

The truth about Adenosine

Dive into what the ingredient is, how it works, and its myths we've busted.

Section: Ingredient stories

What is Adenosine?

Meet adenosine, the trendy newcomer in skincare! This nucleoside is famous for powering up your cells and boosting their energy. It's a superstar in adenosine triphosphate (ATP), your body's energy currency. Think of it as a tiny but mighty molecule that fuels your skin's rejuvenation.

How does Adenosine work?

An anti-ageing superhero

Kapow! With just one blow, Adenosine tackles all the causes of skin ageing—it boosts collagen production, stimulates cells to increase blood flow to the outer layers of the skin, and reduces the appearance of fine lines and wrinkles. It also has anti-inflammatory and soothing properties, so is great for reducing redness.

"The more Adenosine the better"

Moderation in everything

This is a case of "less is more." Skincare products are formulated to ensure you receive the precise amount of adenosine needed to be effective. Higher concentrations don't necessarily yield better results and can sometimes even cause irritation.

"Adenosine will completely stop ageing"

Ageing is natural

Ageing is a natural process. It can't be stopped, and neither should we want it to. With age comes elegance, sophistication and, of course, wisdom. Adenosine, however, can help reduce the signs of ageing, like wrinkles and fine lines, by boosting collagen production.

"Adenosine works instantly"

Patience please

You know the saying, "Slow and steady wins the race"? That's Adenosine. With consistent use over several weeks, you'll start to see a visible improvement in skin elasticity and a reduction in fine lines and wrinkles.

How to integrate Adenosine into your routine

A perfect fit

Adenosine fits perfectly into your daily skincare routine. For the best results, use it consistently

over several weeks, morning and night. If your routine consists of more than one serum or treatment, use your adenosine serum first, as it is typically water-based and absorbs easily.