

Lifestyle Dental News

HAPPY 4th BIRTHDAY



Volume 49 Issue 49

Happy birthday Lifestyle Dental
Happy birthday Lifestyle Dental
Happy birthday to you.

We are celebrating our 4th birthday. We would like to thank all of our Patients, Families and friends for your continued support throughout the year.

So if its your birthday this month we wish you a Happy Birthday,
You celebrate it with Pink, Barry Gibb, Raquel Welch, Lennox Lewis. Sophie`s husband Lance.

September Birth Flower

The September Birth Flower is the Aster

Meaning of the September Birth Flower:

The meaning of the September Birth Flower, the Aster is Love, Faith, Wisdom and symbolizes Valor

Sign of the Zodiac and Dates:

Virgo - August 24 - September 22

September Birthstone: The Sapphire

Characteristics of Virgo

Orderly, Modest, Diligent, Analytical & Self-sufficient



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: The tint of autumn, a mighty flower-garden, blossoming under the spell of the enchanter Frost. ~ John Greenleaf Whittier

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What have we been up to ???

Sarim and Lyia have started at nursery again. The teachers have said they have grown. Nadim must put them in compost at night. Also during the holidays Nadim and Nosheen took them to Camelot where they went on the rides and had a brilliant time. Nadim also took a few days in August for Eid to celebrate the end of Ramadan. He and Nosheen have had days out with the children. So he is now nicely rested.

Sophie has had 2 weeks in Wales with the family and we had mixed weather we had a fantastic time. Dominic also gained 2 certificates for the best dancer. He is due to be invested into Scouts on 14th September in Skemersdale whilst Scuba Diving sounds like such fun. School has also begun and Dominic is now in year 6 and is a Prefect. Kris has started back for year 2 at Runshaw on to Level 2 of Public services. So wonder what antics they will get up to this year. More river running? Hiking up peaks some where who knows.

Karens daughter Rebekah starts university on 10 September where she will be studying Forensic Science. Matthew started High School on 4th September, on his first day he learnt how to say can I take my Blazer off in French. Karen is an Auntie again as her sister had a baby boy on 12 September 2012 His name is Charlie William Murphy-Frost. She is going to see the baby in a fortnights time. Karen saw the Edinburgh Tattoo and went round Holyrood House .

September is Oral Health month. Lifestyle Dental Supports Colgate Oral health Month. The British Dental Association and Colgate are partnering to raise awareness of oral health during the month of September.

The theme for 2012 campaign is `ORAL HEALTH AS PART OF OVERALL HEALTH` with the following messages.

Brush your teeth twice a day with a fluoride toothpaste.

Avoid sugary snacks and drinks between meals.

Visit a dentist regularly

During the month of September Lifestyle Dental will be raising awareness of improving oral health.

Colgate Oral Health Month runs throughout September.

For further information visit.

www.colgate.co.uk

Testimonials

Obstacle; Cost- Facility to spread payments made it possible. A Fear of injections in the mouth — Combination of numbing gel and calm treatment helped greatly.

Result: Very happy with the result — no longer embarrassed by my smile. Friendly team, relaxed surrounding and good dental work.

Confident smile, Overall dental health, Facing fear of dentists.

Good service.

Michelle 07/09/12