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# BEST IZMIR

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最好的課程

**RENEWABLE ENERGY**

THAT'S WHAT NATURE SAID!



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IZMIR

# **SELAM, HI!**

A warm welcome to you, the last renewable energy bender, from **BEST Izmir!**

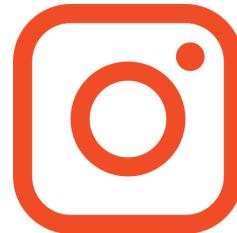
In this Survival Guide, you can find all the information you'll need to know while getting ready for this course.

Study this carefully! You'll be needing it if you plan on returning home in one piece. We will keep this sweet and short, since we know that no one likes to read these things.



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Click the icons to go our social media accounts



# 1. General Information

**Accommodation:** You will be hosted at the dorms of the Ege University in the campus or organiser's houses or hostel.

**Meals:** There will be three meals, at least one of them served hot. If you have dietary restrictions, don't worry. The food preference/allergy information will be collected from you by form before the event, and we will take that into account.

**Travel and Visa:** You must tell us about your trip details as soon as possible, so we can help you in case of any delays or other types of issues. Additionally, if you require a visa to get to Turkey, let us know as soon as possible, so we can send you an official invitation letter which you can use in your visa application.



## 1.1. About Turkey

Turkey is a large peninsula that bridges the continents of Europe and Asia. Surrounded on three sides by the Black Sea, the Mediterranean Sea, and the Aegean Sea.

- Conventional Long Form: **Republic of Turkey**
- Capital: **Ankara**
- Independence: **29 October 1923**
- Internal Phone Code: **+90**
- Total Area: **783.562 km<sup>2</sup>**
- Climate: **Temperate; hot, dry summers with mild, wet winters; harsher in interior.** The average temperature is **23 °C in summer and -2 °C in winter.**



- Conventional Short Form: **Turkey**
- Official Language: **Turkish**
- Population: **84,680,273**
- Time Zone: **GMT +03:00**
- Comparative Area: **Two times (Germany + Belgium)**
- Terrain: **Mostly mountains; narrow coastal plain; high central plateau (Anatolia).**



### 1.1.2. Electricity

In Turkey, the power plugs and sockets are of type F. The standard voltage is 220 V and the standard frequency is 50 Hz.

## 1.2. Izmir in a Nutshell

Izmir (a.k.a. Pearl of the Aegean) is the third-biggest city in Turkey, with a population of around 4.53 million, the second-biggest port after Istanbul, and a good transport hub. Once the ancient city of Smyrna it is now a modern, developed, and busy commercial center, set around a huge bay and surrounded by mountains. The broad boulevards, glass-fronted buildings and modern shopping centres are dotted with traditional red-tiled roofs, the 18th century market, and old mosques and churches, although the city has an atmosphere more of Mediterranean Europe than traditional Turkey.

Izmir has a good selection of culture and entertainment, from the Archaeological and Ethnographic Museums, to the Izmir State Opera and Ballet and Izmir State Symphony Orchestra, to the many bars and clubs. The cosmopolitan and lively city gets even busier during the International Izmir Festival (mid-June to mid-July) with music and dance, with performances also in nearby Cesme and Ephesus.



## 1.2.1. Weather (in September)

The average minimum temperature (usually the minimum temperature is noted during the night) in Izmir in September is 18 °C (64.4 °F). The average maximum daytime temperature lies around 28 °C (82.4 °F).

So what to wear in September? Dresses, tops, t-shirts, skirts and shorts made of cotton or linen are good options for staying cool on a hot day. With a water temperature of around 22 °C (71.6 °F), this is a great month to swim, so bring your swimwear!



## 1.2.2. How to Reach?

Our meeting point is going to be at the Bornova Metro. You can check the location from [\*\*this link\*\*](#).

Most public transportation in Izmir works with “IZMIRIMKART” which you load money, one pass is 6.50 TL (€0.41) with it. We suggest you get one (25.00 TL, €1.60 cost) and load it with some money upon your arrival. However, to buy Izmirimkart, you need to find an open box office, which may not be available if your arrival time isn't between standard working hours (9 a.m-5 p.m). We suggest you time your arrival between these times, which will make your travel to our meeting point much easier.

If you can't find an open box office to buy Izmirimkart, you should buy “Bilet 35” from the automates to travel with. 3 pass ticket is priced 25.00 TL (€1.60), which should be enough.

When you arrive at Bornova Metro, there is going to be someone from us to take you to our accommodation place. Call one of the organisers, which you can find the phone numbers at the contact page.



There are some useful apps you might want to use



Google Maps



Moovit

# by Plane

Izmir Adnan Menderes Airport, 16 km south of the city center, has regular flights from many European cities. When you land, connect the airport Wi-Fi and inform us of your arrival via WhatsApp or Facebook. After landing, you have 3 options to arrive to our meeting point (**Bornova Metro**).

## 1- Bus:

Airport buses operates between city center and airport in both ways. When you come to in front of the exit of the airport, you will see the bus station on your left side. Wait for the bus, which is numbered as "204". Buy your ticket from driver. It costs about 17 TL (€1 for using 2 times). Just have fun during your 40 minutes trip till the LAST STOP.

You can check the transportation timetable of the bus [here](#).

## 2- Metro:

When you land, follow the signs to go into IZBAN subway to "Aliağa" way. You get off at HALKAPINAR, where you get off and connect to "Metro Izmir". You are going the "Evka3" way. Your stop is "Bornova", where you meet us.

You can check the transportation timetable of [Metro here](#) and [IZBAN here](#).

## 3- Taxi:

If you can't find the bus, or just too lazy to wait for it, you can take one of the yellow Taxi's right where you get off the airport. Tell the driver you're going to "Bornova Metro" and it will cost about 300 TL (€19).

# by Bus

When you arrive at the bus terminal of Izmir, you have 3 choices to come to our meeting point. (**Bornova Metro**).



## 1- Bus:

You will see the bus stop on the right side of the entrance bus terminal. You must wait till you see bus number "204". Buy your ticket from the driver. It costs about 17 TL (€1 for using 2 times). Confirm the bus is going to "Bornova Metro" by asking the driver. Because in the same bus stop, 1- terminal to "Bornova Metro", 2- from bus terminal to Airport. So pay attention! Yours is the first one.

You can check the transportation timetable of the bus [here](#).

## 2- Taxi:

You are not so far away from Taxi's that are located at the entrance of Bus terminal. They are yellow. When you find a Taxi, you must tell you're going to "Bornova Metro" to the driver. It costs about 60 TL (€4).

## 3- Dolmus:

It is a kind of mini-bus. When you come to the entrance of the terminal, you will see where Taxi, dolmus station and bus station in front of there. Dolmus in Turkey is green. Go there, and you must find the Dolmus whose name is "Alparslan". Just sit and give 7,5 TL (€0.50) per person to the driver. Tell "Bornova Metro" then enjoy your 5 minute trip.

## 1.2.3. Some of the Food You Must Try When You Come

### 1- Bomba:

Which has recently increased in popularity thanks to social media, is another delicious flavour originated from Izmir. Bringing chocolate and dough together in a perfect harmony, this dessert is a favourite among chocolate addicts. Bomb may look like a cookie but is much more than a cookie and, of course, its most delicious version can only be found in Izmir.



### 3- Boyoz:

As the most famous delicacy of Izmir, boyoz is a kind of pastry generally eaten at breakfast. Boyoz is usually eaten with boiled eggs. If you wish to experience a typical Izmir breakfast during your visit, you can enjoy a breakfast more wonderful than you expected with boyoz, eggs and tea.



### 2- Kumru:

Literally translated as “collared dove”, is a sandwich and takes its name from the shape of the bread used to prepare it. It contains sausages, salami, kashar cheese, tomatoes, peppers, tulum cheese, mayonnaise and ketchup. Kumru buns are prepared fresh every day at bakeries and can also be eaten without any ingredients.



### 4- Lokma:

The king of desserts with syrup, also originates from Izmir. This dessert is made of dough, deep-fried and soaked in plenty of syrup. You can find a shop which sells Izmir lokma at every corner of Turkey; however, this dessert should be tried in its hometown.



## 1.2.4. Sightseeing



**Agora**



**Beaches**



**Bergama**



**Clock Tower**



Ephesus



Elevator



Marinas



Virgin Mary's House

If you are interested to see more [HERE YOU GO!](#)

## 1.2.5. Ege University

Ege University (Turkish: Ege Üniversitesi) is a public university in Izmir, Turkey. It was founded in 1955 with the faculties of Medicine and Agriculture. It is the first university to start courses in Izmir and the fourth-oldest university in Turkey. Ege University commonly ranks close to the top among research universities in Turkey.



## 2.1. It's Time to Learn Some Vocabulary!

Not all the Turkish people speak English, but most younger generations can speak and understand well. Just in case, you can find some useful phrases and words below.

English	Turkish	English	Turkish
Hello	Merhaba	Goodbye	Güle güle
Hi	Selam	See you later	Görüşürüz
Yes/No	Evet/Hayır	My name is...	Adım...
Thank you	Teşekkür ederim	How are you?	Nasılsın?
I'm sorry	Özür dilerim	I am fine, you?	İyiyim, sen?
Please	Lütfen	Enjoy your meal	Afiyet olsun
Good morning	Günaydın	What is your name?	Adın ne?
Good evening	İyi akşamlar	One beer/vodka	Bir bira/votka
Good night	İyi geceler	I am a strawberry, eat me!	Ben bir çileğim, ye beni!
How much is this?	Bu ne kadar?	What time is it?	Saat kaç?
Congratulations!	Tebrikler!	Where is the toilet	Tuvalet nerede?
Are you an angel?	Sen bir melek misin?	Water/Tea	Su/Çay
Can you speak Turkish?	Türkçe konuşabiliyor musun?	I can't speak Turkish.	Türkçe konuşamıyorum.
Cheers!	Şerefe!	Excuse me!	Pardon/Afedersin!
Your eyes are so beautiful!	Gözlerin çok güzel!	Help!	Yardım!
Your place or mine?	Sana mı gidelim bana mı?	I'm drunk	Sarhoşum

## 2.2. Turkish Currency and Some Prices

### 1 Euro = 16 TL (Approximately)

If you need, you can change money in banks and in exchange offices. Banks open from Monday to Friday: 9 a.m. to 5 p.m., with one hour of break during noon. Saturday and Sunday are closed. Banks exchange money, at lower prices. You can also find Exchange Agencies everywhere and most of them open 7 days/week from 8 a.m. to 7 p.m.

By the way, the better choice will be to take EURO or US Dollars with you, so everywhere you can change them easily, sometimes at lower prices. You can also exchange money at the airport upon arrival at the PTT or bank window, located just before the exit of the airport, but it is useful to arrive with at least a small amount of Lira in case the Exchange window is closed at the time of arrival. Approximately, everywhere you can use your credit card; the most important credit cards are accepted: VISA, MasterCard and American Express.

Here are some estimated prices:

Water (0.5 liter):	€0.25 - 3 TL
Beer:	€2-5 - 30-75 TL
Wine (a bottle):	€4-15 - 65- 250 TL
McDonald's Big Mac Menu:	€4 - 60 TL
Bus Ticket:	€1.5 - 25 TL
A pack of Durex (10 condoms):	€5 - 75 TL
Hygienic pads (packet with 24):	€3 - 45 TL
Cigarettes:	€2 - 30 TL
Vodka (70cl):	€21 - 300 TL
Fruit Juice (1L):	€1 - 12 TL
Lunch:	€3 - 7 - 40-100 TL



## 2.3. Covid Measures

The Turkish Ministry of Health announced on March 2, 2022 that masks are no longer required outdoors and indoors if air circulation and social distancing are adequate.

The HES code requirement has been lifted in all institutions and entities. PCR tests will not be requested from those who have no symptoms. Education in schools will continue uninterrupted when two or more positive cases are seen in a class, isolation of the Covid positive student/s will be sufficient.

U.S. citizens planning to travel overseas or currently overseas and planning to return to the United States should contact their airline for specific information about testing requirements for travellers. Airlines may adopt and modify their own specific policies to implement the CDC's testing rule.

**During the course, masks are required in classrooms!**



## 2.4. What to Bring?

- Insurance card, ID, Passport, Student card and Visa (if required)
- Some money (Euros) for extra food, alcohol, shopping and to pay the fee of the event.
- Your country flag, traditional clothes, foods, drinks (This is important; bring extra ingredients which aren't available in supermarkets if you need to cook your traditional food, also bring enough of your traditional alcohol for other participants and organisers of course!)
- Have this Survival Guide at hand (preferably download the digital format to your phone, which you can use offline)
- If you are bringing a photo camera, don't forget to bring the cable to connect with a computer (we want all the photos!)
- Comfortable shoes
- Swimsuit and flip-flops
- Personal hygiene stuff (e.g. toothbrush, soap, towel...)
- Personal medicine supplies (if necessary)
- Raincoat/Umbrella ella ella...
- Sun Cream SPF 40+
- Some formal clothes for official opening and closing
- Medical masks (we will try to provide some, just in case, bring your own mask which will be enough for your stay in Izmir!)
- Optional alcohol is extremely expensive in Turkey, if this isn't the case where you live, we would appreciate a few bottles of cheap alcohol for partying (Vodka etc.)!
- Lastly, some social activities might need you to bring extra things, but this information will be shared before you pack

### A Little Warning!

- Illegal Drugs are strictly forbidden in Turkey.
- Please bring your prescribed drug and prescriptions if you have problems with your digestive or excretory system because you can find Turkish cuisine more oily and spicy.



## 2.5. Contacts



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## EMERGENCY CONTACTS



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