# Do owners know how impulsive their dogs are?

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Impulsivity is an important behavioral trait in dogs that affects many aspects of their relationship with humans. But how well do owners know their dog's levels of impulsivity? Two studies have investigated how owner perceptions of their dog's impulsivity correlate with the distance traveled in a spatial impulsivity task requiring choices between smaller, closer vs. larger, more distant food treats (Brady et al., 2018; Mongillo et al., 2019). However, these studies have demonstrated mixed results. The current project aimed to replicate these studies by correlating owner responses to the Dog Impulsivity Assessment Survey (DIAS) and the dog's maximum distance traveled in a spatial impulsivity task. We found that neither the DIAS overall score nor it's three subcomponent scores correlated with dog distance traveled. This result replicates Mongillo et al.'s lack of an relationship but does not replicate Brady et al.'s effect, questioning the generalizability of owner's reports of dog impulsivity. The lack of replication could result from differences in methodology and sample populations, but it raises intriguing questions about possible differences in dog characteristics and owner knowledge of their dogs across cultures.

Keywords: canine science, dog cognition, impulsivity, replication

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# Introduction

When walking their dogs, owners will often encounter things that the dogs want to eat, chase, or roll in but the owner wants to avoid. To bypass those objects, dogs must control their impulsivity. Impulsivity is a multifaceted concept that typically captures an inability to wait, a preference for risky outcomes, a tendency to act without forethought, an insensitivity to consequences, and/or an inability to inhibit inappropriate behaviors (Evenden, 1999; Reynolds et al., 2006; Stevens, 2017b). While impulsivity can be evolutionarily adaptive in some circumstances (Stevens & Stephens, 2010; Fawcett et al., 2012), it is typically regarded as undesirable. Impulsivity is a critical component of dog behavior and cognition,

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with implications for the dog-human relationship, including training, obedience, welfare, breeding, and re-homing. Therefore, considerable effort has been devoted to assessing owner perceptions of impulsivity (Vas et al., 2007; Wright et al., 2011), measuring impulsivity behaviorally (Wright et al., 2012; Bray et al., 2014; Riemer et al., 2014; Fagnani et al., 2016; Brucks et al., 2017; van Horik et al., 2018), and determining biological markers of impulsivity (Hejjas et al., 2007; Kubinyi et al., 2012; Wright et al., 2012; Wan et al., 2013).

To measure impulsivity, Wright et al. (2011) developed the Dog Impulsivity Assessment Scale (DIAS), an ownerreported assessment of dog impulsivity with three components: behavioral regulation, aggression, and responsiveness. Owner ratings of dog impulsivity correlate with the dogs' choices in an operant impulsivity task (Wright et al., 2012) and even correlate with performance on the same task six years later (Riemer et al., 2014). Thus, the DIAS seems to capture aspects of actual dog impulsive behavior. However, the operant impulsivity task takes a long time to complete, so it cannot offer a quick measure of impulsivity. While the DIAS score does offer a quick measure (and it correlates with impulsive behavior), it can only be applied to dogs that have had an owner for enough time to assess impulsivity. Unfortunately, this assessment is difficult to use in shelter settings, where staff do not have enough interactions with a dog to assess impulsivity. Yet impulsivity is important to assess in shelter situations to facilitate placing the dog in an appropriate home.

To develop a quick assessment of impulsivity, Brady et al. (2018) investigated how well DIAS scores matched the dogs' impulsive behavior in a spatial impulsivity task that involves choices between a smaller, closer reward and a larger, more distant reward (Stevens et al., 2005; Mühlhoff et al., 2011; Kralik & Sampson, 2012; Papale et al., 2012; Hopper et al., 2015). Spatial impulsivity tasks are quick to conduct and would offer a relatively easy measure of impulsivity. Brady et al. conducted three studies in which owners completed the DIAS and dogs completed a 'staircase' impulsivity task where they could choose between one and three food treats from two trays 25 cm away. When the dog chose the larger option, it was gradually moved farther away in the next trial until the dog switched to the smaller option. The researchers recorded the maximum distance traveled by the dog as a measure of impulsivity. Their Study 1 involved adult dogs in the lab, and they found that dogs whose owners reported low impulsivity traveled a farther distance in the spatial task. Their Study 2 replicated this design in a field setting and again found a correlation between DIAS score and maximum distance traveled by the dog. Their Study 3 tested 2-5 monthold puppies in the lab but did not find a correlation between owner-reported impulsivity and performance on the spatial impulsivity task.

Independently, Mongillo et al. (2019) tested a similar question by assessing owner-reported impulsivity with the DIAS and measuring dog impulsivity in a spatial task. The task, however, differed slightly from Brady et al. (2018). Instead of using a staircase method to find a maximum distance traveled, Mongillo et al. always had the larger option (seven treats) fixed at the farthest distance (3.6 m), and the smaller option (one treat) was randomly placed at one of four distances (1.8, 2.6, 3.0, and 3.6 m). They measured the proportion of choices for the larger reward at each distance. They, however, did not find a relationship between owner-reported impulsivity and performance on the spatial impulsivity task.

Given the mixed results between Brady et al. (2018) and Mongillo et al. (2019), the aim of our study was to directly replicate Brady et al.'s methods (Mongillo et al.'s paper was not published when our project began). Thus, in two studies, we assessed owner reports of dog impulsivity using the DIAS and had dogs complete a staircase-based spatial impulsivity task. We tested Brady et al.'s hypothesis that owner-reported impulsivity correlated with their dogs' impulsivity in the spatial task.

#### Methods

### **Participants**

For Study 1, we recruited participants through the Canine Cognition and Human Interaction Lab database from Nov 2018-Jul 2021. Recruitment was paused from Mar 2020-Apr 2021 due to the COVID-19 pandemic. We recruited 117 dog-owner pairs to the Canine Cognition and Human Interaction Lab facilities on the University of Nebraska-Lincoln campus, but 42 dogs did not begin the experiment due to lack of interest in treats or inability to engage in or pass training, leaving 75 dogs that started the experiment. Of those, 65 dogs completed the experiment and owners completed the survey, allowing full data analysis. For dog owners (participants), 49 identified as female, 15 as male, and 0 as non-binary (see Table S1 for more demographic information). Dogs (subjects) ranged in age from 0.5-16 years (mean  $\pm$  SD = 5.3 $\pm$ 3.2) with 0 intact females, 30 spayed females, 3 intact males, and 32 neutered males.

For Study 2, we recruited participants through the Kenl Inn dog daycare client list and the Canine Cognition and Human Interaction Lab database from Aug 2020—Oct 2021. We recruited 103 dog-owner pairs to participate at the Kenl Inn facilities, but 54 dogs did not begin the experiment due to lack of interest in treats or inability to engage in or pass training, leaving 49 dogs that started the experiment. Of those, 43 dogs completed the experiment allowing full data analysis. For dog owners, 39 identified as female, 4 as male, and 0 as non-binary (Table S1). Dogs ranged in age from 0.5-13 years (mean  $\pm$  SD =  $3.6\pm3.0$ ) with 2 intact females, 19 spayed females, 0 intact males, and 22 neutered males.

#### **Ethics**

All procedures were conducted in an ethical and responsible manner, in full compliance with all relevant codes of experimentation and legislation and were approved by the UNL Internal Review Board (protocols #17922 and 20491) and the Institutional Animal Care and Use Committee (protocol #1703). All participants offered consent to participate, and they acknowledged that de-identified data could be published publicly.

#### **Materials**

For Study 1, the behavioral tasks occurred in a 5.1 x 6.5 m room with video cameras mounted in all four corners. The experimental set-up included a starting area for the dog, a curtain to occlude the dog's view during trial set-up, an opaque barrier running perpendicular to the curtain, and plates for food rewards (Figure 1a). We placed rewards on

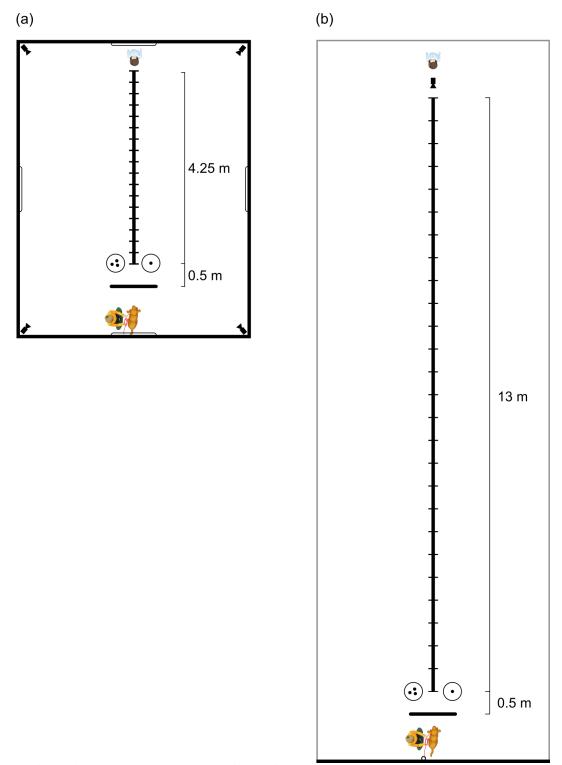


Figure 1. Experimental set-up. (a) For Study 1, the illustration shows the entire room size. (b) Study 2 was conducted in a much larger room, so only one wall (bottom) is illustrated. Dog figure from vecteezy.com and experimenter figures adapted from art by macrovector on freepik.com.

two equally sized circular plates of different colors (white or yellow) to enhance discrimination of the reward amounts. On each plate, we placed either the larger reward consisting of three small (1 cm<sup>3</sup>) dog training treats or the smaller reward of one dog treat. The color of the plate containing each reward and the side of the small/large reward (right/left) was counterbalanced between subjects. Tape on the floor marked distances from the starting position in 0.25 m increments to a length of 4.25 m. An opaque barrier running the length of the distances (4.25 m long, 50 cm high) ensured that once the dog selected an option, it could not see or obtain the unchosen option. An opaque curtain (80 cm high) separated the dog's starting area from the choice area and prevented them from observing the trial set-up. Most dogs could not see over the curtain. The starting area included a metal bar attached to the wall with a 16 m leash attached to it.

For Study 2, the behavioral tasks occurred in a large gym where we used space approximately  $10 \times 16$  m in size. The experimental set-up was very similar to that of Study 1 except (1) the distance ran up to 13 m, (2) the distances increased in steps of 0.5 m marked on a rope that ran the length of the 13 m center barrier, and (3) a single camera recorded the session from the end of the barrier (Figure 1b). The starting area included a metal hook attached to the wall with the 16 m leash.

**Survey.** For Study 1, while their dogs were completing the behavioral task, owners completed a Qualtrics survey on a tablet computer in a waiting room outside of the experimental testing room (owners could observe the behavioral testing via a closed circuit monitor). The survey consisted of questions about dog and owner demographics, information about dog-owner separation, the dogs' general behaviors, training, feeding, and exercise habits, and six scales. For the purposes of this study, we included the following measures: dog age, dog sex, dog neuter status, dog weight, dog AKC Canine Good Citizen status, dog training ratings, dog obedience ratings, dog problem behaviors, dog impulsivity, dog separation anxiety, dog-owner relationship ratings, owner personality, owner cognitive ability, owner gender, and owner household income. We calculated Revelle's omega total  $(\omega_T)$  as our measure of internal consistency reliability of scales (Revelle & Zinbarg, 2008; McNeish, 2018) unless these computations failed (e.g., for scales with only two items), in which case, we calculate Cronbach's α (Table S2).

- Bennett and Rohlf (2007) assessed dog behavior problems with 24 questions on a seven-point scale with five subscales: disobedience, aggression, nervousness, destructiveness, and excitability.
- Hiby et al. (2004) assessed obedience and problem behaviors in dogs. Obedience was assessed on a fivepoint scale with seven specific tasks and an over-

- all obedience score. Behavioral problems were assessed by participants indicating whether their dogs had never, previously, or currently shown 13 behavioral problems.
- The Dog Impulsivity Assessment Scale (Wright et al., 2011) assessed impulsivity in dogs using a five-point scale (plus "don't know/not applicable"). The scale included 18 questions divided over three subscales (two questions are used in more than one subscale): behavioral regulation (Factor 1 in Wright et al. 2011), aggression (Factor 2), and responsiveness (Factor 3). We calculated the mean of the three subscales to generate an overall DIAS score (referred to as Overall Questionnaire Score or OQS in Wright et al. 2011).
- The Monash Dog Owner Relationship Scale (Dwyer et al., 2006) assessed human-dog relationships by measuring how frequently owners engage in nine activities with their dogs using a seven-point scale.
- The brief Big-Five personality scale (Gosling et al., 2003) assessed owner personality using a five-point scale. The scale included 10 questions divided over five subscales: extraversion, agreeableness, conscientiousness, emotional stability, and openness to experience. While some of the internal consistency reliability values were low, (1) there were only two items per subscale (which forced us to calculate Cronbach's α for reliability, as we could not compute Revelle's ω<sub>T</sub>), (2) our values are similar to the original study, and (3) the test-retest reliability and convergent correlations with a ten-item inventory were quite high in the original study.
- The Cognitive Reflection Task (Frederick, 2005) assessed cognitive reflection in owners with three multiple-choice questions. The Berlin Numeracy Test (Cokely et al., 2012) assessed owner numeracy with four multiple choice questions. Scores for both tests were calculated by summing the number of correct responses. Because many participants skipped answering some of these questions, we coded missing responses as incorrect when calculating reliability. We summed the scores from these two tests to generate an index of cognitive ability.

For Study 2, owners completed a Qualtrics survey at home prior to bringing their dogs in for testing. The survey consisted of the following measures: dog age, dog sex, dog neuter status, dog weight, dog AKC Canine Good Citizen status, dog training ratings, dog obedience ratings, dog impulsivity, dog separation anxiety, owner personality, owner gender, owner household income. We omitted the following measures from Study 1: dog problem behaviors, dog-owner relationship ratings, and owner cognitive ability.

Scales carried over from Study 1 included the Hiby et al.

(2004) obedience score, the Dog Impulsivity Assessment Scale (Wright et al., 2011), and the brief Big-Five personality scale (Gosling et al., 2003). We replaced the training rating question with the C-BARQ trainability scale (Hsu & Serpell, 2003), which is an eight-item questionnaire on a five-point scale. Reliability values for scales are provided in Table S2.

#### **Procedure**

Dogs experienced a habituation phase, training phase, and testing phase. For Study 1, owners were with dogs during habituation but were outside the testing area during the training and testing phases. For Study 2, dogs were either dropped off for daycare or brought in for the study. If in daycare, the daycare staff brought the dogs over from the main building for testing and returned them after testing. For other dogs, the owner remained in their car while our staff retrieved the dog and brought them into the testing area. Therefore, owners were not present for testing in either study.

**Habituation.** To acclimate the dog to the space and equipment, one experimenter allowed the dog to walk around the waiting and testing areas for about 5 minutes. Dogs were allowed to sniff and walk around the curtain and barrier. Once dogs seem accustomed to the space, two experimenters took the dog into the testing area. In Study 1, the owner left the test area to take the survey in the waiting area, and the door between the two areas was closed. The experimenters then gave the dog treats to assess whether the dog was engaged with the experimenter or showed signs of stress from being separated from their owner. In Study 2, the habituation worked similarly to Study 1 but was slightly quicker because the owners were not present.

**Training.** The training phase occurred adjacent to the testing area. In training, subjects chose between the smaller and larger reward amounts on plates. One experimenter (here labeled 'presenter') placed the rewards on the plates and presented them about 0.5 m away from the subject. The other experimenter (here labeled 'handler') sat next to the subject during the training and released the subject and encourage them to go get a reward. Subjects were allowed to choose and consume one of the two options. The presenter removed the unchosen option once the subject touched the chosen option. For the subject to move on to the testing phase, the dog had to select the larger treat amount at least 10 out of the 12 trials (Study 1) or 5 of 8 trials (Study 2) of one training session and choose the larger treat in all of the last five trials. Subjects had five (Study 1) or three (Study 2) attempts to reach the passing criteria. If the subject failed these training criteria, the test was concluded and the dog did not advance to the testing phase.

**Testing.** Testing began following a short break after meeting training criterion. For this phase, the handler brought

the subject over to the starting area, attached a long leash to the dog's collar, and directed the subject to face the curtain. Meanwhile, the presenter placed two plates 0.5 m from the starting position of the subject—one on either side of the central barrier. The same color of plates from the training phase were used here. The presenter then removed the barrier curtain, walked to the opposite end of the barrier, and stood centered with the barrier but facing away from the dog (Figure 1). The presenter alternated which side of the barrier they walked down each round of testing to reduce side bias in results. After 4 seconds to view both options, the handler gave the dog's typical release command or said "go ahead" and released the slack on the leash. The dog received an additional 3 seconds to make the selection after being released. If the dog refused to make eye contact with the plates, refused to move, or moved in a different direction from the plates during this time, the trial was marked as no choice. If the dog made eye contact with the plates, the handler repeated the encouraging statement once more and the dog was given additional time to make a choice. A choice was defined as the plate that the subject first touched or ate from. After the dog consumed the treats on the selected plate, the handler called the subject back to the starting position or lead them back with the leash. The handler kept the dog from getting the unchosen rewards by holding onto the leash. The presenter then replaced the curtain and replenished the treats on the selected plate. A video of testing trials is available at the Open Science Framework (https://osf.io/eb5m3/).

Each time the dog selected the larger amount of treats, the plate was moved back one step (0.25 m for Study 1 and 0.5 for Study 2) in the subsequent trial. The testing phase concluded once the dog selected the smaller reward five times in a row, or refused to select an option three times in a row or five times total. The response variable for this measure was the maximum distanced traveled for the large reward.

**Separation anxiety.** If subject appeared anxious with signs such as panting, drooling, whining, cowering, shaking, or walking to the door during any of the phases, training and testing were paused to re-acclimate the subject to the environment. In Study 1, the door to the waiting area was opened to allow access to the waiting room for 10 minutes where the owners stayed. Owners were prompted to not interact with subject and rewards were only given to the subject by experimenters in the testing room. After the 10 minutes, the owners were asked to stand in the testing room while still ignoring the subject. Then the door to the experiment room was closed. For 5 minutes, the experimenters continued to give rewards to the subject while allowing the subject to explore the room off leash. After the 5 minutes, the subject was put on lead for a minute at a time alternating between being on and off leash. The owner(s) was asked to leave the experiment room. With the door closed, experimenters continued to give rewards to the subject for 15 minutes with 1 minute intervals of the subject being on lead dispersed throughout the time. Subjects then were allowed to go home without continuing to the training or testing phase. If the extended habituation seemed successful, the subject was invited back to try the study again on a different day. If unsuccessful, the subject was not invited back.

#### Data analysis

We used R (Version 4.1.3; R Core Team, 2022) and the R-packages *BayesFactor* (Version 0.9.12.4.3; Morey & Rouder, 2018), *conflicted* (Version 1.1.0; Wickham, 2021), *gg-beeswarm* (Version 0.6.0; Clarke & Sherrill-Mix, 2017), *ggdist* (Version 3.1.1; Kay, 2022), *here* (Version 1.0.1; Müller, 2020), *metaBMA* (Version 0.6.7; Heck et al., 2019), *papaja* (Version 0.1.0.9999; Aust & Barth, 2020), *patchwork* (Version 1.1.1; Pedersen, 2020), *psych* (Version 2.2.3; Revelle, 2020), and *tidyverse* (Version 1.3.1; Wickham et al., 2019) for all our analyses. The manuscript was created using *rmarkdown* (Version 2.13, Xie et al., 2018) and *papaja* (Version 0.1.0.9999, Aust & Barth, 2020). Data, analysis scripts, supplementary materials, and the reproducible research materials are available at the Open Science Framework (https://osf.io/eb5m3/).

We calculated Bayes factors ( $BF_{10}$ ) to provide the weight of evidence for the alternative hypothesis relative to the null hypothesis (Wagenmakers, 2007). For example, BF<sub>10</sub> = 3 means that the evidence for the alternative hypothesis is 3 times stronger than the evidence for the null hypothesis.  $BF_{10} = 1/3$  means that the evidence for the null hypothesis is 3 times stronger than the evidence for the alternative hypothesis. Bayes factors between 1/3 - 3 provide only anecdotal evidence, those between 3-10 or 1/10-1/3 provide moderate evidence, those between 10 - 100or 1/100 - 1/10 provide strong evidence, and those above 100 or below 1/100 provide very strong evidence (Andraszewicz et al., 2015). Bayes factors were calculated with the correlationBF(), ttestBF(), and anovaBF() functions from the BayesFactor package using default (noninformative) priors.

The sample size for both studies was determined by an optional stopping rule based on Bayes factors (Schönbrodt et al., 2017). We calculated the Bayes factors for the correlation between maximum distance traveled and the DIAS overall score and stopped analysis when it reached either 1/3 or 3. We analyzed the first 20 subjects and checked our Bayes factor every 2-5 subjects to determine whether one of the thresholds was met. This resulted in our final sample size of 65 subjects for Study 1 and 43 subjects for Study 2.

#### Results

#### **Impulsivity**

Dogs traveled a mean  $\pm$  SD distance of 1.69 m  $\pm$  1.10 m (range: 0.25–4.25 m) in Study 1 and 1.81 m  $\pm$  0.81 m (range: 0.50–4.50 m) in Study 2 (Figure 2a). The mean  $\pm$  SD overall Dog Impulsivity Assessment Scale (DIAS) scores were 0.48  $\pm$  0.09 (range: 0.31–0.70) in Study 1 and 0.47  $\pm$  0.06 (range: 0.36–0.63) in Study 2 (Figure 2b).

Our primary analysis correlated the maximum distance traveled by the dog with the owner's DIAS overall score. Neither study showed evidence for a correlation between distance traveled and owner assessments of impulsivity (Study 1: r = -0.10, 95% CI [-0.34, 0.15], t(63) = -0.80, p = 0.429, BF<sub>10</sub> = 0.38; Study 2: r = 0.04, 95% CI [-0.26, 0.34], t(41) = 0.26, p = 0.798, BF<sub>10</sub> = 0.35; Figure 3).

For both studies, we collected data until the Bayes factor for this correlation reached either 1/3 or 3. Unfortunately, due to a coding error, we stopped both studies slightly before reaching either threshold (Study 1: N = 65,  $BF_{10} = 0.38$ ; Study 2: N = 43,  $BF_{10} = 0.35$ ). Because optional stopping is not a problem for Bayes factor analyses (Rouder, 2014), we can combine the data sets from the two studies to calculate Bayes factors for exploratory analyses of the overall effect. Despite the longer room and maximum distance in Study 2, the studies did not differ in either the distribution of distances traveled by the dogs ( $\Delta M = -0.12, 95\%$  CI [-0.49, 0.24], t(104.68) = -0.66, p = 0.509, BF<sub>10</sub> = 0.25, Figure 2a) or the distribution of DIAS overall scores ( $\Delta M = 0.01, 95\%$ CI [-0.02, 0.04], t(105.85) = 0.74, p = 0.462, BF<sub>10</sub> = 0.25, Figure 2b). However, dogs in the second study were younger on average than those in the first study ( $\Delta M = 1.70$ , 95% CI [0.50, 2.90], t(95.00) = 2.80, p = 0.006, BF<sub>10</sub> = 5.77, Figure 2c). With the combined data, there is moderate evidence for the null hypothesis of no correlation between dog travel distance and owner reports of impulsivity (r = -0.07,  $BF_{10} = 0.28$ ).

Analyses of the DIAS subscales in both studies also showed (anecdotal) evidence for no correlations with distance traveled (0.34  $\leq$  BF<sub>10</sub>  $\leq$  0.46; Figure S1). Combining the studies showed moderate evidence for no correlation between distance traveled and behavioral regulation (r = -0.05, BF<sub>10</sub> = 0.25), aggression (r = 0.07, BF<sub>10</sub> = 0.28), or responsiveness (r = -0.07, BF<sub>10</sub> = 0.28).

#### Other measures

For exploratory analyses of other factors that may relate to distance traveled, we combined data from the two studies and only present Bayes factors for analyses. In terms of dog demographic characteristics, distance traveled did not

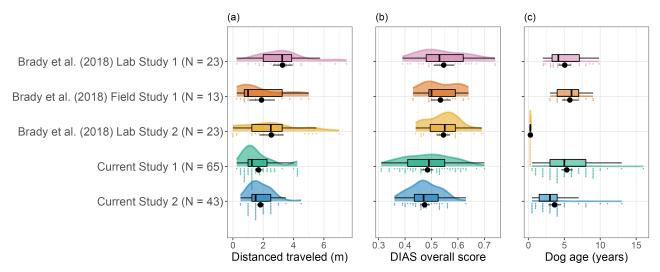


Figure 2. Distance traveled, DIAS overall score, and dog age across studies. Individual data points and summary statistics are shown for (a) distance traveled, (b) DIAS overall score, and (c) dog age for the Brady et al. (2018) and current studies. Colored dots represent individual dog data points, filled shapes represent density distributions, black dots and error bars represent mean and 95% confidence intervals, boxes represent interquartile range, lines within boxes represent medians, and whiskers represent 1.5 times the interquartile range.

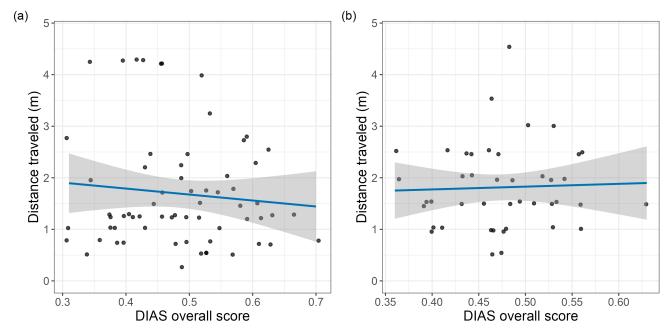


Figure 3. Relationship between distance traveled and DIAS overall score. Scatterplots of distance traveled and DIAS overall score for (a) Study 1 and (b) Study 2 showed no evidence for a correlation. Dots represent individual dog data points, lines represent best fitting linear regression models, and bands represent 95% confidence intervals around the regression model.

relate to dog sex, weight, age, or AKC Canine Good Citizen status (Figure S2). For dog behavior measures, distance traveled did not relate to Bennett and Rohlf (2007) problem behavior scores, Hiby et al. (2004) obedience score, training score, or the owner's report of separation anxiety (Figure S3). For owner characteristics, distance traveled did not relate to owner extraversion, agreeableness, stability, openness, cognitive ability, or whether they had other dogs in the household (Figure S4). We had insufficient evidence to robustly assess potential relationships with the Monash dog owner relationship scores and owner conscientiousness.

#### Study comparison

Because our findings did not replicate those of Brady et al. (2018), we conducted an exploratory comparison of their and our studies. Since our two studies do not differ in distance traveled or DIAS overall score (see Impulsivity section), we combined the data across studies for each of these measures. Our combined data have shorter distances traveled than Brady et al. Lab Study 1 ( $\Delta M = -1.53$ , 95% CI [-2.30, -0.76], BF<sub>10</sub> > 1000) and their Lab Study 2 with puppies ( $\Delta M = -0.79, 95\%$  CI [-1.65, 0.07], BF<sub>10</sub> = 7.49) but comparable travel distances to their Field Study  $(\Delta M = -0.14, 95\% \text{ CI } [-1.15, 0.86], \text{ BF}_{10} = 0.32; \text{ Figure}$ 2a). Our DIAS overall score values were lower than those of their Lab Study 1 ( $\Delta M = -0.07, 95\%$  CI [-0.11, -0.02], $BF_{10} = 26.96$ ) and their Lab Study 2 ( $\Delta M = -0.06, 95\%$  CI [-0.10, -0.03], BF<sub>10</sub> = 47.65), with anecdotal evidence for a difference with their Field Study ( $\Delta M = -0.05$ , 95% CI [-0.10, -0.01], BF<sub>10</sub> = 2.19; Figure 2b).

To further compare studies, we conducted an exploratory meta-analysis of Brady et al.'s (2018) three studies, Mongillo et al.'s (2019) study, and our two studies. For Brady et al.'s studies and our studies, we used the provided correlation coefficients and sample sizes. For Mongillo et al., we used the correlation between DIAS scores and overall proportion choice for larger, more distant option. We converted these correlation coefficients to Fisher's z scale and calculated standard errors based on the equation  $SE = 1/\sqrt{(N-3)}$ (Borenstein et al., 2009). We then input these values into the meta bma () function in the metaBMA package (Heck et al., 2019) with default priors for Fisher's z values (Cauchy distribution with scale=0.354 for the effect size and inverse gamma with shape=1 and scale=0.075 for  $\tau$ ). This function allows us to test not only if there is evidence of an effect but also evidence for between-study heterogeneity (Gronau et al., 2021), that is, whether there is variation in true effect sizes across studies. We then converted the Fisher's z values back to correlation coefficients for presentation. This analysis used model averaging to calculate a Bayesian estimate of the effect size across all studies, a Bayes factor for evidence supporting the hypothesis of an effect, and a Bayes

factor for evidence supporting the presence of between-study heterogeneity (Gronau et al., 2021). This analysis found a model-averaged effect of r = -0.11 (95% credibility intervals [-0.27, 0.04]), which provided anecdotal evidence of no correlation between distance traveled and DIAS score across all studies (BF<sub>10</sub> = 0.51; Figure 4). It also found anecdotal evidence of no between-group heterogeneity (BF<sub>10</sub> = 0.74).

#### Discussion

In two studies, we found no relationship between the distance traveled by dogs in a spatial impulsivity task and the owners' reports of dog impulsivity. In fact, the distance traveled did not relate to any measures of dog behavior, dog characteristics, or owner characteristics.

# **Replication differences**

Our two studies differed in three major ways. First, Study 2 used a longer maximum distance (13 m) and steps (0.5 m) in a larger room than Study 1 (maximum: 4.25 m, steps: 0.25 m). Study 1 used a distance more similar to Mongillo et al.'s (2019) maximum distance of 3.5 m, whereas Study 2 was more similar to Brady et al.'s (2018) maximum distance of 10 m. Despite this large difference in maximum distances and room size, the distance traveled did not differ between studies. A second difference between studies was that Study 1 drew participants exclusively from our database, whereas the second study included database participants and dog owners who used the dog daycare where we conducted the experiment. Thus, the daycare dogs were more familiar with the personnel and testing area than the other dogs. Nevertheless, again, the distance traveled by dogs did not differ between studies. Finally, dogs in Study 2 were on average younger than those in Study 1. Yet, age did not influence distance traveled. Thus, though there were a few key differences between our studies, we reliably replicated the same lack of an effect across both studies.

We failed to replicate Brady et al.'s (2018) finding that owner reports of impulsivity matched their dogs' distance traveled in a spatial impulsivity task. Our results align with Mongillo et al.'s (2019) demonstration of no relationship, though we use different methods to assess spatial impulsivity. Interpreting the inability to replicate results is difficult (Stanley & Spence, 2014; Maxwell et al., 2015), so we evaluate our replication based on LeBel et al.'s (2019) recommendations for replications. Our *methodological similarity* is high, as we directly aimed to replicate the methods of Brady et al. (2018). We used the same operationalizations of dependent and independent variables (overall DIAS score and maximum distance traveled), in contrast to Mongillo et al. (2019) who used different methods for eliciting choice

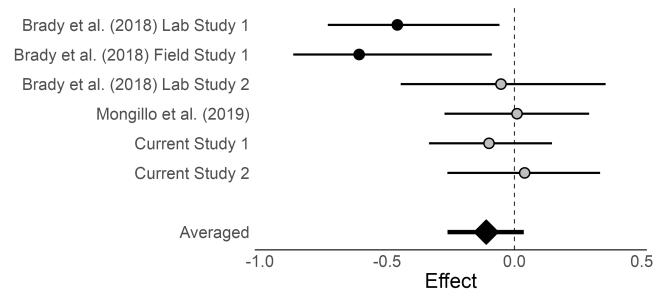


Figure 4. Forest plot of meta-analysis. Plot shows effect sizes (correlation coefficients, r) and 95% confidence intervals around effect sizes for Brady et al. (2018), Mongillo et al. (2019), and current studies. Black dots represent effect sizes different from 0, grey dots represent effect sizes not different from 0, and the black diamond represents the Bayesian model-averaged effect size over all studies.

and used proportion choice for the most distant option as the dependent variable. In terms of replication differences, we addressed a possible difference of a shorter distance in Study 1 by employing a larger distance in Study 2. Nevertheless, the distances traveled by dogs did not differ between our studies, though they were slightly shorter distances than Brady et al. found. Our DIAS overall scores appeared to be the same as Brady et al. There is no investigator independence issue, as all investigators from this study are completely independent from the original study. We aim for study transparency by posting all data on Open Science Framework (https://osf.io/eb5m3/); however, the study was not pre-registered. We facilitate analytic result reproducibility by posting our analysis scripts with our data, allowing others to reproduce our analyses. We allow evaluations of auxiliary hypotheses by including reliability of our measures (Table S2), which all exceeded reliability measures reported in the original instrument development (Wright et al., 2011). Given that we have met these six criteria, our results qualify as "No signal - inconsistent" in LeBel et al.'s terminology. That is, our replication effect size 95% confidence intervals include 0 (Study 1: r = -0.10, 95% CI [-0.34, 0.15]; Study 2: r = 0.04, 95% CI [-0.26, 0.34]) but not the original effect size point estimates from Brady et al.'s adult studies (r =-0.46 and -0.61).

To compare results across all of the studies published thus far, we conducted an exploratory meta-analysis that combined our data with those of Brady et al. (2018) and Mongillo et al. (2019). This meta-analysis found that, across these six

studies, the overall effect size is in the direction demonstrated by Brady et al. However, the calculated effect size is substantially smaller than the original studies and the credibility intervals include 0. The Bayesian analysis found anecdotal evidence for no between-study heterogeneity and no correlation between distance traveled and DIAS scores. But because the evidence is only anecdotal, we cannot draw strong conclusions based on these results. Moreover, we must acknowledge the assumptions and limitations of Bayesian meta-analyses such as this. First, we used a single set of priors for the Bayesian model based on the defaults suggested for Fisher's z scale by Heck et al. (2019). Other priors might result in different outcomes. Second, the sample size for this meta-analysis was relative small with only six studies. More studies are needed to have better estimates of the effect sizes. Moreover, selection of studies is critical. For instance, we included Brady et al.'s Lab Study 2—which focused on puppies—to maximize the number of studies included in the analysis. But an argument could be made to exclude this study since it focused on puppies (for our purposes, removing this study does not change any of our findings). Finally and relatedly, a key weakness of meta-analyses is that they are distorted by publication bias. Given the relatively recently publication date of Brady et al. (2018), it is unlikely that there are many additional studies at the moment that have been conducted but not published. Nevertheless, failures to replicate are not published at the same rate as confirming replications (Francis, 2012; Makel et al., 2012; Martin & Clarke, 2017), and the resulting publication bias may

generate a larger overall effect size than is accurate (Simonsohn et al., 2014; Friese & Frankenbach, 2020). In summary, the meta-analysis does not resolve the presence of an effect, so more studies are needed.

Why might we see such variability across studies? The first possibility is that we did not accurately replicate Brady et al. (2018). However, we made every effort to replicate the methods described in their article. Though our first study used a smaller space and maximum distance, we rectified this in the second study. Otherwise, our methods were very similar to the original study.

A second possibility is that we sampled a different subset of the dog population than the original study. One clear way that this could happen could be based on age. Brady et al.'s two adult studies (that showed the effect) involved dogs that were 2-10 years old (mean  $\pm$  SD =  $5.3\pm2.3$ ), whereas dogs in our studies ranged from 0.5-16 (mean  $\pm$  SD =  $4.7\pm3.2$ ) years old. However, trimming our data down to 2-10 year old dogs (N=39, mean  $\pm$  SD =  $5.0\pm2.4$ ) does not change the results for the correlation between maximum distance traveled and DIAS overall score for the combined study data (r=-0.05, BF<sub>10</sub> = 0.27). So dog age differences across the samples do not account for effect differences.

Relatedly, there could be breed differences between study samples. From the tables in Brady et al. (2018), it appears as though the vast majority of dogs in their samples are pure bred (5 of 37 or 13.5% are listed as 'crossbreed'). In our samples, 37 out of 108 (34.2%) were listed as mixed breed (data set includes owners' descriptions of breed). This is likely a low estimate, as we did not explicitly ask if the dogs were purebred. Breed composition matters because breeds may differ in their impulsivity (Fadel et al., 2016; Gerencsér et al., 2018), though this is not always the case (Lit et al., 2010). Moreover, owners may have expectations about breed differences in impulsivity. So differences in breed composition in samples may result in different relationships between owner reports and dog impulsivity.

A third possibility is that we sampled a different subset of the owner population than Brady et al. (2018). While demographic information about dogs is commonly provided in the dog behavior literature, information on the owners is often not. This is important because as researchers, we are selectively sampling from a subset of dog owners—those who have the time, funds, and interest to bring their dogs in for testing. These samples are not representative and may have critical influences on generalizability, so we need to encourage more thorough reporting of owner information to capture potential differences between studies. We provide summary information on the owners' gender identity, marital status, and household income category in Table S1 and individual values in our data set. In hindsight, we would like to have collected information about age, employment status,

and time spent at home with their dogs. Factors such as age, marital status, income, employment status, and time spent with the dog are important variables to consider when examining owner knowledge about their dogs and impulsivity specifically. If our lab sampled a different subset of owners than Brady et al., our sample may have different knowledge about their dogs' impulsivity, which could drive the study differences. Alternatively, a different subsample of owners may select or train their dogs differently, which can result in more variability in impulsivity levels, again resulting in study differences. Given the critical importance of owners in raising and training the dogs in our samples, canine science researchers should improve and standardize the collection and availability of information about owners.

The dog and owner sample differences imply that our lab may simply draw a different subset of dogs and owners from a common population compared to the other studies. However, a fourth possibility is that there are real differences between the populations to draw from; that is, cultural differences may exist between our populations and those of Brady et al. (2018). Cultures differ in their attitudes toward and beliefs about dogs (Bradshaw & Goodwin, 1999; Serpell, 2004) and their experiences and interactions with dogs (Wan et al., 2009; Amici et al., 2019). Our study was completed in the United States (US), whereas Brady et al. was conducted in the United Kingdom (UK), two countries that differ in the frequency of dog ownership. In 2021, approximately 53% of US households had dogs (American Pet Products Association, 2021), compared to 33% of UK households (Pet Food Manufacturers' Association, 2021). The two countries also differ in many aspects of dog welfare, health care, attitudes, policies, and laws (Houpt et al., 2007). Though there are few direct comparisons of US and UK dog owners, there is some evidence that veterinarians' beliefs about breed characteristics are shared for some breeds but different for other breeds between the two countries (Bradshaw & Goodwin, 1999). Differences in attitudes and beliefs about dogs could influence how owners train, relate to, and interact with their dogs. These differences in turn could influence both how impulsive their dogs are, as well as how well owners know their dogs' behavioral traits. For instance, US owners are more likely to spay or neuter their dogs than UK owners (Diesel et al., 2010; Trevejo et al., 2011). Because neutered male dogs may be more impulsive than non-neutered males (Fadel et al., 2016), different frequencies of neutered males may influence distributions of impulsivity scores. In our sample, 94.7% of the males were neutered. Though Brady et al. do not report their neuter rate, it was likely much lower than ours. However, UK and Italian owners share similar attitudes toward dogs (Lakestani et al., 2011), but Mongillo et al. (2019) did not replicate the effects of Brady et al. either. Thus, potential cultural differences between study populations should be further investigated.

#### **Implications**

Along with Mongillo et al. (2019), our results call into question the robustness of the relationship between performance on a spatial impulsivity task and an owner's report of dog impulsivity more generally. Four out of six studies on this topic do not show a relationship (Figure 4). A meta-analysis does not yield definitive evidence in either direction, though it provides anecdotal evidence favoring no relationship. What does this mean for canine impulsivity?

Brady et al. (2018) investigated the relationship between spatial impulsivity and DIAS because they were interested in developing a measure of impulsivity that could be assessed quickly; that is, it did not require the repeated interactions needed to offer an accurate assessment of impulsivity via the DIAS. This could be useful especially in settings such as animal shelters, where quickly assessing dog impulsivity can be useful for assigning additional training or finding a match with potential adopters. Our study comparison suggests that the spatial impulsivity task may not provide a broadly reliable measure of impulsivity for these purposes. We discuss the possibility of cultural/country differences potentially explaining the divergent findings across studies. This implies that the spatial impulsivity task may be a useful general measure of impulsivity in some situations (e.g., UK households) but not others. To estimate how generalizable it is as a measure of impulsivity, the task should be replicated more both within and outside of the UK.

Not finding a relationship between spatial impulsivity and DIAS scores, however, is perhaps not surprising given other information about impulsivity. Impulsivity is a multi-faceted concept that refers to many different cognitive and motivational processes (Evenden, 1999; Reynolds et al., 2006; Stevens, 2017b). In humans, while there are some correlations across different measures of impulsivity, there are also many aspects of impulsivity that are unrelated (Whiteside & Lynam, 2001; Weber et al., 2002; De Young, 2011). Someone who is impulsive in the sense that they may gorge themselves on a decadent dessert may not be impulsive in the sense of engaging in unprotected sex. Similarly, the literature in dogs has failed to find relationships among different behavioral measures of impulsivity and inhibitory control, despite numerous studies investigating a consistent behavioral trait of impulsivity (Bray et al., 2014; Fagnani et al., 2016; Brucks et al., 2017; van Horik et al., 2018). Thus, the lack of a strong relationship between spatial impulsivity and owner reports of impulsivity is consistent with more a more general understanding this phenomenon across species.

#### Challenges and opportunities

Both direct and conceptual replications can be difficult to implement. We applaud Brady et al. (2018) for facilitating replication by offering detailed descriptions of their methods and providing the individual data for their findings. Clear, thorough descriptions of methods are critical to providing the opportunity for others to replicate methods. We would also encourage the public posting of example videos of trials to further clarify methods. Additionally, providing individual-level data facilitated our ability to compare the studies more directly in ways that cannot be compared with simple summary statistics. Publicly available trial-level data can be even more beneficial to others, as it offers more granular levels of analysis and more flexible statistical models such as generalized linear models.

We advocate for leveraging aspects of open science to further advance research on dog behavior and cognition (Stevens, 2017a; Beran, 2018). One of the first ways to improve the robustness of our findings is to recruit larger sample sizes. For correlational work in particular, small sample sizes can result in spurious relationships (Schönbrodt & Perugini, 2013; Loken & Gelman, 2017). While many experts are hesitant to offer more statistical rules of thumb, larger samples are better, and this is especially relevant in dogs given their variation in size and breed-specific selection differences. Carefully considering in advance what your sample size will be (Lakens, 2022) or using sequential hypothesis testing with Bayes factors as we do here (Schönbrodt et al., 2017) is critical to collecting large enough samples to yield robust results. In addition, formally pre-registering or at least informally prespecifying analysis plans is critical for reducing researcher degrees of freedom in analyzing data (Wagenmakers et al., 2012). For instance, including in the analysis the dog that Brady et al. (2018) excluded due to a diagnosis of hip dysplasia after the study dramatically changes the outcome of their analysis, dropping the correlation coefficient from r = -0.46to r = -0.37 and increasing the p-value from 0.028 to 0.077. At small sample sizes, Pearson correlations are vulnerable to outliers and robust analyses are required (Wilcox, 2004). Flexibility in outlier exclusions combined with small sample sizes can reduce robustness of results, substantially influencing interpretations of our studies.

Producing a robust, reliable canine science requires implementing transparent and open research practices (Stevens, 2017a; Beran, 2018). One initiative that provides this opportunity in canine science is the ManyDogs Project (http://manydogs.org/). This project is a consortium of dog researchers around the globe interested conducting the same studies in all of their sites. This not only provides much larger sample sizes than are reasonable at individual sites but also allows for direct comparison of similarities/differences across breeds and countries. Moreover, the project is devoted

to open science practices including pre-registration of hypothesis, methods, and analysis plans, as well as public posting of data. Even if a researcher does not directly participate in it, the ManyDogs Project provides a model for transparent and open practices for canine science.

Finally, we raise an open secret in the dog cognition world. These studies were our lab's first research projects that involved bringing dogs into the lab for behavioral testing. One unexpected finding from this endeavor was how many dogs did not advance to the actual experiment. Out of 220 dogs that we recruited in total, 96 advanced to testing. A 56.4% failure to advance rate was unexpectedly high. While some of the dogs failed to advance because they were not treat motivated or failed to reliably prefer the larger reward in training, the vast majority of these dogs seemed to not engage in the task because they were too focused on their owner being out of the room. In Study 1, we intentionally kept owners in a different room to avoid cuing or interactions with the dog. However, many dogs seemed to exhibit separation anxiety with their owners out of the room. We began asking owners if their dogs experienced separation anxiety as soon as they entered the lab. But informally, this did not seem to predict whether their dog would advance or not. We attempted to minimize this issue in Study 2 by starting with dogs who were already at the dog daycare and therefore should not experience separation anxiety. However, we only recruited a moderate number of dogs this way and had to resort to recruiting through our database again.

We raise the issue of separation anxiety here to (1) be explicit about this happening and (2) highlight that the data are coming from a even smaller slice of the dog population than it may seem. Not only are we primarily recruiting a subset of people who are interested in and willing to come in to do the testing, but we are collecting data from a subset of those whose dogs are comfortable being in a different room from their owners. Thus, our findings are not necessarily representative of dogs generally, and this could potentially be another population difference between our sample and that of Brady et al. (2018). Going forward, the recent COVID-19 pandemic has resulted in people staying home a lot more, which could potentially influence separation anxiety in dogs (Heirs & Graham, 2021; Harvey et al., 2022). Further work is needed to investigate this, but it is important in considering recruitment and interpretation of dog cognition research.

# Conclusion

Impulsivity is a critical feature of canine science. Finding easy measures of impulsivity could benefit dog training, obedience, welfare, breeding, and re-homing. However, impulsivity is a multi-faceted construct, and being impulsive in one context may not predict being impulsive in another context.

We found that impulsivity in a spatial context did not relate to the owner's overall assessment of a dog's impulsivity. While this did not replicate the findings of Brady et al. (2018), it did match Mongillo et al.'s (2019) finding of no relationship. There are many potential reasons for our inability to replicate Brady et al., ranging from potential methodological and population differences to larger cultural differences between sites. This outcome highlights the importance of implementing robust open science practices across canine science to help translate our results into practice in ways that benefit both owners and dogs.

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#### **Author Contributions**

Stevens: Conceptualization, Data Curation, Formal Analysis, Funding Acquisition, Methodology, Project Administration, Resources, Supervision, Visualization, Writing – Original Draft Preparation. Mathias: Investigation, Project Administration, Supervision, Writing – Review & Editing. Herridge: Investigation, Project Administration, Supervision, Writing – Review & Editing. Hughes-Duvall: Investigation, Project Administration, Supervision, Writing – Review & Editing. Wolff: Investigation, Supervision, Writing – review & editing. Yohe: Investigation, Writing – Review & Editing.

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**Data Availability:** The data and analysis code are available at: https://doi.org/10.17605/osf.io/eb5m3.

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# **Supplementary Materials**

Table S1

Dog owner demographic information

<u> </u>	Study 1 (N=65)	Study 2 (N=43)
Gender		
Female	49 (76.6%)	39 (90.7%)
Male	15 (23.4%)	4 (9.3%)
Nonbinary	0 (0%)	0 (0%)
Marital status		
Single	20 (31.2%)	18 (41.9%)
Married	40 (62.5%)	22 (51.2%)
Separated/divorced	4 (6.2%)	2 (4.7%)
Widowed	0(0%)	1 (2.3%)
Have other dogs		
Yes	34 (53.1%)	21 (48.8%)
No	30 (46.9%)	22 (51.2%)
Household income		
<\$25,000	6 (9.5%)	9 (20.9%)
\$25,001-\$50,000	11 (17.5%)	5 (11.6%)
\$50,001-\$75,000	8 (12.7%)	7 (16.3%)
\$75,001-\$100,000	16 (25.4%)	2 (4.7%)
>\$100,000	19 (30.2%)	14 (32.6%)
Prefer not to answer	3 (4.8%)	6 (14.0%)

Note:

Table S2
Scale reliability values

Scale	Study 1	Study 2
Bennett and Rohlf disobedience	0.85	_
Bennett and Rohlf aggression	0.89	_
Bennett and Rohlf nervousness	0.90	_
Bennett and Rohlf destructiveness	0.57	_
Bennett and Rohlf excitability	0.35	_
Hiby et al. obedience	0.79	0.77
Hiby et al. problem behaviors	0.74	_
DIAS overall	0.86	0.83
DIAS behavioral regulation	0.85	0.83
DIAS aggression	0.68	0.72
DIAS responsiveness	0.59	0.46
MDORS	0.71	_
Owner extraversion*	0.80	0.69
Owner agreeableness*	0.31	0.54
Owner conscientiousness*	0.45	0.37
Owner stability*	0.65	0.70
Owner openness*	0.24	0.36
Cognitive reflection task	0.61	_
Berlin numeracy test	0.48	_
CBARQ training	_	0.77

*Note:* Values represent Revelle's  $\omega_T$  except owner personality scales (signaled with \*), which use Cronbach's  $\alpha$ .

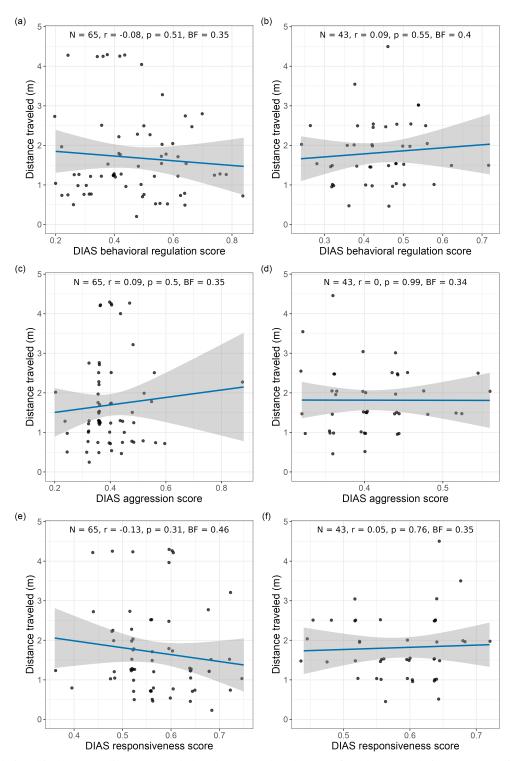


Figure S1. Relationship between distance traveled and DIAS subscales. We found no correlation between distance traveled and the behavioral regulation subscale in (a) Study 1 or (b) Study 2 or the aggression subscale in (c) Study 1 or (d) Study 2, or the responsiveness subscale in (e) Study 1 or (f) Study 2. Dots represent individual dog data points, lines represent best fitting linear regression models, and bands represent 95% confidence intervals around the regression model.

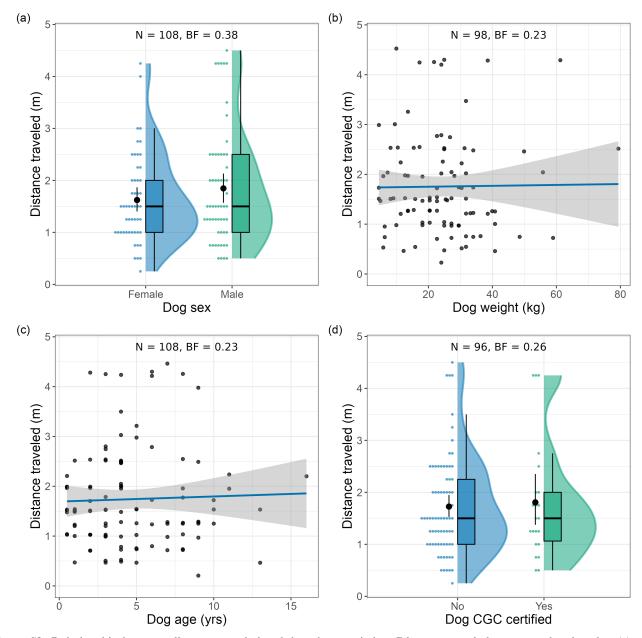


Figure S2. Relationship between distance traveled and dog characteristics. Distance traveled was not related to dog (a) sex, (b) weight, (c) age, or (d) AKC Canine Good Citizen status. For correlations, dots represent individual dog data points, lines represent best fitting linear regression models, and bands represent 95% confidence intervals around the regression model. For group comparisons, dots represent individual dog data points, filled shapes represent density distributions, filled dots and error bars represent mean and 95% confidence intervals, boxes represent interquartile range, lines within boxes represent medians, and whiskers represent 1.5 times the interquartile range.

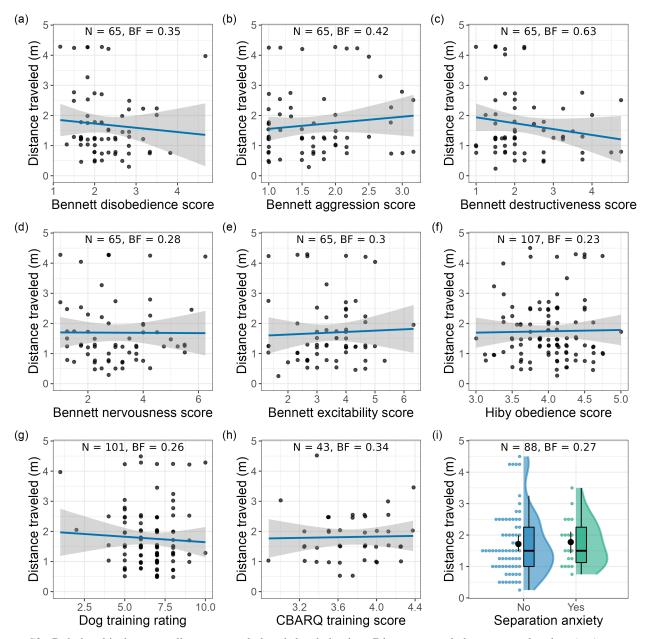


Figure S3. Relationship between distance traveled and dog behavior. Distance traveled was not related to (a-e) scores on Bennett and Rolhf's (2007) behavior problems scales, (f) Hiby et al.'s (2004) obedience scale, (g-h) measures of training, or (i) ratings of separation anxiety. For correlations, dots represent individual dog data points, lines represent best fitting linear regression models, and bands represent 95% confidence intervals around the regression model. For group comparisons, dots represent individual dog data points, filled shapes represent density distributions, filled dots and error bars represent mean and 95% confidence intervals, boxes represent interquartile range, lines within boxes represent medians, and whiskers represent 1.5 times the interquartile range.

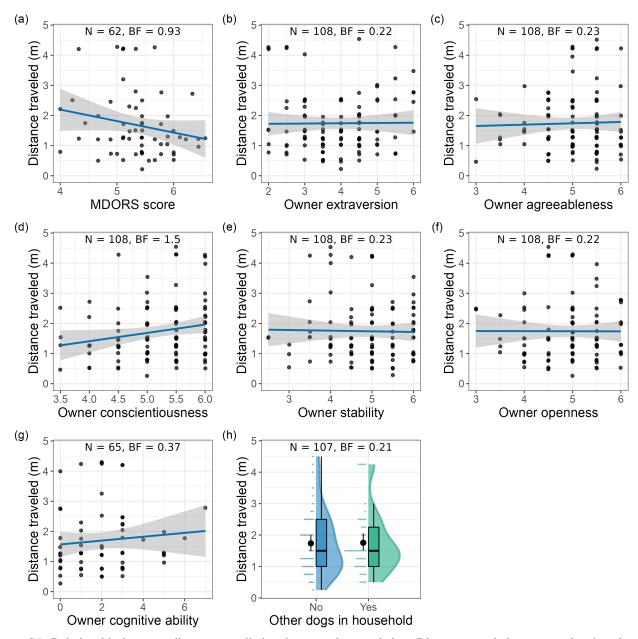


Figure S4. Relationship between distance travelled and owner characteristics. Distance traveled was not related to dog (a) Monash Dog Owner Relationship Score, (b-f) owner personality, (g) owner cognitive ability, or (h) whether owners had other dogs in the household. For correlations, dots represent individual dog data points, lines represent best fitting linear regression models, and bands represent 95% confidence intervals around the regression model. For group comparisons, dots represent individual dog data points, filled shapes represent density distributions, filled dots and error bars represent mean and 95% confidence intervals, boxes represent interquartile range, lines within boxes represent medians, and whiskers represent 1.5 times the interquartile range.