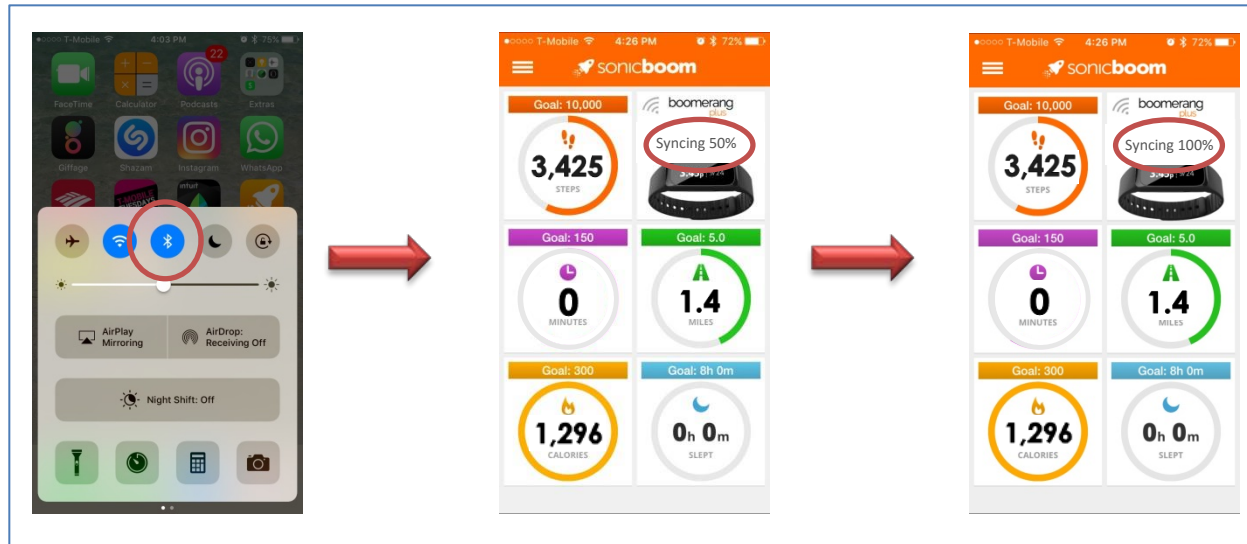


Updating Your Fitness Device Stats in the Leaderboard

The instructions below are specific to the Boomerang device; however, the instructions for other devices are similar.

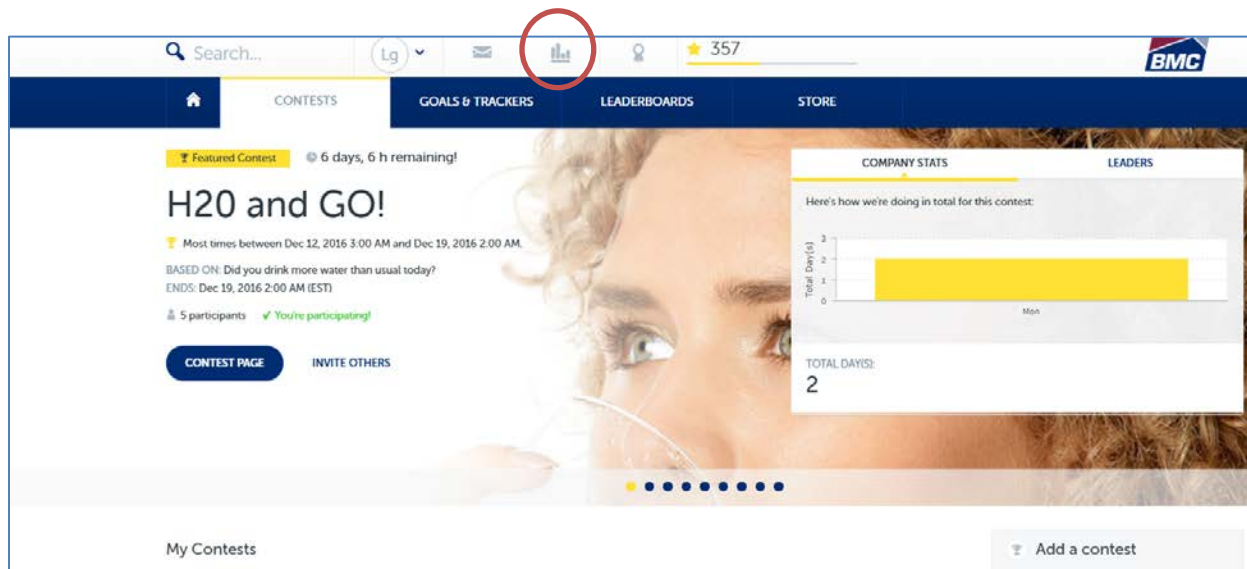
STEP 1 – Pair & Sync Your Device

- Make sure your Bluetooth is turned on. This is how the Boomerang device will be able to connect with the Boomerang app.
- Keep your Boomerang app open while your Boomerang device connects. You will see percent completed until you reach “Syncing 100%” or “Completed”.
- NOTE: If you close or exit out of the Boomerang app, the syncing process may stop or become delayed.



STEP 2 – Connect to BMC Wellness Portal

- Log into the BMC wellness portal at <https://bmc.app.sbwel.com>.
- Once you log in, click on the bar graph icon on the top portion of the screen. This is the “My Activity Stats” page of the portal.



Updating Your Fitness Device Stats in the Leaderboard

STEP 3 – Update Your Activity

- After arriving at the “My Activity Stats” screen, click on “Refresh Stats” located on the right side of the page to update your stats.
- Your stats will then update on the “My Activity Stats” screen.



STEP 4 – Check the Leaderboards

- Click on the “Leaderboard” option on the top portion of the screen. Leaderboards typically refresh every 5 minutes
- **NOTE:** Although leaderboards update every 5 minutes, some activity on the leaderboard may be delayed. These items will then update within the hour.

