

# We're here to help when you need it most.

# Here's how.



## Find the right doctors

We can also find the right hospitals, specialists and other leading providers, anywhere in the country.

## Schedule appointments

Our experts can expedite appointments, arrange second opinions and transfer medical records.

## Assist in the transfer of medical records

We'll also handle the details of transferring X-rays and lab results.

## Work with insurance companies

Our team works on your behalf to obtain appropriate approvals for needed services.

## Resolve benefits issues

We'll do the legwork to resolve insurance claims and billing issues, untangle medical bills and coordinate benefits.

## Help with eldercare

We can help address senior issues including finding eldercare services, adult day care and more.

## Get your questions answered

We help you become informed about test results, treatments and medications.

## Help to make informed decisions

We will research conditions and treatment options, and facilitate second opinions.

Your Health Advocate benefit is being offered by your employer at no additional cost for you and covers benefit-eligible team members, their spouses, dependent children, parents and parents-in-law. Just call **866.695.8622** or visit **[HealthAdvocate.com/hackensackmeridianhealth](http://HealthAdvocate.com/hackensackmeridianhealth)**.

Health Advocate is not affiliated with any insurance company or third party provider, and does not provide medical care or recommend treatment.



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