



Experience you can rely on.

TOOLBOX TALK

Carrying Frames up a Ramp

Definition:

Carrying Pre-assembled Frames up ramps should always be carried out with experienced people, considering mobility and strength. The floor should always be complete and covered with the polyfabric.

Identification of Hazards

- Check that the ramp is complete and stable, with no obstacles in the way
- Check that the ramp is not slippery
- Eliminate steps and turns wherever possible, so that sudden weight change does not occur
- Back strain is a real possibility if precautions are not taken
- Slips/Trips/Falls/Strains

Control Measures – Includes PPE

- Remember the maximum frame length is 3.6 meters, cut frames down if delivered longer
- Window and Door heads greater than 900mm should not be fitted, if they have been, remove
- Wear gloves to protect hands and to help with grip
- Create good communication skills between those carrying, so that both parties clearly understand

Summary/ Overview

Carrying frames is one of many standard tasks that should never be taken for granted, always prepare for the task, never rush, and carry as a team, speak out if you are not feeling comfortable with the process.