Fresh Start

Safe Work Method Statement

Project / Location: All Jobs

version 1.0

Company: Fresh Start

Activity / Task: Carpenter

Signed by: Chris Moerman Date: 09/11/2015

Identification of services.

Principle Contractor: Cape Cod

Accepted by: Robert Moerman Date: 10/11/2015

Steps	Potential Hazards	Controls / Responsible Person(s)
. Access to site	 Slips, trips, falls and accessibility. UV light / weather exposure. 	 Site specific induction. By: Fresh Start All "workers" to register before entering the site; to read the General Construction Safety Plan signage; and to read the Site Specific Risk Assessment form. By: Fresh Start Tool box talk to highlight any WHS concerns relative to the site. By: Fresh Start Ensure that the site and work place access is unobstructed. By: Principle Contractor & Fresh Start Ensure all weather access to work areas. By: Fresh Start Wear appropriated PPE - hat, long sleeves, sun screen, sunglasses, and fluids and reduce exposur where possible. By: Fresh Start Provision of designated waste areas. By: Fresh Start Storage of materials in designated areas. By: Fresh Start Provide and maintain barricades to all materials stored on footpath and on site. By: Principle Contractor Regular site clean ups. By: Principle Contractor & Fresh Start
2. Unloading plant, equipment and tools	 Manual task injuries Slips, trips and falls. Proximity of other "workers". Public access. 	 Team lifting and carrying. By: Fresh Start Training of "workers" in correct lifting methods. By: Fresh Start Unload and move the plant and equipment to designated area to keep footpath / work place access clear. By: Fresh Start
3. Setting up equipment	 Manual task injuries Slips, trips and falls. Proximity of other "workers". Public access. 	 Set up in a clear area and maintain a clear travel path. By: Fresh Start Training of "workers" in setting up of electrical leads, power tools and nail guns. By: Fresh Start Ensure the proper use of all safety guards provided. By: Fresh Start Ensure that all power tools and electrical leads have current tagging. By: Fresh Start Ensure that all power tools are attached to a residual current device [RCD]. By: Fresh Start
4. Setting up access ramp	 Slips, trips, falls and accessibility. Fall from height Manual task injuries Proximity of other "workers". Public access. 	 Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start Team lifting and carrying. By: Fresh Start Training of "workers" in correct lifting and carrying methods. By: Fresh Start Ensure that workers have protective footwear and gloves. By: Fresh Start Check the ladder for damage / defects before use. By: Fresh Start Check that the ladder is stable and secured top and bottom before use. By: Fresh Start Install handrail and ensure adequate bracing to ramp. By: Fresh Start Provide a gate to the ramp with warning signage. By: Fresh Start
5. Stripping of existing roof frame and covering	 Slips, trips, falls and accessibility. UV light / weather exposure Fall from height. Hazardous materials. 	 Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start Identify any products or materials that may contain asbestos [ACM]. By: Principle Contractor Identify services and make sure all electrical, gas, water and sewerage services have been isolate or safely relocated before commencing. By: Fresh Start Use Licensed Electrician and Plumber to isolate, disconnect and relocate existing services. By: Principle Contractor

• Training of "workers" in safe working at heights and safe movement on roof. By: Fresh Start

• Provide "Demolition in Progress" and "Restricted Access" warning signage. By: Principle Contractor

- Electrocution
- Gas explosions
- Falling objects
- Exposure to dust
- Exposure to noise
- Manual task injuries
- Sprains and strains
- Cuts and abrasions
- Proximity of other "workers".
- Public access.

- Establish a "No access area" below overhead work areas by barricading to prevent access to the
 area of work. Provide a spotter where necessary. By: Fresh Start
- Ensure that the scaffolding is safe and erected by a qualified Scaffolder. By: Principle Contractor
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing By: Fresh Start
- Check the access ladder for damage / defects before use. By: Fresh Start
- Check that the ladder is stable and secured top and bottom before use. By: Fresh Start
- · Correct use of access ladder. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Use appropriate PPE safety glasses, footwear, noise / hearing protection, dust protection [disposable], gloves and hard hats. By: Fresh Start
- Systematic safe removal of materials. By: Fresh Start
- · Team lifting and carrying. By: Fresh Start
- Ensure that the stairwell and openings / voids in floor are covered. By: Fresh Start
- Ensure all roof tarps are tied down and not weighted with tiles. By: Principle Contractor & Fresh Start
- Ensure that materials are not stored on roof or scaffold. By: Fresh Start
- Provide a shute for materials into designated waste area as required. Provide a 'spotter' where necessary. By: Fresh Start
- Provide shade cloth around work area and wet down dust as required to prevent wind borne dust.
 By: Principle Contractor
- Storage of materials in designated waste area. By: Fresh Start
- Regular site clean ups. By: Principle Contractor

- Cut out existing roof structure
- Slips, trips, falls and
 accessibility
- Fall from height
- Sharp and penetrating objects
- Manual task injuries
- Exposure to dust
- Exposure to noise
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical services have been isolated and that 'tiger tails' are in place as
 protection from overhead wires and points of attachment before commencing installation work.
 By: Principle Contractor & Fresh Start
- Training of "workers" in safe working at heights and safe movement on roof. By: Fresh Start
- Provide "Demolition in Progress" and "Restricted Access" warning signage. By: Principle Contractor
- Establish a "No access area" below overhead work areas by barricading to prevent access to the
 area of work. Provide a spotter where necessary. By: Principle Contractor
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor
- Check the access ladder for damage / defects before use By: Fresh Start
- Check that the ladder is stable and secured top and bottom before use. By: Fresh Start
- Correct use of access ladder. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Use appropriate PPE safety glasses, footwear, noise / hearing protection, dust protection [disposable], gloves, and hard hats. By: Fresh Start
- Training of "workers" in safe use of power tools, chain saws and reciprocating saws. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Systematic safe removal of materials. By: Principle Contractor & Fresh Start
- Ensure that correct lifting and carrying techniques are used. By: Fresh Start
- Ensure that the existing stairwell and openings in floor are covered and / or protected by guard rails. By: Principle Contractor
- Ensure that materials are not stored on roof or scaffold. By: Fresh Start
- Ensure that all exposed nails are removed. By: Fresh Start
- Storage of materials in designated waste areas. By: Fresh Start
- Regular site clean ups. By: Principle Contractor

- 7. Carry materials up ramp Installation of floor platform members
- Slips, trips, falls and accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other "workers".
- Public access

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of ramp is clean before commencing. By: Principle Contractor & Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor & Fresh Start
- Ensure that all openings and voids in the floor platform are covered or protected by a guard rail.
 By: Principle Contractor & Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start

- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Ensure that "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start
- Provide MSDS for chemically treated timber floor framing and sheet particleboard flooring. By:
 Fresh Start
- Training of "workers" in the safe handling and use of chemically treated timber products and sheet particleboard flooring. By: Fresh Start
- Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start
- Ensure that all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

8. Carrying structural steel members up ramp - Installation of

steel beams and

posts.

- Slips, trips and falls.
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Proximity of other "workers".
- Public access.
- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
 Principle Contractor & Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Principle Contractor & Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor & Fresh Start
- Training of "workers" in correct lifting and carrying methods By: Fresh Start
- Ensure that correct lifting and carrying techniques are used at all times By: Fresh Start
- Ensure that "workers" have protective footwear and gloves. By: Fresh Start
- Use of mechanical aids to lift and place steel beams and posts. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Use short beams where possible. By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

- Carry frames and components up ramp - Erection of timber wall frames
- Slips, trips, falls and
 accessibility.
- UV light / weather exposure.
- Fall from height.
- Manual task injuries
- Sprains and strains.
- Exposure to noise.
- Hazardous materials.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection
 from overhead wires and points of attachment before commencing the installation work. By: Fresh
 Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Fresh Start
- Provide MSDS for chemically treated timber framing. By: Fresh Start
- Training of "workers" in the safe handling and use of chemically treated timber products.
 By: Fresh
 Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start
- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Team lifting and carrying. By: Fresh Start
- Ensure "workers" have safety glasses, noise protection, protective footwear and gloves. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Training of "workers" in safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Principle Contractor & Fresh Start

- Carry up materials and components up ramp -Installation of structural timber beams
- Slips, trips, falls and accessibility
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Exposure to noise
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Principle Contractor & Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor & Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start
- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Ensure "workers" have protective footwear and gloves. By: Fresh Start

- Use of mechanical aids to lift and place hangers and beams. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Maintain a clean and tidy work area. By: Principle Contractor & Fresh Start

- 11. Carry trusses up ramp Erection of timber roof trusses
- Slips, trips, falls and
 accessibility.
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Exposure to noise.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
 Principle Contractor & Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Fresh Start
- Training of "workers" in safe working at heights and safe movement on roof. By: Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start
- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Ensure "workers" have safety glasses, noise protection, protective footwear and gloves. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Principle Contractor & Fresh Start

- 12. Carrying
 materials up
 ramp. Installation of
 timber fascia,
 eaves and
 associated timber
 trims.
- Slips, trips, falls and accessibility
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other
- "workers".Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
 Principle Contractor & Fresh Start
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Ensure "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start
- Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

- 13. Carrying
 materials up
 ramp. Installation of
 external wall
 cladding.
- Slips, trips, falls and
 accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Fresh Start
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Fresh Start
- Team lifting and carrying. By: Fresh Start
- Ensure workers have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Training of "workers" in safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas. By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

- 14. Carrying window and door assemblies up ramp. Installation of window and door assemblies.
- Slips, trips, falls and
 accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to noise.
- Proximity of other
- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Fresh Start
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start

"workers". Ensure that correct lifting and carrying techniques are used at all times. By: Fresh Start Public access. Team lifting and carrying By: Fresh Start Ensure "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start Ensure all power tools have working safety guards. By: Fresh Start Maintain a clean and tidy work area. By: Fresh Start 15. Positioning of Slips, trips, falls and Assess the site conditions including the weather and conduct a Site Specific Risk Assessment external timber accessibility. before commencing. By: Fresh Start UV light / weather Training of "workers" in correct lifting and carrying methods. By: Fresh Start exposure Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start Fall from height. Ensure "workers" have protective footwear and gloves. By: Fresh Start Manual task injuries • Use of mechanical aids to lift and place stairs. By: Fresh Start Exposure to noise. Limit use of ladders as working platforms. By: Fresh Start Proximity of other Team lifting and carrying. By: Fresh Start "workers". Provide MSDS for chemically treated timber framing. By: Fresh Start Public access. Training of "workers" in the safe handling and use of chemically treated timber products. By: Fresh Maintain a clean and tidy work area. By: Fresh Start 16. Site clean up on Manual task injuries Remove any temporary barricades if no longer required By: Principle Contractor completion of Exposure to dust • Place all rubbish / debris in designated waste storage area By: Fresh Start work Exposure to Leave site / work area in a clean and tidy condition By: Principle Contractor & Fresh Start hazardous substances-

> Person responsible for ensuring compliance with SWMS: Person responsible for reviewing SWMS control measures:

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