

# Lifestyle Dental News

May 2014



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**May Birth flower**

The May Birth Flower is the Lily of the Valley, as shown in the opposite picture

**Meaning of the May Birth Flower:** The meaning of the May Birth Flower, the Lily of the Valley is Sweetness and Humility

**Sign of the Zodiac and Dates:**

Taurus - April 21 - May 20

**May Birthstone:** The Emerald

**Characteristics of Taurus :**

Affectionate, Reliable, Ambitious, Practical & Patient



Happy birthday to our May patients we hope you all have a great day.

You celebrate your birthday with:

Lily Allen, David Beckham, Adele and Pierce Brosnan.

If you receive a birthday card from us don't forget to use it when you come to see us. Only valid for 1 month after the birthday.

**Whitening Wednesdays**

Have your teeth Whitened on Wednesdays for half price. Only £310 With our in house Lifestyle Dental Laser Whitening Package. Call now on 01772 717316 speak to either Sophie or Karen.

:  
Do you have a gap in your smile??



Come and see our Implantologist and Smile again.

Call now on 01772  
717316 (24-7)

## **Shopping Sense**

Make several trips to your car to drop off packages while shopping rather than trying to carry too many items around with you.

Put packages and bags in the boot or otherwise keep them out of sight to deter thieves.

Leave the store or centre well before closing time to increase the likelihood that you won't be walking out alone. If you are leaving the store at closing time ask the security staff to escort you to your car.

# Lifestyle Dental News

Been a busy few days Nadim has been enjoying the sun with family and friends. I'm particularly looking forward to the upcoming Bank Holiday weekend. Lifestyle dental is going to be busy and Nadim and the Team want to say thank you for your support over the years and look forward to seeing you very soon. Wishing you a very pleasant few warm weeks ahead.

Sophie has had some more work carried out at home. Kris has signed up for a Electrical course which is 18 months to 2 years long some of it is residential where he will be spending time away from home at the college in Wakefield. He continues to work at McDonalds. Dominic continues to do well at school. He is rehearsing a comedy sketch at Scouts for the AGM. In June so that should be fun.

Karen, Graham and Matthew were at a Christening on 4th May. Rebekah came home for the weekend, Matthew had an accident on 14th May, whilst playing football at home he knocked his face and his swelled up, so it was a trip to A&E but Karen was already there with her Parents as her Dad was unwell, it was quite a busy evening to say the least, but worst part was telling Matthew he couldn't go to school, but they are both recovering well. Karen, Graham and Matthew are off to York for the Bank Holiday week.

## Testimonials

I had braces in the past so was disappointed when they slipped back. I felt self conscious having photographs taken and at interviews. A leaflet came through the door and I was immediately interested. The offer was very good as it made treatment affordable. I was very impressed with how fast the treatment was—my teeth were quite crooked so to be completed in just 3 months was fantastic. I was also pleased that they were clear, as it meant I did not feel embarrassed to have braces as an adult.  
Do it !

Jess      Preston    31/03/14

20 May to 20  
June  
National Smile  
Month



## The UK's biggest smiling event

Over three fifths of adults in England and Northern Ireland (61 per cent and 60 per cent respectively) and over two thirds in Wales and Scotland (both 69 per cent) now attend their dentists regularly. In 1978, the figure was just 44 per cent in England and 39 per cent in Wales. The proportion of the population with no natural teeth in England, Northern Ireland and Wales has fallen to just six per cent in 2009. In 1978, the figure was as high as 37 per cent in Wales. The number of adults with 21 or more natural teeth has risen to 86 per cent in England, Wales and Northern Ireland. In 1978, the percentage was as low as 68 per cent in Northern Ireland. In 2009, two thirds (66.6 per cent) of children aged 12 were found to be free of visible dental decay. In 1973, this figure was less than 10 per cent.

The dental health of five year old children is even better - just 31 per cent of children show any obvious dental decay.