

Barren

Umut Dogru 11/B 405



Ingredient:

- 1 cup fine bulgur
- 1.5 cups hot water
- 1/2 tea glass olive oil
- 1 teaspoon salt
- 1 teaspoon sugar
- Juice of 1 lemon
- 2 tablespoons pomegranate molasses
- 1/2 cup tomato paste
- 1/2 cup fresh orange juice
- 1 teaspoon cumin
- 1/2 teaspoon red pepper flakes
- 1/2 teaspoon black pepper

