

COSMETIC BRACES



Lifestyle
DENTAL CLINIC

Thank you for downloading this report. I hope you will find it informative and it will answer your questions you may have if you are thinking about having braces, cosmetic braces in particular, and how you can have straighter teeth in as little as 6 months.

WHAT ARE COSMETIC BRACES?

Well, cosmetic braces is a term given to a brace system which is primarily aimed at straightening the front teeth or the teeth that you show when you smile.

ARE COSMETIC BRACES NEW?



No, the technology and the brace systems are the same that are used in the traditional braces systems. The main difference is the way in which they are used and what they are used for, which is to primarily concentrate on straightening the front teeth.

WHAT TYPE ARE THERE?

Well, there are a number of options, but they can be split into a few groups.

Clear aligners – These include Invisalign and other clear aligners. They consist of clear gum shields which are very discreet. Once in, they are worn for about two weeks and gradually the teeth are moved over a period of time. It can be quite a lengthy process depending on what is being corrected and in some cases can be up to two years or so.



Fixed braces – The Six Month Smiles System is a brace system that fits into this category. It consists of clear brackets with tooth coloured wire which is on the teeth. The brackets are very discreet. With this system the teeth can be moved very quickly and results can be achieved within 6 months depending on what we are aiming for.

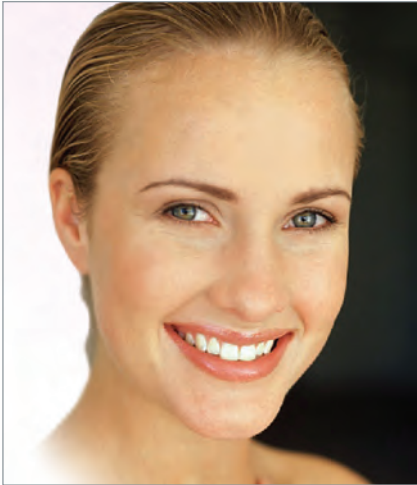
As there are brackets involved, then there can be a little bit of discomfort for the first few weeks, although most people get used to this and they can be very comfortable.

The Inman Aligner – The Inman Aligner is a removable brace which can be removed and usually is worn for up to 16 hours per day. This can usually be used to correct the front 4 teeth. Not everyone is suitable for this, although with a consultation we would be able to determine if you were. One of the main benefits of having this



is that as it is removable, it can be taken out for special occasions like social events and no one will know.

WHAT ABOUT AFTER THE BRACE TREATMENT?



Well, there are a couple of things to bear in mind. Firstly, teeth will move and continue to move after treatment so it is very important that you have some kind of retainer to keep the teeth in place. There are a number of different types, although generally a fixed and removable retainer is made. They are very discreet and in most cases they are very easy to get used to as well.

Also, the other thing to bear in mind is that with any brace treatment, the teeth are moved into position. Braces can alter the position of the teeth although not the shape. So you may find that after the treatment the teeth are in the right position although they still don't look quite right.

In this case there are two further procedures which sometimes are required, which finish off and give you the smile that you desire.

They are:

Artificial Enamel bonding – What this involves is using artificial enamel which can be bonded on to the teeth. This can change the shape of the teeth significantly and thus give a much better appearance to a tooth and even alter the whole smile.

Contouring – If a tooth is a little big or has a crooked edge, then this can be corrected by polishing the edge of that tooth. This results in an enhanced appearance. This has to be done very carefully and in the right dimensions to keep within the natural smile.

So sometimes with a combination of contouring and artificial enamel bonding an excellent smile can be achieved.

I hope you enjoyed this report and it cleared up any questions you may have had. If you would like to know more or would like a consultation to discuss your concerns in particular then please give me a call on 01772 717316.

Thanks
Nadim Majid



“EXCELLENT STAFF”

“I’m quite nervous about dental work but the staff provided excellent explanations which made me feel relaxed and it wasn’t that painful at all and I’m quite soft.”

Jodie

“EFFECTIVE SOLUTION”

“Highly recommended to anyone looking for a cost effective solution to getting your smile back.”

Gary McGaffney, Trainer, Preston



WHO ARE WE?

Lifestyle Dental Clinic in Preston, Fulwood is an established, high-quality, state-of-the-art private practice. We offer a complete care approach to each of our clients. After listening to your concerns we will give you the smile you desire in the most efficient time frame, as pain free as possible. We will fully explain the procedure in language that you understand—with images and models to show you the before and after treatment results.

Dr. Nadim Majid is gifted in numerous areas that promote a feeling of comfort and security for our patients. He is skilled in sedation and hypnotherapy, which helps our patients achieve a state relaxation that allows for the best treatment results, especially during invasive treatments.

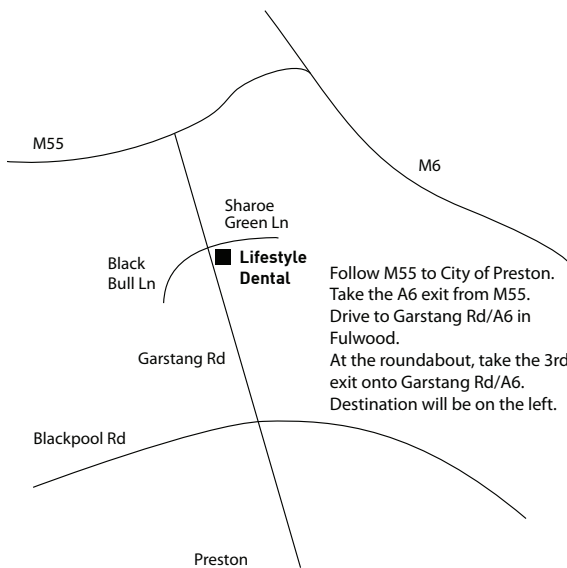
WHY LIFESTYLE DENTAL CLINIC?

We create a completely comfortable atmosphere to accommodate our patients physically, mentally and emotionally. Everything, from our simple and modern décor to our extensive treatment consultations and hypnotherapy, is aimed at making our patients comfortable and confident in themselves and in our staff.

Going the extra mile is commonplace within our practice. Our team makes every effort to ensure that each client is cared for in a manner that is second to none.

It is truly the passion, expertise, and desire to improve, which each member of our team exhibits, that is the driving force of Lifestyle Dental Clinic. It is the teamwork and hard work that will propel us into the future.





Lifestyle

DENTAL CLINIC

Visit us at: www.lifestyledental.co.uk
or: 284 Garstang Road, Suite E
Preston, Fulwood PR2 9RX
Call us on: 01772 97 76 11

Lifestyle Dental is a private dental clinic and adheres to the GDC policies GDC no 79353.