

Lifestyle Dental News

April 2016

April is upon us with St Georges day. Spring is in the air.



HAPPY BIRTHDAY TO OUR APRIL PATIENTS. INCLUDING NADIM ON 2ND APRIL. WE HOPE YOU ALL HAVE A FANTASTIC DAY. YOU SHARE YOUR BIRTHDAYS WITH SUSAN BOYLE, HUGH HEFNER, ALEC GUINNESS.

April Birth Flower

The April Birth Flower is the Sweet pea, as shown in the opposite picture



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New to Lifestyle Dental

Meaning of the April Birth Flower:

The meaning of the April Birth Flower, the Sweet pea can mean Good-bye or Blissful Pleasure

Sign of the Zodiac and Dates:

Aries - March 21 - April 20

April Birthstone: The Diamond

Characteristics of Aries :

Loyal, Patriotic, Courageous, Adventurous, Confident & Passionate



This month we have introduced anti wrinkle treatment to the dental practice, this is a service that I have wanted to introduce for sometime, as I have seen first hand how much of an impact it can make on a persons life and the difference that can be achieved. We seemed to be asked about what can be done for wrinkles especially once we had given someone a new smile. So now we have launched the Lifestyle Dental Facial Aesthetics Clinic, Sophie and Karen have already tried out the treatment, so feel free to ask them about it next time you come in or if you want to know more then call us NOW on 01772 717316.

Are your Dentures Affecting your social life?
Loose or ill fitting Dentures.

Why not come and see Tim our excellent Clinical Dental Technician.

Tim is able to construct dentures and see patients making it easier for him to make bespoke fitting dentures.

To find out more call now on 01772 717316

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Lifestyle Gossip

Nadim: Had a great Easter break, its been a little strange this year as the schools are all off at different times. Sarim & Liya are off at the moment. Liya my daughter has started using a brace called Myobrace from Germany helps children from a young age to straighten the jaw as this presents problems in the future. She is getting on well and I will keep updated in the future.

Karen: Well its been a busy couple of months for me, I had my birthday on 12 March (21) again. Matthew continues with his Duke of Edinburgh Awards. We went to Buxton over Easter weekend which was a lovely break. Rebekah has moved into a lovely 2 bedroom apartment with her partner Charlotte so we now have space in our attic which Graham is happy about. We are doing a bit of decorating at the moment, Graham has decided to put Laminate flooring down in our bedroom so that's a job he wished he hadn't started. Matthew & I are going to visit my sister & her family on 15th April for a long weekend, whilst I'm off for 2 weeks. Any-way see you all soon.

Sophie: Dominic has now completed his last 2 Activity badges for Scouts he can now gain his Chief Gold Scout Award. He is also moving up to Explorers in the next few weeks so has to attend on a Monday evening. The fund raising for Croatia Trip continues with a pace. I'm doing a Photo shoot for the Chorley Angels First Aid team at their Presentation Evening on Friday 22 April. Kris has completed a construction course at Preston's College he is now Job hunting. My Dad & Step mum came over for the weekend we had a meal at Tiggis. That's all for now till next Month.

Testimonials

To Nadim, Sophie & Karen. Thank you all so much for looking after me throughout the course of my treatment. I am so pleased with my dental Implants. Thanks Nadim, Amazing!!!

Jayne

Dental Implants.

Gardening Tips

Beware late frosts and keep vulnerable plants and new shoots protected at night if frost is forecast. Don't be tempted to put out tender bedding until much later on in the month and even then be prepared to cover it if necessary.

Deadhead daffodils and narcissi, give them a liquid feed or sprinkling of bone meal and then let them die down. Don't cut off the leaves as they are necessary to replenish the bulb for next year. Keep deadheading spring bedding to keep it looking neat and encourage new flowers.

Continue with the spring cleaning. Hoe your borders, getting rid of weeds before they take hold - annual weeds such as bitter cress and groundsel are enough of a nightmare without allowing them to go forth and multiply by seeding. If it's dry, attack ground elder and the like with systemic weed killer painted onto the leaves.

Mulch away while you can still see what you are doing and before the herbaceous growth really takes off. Use your own garden compost or leaf mould, well rotted manure, the contents of out-of-date grow bags or ready-made soil conditioner.

Now the soil is warming up and things are starting to grow, add general purpose fertiliser before covering with mulch especially in borders, the fruit and vegetable patch and containers. If you have already mulched, draw it back (if possible), tease the soil a little, add fertiliser and replace the mulch.