2e-16
## R2 = 0.36
## CI_._Factor.g.R aaf_t_sum_total
## pv= 1e-17
## R2= 0.39
```



#### DIFFERENCES BETWEEN GROUPS ANALYSES.

By using the physical activity as groupping variables:

- 37 significant differences were found.
- Most of them with small effects.
- However, the associtiaion between IQ and Oros's PSP social dimension was replicated.

The following is the list of significant results, listing the name of variables, pvalue and Adjusted Rsquared.

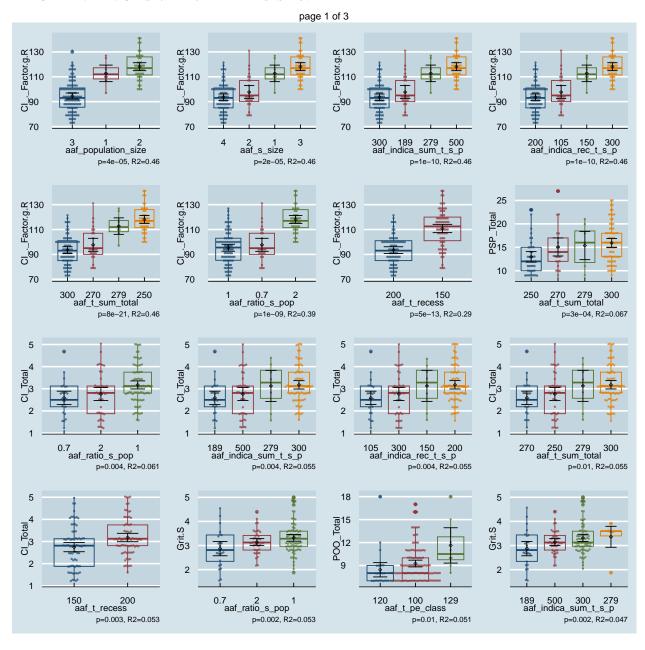
## PRINT THE PARAMETERS WITH THE SHOW\_PARS FUNTION
show\_pars(res\_activity\_diff, decreasing = FALSE)

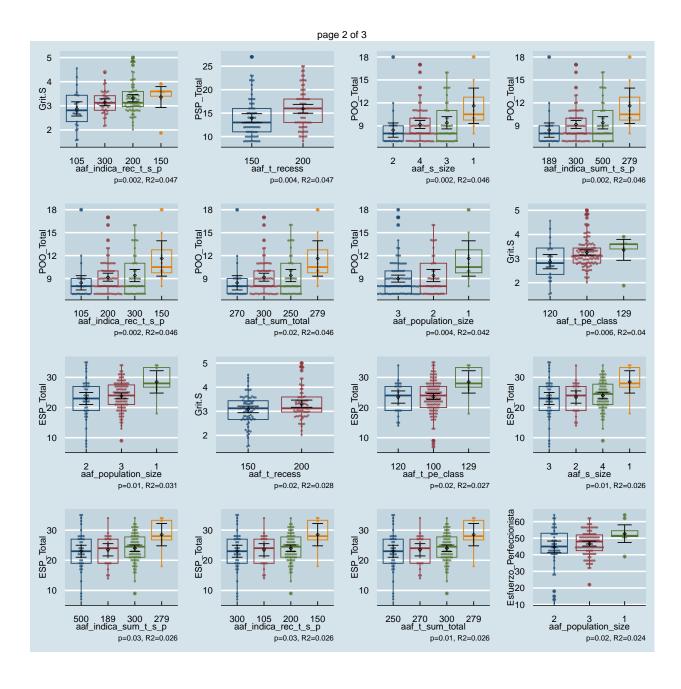
## Preocupaci..n\_perfeccionista aaf\_t\_sum\_total

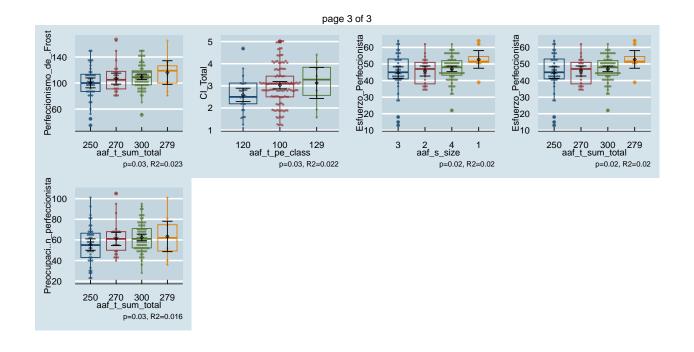
```
## pv = 0.03
## R2= 0.016
## Esfuerzo_Perfeccionista aaf_s_size
## pv = 0.02
## R2= 0.02
## Esfuerzo_Perfeccionista aaf_t_sum_total
## pv = 0.02
## R2= 0.02
## CI_Total aaf_t_pe_class
## pv = 0.03
## R2= 0.022
## Perfeccionismo_de_.Frost aaf_t_sum_total
## pv = 0.03
## R2= 0.023
## Esfuerzo_Perfeccionista aaf_population_size
## pv = 0.02
## R2= 0.024
## ESP_Total aaf_s_size
## pv = 0.01
## R2= 0.026
## ESP_Total aaf_indica_sum_t_s_p
## pv = 0.03
## R2= 0.026
## ESP_Total aaf_indica_rec_t_s_p
## pv = 0.03
## R2= 0.026
## ESP_Total aaf_t_sum_total
## pv= 0.01
## R2= 0.026
## ESP_Total aaf_t_pe_class
## pv = 0.02
## R2= 0.027
## Grit.S aaf_t_recess
## pv = 0.02
## R2= 0.028
## ESP_Total aaf_population_size
## pv = 0.01
## R2= 0.031
## Grit.S aaf_t_pe_class
## pv = 0.006
## R2= 0.04
## POO_Total aaf_population_size
## pv = 0.004
## R2= 0.042
## POO_Total aaf_s_size
## pv = 0.002
## R2= 0.046
## POO_Total aaf_indica_sum_t_s_p
## pv = 0.002
## R2= 0.046
## POO_Total aaf_indica_rec_t_s_p
## pv = 0.002
## R2= 0.046
## POO_Total aaf_t_sum_total
```

```
## pv = 0.02
## R2= 0.046
## Grit.S aaf_indica_sum_t_s_p
## pv = 0.002
## R2= 0.047
## Grit.S aaf_indica_rec_t_s_p
## pv = 0.002
## R2= 0.047
## PSP_Total aaf_t_recess
## pv = 0.004
## R2= 0.047
## POO_Total aaf_t_pe_class
## pv = 0.01
## R2= 0.051
## CI_Total aaf_t_recess
## pv = 0.003
## R2= 0.053
## Grit.S aaf_ratio_s_pop
## pv = 0.002
## R2= 0.053
## CI_Total aaf_indica_sum_t_s_p
## pv = 0.004
## R2= 0.055
## CI_Total aaf_indica_rec_t_s_p
## pv = 0.004
## R2= 0.055
## CI_Total aaf_t_sum_total
## pv = 0.01
## R2= 0.055
## CI_Total aaf_ratio_s_pop
## pv = 0.004
## R2= 0.061
## PSP_Total aaf_t_sum_total
## pv= 3e-04
## R2= 0.067
## CI_._Factor.g.R aaf_t_recess
## pv = 5e - 13
## R2= 0.29
## CI_._Factor.g.R aaf_ratio_s_pop
## pv= 1e-09
## R2= 0.39
## CI_._Factor.g.R aaf_population_size
## pv = 4e - 05
## R2= 0.46
## CI_._Factor.g.R aaf_s_size
## pv= 2e-05
## R2 = 0.46
## CI_._Factor.g.R aaf_indica_sum_t_s_p
## pv= 1e-10
## R2= 0.46
## CI_._Factor.g.R aaf_indica_rec_t_s_p
## pv= 1e-10
## R2= 0.46
## CI_._Factor.g.R aaf_t_sum_total
```

## TOTAL NUMBER OF SIGNIFICANT ANALISES: 37



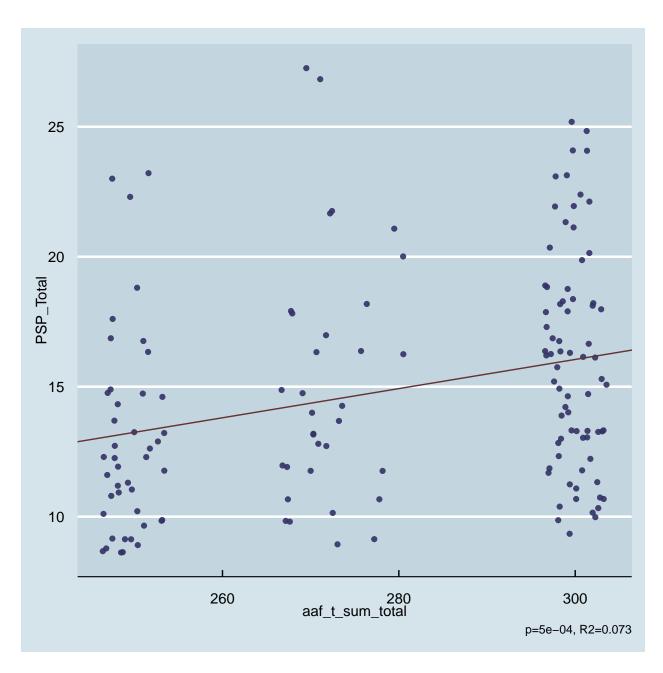




# VARIABLE OF INTEREST, OROS'S PSP SOCIAL DIMENSION, GRAPHICS IN DETAIL.

### PSP-TIME ASSOCIATION.

```
## SHOW THE PSP CORRELATION GRAPH
res_activity_corr[['plots']][['PSP_Total_~_aaf_t_sum_total']]
```



# DIFFERENCES IN PSP SOCIAL DIMENSION.

## SHOW THE PSP CORRELATION GRAPH
res\_activity\_diff[['plots']][['PSP\_Total\_~\_aaf\_t\_sum\_total']]

