## Fresh Start

## Safe Work Method Statement

Project / Location: All Jobs

version 1.0

Company: Fresh Start

Activity / Task: Carpenter

Signed by: Chris Moerman Date: 09/11/2015

Identification of services.

Principle Contractor: Cape Cod

Accepted by: Robert Moerman Date: 10/11/2015

Steps	Potential Hazards	Controls / Responsible Person(s)
. Access to site	<ul> <li>Slips, trips, falls and accessibility.</li> <li>UV light / weather exposure.</li> </ul>	<ul> <li>Site specific induction. By: Fresh Start</li> <li>All "workers" to register before entering the site; to read the General Construction Safety Plan signage; and to read the Site Specific Risk Assessment form. By: Fresh Start</li> <li>Tool box talk to highlight any WHS concerns relative to the site. By: Fresh Start</li> <li>Ensure that the site and work place access is unobstructed. By: Principle Contractor &amp; Fresh Start</li> <li>Ensure all weather access to work areas. By: Fresh Start</li> <li>Wear appropriated PPE - hat, long sleeves, sun screen, sunglasses, and fluids and reduce exposur where possible. By: Fresh Start</li> <li>Provision of designated waste areas. By: Fresh Start</li> <li>Storage of materials in designated areas. By: Fresh Start</li> <li>Provide and maintain barricades to all materials stored on footpath and on site. By: Principle Contractor</li> <li>Regular site clean ups. By: Principle Contractor &amp; Fresh Start</li> </ul>
2. Unloading plant, equipment and tools	<ul> <li>Manual task injuries</li> <li>Slips, trips and falls.</li> <li>Proximity of other "workers".</li> <li>Public access.</li> </ul>	<ul> <li>Team lifting and carrying. By: Fresh Start</li> <li>Training of "workers" in correct lifting methods. By: Fresh Start</li> <li>Unload and move the plant and equipment to designated area to keep footpath / work place access clear. By: Fresh Start</li> </ul>
3. Setting up equipment	<ul> <li>Manual task injuries</li> <li>Slips, trips and falls.</li> <li>Proximity of other "workers".</li> <li>Public access.</li> </ul>	<ul> <li>Set up in a clear area and maintain a clear travel path. By: Fresh Start</li> <li>Training of "workers" in setting up of electrical leads, power tools and nail guns. By: Fresh Start</li> <li>Ensure the proper use of all safety guards provided. By: Fresh Start</li> <li>Ensure that all power tools and electrical leads have current tagging. By: Fresh Start</li> <li>Ensure that all power tools are attached to a residual current device [RCD]. By: Fresh Start</li> </ul>
4. Setting up access ramp	<ul> <li>Slips, trips, falls and accessibility.</li> <li>Fall from height</li> <li>Manual task injuries</li> <li>Proximity of other "workers".</li> <li>Public access.</li> </ul>	<ul> <li>Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start</li> <li>Team lifting and carrying. By: Fresh Start</li> <li>Training of "workers" in correct lifting and carrying methods. By: Fresh Start</li> <li>Ensure that workers have protective footwear and gloves. By: Fresh Start</li> <li>Check the ladder for damage / defects before use. By: Fresh Start</li> <li>Check that the ladder is stable and secured top and bottom before use. By: Fresh Start</li> <li>Install handrail and ensure adequate bracing to ramp. By: Fresh Start</li> <li>Provide a gate to the ramp with warning signage. By: Fresh Start</li> </ul>
5. Stripping of existing roof frame and covering	<ul> <li>Slips, trips, falls and accessibility.</li> <li>UV light / weather exposure</li> <li>Fall from height.</li> <li>Hazardous materials.</li> </ul>	<ul> <li>Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start</li> <li>Identify any products or materials that may contain asbestos [ACM]. By: Principle Contractor</li> <li>Identify services and make sure all electrical, gas, water and sewerage services have been isolate or safely relocated before commencing. By: Fresh Start</li> <li>Use Licensed Electrician and Plumber to isolate, disconnect and relocate existing services. By: Principle Contractor</li> </ul>

• Training of "workers" in safe working at heights and safe movement on roof. By: Fresh Start

• Provide "Demolition in Progress" and "Restricted Access" warning signage. By: Principle Contractor

- Electrocution
- Gas explosions
- Falling objects
- Exposure to dust
- Exposure to noise
- Manual task injuries
- Sprains and strains
- Cuts and abrasions
- Proximity of other "workers".
- Public access.

- Establish a "No access area" below overhead work areas by barricading to prevent access to the
  area of work. Provide a spotter where necessary. By: Fresh Start
- Ensure that the scaffolding is safe and erected by a qualified Scaffolder. By: Principle Contractor
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing By: Fresh Start
- Check the access ladder for damage / defects before use. By: Fresh Start
- Check that the ladder is stable and secured top and bottom before use. By: Fresh Start
- · Correct use of access ladder. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Use appropriate PPE safety glasses, footwear, noise / hearing protection, dust protection [disposable], gloves and hard hats. By: Fresh Start
- Systematic safe removal of materials. By: Fresh Start
- · Team lifting and carrying. By: Fresh Start
- Ensure that the stairwell and openings / voids in floor are covered. By: Fresh Start
- Ensure all roof tarps are tied down and not weighted with tiles. By: Principle Contractor & Fresh Start
- Ensure that materials are not stored on roof or scaffold. By: Fresh Start
- Provide a shute for materials into designated waste area as required. Provide a 'spotter' where necessary. By: Fresh Start
- Provide shade cloth around work area and wet down dust as required to prevent wind borne dust.
   By: Principle Contractor
- Storage of materials in designated waste area. By: Fresh Start
- Regular site clean ups. By: Principle Contractor

- Cut out existing roof structure
- Slips, trips, falls and 
   accessibility
- Fall from height
- Sharp and penetrating objects
- Manual task injuries
- Exposure to dust
- Exposure to noise
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical services have been isolated and that 'tiger tails' are in place as
  protection from overhead wires and points of attachment before commencing installation work.
   By: Principle Contractor & Fresh Start
- Training of "workers" in safe working at heights and safe movement on roof. By: Fresh Start
- Provide "Demolition in Progress" and "Restricted Access" warning signage. By: Principle Contractor
- Establish a "No access area" below overhead work areas by barricading to prevent access to the
  area of work. Provide a spotter where necessary. By: Principle Contractor
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor
- Check the access ladder for damage / defects before use By: Fresh Start
- Check that the ladder is stable and secured top and bottom before use. By: Fresh Start
- Correct use of access ladder. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Use appropriate PPE safety glasses, footwear, noise / hearing protection, dust protection [disposable], gloves, and hard hats. By: Fresh Start
- Training of "workers" in safe use of power tools, chain saws and reciprocating saws. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Systematic safe removal of materials. By: Principle Contractor & Fresh Start
- Ensure that correct lifting and carrying techniques are used. By: Fresh Start
- Ensure that the existing stairwell and openings in floor are covered and / or protected by guard rails. By: Principle Contractor
- Ensure that materials are not stored on roof or scaffold. By: Fresh Start
- Ensure that all exposed nails are removed. By: Fresh Start
- Storage of materials in designated waste areas. By: Fresh Start
- Regular site clean ups. By: Principle Contractor

- 7. Carry materials up ramp Installation of floor platform members
- Slips, trips, falls and accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other "workers".
- Public access

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of ramp is clean before commencing. By: Principle Contractor & Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor & Fresh Start
- Ensure that all openings and voids in the floor platform are covered or protected by a guard rail.
   By: Principle Contractor & Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start

- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Ensure that "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start
- Provide MSDS for chemically treated timber floor framing and sheet particleboard flooring. By:
   Fresh Start
- Training of "workers" in the safe handling and use of chemically treated timber products and sheet particleboard flooring. By: Fresh Start
- Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start
- Ensure that all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

8. Carrying structural steel members up ramp - Installation of

steel beams and

posts.

- Slips, trips and falls.
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Proximity of other "workers".
- Public access.
- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
   Principle Contractor & Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Principle Contractor & Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor & Fresh Start
- Training of "workers" in correct lifting and carrying methods By: Fresh Start
- Ensure that correct lifting and carrying techniques are used at all times By: Fresh Start
- Ensure that "workers" have protective footwear and gloves. By: Fresh Start
- Use of mechanical aids to lift and place steel beams and posts. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Use short beams where possible. By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

- Carry frames and components up ramp - Erection of timber wall frames
- Slips, trips, falls and
   accessibility.
- UV light / weather exposure.
- Fall from height.
- Manual task injuries
- Sprains and strains.
- Exposure to noise.
- Hazardous materials.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection
  from overhead wires and points of attachment before commencing the installation work. By: Fresh
  Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Fresh Start
- Provide MSDS for chemically treated timber framing. By: Fresh Start
- Training of "workers" in the safe handling and use of chemically treated timber products.
   By: Fresh
   Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start
- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Team lifting and carrying. By: Fresh Start
- Ensure "workers" have safety glasses, noise protection, protective footwear and gloves. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Training of "workers" in safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Principle Contractor & Fresh Start

- Carry up materials and components up ramp -Installation of structural timber beams
- Slips, trips, falls and accessibility
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Exposure to noise
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Principle Contractor & Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Principle Contractor & Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start
- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Ensure "workers" have protective footwear and gloves. By: Fresh Start

- Use of mechanical aids to lift and place hangers and beams. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Maintain a clean and tidy work area. By: Principle Contractor & Fresh Start

- 11. Carry trusses up ramp Erection of timber roof trusses
- Slips, trips, falls and
   accessibility.
- UV light / weather exposure
- Fall from height
- Manual task injuries
- Exposure to noise.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
   Principle Contractor & Fresh Start
- Ensure that the guard rails to the ramp are in place and that the surface of the ramp is clean before commencing. By: Fresh Start
- Ensure that the perimeter protection is in place [scaffolding and edge protection] before commencing. By: Fresh Start
- Training of "workers" in safe working at heights and safe movement on roof. By: Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start
- Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Ensure "workers" have safety glasses, noise protection, protective footwear and gloves. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Principle Contractor & Fresh Start

- 12. Carrying
  materials up
  ramp. Installation of
  timber fascia,
  eaves and
  associated timber
  trims.
- Slips, trips, falls and accessibility
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other
- "workers".Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By:
   Principle Contractor & Fresh Start
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Fresh Start
- Team lifting and carrying By: Fresh Start
- Ensure "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start
- Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

- 13. Carrying
  materials up
  ramp. Installation of
  external wall
  cladding.
- Slips, trips, falls and 
   accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to dust.
- Exposure to noise.
- Proximity of other "workers".
- Public access.

- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Fresh Start
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Fresh Start
- Team lifting and carrying. By: Fresh Start
- Ensure workers have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start
- Limit use of ladders as working platforms. By: Fresh Start
- Training of "workers" in safe use of power tools and nail guns. By: Fresh Start
- Ensure all power tools have working safety guards. By: Fresh Start
- Storage of materials in designated areas. By: Fresh Start
- Maintain a clean and tidy work area. By: Fresh Start

- 14. Carrying window and door assemblies up ramp. Installation of window and door assemblies.
- Slips, trips, falls and
   accessibility.
- UV light / weather exposure
- Fall from height.
- Manual task injuries
- Exposure to noise.
- Proximity of other
- Assess the site conditions including the weather and conduct a Site Specific Risk Assessment before commencing. By: Fresh Start
- Identify that the electrical service has been isolated and that 'tiger tails' are in place as protection from overhead wires and points of attachment before commencing the installation work. By: Fresh Start
- Ensure that the perimeter protection is in place before commencing. [Scaffold as working platform] By: Fresh Start
- Training of "workers" in correct lifting and carrying methods. By: Fresh Start

"workers". Ensure that correct lifting and carrying techniques are used at all times. By: Fresh Start Public access. Team lifting and carrying By: Fresh Start Ensure "workers" have safety glasses, noise protection, dust protection [disposable], protective footwear. By: Fresh Start Training of "workers" in the safe use of power tools and nail guns. By: Fresh Start Ensure all power tools have working safety guards. By: Fresh Start Maintain a clean and tidy work area. By: Fresh Start 15. Positioning of Slips, trips, falls and Assess the site conditions including the weather and conduct a Site Specific Risk Assessment external timber accessibility. before commencing. By: Fresh Start • UV light / weather Training of "workers" in correct lifting and carrying methods. By: Fresh Start exposure Ensure correct lifting and carrying techniques are used at all times. By: Fresh Start Fall from height. Ensure "workers" have protective footwear and gloves. By: Fresh Start Manual task injuries • Use of mechanical aids to lift and place stairs. By: Fresh Start Exposure to noise. Limit use of ladders as working platforms. By: Fresh Start Proximity of other Team lifting and carrying. By: Fresh Start "workers". Provide MSDS for chemically treated timber framing. By: Fresh Start Public access. Training of "workers" in the safe handling and use of chemically treated timber products. By: Fresh Maintain a clean and tidy work area. By: Fresh Start 16. Site clean up on Manual task injuries Remove any temporary barricades if no longer required By: Principle Contractor completion of Exposure to dust • Place all rubbish / debris in designated waste storage area By: Fresh Start work Exposure to Leave site / work area in a clean and tidy condition By: Principle Contractor & Fresh Start hazardous substances-

> Person responsible for ensuring compliance with SWMS: Person responsible for reviewing SWMS control measures:

> > Document Updated: 10/11/2015