

# PHYSICAL ACTIVITY ENVIRONMENT AND PERFEC/TENACI

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Today's Date

## INTRODUCTION.

Previous analyses showed that enviromental variables, such as school, have significant effects on IQ and Perf. variables.

For this reason:

- we explore the effect of the enviroment variables that promote physiscal activity in schools on IQ and Perf variables.
- Variables related to how the evironment of schools devoted to physical activity were collected.
- They are named and defined in the following section.

## DOCUMENTATION

### VARIABLES DE AMBIENTE PARA ACTIVIDAD FISICA

El sufijo aaf\_ en todas las variabes abrevia: Ambiente (para) Actividad Fisica.

- aaf\_

### OBSERVED VARIABLES

Nombre d Variable	Definicion	Valores
aaf_t_pe_class	t Tiempo en clase de ed. fisica	Minutos por semana
aaf_t_recess	t Tiempo de recreo	Minutos por semana
aaf_population_size	Poblacion total de la escuela	1 - 4 = chica, mediana, grande, muy_gr
aaf_s_size	s Tamannho d Espacio para actividad	0 - 4 = no_hay, chico, mediano, grande, muy_gr
aaf_s_avail	s Espacio esta disponible o no	0, 1
aaf_s_used	s Espacio se usa o no	0, 1
aaf_s_shape	s Forma del espacio	rectang, triang, irregular, other

### COMPUTED VARIABLES

Computed Variable	Definition	Formula
aaf_t_sum_total	total aggregated class+recess time	$t\_sum = t\_class + t\_recess$
aaf_ratio_s_pop	space-size population-size ratio	$ratio\_sp = s\_size / pop\_size$
aaf_indica_rec_t_s_p	time_space/population Indicator: Product of recess-time times the space/population ratio	$indica\_tsp = t\_recess * ratio\_sp$
aaf_indica_sum_t_s_p	total time_space/population Indicator: Product of aggregated time (class+recess) times the space/population ratio	$indica\_sum\_tsp = t\_sum * ratio\_sp$

## ANALYSES.

### LINEAR REGRESSION ASSOCIATION ANALYSES.

#### PHYSICAL ACTIVITY ENVIROMENT VS IQ/FROST/OROS VARIABLES.

Six significant associations were found.

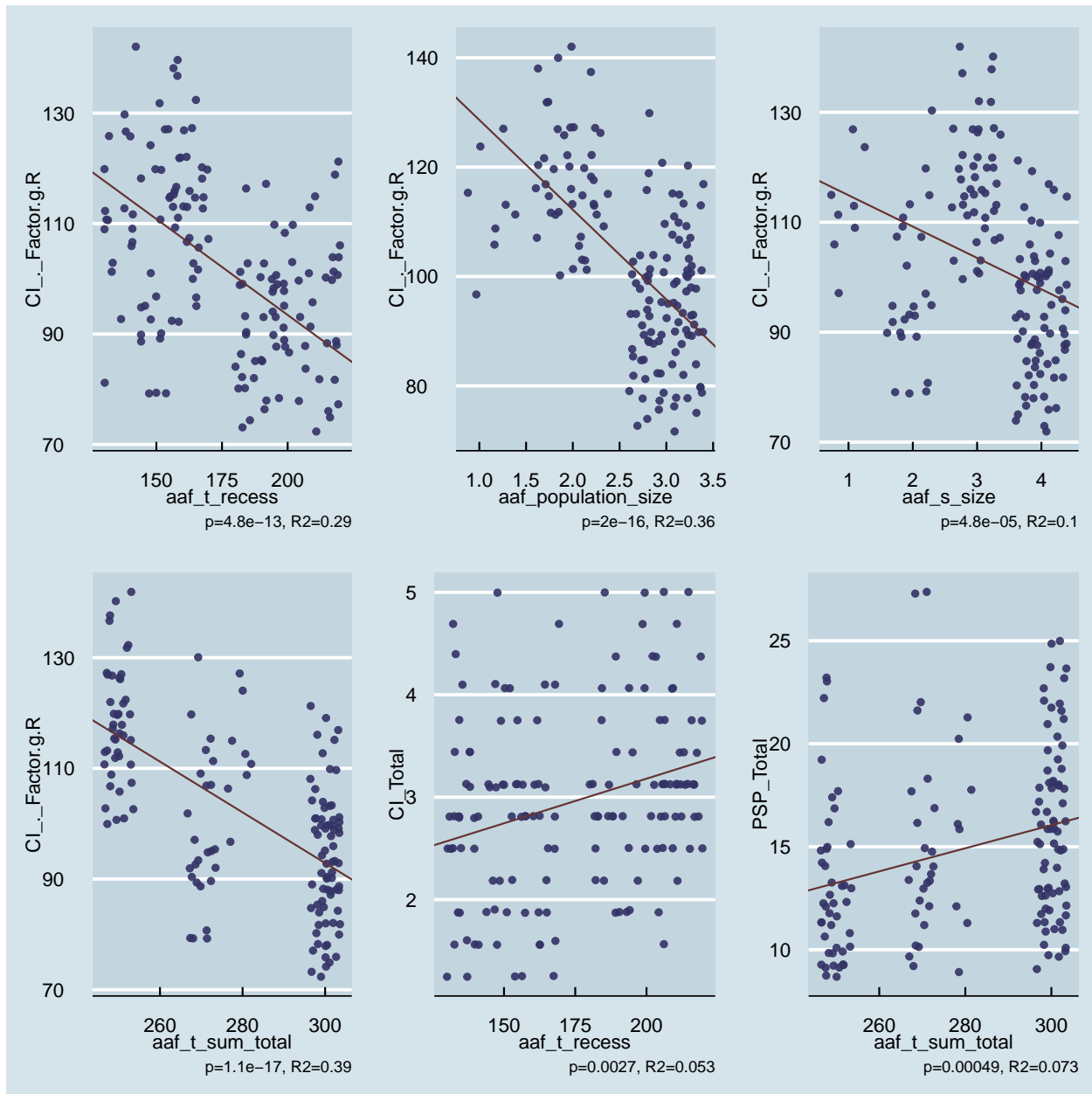
- The strongest association ( $r > 0.6$ ) was found between IQ and physical activity aggregated time.
- Of particular interest:
- Association between Oros's PSP social dimension and aggregated time was found.

The following is the list of significant results, listing the name of variabes, pvalue and Rsquared.

#### **## ACTIVITY REGRESSION ANALYSES**

```
res_activity_corr <- regression_significant_main(oactivity_df, joint_nums, varnames_activity, significant)
```

```
## [1] "CI._Factor.g.R aaf_t_recess"
## pv= 4.8e-13
## R2= 0.29
## [1] "CI._Factor.g.R aaf_population_size"
## pv= 2e-16
## R2= 0.36
## [1] "CI._Factor.g.R aaf_s_size"
## pv= 4.8e-05
## R2= 0.1
## [1] "CI._Factor.g.R aaf_t_sum_total"
## pv= 1.1e-17
## R2= 0.39
## [1] "CI_Total aaf_t_recess"
## pv= 0.0027
## R2= 0.053
## [1] "PSP_Total aaf_t_sum_total"
## pv= 0.00049
## R2= 0.073
## [1] "NUMBER OF SIGNIFICANT ANALYSES:"
## [1] 6
```



```
## [1] "NUMBER OF GRAPHICS IN GRID:"
## [1] 6
```

```
## SHOW THE CORRELATIONS GRID
res_activity_corr[['grid']]
```

```
## TableGrob (2 x 3) "arrange": 6 grobs
##
## CI_.Factor.g.R~_aaf_t_recess      1 (1-1,1-1) arrange gtable[layout]
## CI_.Factor.g.R~_aaf_population_size 2 (1-1,2-2) arrange gtable[layout]
## CI_.Factor.g.R~_aaf_s_size        3 (1-1,3-3) arrange gtable[layout]
## CI_.Factor.g.R~_aaf_t_sum_total    4 (2-2,1-1) arrange gtable[layout]
## CI_Total~_aaf_t_recess             5 (2-2,2-2) arrange gtable[layout]
## PSP_Total~_aaf_t_sum_total        6 (2-2,3-3) arrange gtable[layout]
```

## DIFFERENCES BETWEEN GROUPS ANALYSES.

By using the physical activity as grouping variables:

- 39 significant differences were found.
- Most of them with small effects.
- However, the association between IQ and Oros's PSP social dimension was replicated.

The following is the list of significant results, listing the name of variables, pvalue and Rsquared.

```
## ACTIVITY SAME ANALYSIS AS ABOVE BUT THE ACTIVITIES ARE TAKEN AS CATEGORIES FOR DIFFERENCE ANALYSES.  
res_activity_diff <- regression_significant_main(oactivity_factored_df, joint_nums, varnames_activity, 0.05)
```

```
## [1] "CI_._Factor.g.R aaf_t_recess"  
## pv= 4.8e-13  
## R2= 0.29  
## [1] "CI_._Factor.g.R aaf_population_size"  
## pv= 4.3e-05  
## R2= 0.46  
## [1] "CI_._Factor.g.R aaf_s_size"  
## pv= 1.8e-05  
## R2= 0.46  
## [1] "CI_._Factor.g.R aaf_indica_sum_t_s_p"  
## pv= 1.2e-10  
## R2= 0.46  
## [1] "CI_._Factor.g.R aaf_indica_rec_t_s_p"  
## pv= 1.2e-10  
## R2= 0.46  
## [1] "CI_._Factor.g.R aaf_ratio_s_pop"  
## pv= 1.2e-10  
## R2= 0.46  
## [1] "CI_._Factor.g.R aaf_t_sum_total"  
## pv= 7.5e-21  
## R2= 0.46  
## [1] "CI_Total aaf_t_pe_class"  
## pv= 0.027  
## R2= 0.022  
## [1] "CI_Total aaf_t_recess"  
## pv= 0.0027  
## R2= 0.053  
## [1] "CI_Total aaf_indica_sum_t_s_p"  
## pv= 0.004  
## R2= 0.055  
## [1] "CI_Total aaf_indica_rec_t_s_p"  
## pv= 0.004  
## R2= 0.055  
## [1] "CI_Total aaf_ratio_s_pop"  
## pv= 0.004  
## R2= 0.055  
## [1] "CI_Total aaf_t_sum_total"  
## pv= 0.014  
## R2= 0.055  
## [1] "Grit.S aaf_t_pe_class"  
## pv= 0.0063  
## R2= 0.04  
## [1] "Grit.S aaf_t_recess"
```

```

## pv= 0.022
## R2= 0.028
## [1] "Grit.S aaf_indica_sum_t_s_p"
## pv= 0.0025
## R2= 0.047
## [1] "Grit.S aaf_indica_rec_t_s_p"
## pv= 0.0025
## R2= 0.047
## [1] "Grit.S aaf_ratio_s_pop"
## pv= 0.0025
## R2= 0.047
## [1] "ESP_Total aaf_t_pe_class"
## pv= 0.016
## R2= 0.027
## [1] "ESP_Total aaf_population_size"
## pv= 0.0098
## R2= 0.031
## [1] "ESP_Total aaf_s_size"
## pv= 0.01
## R2= 0.026
## [1] "ESP_Total aaf_indica_sum_t_s_p"
## pv= 0.025
## R2= 0.026
## [1] "ESP_Total aaf_indica_rec_t_s_p"
## pv= 0.025
## R2= 0.026
## [1] "ESP_Total aaf_ratio_s_pop"
## pv= 0.025
## R2= 0.026
## [1] "ESP_Total aaf_t_sum_total"
## pv= 0.01
## R2= 0.026
## [1] "Preocupaci..n_perfeccionista aaf_t_sum_total"
## pv= 0.026
## R2= 0.016
## [1] "Esfuerzo_Perfeccionista aaf_population_size"
## pv= 0.021
## R2= 0.024
## [1] "Esfuerzo_Perfeccionista aaf_s_size"
## pv= 0.022
## R2= 0.02
## [1] "Esfuerzo_Perfeccionista aaf_t_sum_total"
## pv= 0.022
## R2= 0.02
## [1] "Perfeccionismo_de_.Frost aaf_t_sum_total"
## pv= 0.028
## R2= 0.023
## [1] "PSP_Total aaf_t_recess"
## pv= 0.0043
## R2= 0.047
## [1] "PSP_Total aaf_t_sum_total"
## pv= 0.00032
## R2= 0.067
## [1] "P00_Total aaf_t_pe_class"

```

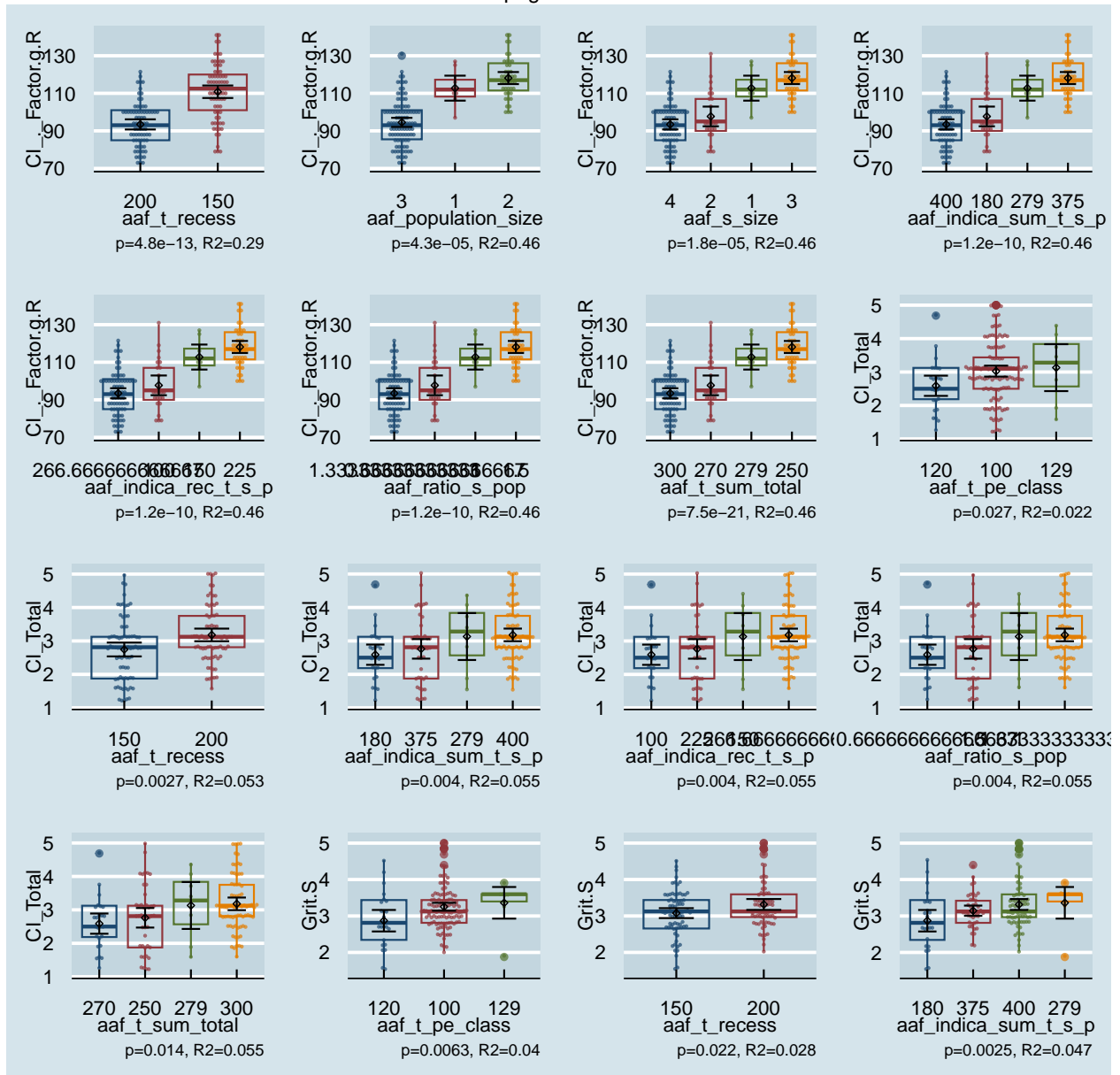
```

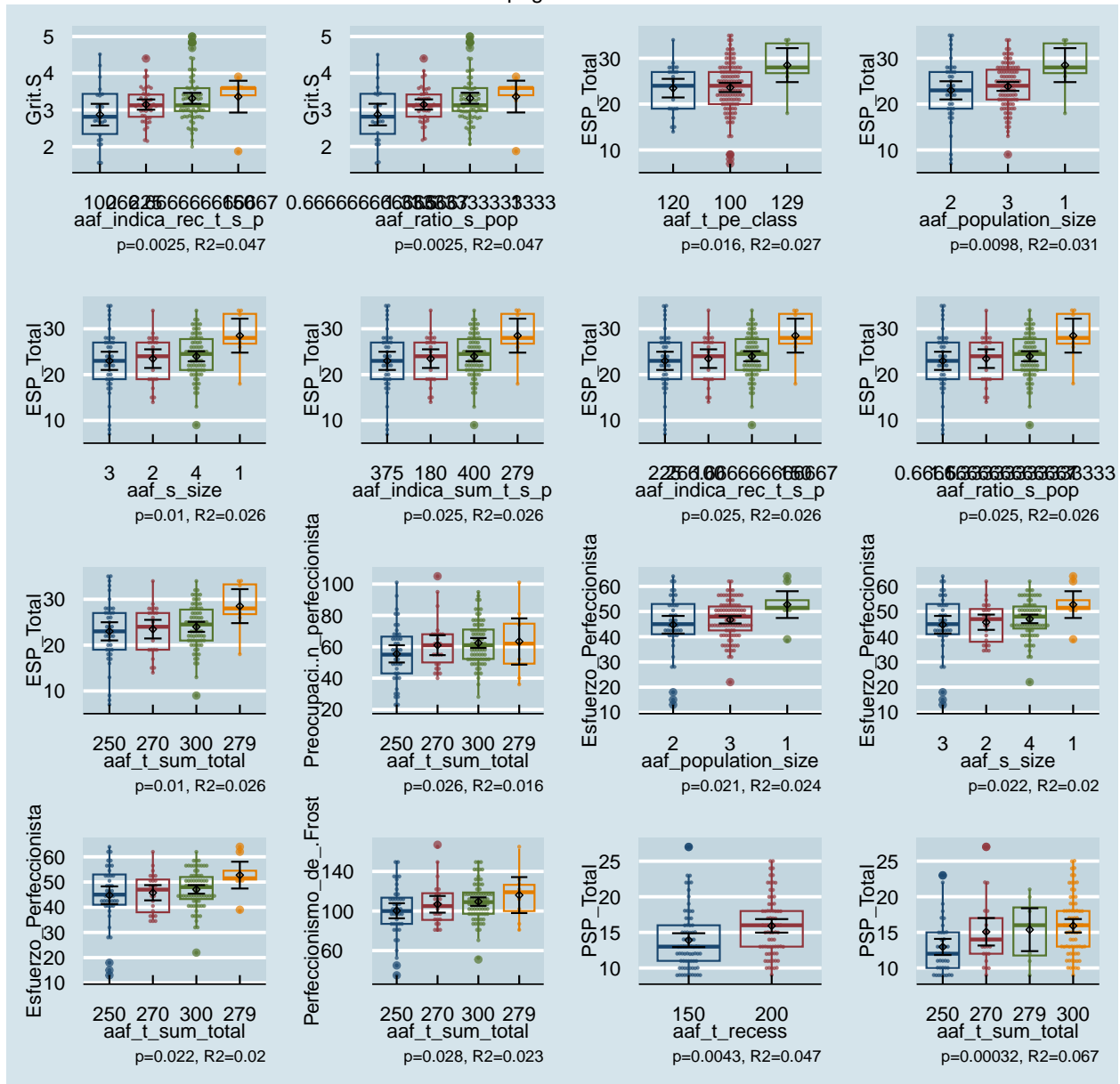
## pv= 0.0097
## R2= 0.051
## [1] "P00_Total aaf_population_size"
## pv= 0.0045
## R2= 0.042
## [1] "P00_Total aaf_s_size"
## pv= 0.0019
## R2= 0.046
## [1] "P00_Total aaf_indica_sum_t_s_p"
## pv= 0.0019
## R2= 0.046
## [1] "P00_Total aaf_indica_rec_t_s_p"
## pv= 0.0019
## R2= 0.046
## [1] "P00_Total aaf_ratio_s_pop"
## pv= 0.0019
## R2= 0.046
## [1] "P00_Total aaf_t_sum_total"
## pv= 0.021
## R2= 0.046
## [1] "NUMBER OF SIGNIFICANT ANALYSES:"
## [1] 39

## [1] "NUMBER OF GRAPHICS IN GRID:"
## [1] 39

## SHOW THE GRID
res_activity_diff[['grid']]

```

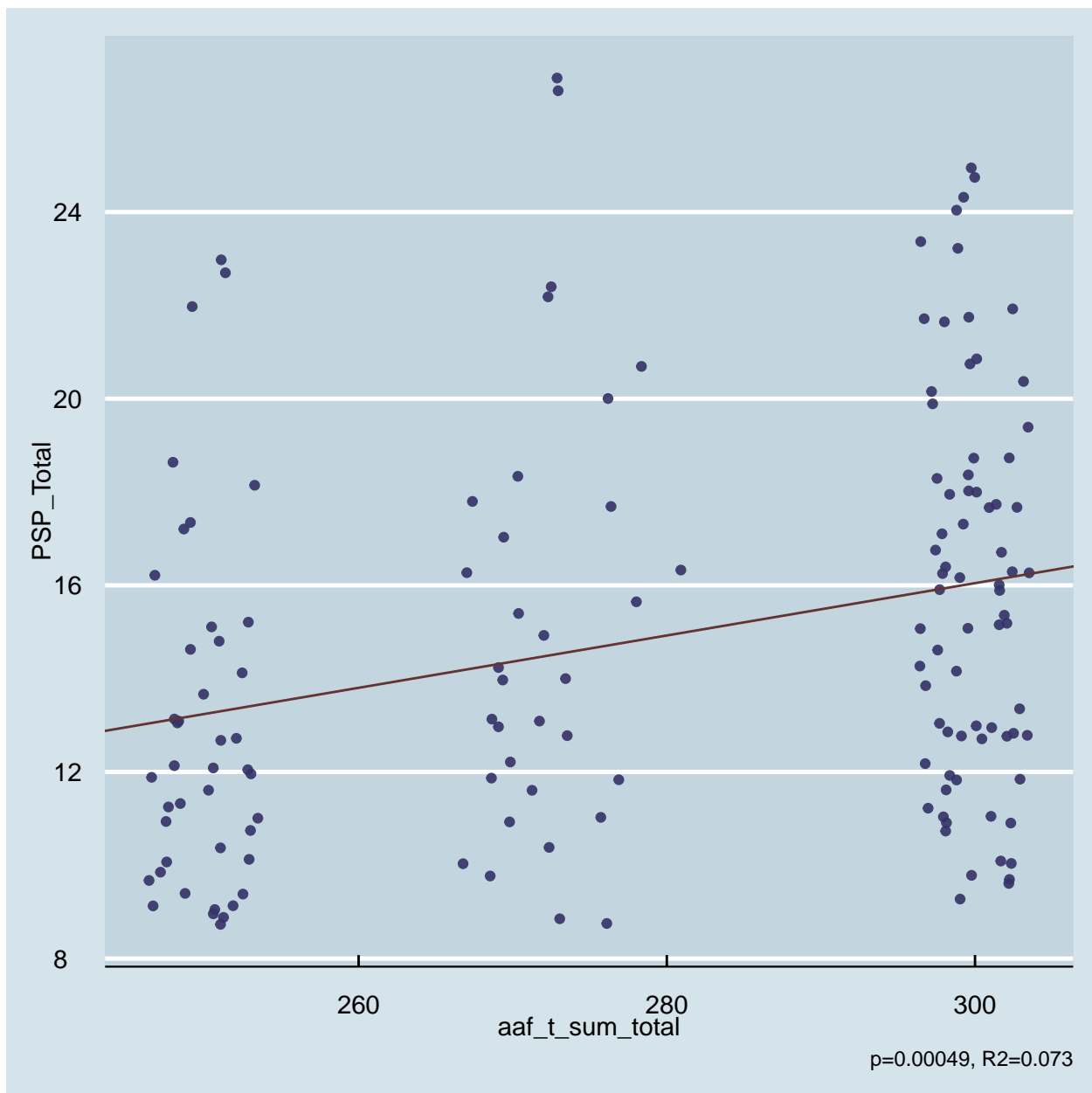






**PSP-TIME ASSOCIATION.**

```
## SHOW THE PSP CORRELATION GRAPH
res_activity_corr[['plots']] [['PSP_Total_~_aaf_t_sum_total']]
```



DIFFERENCES IN PSP SOCIAL DIMENSION.

```
## SHOW THE PSP CORRELATION GRAPH
res_activity_diff[['plots']][['PSP_Total_~_aaf_t_sum_total']]
```

