

Bone Age Prediction from hand radiographs

A case study of different
Deep Learning approaches

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The bone age study can help evaluate how fast or slowly a child's skeleton is maturing, which can help doctors diagnose conditions that slow down or speed up physical growth and development.

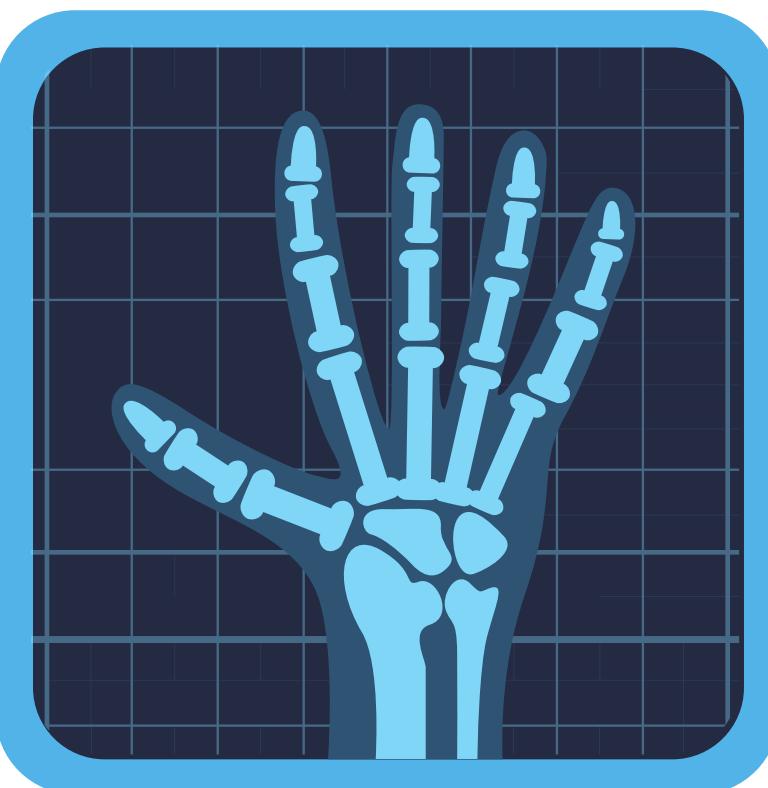
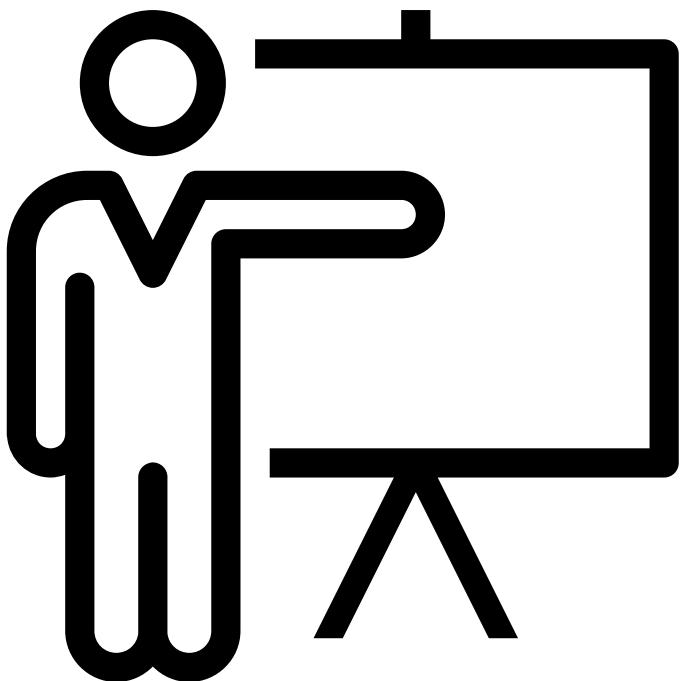
Bone age help doctors monitor kids with:

- diseases such as growth hormone deficiency, hypothyroidism, precocious puberty, and adrenal gland disorders
- genetic growth disorder (Turner syndrome)
- orthopedic or orthodontic problems

Manual assessment: Greulich-Pyle atlas and Turner-Whitehouse methods

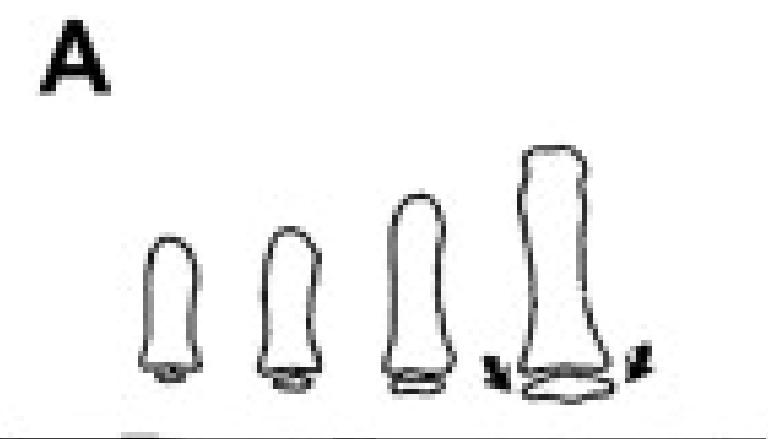
Early automated system: BoneXpert (2009)

2017 RSNA Pediatric Bone Age ML Challange

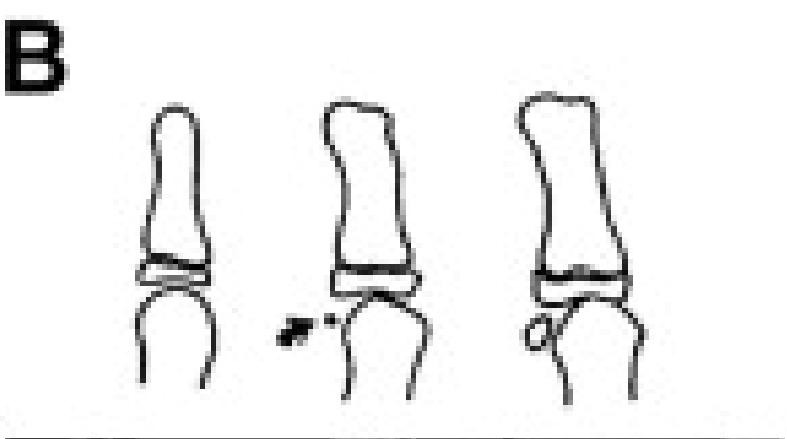


Four parameters are examined:

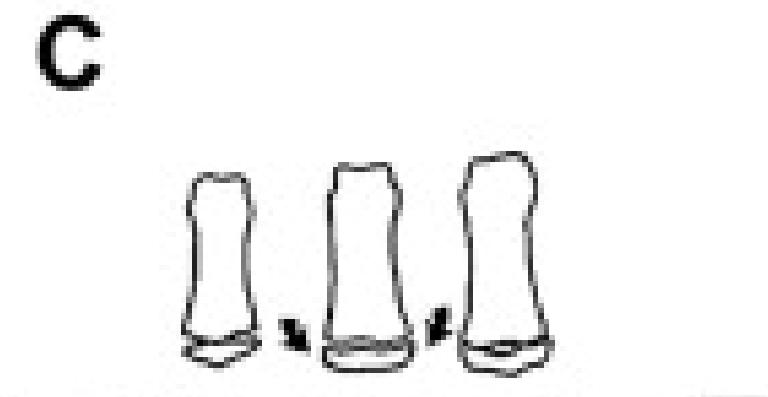
- the width of the epiphysis,
- the appearance of ossification centers,
- the capping of the epiphysis,
- and the fusion of the epiphysis



WIDTH OF EPIPHYSIS



OSSIFICATION



CAPPING OF EPIPHYSIS



FUSION



RELATED WORKS

Halabi et. al. (2018)

RSNA Challange
winner model
InceptionV3

average MAE of
4.2 months

Larson et. al. (2017)

regression-based
deep CNN model
ResNet50

average MAE of
6.24 months

Gonzalez et. al. (2020)

attention-based
deep CNN model
SIMBA

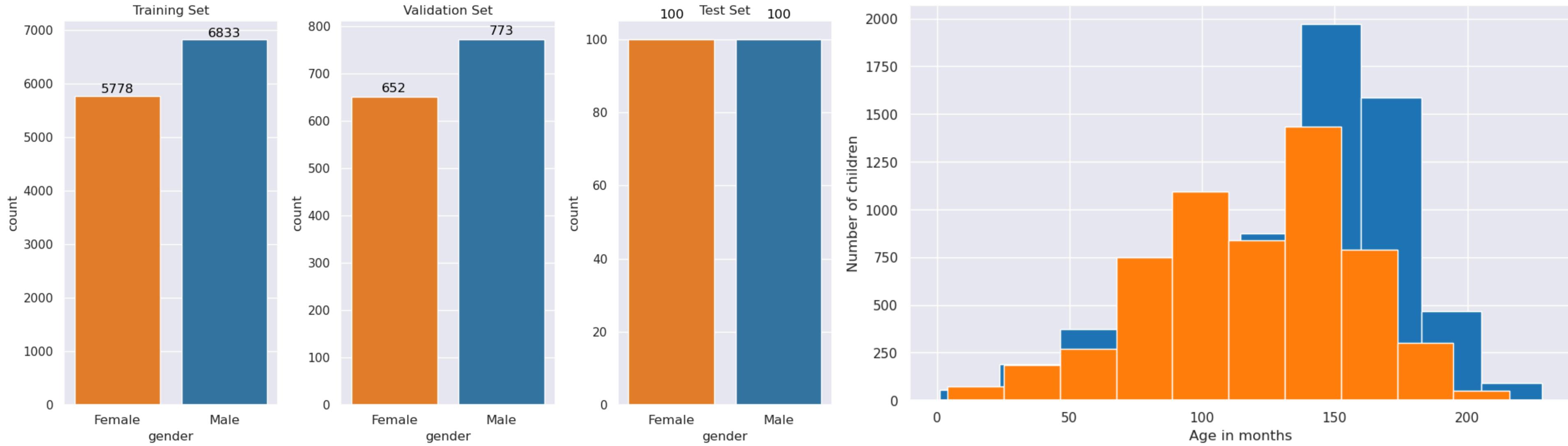
average MAE of
6.34 months

DATASET DESCRIPTION

The Radiological Society of North America (RSNA) approved the curation and use of pediatric hand radiographs for the purposes of this Pediatric Bone Age Machine Learning Challenge

14236 X-ray images

- Training Set: 12611
- Validation Set: 1425
- Test Set: 200

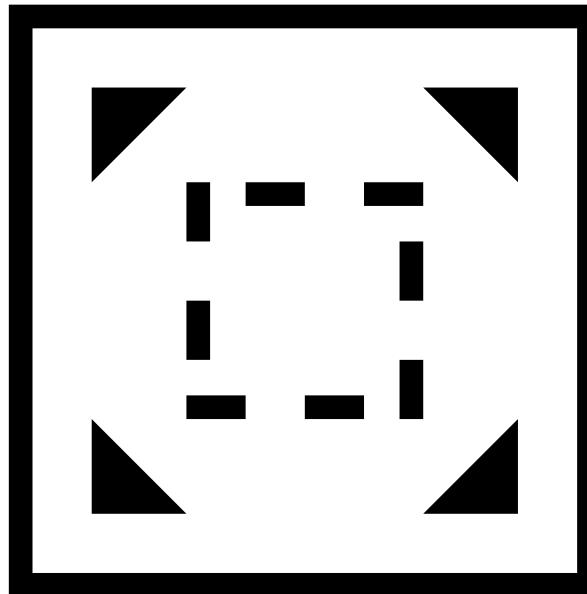


PROCESSING PIPELINE



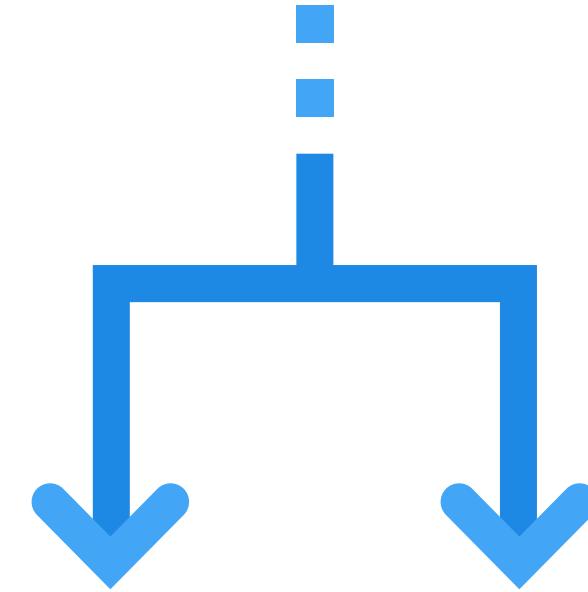
Dataset Cleaning

- Rename columns
- Convert true/false into 0/1 values
- Add z-scores

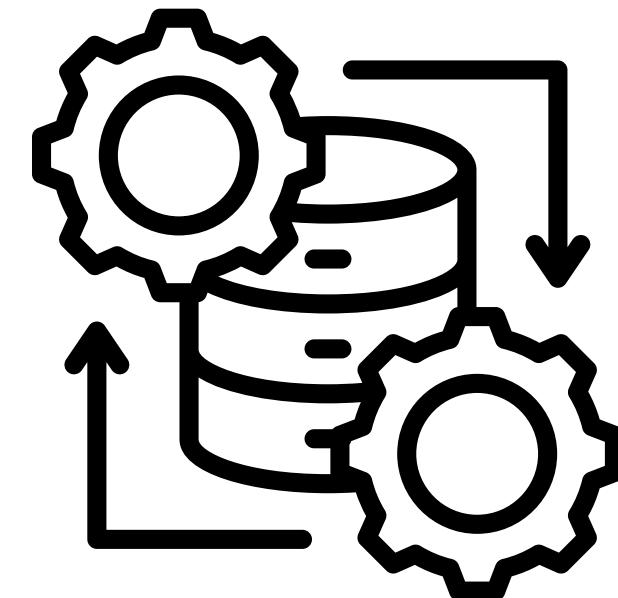


Resize

- 256x256
- 500x500



- Divide Batches
- Rescaling
- Flipping
- Rotating
- Shifting

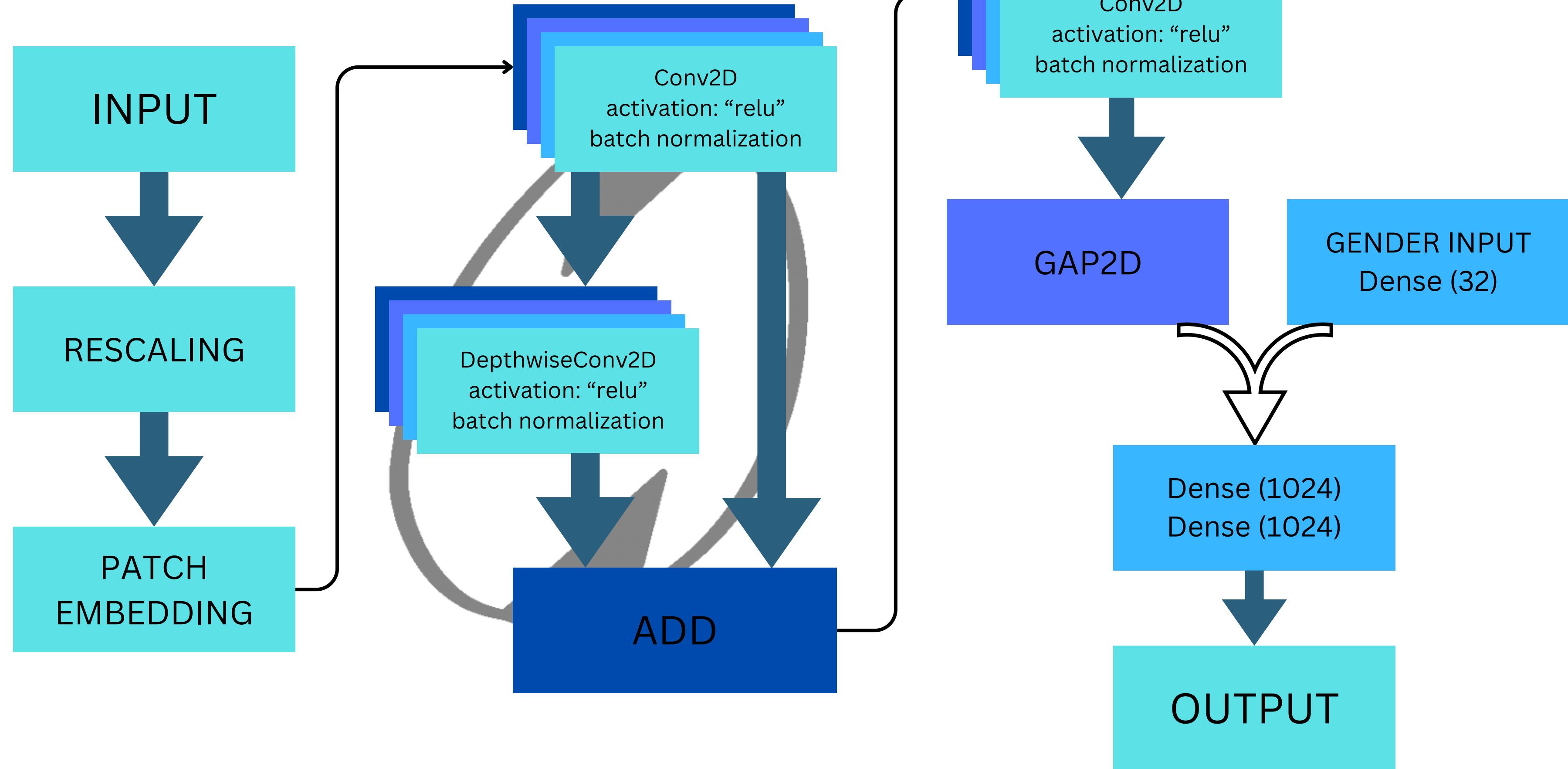


Dataset Pre-processing

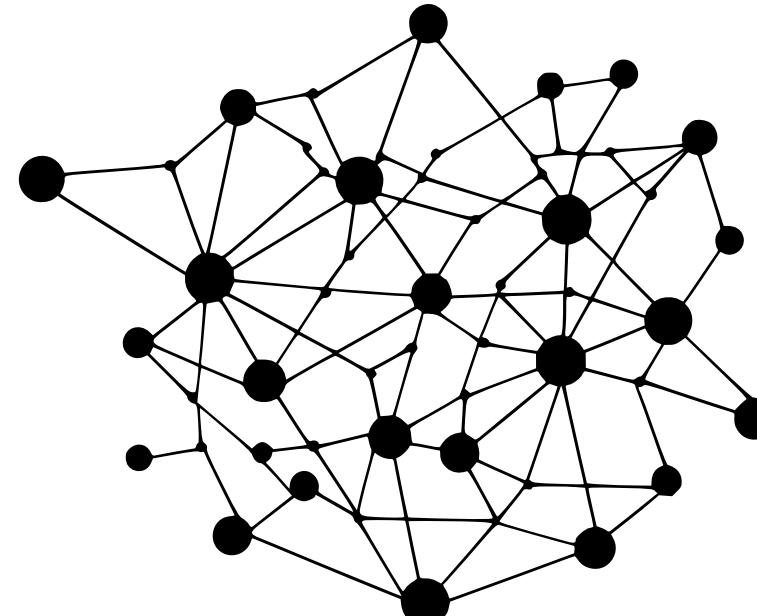
- CLAHE
- preprocess_input



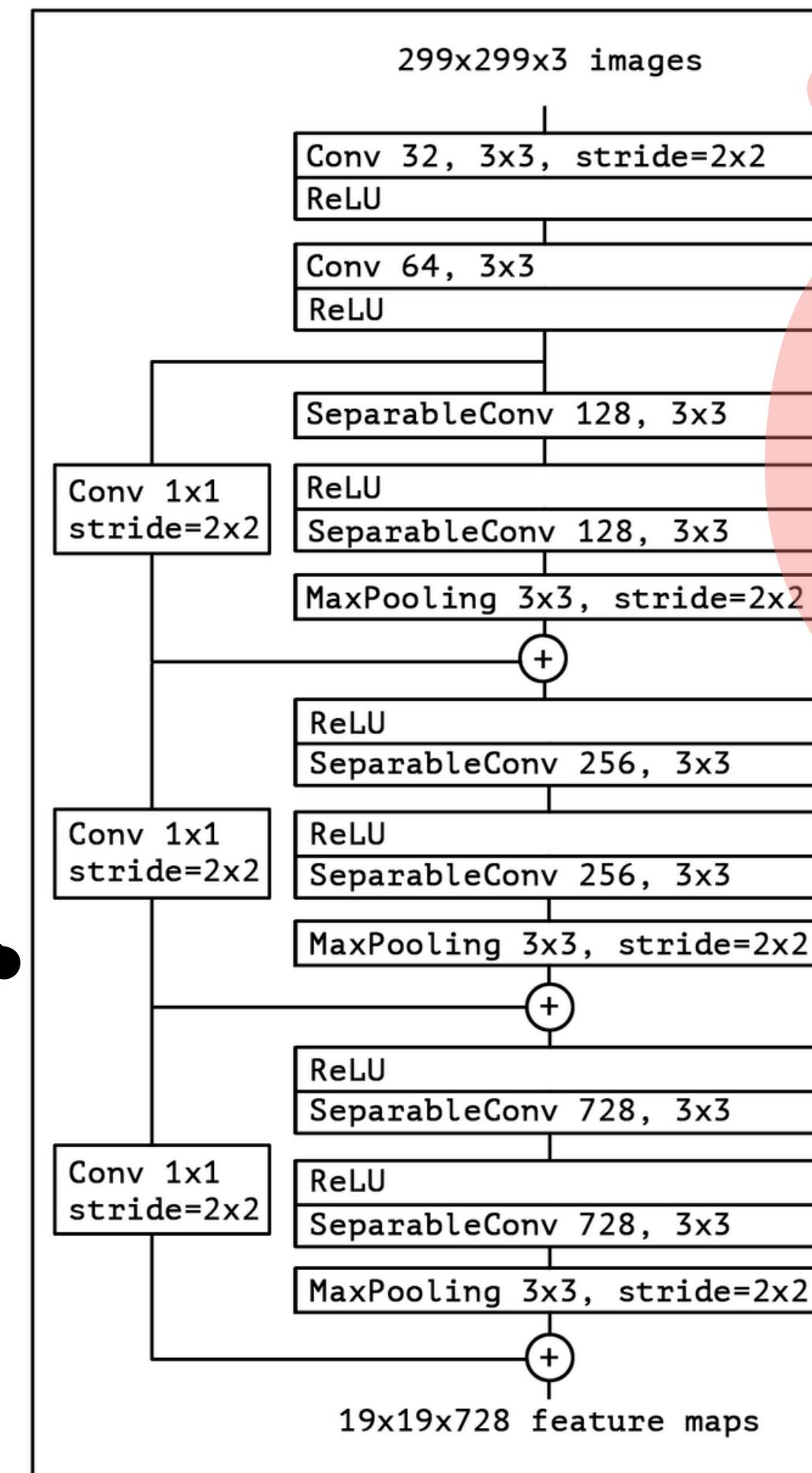
CONVMIXER



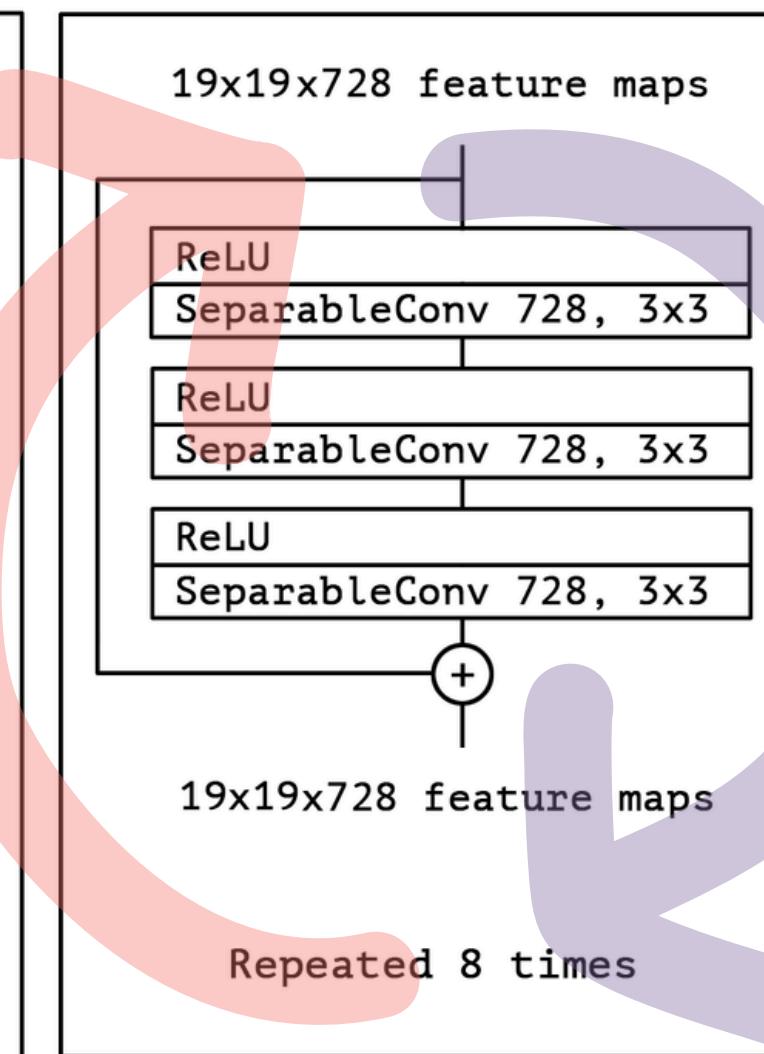
XCEPTION



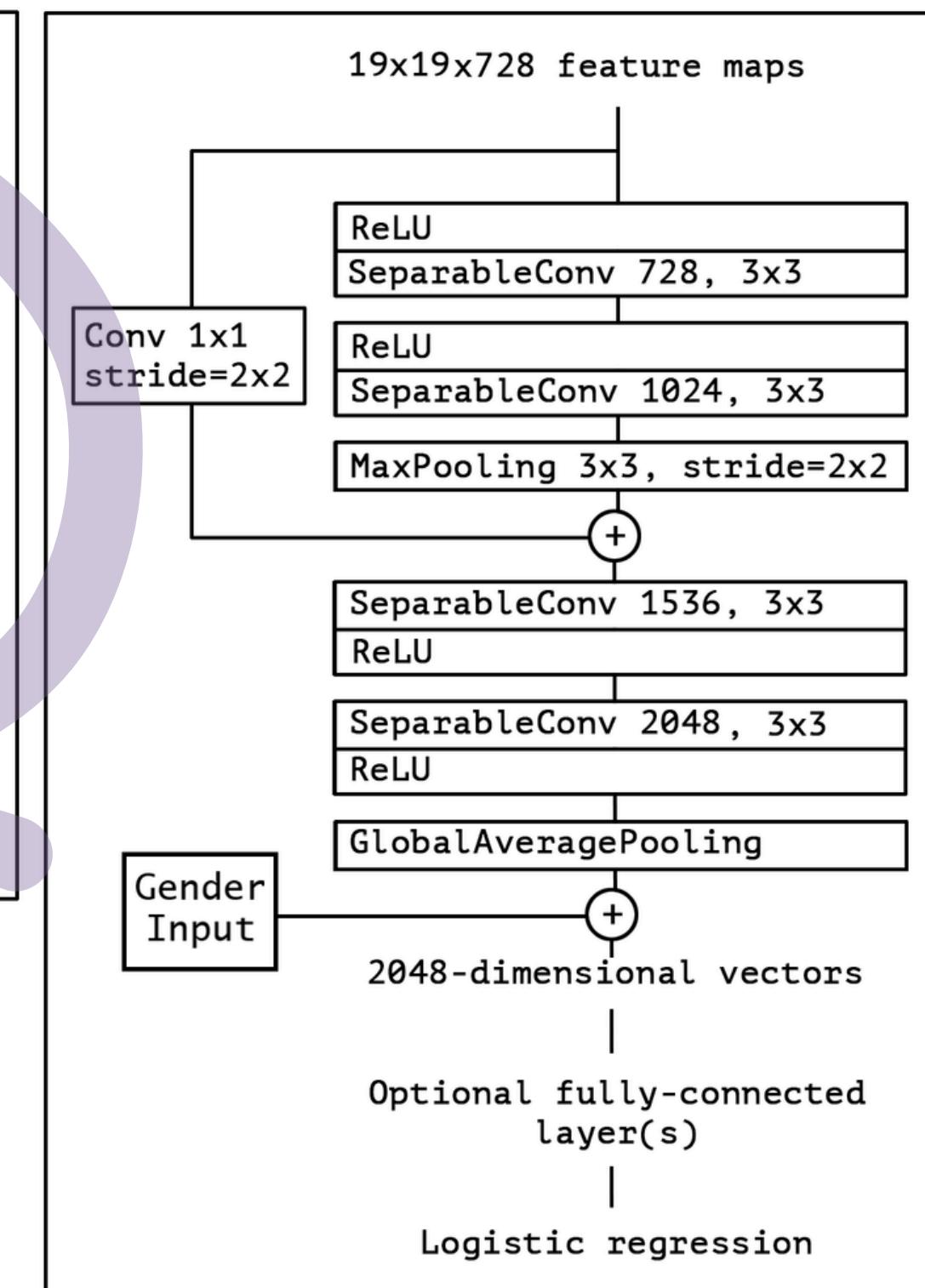
Entry flow



Middle flow



Exit flow



AdamW

OPTIMIZERS

adapts the learning rate for each parameter during training



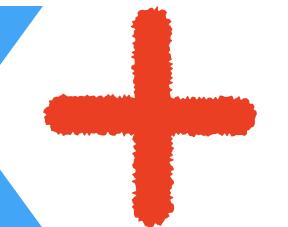
incorporates momentum to move quickly in the direction of minima



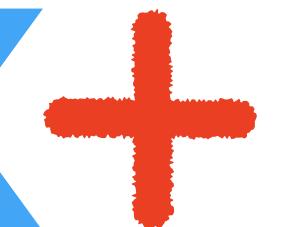
apply bias correction to adjusts the estimates of first and second moments



Decouples weight decay from the gradient-based parameter updates



tends to converge better on tasks with large models or datasets



learning rate: 0.001 / 0.0001
weight decay: 0.00001

‘Linear’ Activation Function

MSE and MAE losses

RLROP and Early Stop

CONVMIXER

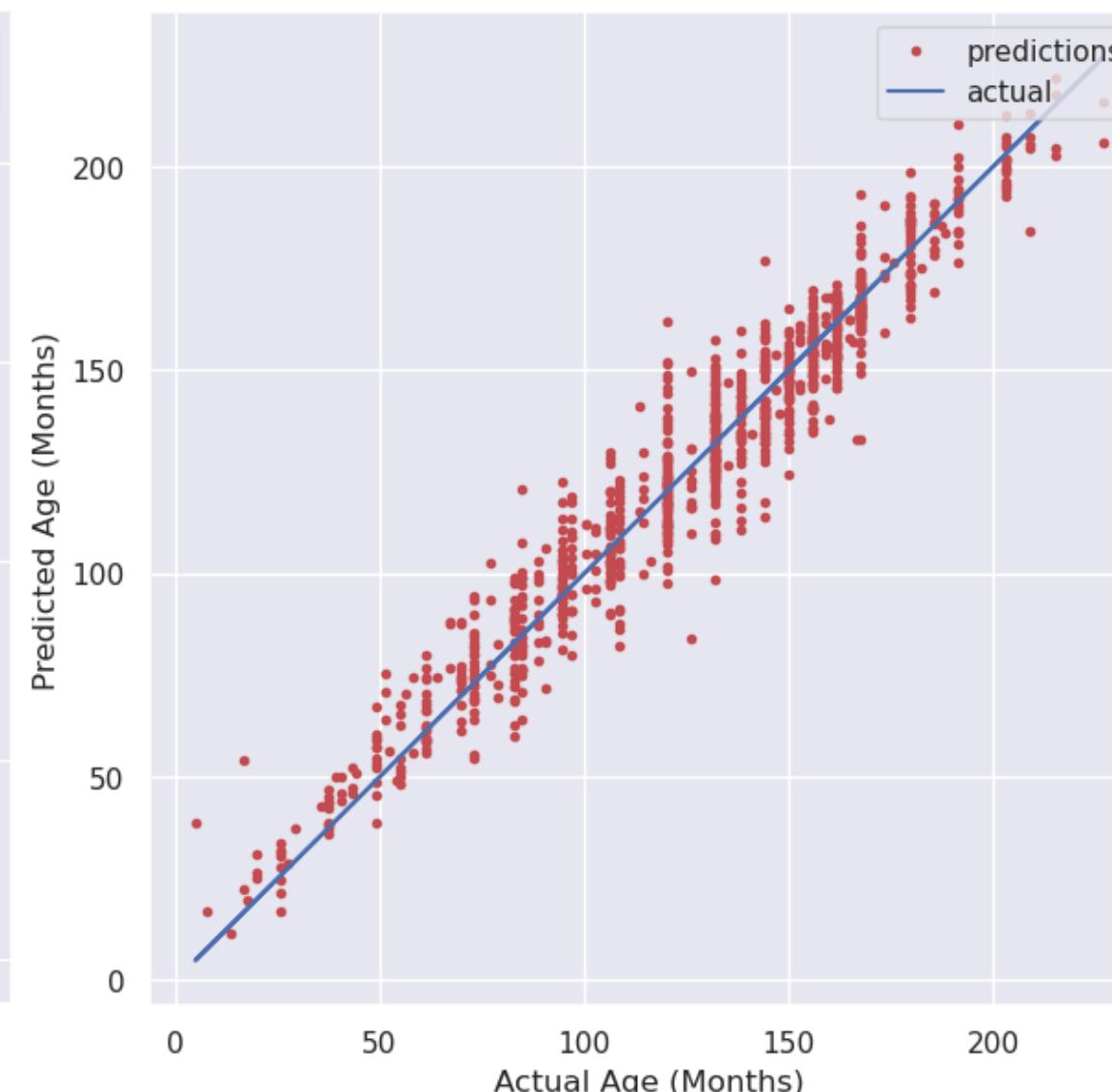
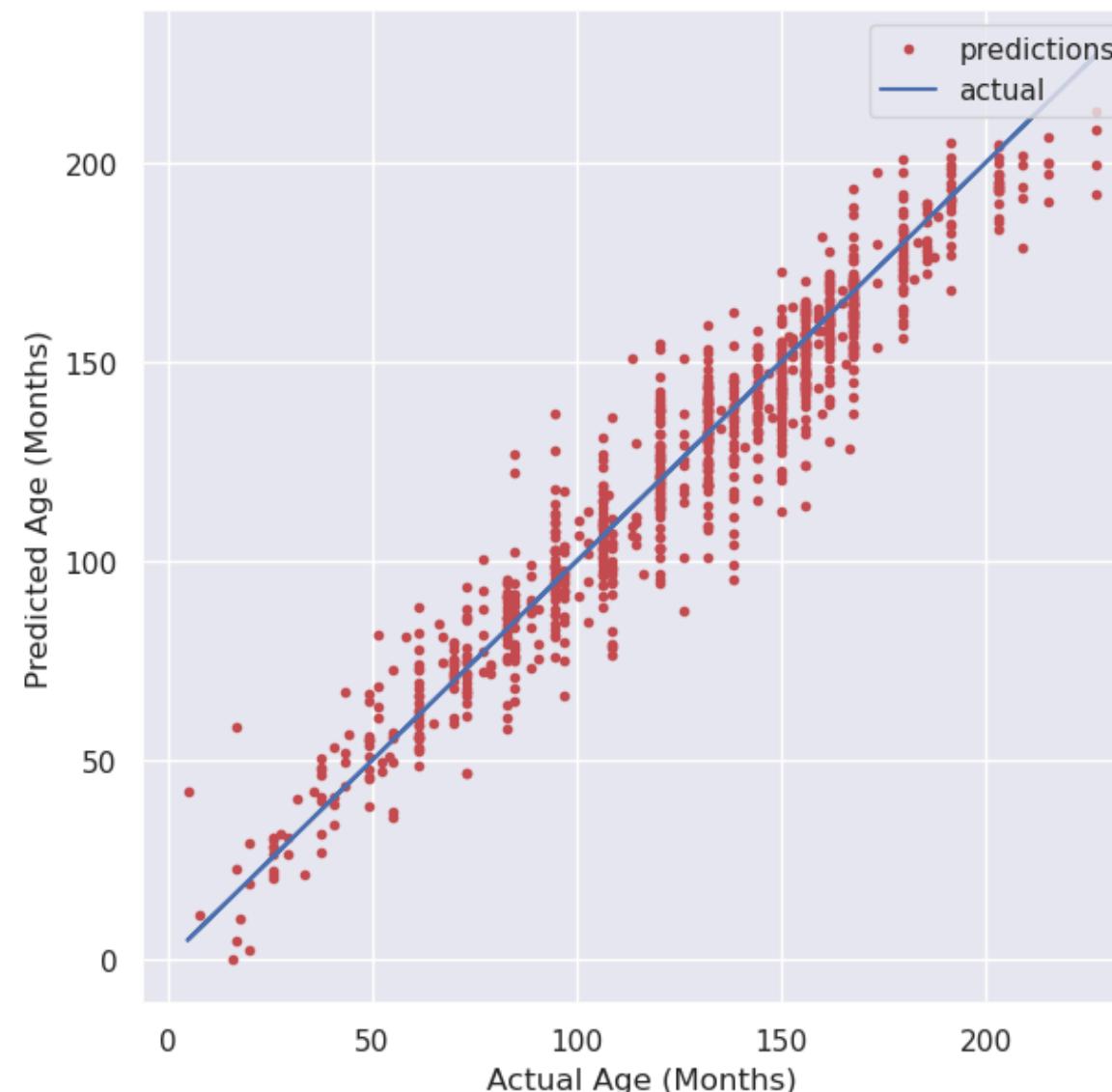
HYPERPARAMETERS

XCEPTION

Optimizer	AdamW	Optimizer	AdamW
Learning Rate	0.001	Learning Rate	0.0001
Batch size	8	Batch size	16
Dataset Splitting	Train+Val+Test	Dataset Splitting	Train+Val+Test
Image Size	256x256	Image Size	500x500
Model Framework	ConvMixer + winner model	Model Framework	Xception + winner model
preprocessor	CLAHE	preprocessor	preprocess_input

RESULTS

Model	MSE	MAE	R ²	Loss	Model	Training Time (s)	Inference Time (s)	Memory Usage (MB)
ConvMixer	142	9.01	0.9216	0.0842	ConvMixer	25724	21.2	5783
Xception	100	7.63	0.9411	0.0606	Xception	30905	18.6	9762





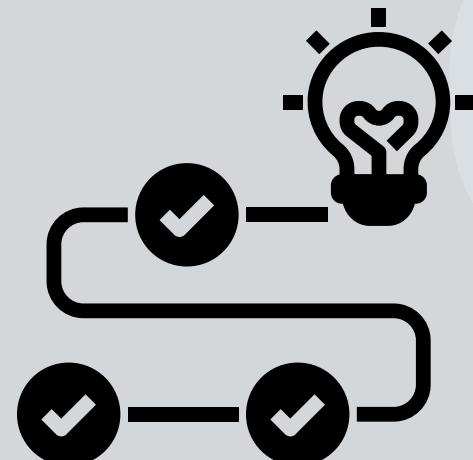
CONCLUSION

What we achieved?

- Developed and evaluated Xception and ConvMixer models for predicting bone age from hand x-rays using the RSNA dataset.
- Incorporated gender input with images through a custom data generator, achieving accurate predictions (MAE < 10 months)

Future Improvements

- ROI-based model
- Newer GPU models (RTX 4090)
- Additional features (ethnicity, chronological age)
- Advanced architectures



Xception → high-performance applications requiring high predictive accuracy and rapid inference
ConvMixer → scenarios where computational efficiency (memory, time) is vital

What we learned?

- Handling mixed data types
- Image regression task
- Potential of ML in medical diagnostics



