



Solutions-Awareness Toolkit

Inform, Educate & Empower *Yourself*

Education is the most powerful weapon you can use to change the world.

- Nelson Mandela

Introduction

Knowledge empowers - and in today's world it seems that the most relevant and uplifting knowledge is withheld from the public by the corporate media. We need to know that we have *already* developed and preserved the knowledge, the skills, the tools, the resources, the technology, the mentors and *the living examples* of *how* we can collectively transform human society into a culture of freedom, equality and responsible abundance for all. With most people unaware of this *vital fact*, our world is dying for inspiration.

What if more people could get a taste of the immense wealth of ecological solutions, social innovations, alternative political & economic models, and acts of selfless service that are flourishing all over the world?

Could it help to inspire more of us into active and collaborative participation?

All this information - and much much more - is readily available on the Internet. To help you find it, we have created this toolkit and mini directory to offer you a taste of the cream of transformative innovation.

If we truly want to live in a free and healthy world then we each need to take responsibility to make it so. *Being the change* starts with yourself and your personal development towards inner peace, empathic communication, service, etc. *Living the change* begins with learning about alternative and “appropriate” lifestyle choices and practices - and then *putting them into practice*. Taking responsibility for informing and educating ourselves and each other about all the positive things that are happening in the world today, and how we can support and participate in them, is vital to our collective cultural shift.



Videos

Must-see for all United Earth co-creators!

A comprehensive and inspiring presentation outlining the potential for global unity and collaboration from one of our core collaborators:

- [One People One World](#)

Understanding “the problem”

- [The Story of Stuff](#) (21mins) - links to the series
- [Economic hitmen](#) (2mins)
- [The lie we live](#) (9min)
- [The Banking story](#) (1 min)
- [The Money fix](#) (80 mins)
- [The Money Masters](#) (270 mins)
- [The Great Transition Initiative](#) (6 min. possible future scenarios)

The Good News (that most people don't know about!)

- [Blessed Unrest \(6 mins\)](#)
- [Cultural Creatives \(5 mins\)](#)
- [The Shift \(5 mins trailer\)](#)
- [The Valhalla Movement](#) (4 mins)
- [Wayseer Manifesto \(8 mins\)](#)
- [Free Your Choice \(14 mins\)](#)

The Alternatives and Solutions

Ecological

- [Inhabit- Permaculture](#) (3min trailer)
- [Whole-systems design \(4 mins\)](#)
- [Water-retention landscapes](#) (8mins)
- [Re-greening the desert \(6 mins\)](#) and the [permaculture methods used](#) (9 mins)
- [Urban gardening](#) (10 mins)
- [Bio-mimicking de-centralisation](#) (3 mins)
- [Introduction to permaculture](#) (3 min trailer)
- [Green Gold - Ecological Restoration](#) (47 mins)

Social

- [Localisation](#) (7 mins)
- [In Transition 2.0](#) (3 min trailer)
- [In Transition 2.0](#) - full documentary (66 mins)
- [Ecovillages](#) (17 mins)
- [Lowsumerism](#) (10 mins)
- [Non-violent Communication](#) (12 min intro)
- [The Power of Community](#) (53 mins)
- [Another life is possible](#) (61mins)

Political

- [Liquid Democracy](#) (4 mins)
- [World Citizenship](#) (9 mins)
- [Brand vs Paxman](#) (11 mins)
- [The Children's Fire](#) (15 mins)

Economic

- [Sacred Economics](#) (12 mins)
- [Basic Income](#) (6 mins)
- [De Grote Transitie](#) (4 min)
- [The Economics of Happiness](#) (3 min trailer)
- [Indigenous Economics](#) (5 mins)

Education

- [Do schools kill creativity?](#) (20 mins)
- [Changing education paradigms](#) (12 mins)
- [Classrooms of the heart](#) (26 mins)
- [Hackschooling](#) (9 mins)

Health & Nutrition

[Food Matters](#)

[Meat your meat](#) (12 mins)

Spiritual

- [Global Oneness Project \(24 mins\)](#)
- [What the bleep do we know?](#) (80 mins)
- [What about me?](#) (120 mins)
- [One](#) (130 mins)

If these whet your appetite then the best places to look further are here:

- www.filmsforaction.org www.globalonenessproject.org [200 movies to expand your consciousness](#)

Books

- *The Great Turning: From Empire to Earth Community* by David Korten
- *The More Beautiful World our Hearts Know is Possible* by Charles Eisenstein
- *This Changes Everything* by Naomi Klein
- *The Cry of the Earth* compiled by Llewelyn Vaughan-Lee
- *The Transition Handbook* by Rob Hopkins
- *Non-violent Communication* by Marshal Rosenberg
- *Raising our Children, Raising Ourselves* by Naomi Aldort
- [*The Four Keys of Sustainability*](#) through Gaia Education
- *Ecovillage - 1001 Ways to Heal the Planet* by Kosha Joubert and Leila Dregger (editors)

Articles

- [*The Great Re-Skilling*](#) by Rob Hopkins
- [*The Great Transition*](#) by Paul Raskin
- [*Accelerating the Great Transition - Engaging mainstream commitment to a life-sustaining society*](#)
- [*Understanding Whole System Change*](#)
- [*Uniting The People*](#) by Mohammed Mesbahi (though we are not suggesting protesting, but unified collaboration.)
- [*Marinaleda - A City Where Everyone Works, There Is No Police, And The Salary Is 1200 Euros*](#)
- [*What if money were no object?*](#) by Alan Watts (cartoon)

Websites

- [Permaculture](#)
- [Transition Network](#)
- [New Economy Foundation](#)
- [Global Ecovillage Network](#)
- [Gaia Education](#)
- [One Community Global](#)
- [Great Transition Stories](#)

Practical Action

5 real-life transformational courses and experiences:

- [Permaculture Design Course](#) (Link to: [Free online PDC](#)- though not the same!)
- Join your local [Transition Town](#) Initiative
- [Ecovillage Design Education](#)
- [Non-violent Communication](#)
- [Vision Quest](#)

Please share this if you feel it's helpful!