# Cape Cod

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## Safe Work Method Statement

version 1.1

Activity / Task: Carpenter

Project / Location: All Jobs

Company: Cape Cod

Signed by: Tara Antoniolli Date: 19/06/2017

Hazardous

Principal Contractor: Cape Cod

Accepted by: Tara Antoniolli Date: 19/06/2017

Steps		Potential Hazards	Controls / Responsible Person(s)
. Access t	o site	<ul> <li>Slips, trips, falls and accessibility.</li> <li>UV light / weather exposure.</li> <li>Traffic</li> </ul>	<ul> <li>Site specific induction. By: Cape Cod</li> <li>All "workers" to register before entering the site; to read the General Construction Safety Plan signage; and to read the Site Specific Risk Assessment form. By: Cape Cod</li> <li>Tool box talk to highlight any WHS concerns relative to the site. By: Cape Cod</li> <li>Ensure that the site and work place access is unobstructed. By:</li> <li>Ensure all weather access to work areas. By: Cape Cod</li> <li>Wear appropriated PPE - hat, long sleeves, sun screen, sunglasses, and fluids and reduce exposu where possible. By: Cape Cod</li> <li>Provision of designated waste areas. By: Cape Cod</li> <li>Storage of materials in designated areas. By: Cape Cod</li> <li>Provide and maintain barricades to all materials stored on footpath and on site. By: Principal Contractor</li> <li>Regular site clean ups. By:</li> <li>Spotter By: Worker</li> </ul>
2. Setting ( equipme	•	<ul> <li>Manual task injuries</li> <li>Slips, trips and falls.</li> <li>Proximity of other "workers".</li> <li>Public access.</li> </ul>	<ul> <li>Set up in a clear area and maintain a clear travel path. By: Cape Cod</li> <li>Training of "workers" in setting up of electrical leads, power tools and nail guns. By: Cape Cod</li> <li>Ensure the proper use of all safety guards provided. By: Cape Cod</li> <li>Ensure that all power tools and electrical leads have current tagging. By: Cape Cod</li> <li>Ensure that all power tools are attached to a residual current device [RCD]. By: Cape Cod</li> </ul>
6. Unloadii equipme tools		<ul> <li>Manual task injuries</li> <li>Slips, trips and falls.</li> <li>Proximity of other "workers".</li> <li>Public access.</li> </ul>	<ul> <li>Team lifting and carrying. By: Cape Cod</li> <li>Training of "workers" in correct lifting methods. By: Cape Cod</li> <li>Unload and move the plant and equipment to designated area to keep footpath / work place access clear. By: Cape Cod</li> </ul>
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5. Setting ( ramp	up access	<ul> <li>Slips, trips, falls and accessibility.</li> <li>Fall from height</li> <li>Manual task injuries</li> <li>Proximity of other "workers".</li> <li>Public access.</li> </ul>	<ul> <li>Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod</li> <li>Team lifting and carrying. By: Cape Cod</li> <li>Training of "workers" in correct lifting and carrying methods. By: Cape Cod</li> <li>Ensure that workers have protective footwear and gloves. By: Cape Cod</li> <li>Check the ladder for damage / defects before use. By: Cape Cod</li> <li>Check that the ladder is stable and secured top and bottom before use. By: Cape Cod</li> <li>Install handrail and ensure adequate bracing to ramp. By: Cape Cod</li> <li>Provide a gate to the ramp with warning signage. By: Cape Cod</li> </ul>
7. Stripping existing frame ar covering	roof nd	<ul> <li>Slips, trips, falls and accessibility.</li> <li>UV light / weather exposure</li> <li>Fall from height.</li> </ul>	<ul> <li>Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod</li> <li>Identify any products or materials that may contain asbestos [ACM]. By: Principal Contractor</li> <li>Identify services and make sure all electrical, gas, water and sewerage services have been isolated or safely relocated before commencing. By: Cape Cod</li> </ul>

• Use Licensed Electrician and Plumber to isolate, disconnect and relocate existing services. By:

#### materials.

- Identification of services.
- Electrocution
- Gas explosions
- Falling objects
- Exposure to dust
- Exposure to noise
- Manual task injuries Sprains and strains
- Cuts and abrasions
- Proximity of other "workers".
- Public access.

#### Principal Contractor

- Training of "workers" in safe working at heights and safe movement on roof. By: Cape Cod
- Provide "Demolition in Progress" and "Restricted Access" warning signage. By: Principal Contractor
- Establish a "No access area" below overhead work areas by barricading to prevent access to the area of work. Provide a spotter where necessary. By: Cape Cod
- Ensure that the scaffolding is safe and erected by a qualified Scaffolder. By: Principal Contractor
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing By: Cape Cod
- Check the access ladder for damage / defects before use. By: Cape Cod
- Check that the ladder is stable and secured top and bottom before use. By: Cape Cod
- Correct use of access ladder. By: Cape Cod
- Limit use of ladders as working platforms. By: Cape Cod
- Use appropriate PPE safety glasses, footwear, noise / hearing protection, dust protection [disposable], gloves and hard hats. By: Cape Cod
- Systematic safe removal of materials. By: Cape Cod
- Team lifting and carrying. By: Cape Cod
- Ensure that the stairwell and openings / voids in floor are covered. By: Cape Cod
- Ensure all roof tarps are tied down and not weighted with tiles. By:
- Ensure that materials are not stored on roof or scaffold. By: Cape Cod
- Provide a shute for materials into designated waste area as required. Provide a 'spotter' where necessary. By: Cape Cod
- Provide shade cloth around work area and wet down dust as required to prevent wind borne dust. By: Principal Contractor
- Storage of materials in designated waste area. By: Cape Cod
- Regular site clean ups. By: Principal Contractor

#### 8. Cut out existing roof structure

- Slips, trips, falls and accessibility
- Fall from height
- Sharp and penetrating objects
- Manual task injuries
- Exposure to dust
- Exposure to noise
- Proximity of other 'workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical services have been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing installation work.
- Training of "workers" in safe working at heights and safe movement on roof. By: Cape Cod
- Provide "Demolition in Progress" and "Restricted Access" warning signage. By: Principal Contractor
- Establish a "No access area" below overhead work areas by barricading to prevent access to the area of work. Provide a spotter where necessary. By: Principal Contractor
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principal Contractor
- Check the access ladder for damage / defects before use By: Cape Cod
- Check that the ladder is stable and secured top and bottom before use. By: Cape Cod
- Correct use of access ladder. By: Cape Cod
- Limit use of ladders as working platforms. By: Cape Cod
- Use appropriate PPE safety glasses, footwear, noise / hearing protection, dust protection [disposable], gloves, and hard hats. By: Cape Cod
- Training of "workers" in safe use of power tools, chain saws and reciprocating saws. By: Cape Cod
- Ensure all power tools have working safety guards. By: Cape Cod
- Systematic safe removal of materials. By:
- Ensure that correct lifting and carrying techniques are used. By: Cape Cod
- Ensure that the existing stairwell and openings in floor are covered and / or protected by guard rails. By: Principal Contractor
- Ensure that materials are not stored on roof or scaffold. By: Cape Cod
- Ensure that all exposed nails are removed. By: Cape Cod
- Storage of materials in designated waste areas. By: Cape Cod
- Regular site clean ups. By: Principal Contractor

### 9. Carry materials up ramp -Installation of floor platform members

- Slips, trips, falls and accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other
- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Cape
- Ensure that the guard rails to the ramp are in place and that the surface of ramp is clean before commencina. Bv:
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By:
- Ensure that all openings and voids in the floor platform are covered or protected by a guard rail.

#### 'workers".

Public access

Bv:

- Training of "workers" in correct lifting and carrying methods. By: Cape Cod
- Ensure correct lifting and carrying techniques are used at all times. By: Cape Cod
- Team lifting and carrying By: Cape Cod
- Ensure that "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Cape Cod
- Provide MSDS for chemically treated timber floor framing and sheet particleboard flooring. By: Cape Cod
- Training of "workers" in the safe handling and use of chemically treated timber products and sheet particleboard flooring. By: Cape Cod
- Training of "workers" in the safe use of power tools and nail guns. By: Cape Cod
- Ensure that all power tools have working safety guards. By: Cape Cod
- Storage of materials in designated areas By: Cape Cod
- Maintain a clean and tidy work area. By: Cape Cod

10. Carrying structural steel members up ramp - Installation of

steel beams and

posts.

- Slips, trips and falls.
- UV light / weather exposure
- · Fall from height
- Manual task injuries
- Proximity of other 'workers"
- Public access.
- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By:
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By:
- Training of "workers" in correct lifting and carrying methods By: Cape Cod
- Ensure that correct lifting and carrying techniques are used at all times By: Cape Cod
- Ensure that "workers" have protective footwear and gloves. By: Cape Cod
- Use of mechanical aids to lift and place steel beams and posts. By: Cape Cod
- Team lifting and carrying By: Cape Cod
- Use short beams where possible. By: Cape Cod
- Maintain a clean and tidy work area. By: Cape Cod

- 11. Carry frames and components up ramp - Erection of timber wall frames
- Slips, trips, falls and accessibility.
- UV light / weather exposure.
- Fall from height.
- Manual task injuries
- Sprains and strains.
- Exposure to noise.
- Hazardous materials.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Cape Cod
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Cape Cod
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Cape Cod
- Provide MSDS for chemically treated timber framing. By: Cape Cod
- Training of "workers" in the safe handling and use of chemically treated timber products. By: Cape
- Training of "workers" in correct lifting and carrying methods. By: Cape Cod
- Ensure correct lifting and carrying techniques are used at all times. By: Cape Cod
- Team lifting and carrying. By: Cape Cod
- Ensure "workers" have safety glasses, noise protection, protective footwear and gloves. By: Cape Cod
- Limit use of ladders as working platforms. By: Cape Cod
- Training of "workers" in safe use of power tools and nail guns. By: Cape Cod
- Ensure all power tools have working safety guards. By: Cape Cod
- Storage of materials in designated areas By: Cape Cod
- Maintain a clean and tidy work area. By:

- 12. Carry up materials and components up ramp -Installation of structural timber beams
- Slips, trips, falls and accessibility
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Exposure to noise
- Proximity of other 'workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Cape Cod
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By:
- Training of "workers" in correct lifting and carrying methods. By: Cape Cod
- Ensure correct lifting and carrying techniques are used at all times. By: Cape Cod
- Ensure "workers" have protective footwear and gloves. By: Cape Cod

- Use of mechanical aids to lift and place hangers and beams. By: Cape Cod
- Limit use of ladders as working platforms. By: Cape Cod
- Team lifting and carrying By: Cape Cod
- Maintain a clean and tidy work area. By:

- 13. Carry trusses up ramp - Erection of timber roof trusses
- Slips, trips, falls and accessibility.
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Exposure to noise.
- Proximity of other 'workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
- Ensure that the quard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Cape Cod
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Cape Cod
- Training of "workers" in safe working at heights and safe movement on roof. By: Cape Cod
- Training of "workers" in correct lifting and carrying methods. By: Cape Cod
- Ensure correct lifting and carrying techniques are used at all times. By: Cape Cod
- Team lifting and carrying By: Cape Cod
- Ensure "workers" have safety glasses, noise protection, protective footwear and gloves. By: Cape Cod
- Limit use of ladders as working platforms. By: Cape Cod
- Training of "workers" in the safe use of power tools and nail guns. By: Cape Cod
- Ensure all power tools have working safety guards. By: Cape Cod
- Storage of materials in designated areas By: Cape Cod
- Maintain a clean and tidy work area. By:

- 14. Carrying materials up ramp. -Installation of timber fascia, eaves and associated timber trims
- Slips, trips, falls and accessibility
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other "workers".
- Public access

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Cape Cod
- Team lifting and carrying By: Cape Cod
- Ensure "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Cape Cod
- Training of "workers" in the safe use of power tools and nail guns. By: Cape Cod
- Ensure all power tools have working safety guards. By: Cape Cod
- Storage of materials in designated areas By: Cape Cod
- Maintain a clean and tidy work area. By: Cape Cod

- 15. Carrying materials up ramp. -Installation of external wall cladding.
- Slips, trips, falls and accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other
- 'workers"
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Cape
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Cape Cod
- Team lifting and carrying. By: Cape Cod
- Ensure workers have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Cape Cod
- Limit use of ladders as working platforms. By: Cape Cod
- Training of "workers" in safe use of power tools and nail guns. By: Cape Cod
- Ensure all power tools have working safety guards. By: Cape Cod
- Storage of materials in designated areas. By: Cape Cod
- Maintain a clean and tidy work area. By: Cape Cod

- 16. Carrying window and door assemblies up ramp. -Installation of window and door assemblies.
- Slips, trips, falls and accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries •
- Exposure to noise.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Cape
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Cape Cod
- Training of "workers" in correct lifting and carrying methods. By: Cape Cod
- Ensure that correct lifting and carrying techniques are used at all times. By: Cape Cod
- Team lifting and carrying By: Cape Cod

- Ensure "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Cape Cod
- Training of "workers" in the safe use of power tools and nail guns. By: Cape Cod
- Ensure all power tools have working safety guards. By: Cape Cod
- Maintain a clean and tidy work area. By: Cape Cod

- 17. Positioning of external timber stairs.
- accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries •
- Exposure to noise.
- Proximity of other "workers".
- Public access.

- Slips, trips, falls and Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Cape Cod
  - Training of "workers" in correct lifting and carrying methods. By: Cape Cod
  - Ensure correct lifting and carrying techniques are used at all times. By: Cape Cod
  - Ensure "workers" have protective footwear and gloves. By: Cape Cod
  - Use of mechanical aids to lift and place stairs. By: Cape Cod

  - Limit use of ladders as working platforms. By: Cape Cod
  - Team lifting and carrying. By: Cape Cod
  - Provide MSDS for chemically treated timber framing. By: Cape Cod
  - Training of "workers" in the safe handling and use of chemically treated timber products. By: Cape Cod
  - Maintain a clean and tidy work area. By: Cape Cod

- 18. Site clean up on completion of work
- Manual task injuries
- Exposure to dust
- Exposure to hazardous substances-
- Remove any temporary barricades if no longer required By: Principal Contractor
- Place all rubbish / debris in designated waste storage area By: Cape Cod
- Leave site / work area in a clean and tidy condition By:

Person responsible for ensuring compliance with SWMS: Person responsible for reviewing SWMS control measures: Tara Antoniolli Tara Antoniolli

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