



**Guido, It's time:
Meet the Electric Cars!!**



BEST Izmir

Pearl of Aegean

2024

September

7th-14th

**Ege
University**





⚡ SELAM, HI! ⚡

A warm welcome to you, from BEST Izmir! In this Survival Guide, you can find all the information you'll need to know while getting ready for this course.

Study this carefully! You'll be needing it if you plan on returning home in one piece. We will keep this sweet and short, since we know that no one likes to read these things.

Table of Contents

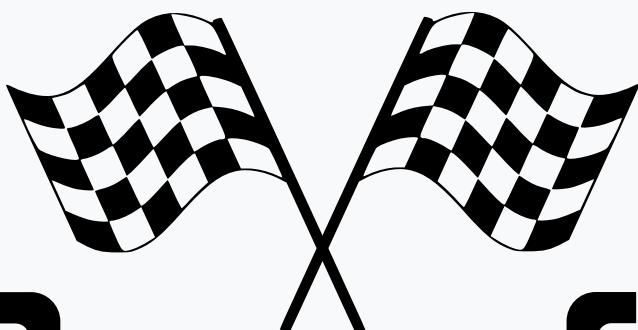
1. General Information.....	4
1.1. About Turkey.....	5
1.1.2. Electricity.....	5
1.2. Izmir in a Nutshell.....	6
1.2.1. Weather (in September).....	7
1.2.2. How to Reach?.....	8
by Plane or by Bus.....	9
1.2.3. Some Food You Must Try.....	10
1.2.4. Sightseeing.....	11
1.2.5. Ege University.....	12
2.1. Time to Learn Some Vocabulary.....	13
2.2. Turkish Currency and Some Prices.....	14
2.3. What to Bring?.....	16
2.4. Contacts.....	18

1- General Information

Accommodation: You will be hosted at the dorms of the Ege University in the campus or organiser's houses or hostel.

Meals: There will be three meals, at least one of them served hot. If you have dietary restrictions, don't worry. The food preference/allergy information will be collected from you by form before the event, and we will take that into account.

Travel and Visa: You must tell us about your trip details as soon as possible, so we can help you in case of any delays or other types of issues. Additionally, if you require a visa to get to Turkey, let us know as soon as possible, so we can send you an official invitation letter which you can use in your visa application.



Day of Arrival



Day of Departure



1.1 About Turkey

Turkey is a large peninsula that bridges the continents of Europe and Asia. Surrounded on three sides by the Black Sea, the Mediterranean Sea, and the Aegean Sea.

- Conventional Long Form: Republic of Turkey

- Capital: Ankara

- Independence: 29 October 1923

- Internal Phone Code: +90

- Total Area: 783.562 km²

- Climate: Temperate; hot, dry summers with mild, wet winters; harsher in interior. The average temperature is 23 °C in summer and -2 °C in winter

- Conventional Short Form: Turkey

- Official Language: Turkish

- Population: 84,680,273

- Time Zone: GMT +03:00

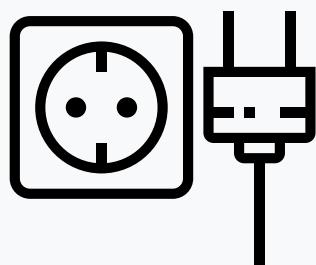
- Comparative Area: Two times (Germany + Belgium)

- Terrain: Mostly mountains; narrow coastal plain; high central plateau (Anatolia).



1.2. Electricity

In Turkey, the power plugs and sockets are of type F. The standard voltage is 220 V and the standard frequency is 50 Hz.



1.2. Izmir in a Nutshell

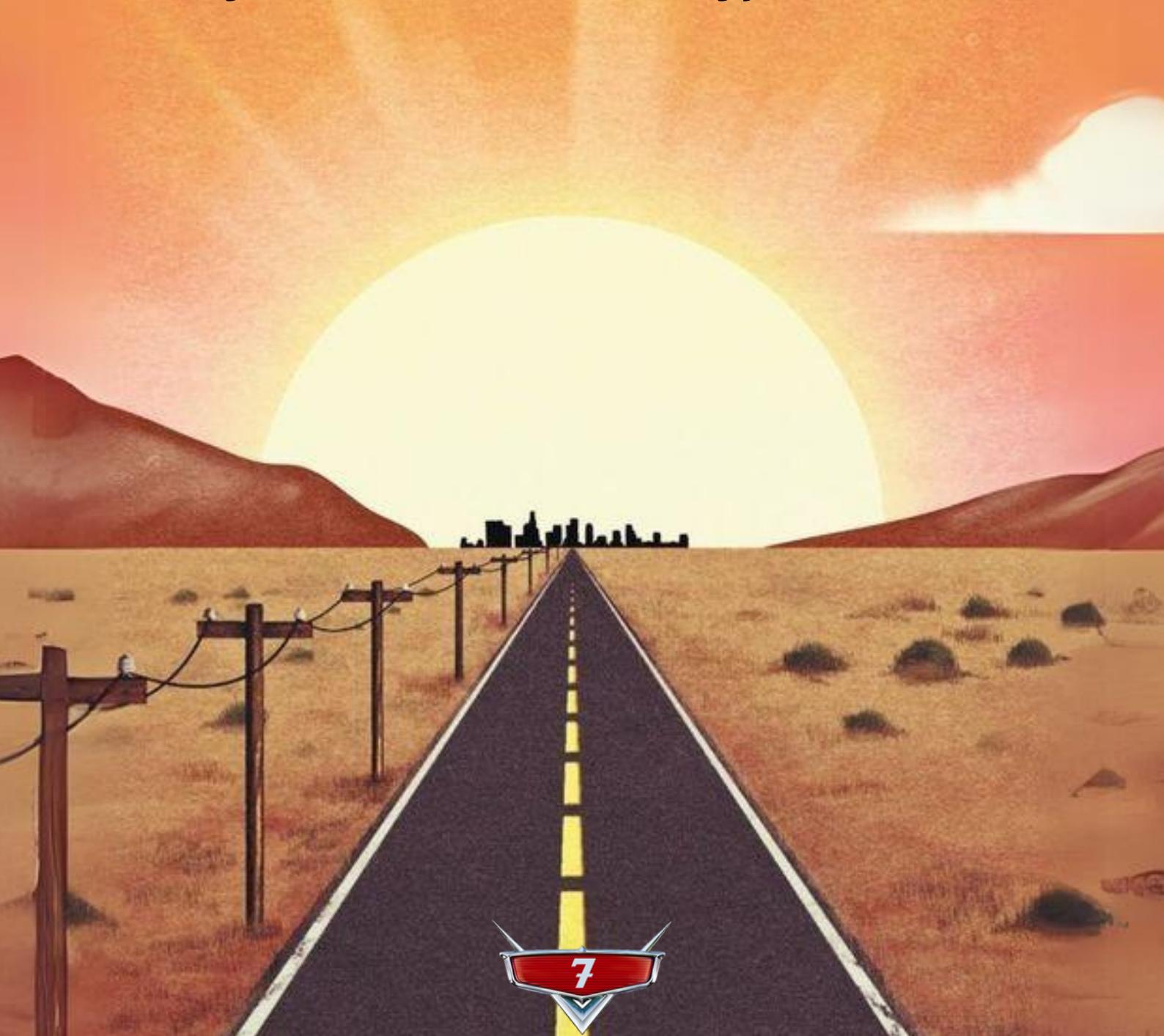
Izmir (a.k.a. Pearl of the Aegean) is the third-biggest city in Turkey, the second-biggest port after Istanbul. Izmir, with its distinctive charm, offers a refreshing departure from the bustling pace of other Turkish cities. Its cosmopolitan ambiance and relaxed lifestyle create a welcoming environment that resonates with visitors and residents alike. Nestled along the stunning Aegean coast, Izmir's picturesque vistas and serene beaches captivate the soul, inviting moments of tranquillity and reflection. Despite not boasting the same renown as Istanbul, Izmir's rich tapestry of history, from the ancient marvels of Ephesus to the quaint streets of Konak, leaves an indelible mark on those who explore its storied past. Moreover, the city's culinary scene, brimming with tantalizing flavors and local delicacies, offers a gastronomic journey that delights the senses and fosters a deep appreciation for Turkish cuisine. In essence, Izmir's blend of coastal beauty, cultural heritage, and culinary delights creates an unforgettable experience that sets it apart as a pearl of the Aegean.



1.2.1. Izmir's Weather (in September)

The average minimum temperature (usually the minimum temperature is noted during the night) in Izmir in September is 18 °C (64.4 °F). The average maximum daytime temperature lies around 28 °C (82.4 °F).

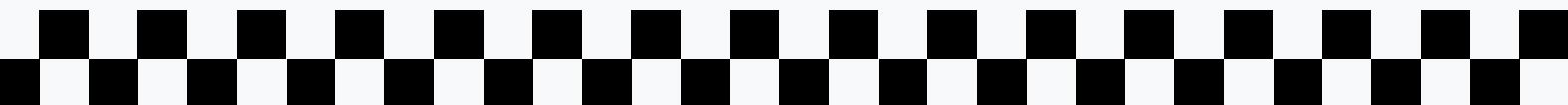
So what to wear in September? Dresses, tops, t-shirts, skirts and shorts made of cotton or linen are good options for staying cool on a hot day. With a water temperature of around 22 °C (71.6 °F), this is a great month to swim, so bring your swimwear!



1.2.2. How to Reach?

Our meeting point is going to be at the Bornova Metro. You can check the location from [this link](#).

Most public transportation in Izmir works with "IZMIRIMKART" which you load money, one pass is 13.00 TL (€0.37) with it. We suggest you get one card (75 TL, €2.14 cost) and load it with some money upon your arrival. However, to buy Izmirimkart, you need to find an open box office, which may not be available if your arrival time isn't between standard working hours (9 a.m-5 p.m). We suggest you time your arrival between these times, which will make your travel to our meeting point much easier. If you can't find an open box office to buy Izmirimkart, you should buy "Bilet 35" from the automates to travel with a 3 pass ticket is priced 70.00 TL (€2.00), which should be enough.



When you arrive at Bornova Metro, there is going to be someone from our LBG to take you to our accommodation place. Call one of the organisers, which you can find the phone numbers at the contact page.

There are some useful apps
you might want to use:



click to access the applications



by Plane



by Bus



Izmir Adnan Menderes Airport, 16 km south of the city center, has regular flights from many European cities. When you land, connect the airport Wi-Fi and inform us of your arrival via WhatsApp. After landing, you have 3 options to arrive to our meeting point (Bornova Metro).

1- Bus:

Airport buses operates between city center and airport in both ways. When you come to in front of the exit of the airport, you will see the bus station on your left side. Wait for the bus, which is numbered as "204". Buy your ticket from driver. It costs about 28.66 TL (€0.82 cost). Just have fun during your 40 minutes trip till the LAST STOP which is our meeting point Bornova Metro!

You can check the transportation timetable of the bus [here](#).

2- Metro:

When you land, follow the signs to go into IZBAN subway to "Aliağa" direction. You get off at HALKAPINAR, where you get off and connect to "Metro Izmir". You are going the "Evka3" way. Your stop is "Bornova", where you meet us.

You can check the transportation timetable of [Metro here](#) and [IZBAN here](#).

3- Taxi:

If you can't find the bus, or just too lazy to wait for it, you can take one of the yellow Taxi's right where you get off the airport. Tell the driver you're going to "Bornova Metro" and it will cost approximately about 650 TL (€19).

Izmir Railway Network Map



1.2.3. Some of the Food You Must Try When You Come

LOKMA



The king of desserts with syrup, also originates from Izmir. This dessert is made of dough, deep-fried and soaked in plenty of syrup. You can find a shop which sells Izmir lokma at every corner of Turkey; however, this dessert should be tried in its hometown.

KUMRU



Literally translated as "collared dove", is a sandwich and takes its name from the shape of the bread used to prepare it. It contains sausages, salami, kashar cheese, tomatoes, peppers, tulum cheese, mayonnaise and ketchup. Kumru buns are prepared fresh every day at bakeries and can also be eaten without any ingredients.

BOYOZ



As the most famous delicacy of Izmir, boyoz is a kind of pastry generally eaten at breakfast. Boyoz is usually eaten with boiled eggs. If you wish to experience a typical Izmir breakfast during your visit, you can enjoy a breakfast more wonderful than you expected with boyoz, eggs and tea.

BOMBA



Which has recently increased in popularity thanks to social media, is another delicious flavour originated from Izmir. Bringing chocolate and dough together in a perfect harmony, this dessert is a favourite among chocolate addicts. Bomba may look like a cookie but is much more than a cookie and, of course, its most delicious version can only be found in Izmir.



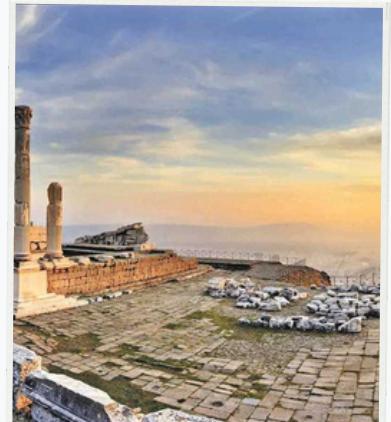
1.2.4. Sightseeing



Agora



Beaches



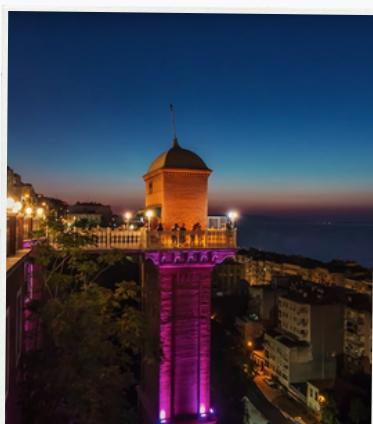
Bergama



Ephesus



Clock Tower



Elevator



Marinas



Virgin Mary's House



1.2.5. Ege University

Ege University is a prominent public research university located in Izmir, Turkey. Established in 1955, it's one of the oldest universities in Turkey. Ege University known for its strong academic reputation, research initiatives, and contributions to the local and international community. In addition to its academic programs, Ege University is known for its vibrant campus life, with numerous student clubs, organizations, and cultural events. The university also fosters international collaborations and exchange programs, attracting students and scholars from around the world. Advancements in various fields, including agriculture, biotechnology, and renewable energy. Ege University plays a significant role in the economic and social development of the Izmir region.



2.1. It's Time to Learn Some Vocabulary!

Not all the Turkish people speak English, but most younger generations can speak and understand well. But just in case, you can find some useful phrases and words below.

Hello	Merhaba
Hi	Selam
Yes/No	Evet/Hayır
Thank You	Teşekkür Ederim
I'm sorry	Özür dilerim
Please	Lütfen
Good morning	Günaydın
Good evening	İyi akşamlar
Good night	İyi geceler
How much is this?	Bu ne kadar?
Congratulations	Tebrikler
Are you an angel?	Sen bir melek misin?
Can you speak Turkish?	Türkçe konuşabiliyor musun?
Cheers	Şerefe!
Your eyes are so beautiful!	Gözlerin çok güzel

See you later	Görüşürüz
My name is...	Adım...
How are you?	Nasılsın?
I am fine, you?	İyiym, sen?
Enjoy your meal	Afiyet olsun
What is your name?	Adın ne?
One beer/vodka	Bir bira/votka
I am a strawberry, eat me!	Ben bir çileğim, ye beni!
What time is it?	Saat kaç?
Where is the toilet	Tuvalet nerede?
Water/Tea	Su/Çay
I can't speak Turkish.	Türkçe konuşamıyorum.
Excuse me!	Pardon/Afedersin!
Help	Yardım!
I'm drunk	Sarhoşum

I wanna race with you = Seninle yarışmak istiyorum



2.2. Turkish Currency and Some Prices

1 Euro = 35TL (Approximately)

If you need, you can change money in banks and in exchange offices. Banks are open from Monday to Friday: 9 a.m. to 5 p.m., with one hour of break during 12.30 pm to 1.30 pm. Saturday and Sunday they are closed. Banks exchange money, at lower prices.

You can also find Exchange Agencies everywhere and most of them open 7 days/week from 8 a.m. to 7 p.m.



By the way, the better choice will be to take EURO or US Dollars with you, so everywhere you can change them easily, sometimes at lower prices. You can also exchange money at the airport upon arrival at the PTT or bank window, located just before the exit of the airport, but it is useful to arrive with at least a small amount of Lira in case the Exchange window is closed at the time of arrival. Approximately, everywhere you can use your credit card; the most important credit cards are accepted: VISA, MasterCard and American Express.



Here are some estimated prices:

Water (0.5 liter): 10 TL- €0.29

Beer: 50-120 TL- €2-5

Wine (a bottle): 65-250 €2-7

McDonald's Big Mac Menu: 220 TL- €6

Bus Ticket(2 pass ticket): 50TL- 1.5€

A pack of Durex (10 condoms): 170TL- €5

Hygienic pads (packet with 24): 90TL- €3

Cigarettes: 55 TL- €2

Vodka (70cl): 700 TL- €20

Fruit Juice (1L): 30 TL- €0.86

Lunch:100- 260 €3-8



**Insurance card, ID,
Passport, Student card
and Visa (if required)**

**Some money (Euros) for
extra food, alcohol,
shopping and to
pay the fee of the event.**

Your country flag, traditional clothes,
foods, drinks (This is
important; bring extra ingredients
which aren't available in supermarkets
if you need to cook your traditional
food, also bring enough of your
traditional alcohol for other
participants and organisers of course!)

**Swimsuit and
flip-flops**

**Comfortable
shoes**



**Have this Survival Guide at
hand (preferably download
the digital format to your
phone, which you can use
offline)**

**A white t-shirt for your
friends to sign at the
end of the event**

**Personal
medicine
supplies (if
necessary)**

• Personal hygiene stuff
(e.g. toothbrush, soap, towel...)

Raincoat/ Umbrella

Some formal clothes for official opening and closing

Lastly, some social activities might need you to bring some extra things, but this information will be shared before you pack

If you are bringing a photo camera, don't forget to bring the cable to connect with a computer (we want all the photos!)

Sun Cream SPF 40+

Optional alcohol is extremely expensive in Turkey, if this isn't the case where you live, we would appreciate a few bottles of cheap alcohol for partying (Vodka etc.)!



A Little Warning!

- Illegal Drugs are strictly forbidden in Turkey.
- Please bring your prescribed drug and prescriptions if you have problems with your digestive or excretory system because you can find Turkish cuisine more oily and spicy.

2.5. Contacts:

Address of our University

Ege Üniversitesi Rektörlüğü Gençlik Cad. No:12 35040
Bornova / Izmir / Türkiye



Meriç İpekkesen

Participant Responsible
meric.ipekkesen@best-eu.org



Mahshad Ramezanabady

Main Organiser
mahshad.ramezanabady@best-eu.org



Melike Şahkulubey

Participant Responsible
melike.sahkulubey@best-eu.org



💡 For contacting via WhatsApp click the bottom

