

# Five ways to get the most from your health coverage

Here's a quick guide to help you access care, get cost information and find answers.



## 1 Anthem.com/ca: Go online for answers

Check your claims, see what your plan covers and much more. If you haven't registered yet, go to [anthem.com/ca](http://anthem.com/ca), choose **Register Now** and follow the steps.



## 2 Find a Doctor: Search for care near you, even when you're away from home

Log in at [anthem.com/ca](http://anthem.com/ca) and select **Find a Doctor** to search for a doctor, hospital, lab or other providers close to you. If you travel, the BlueCard® PPO program gives you access to more than 96% of hospitals and 92% of doctors across the country.\*



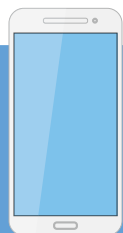
## 3 Anthem Health Guide: Call us for personal support

Get answers and help from the Anthem Health Guide team. Just call us at the number on your ID card.



## 4 Estimate Your Cost: Find out how much care will cost before you see a doctor

Compare what care costs from local doctors and other health care providers. With our Estimate Your Cost online tool, save money and get quality care. To start comparing, log in at [anthem.com/ca](http://anthem.com/ca) and choose **Estimate Your Cost**.



## 5 Mobile app: Get help when you're on the go

Search for a doctor, specialist, hospital or urgent care. The app even gives you turn-by-turn directions to get you there. Get our free app from the App Store<sup>SM</sup> or Google Play<sup>TM</sup>. Just search for "Anthem Blue Cross" and download the app to your mobile device.

\*Blue Cross and Blue Shield Association: Blue Facts: Healthcare Coverage Designed For Your Community, Accessible Across The Country (accessed October 2015): [bcbs.com/healthcare-news/press-center/blue-facts.html](http://bcbs.com/healthcare-news/press-center/blue-facts.html).

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