



Competitive
Programming and
Mathematics
Society

Mathematics Workshop

Integration

CPMsoc Maths

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Welcome

- We would like to thank everyone for coming, even if its just for the pizza :D
- We are looking forward to expanding our activities from here onwards, if you have any ideas for what you think we can do to satisfy your interests, please let us know!!
- We do have a lot more planned for TERM 2! More Competitive Mathematics heading your way...
- We may run an integration bee sometime in the future. Full disclaimer, this is nothing official, but there have been discussions.

Attendance form



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About today

Today's workshop is all about integration, specifically the type that is featured in integration bees / competitions.

- We will be dealing with only real valued functions.
- The vast majority of the workshop is about single value functions. However, we will touch on multivariate calculus at the end, but it will not be complicated.
- This is not a rigorous treatment of integral calculus. We are just solving problems, and some formalities will be brushed aside.

Assumed knowledge

This is an introductory workshop, so there is minimal assumed knowledge:

- You can use properties of and take derivatives of all elementary functions, e.g.
 - Know $x^{a+b} = x^a x^b$, $\ln(uv) = \ln(u) + \ln(v)$ ¹.
 - Find $\frac{dy}{dx}$ with $y = x^n$, $y = \sin^{-1} x$, $y = e^{\sin x} \ln(x^2 + 1)$.
 - Know the chain, product, and quotient rules.
- You know what integration is!
 - Know that the anti-derivative of $f(x)$ is $F(x)$ with $\frac{d}{dx} F(x) = f(x)$.
 - Familiar with most standard integrals, such those you would find on a 1131 / 1141 formula sheet.
 - E.g. $\int x^n dx$, $\int \sin x dx$, $\int e^x dx$.
 - Familiar with basic integration rules.
 - E.g. $\int \lambda f(x) dx = \lambda \int f(x) dx$, $\int (f(x) + g(x)) dx = \int f(x) dx + \int g(x) dx$.

¹ $u, v > 0$

Notation

Pretty standard math things.

- $\int f$ represents the antiderivative of a function f . Usually, we notate this as F , with $F' = f$. This is not usually used in our context.
- $\int f(x) dx$ represents the antiderivative of f with respect to x . This is a family of functions which, when we take the derivative wrt. x , yield $f(x)$. Once we have found a particular function with this property, say F_p , since the derivative of any constant is zero, all solutions to $\frac{d}{dx} F(x) = f(x)$ are $F(x) = F_p(x) + C$, where $C \in \mathbb{R}$.

Conventionally, we skip all of this and just write

$$\int f(x) dx = F(x) + C.$$

- $\int_a^b f(x) dx$ represents the definite integral of f from a to b , provided $f(x)$ is integrable on (a, b) . If F is any antiderivative from the previous slide, then we have

$$\int_a^b f(x) dx = F(b) - F(a).$$

This represents the signed area of the graph $y = f(x)$ from a to b , if $b \geq a$.

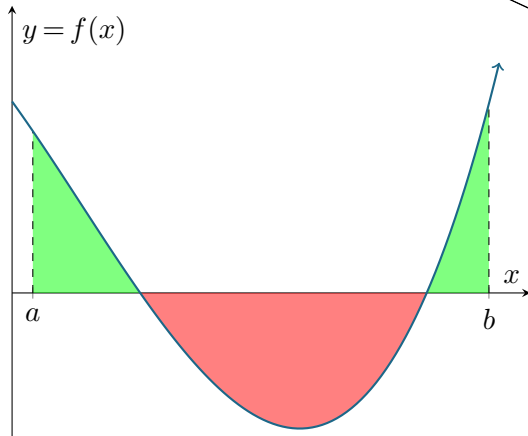
Notation

When we say signed area, we mean that area underneath the x -axis is counted as having negative contribution.

E.g. for the figure on the right,

$$\int_a^b f(x) dx = A_{\text{green}} - A_{\text{red}}.$$

This has many useful applications, which we will cover.



- $\int_a^b f(x) dx$ represents the definite integral of f from a to b , provided $f(x)$ is integrable on (a, b) . If F is any antiderivative from the previous slide, then we have

$$\int_a^b f(x) dx = F(b) - F(a).$$

Also, note that the variable x we integrate wrt. to is arbitrary. Often, we write

$$\int_a^x f(t) dt = F(x) - F(a),$$

and this is another way of expressing the indefinite integral of f explicitly as a function. The variable t is what we call a “dummy variable”, acting as a placeholder and replaceable with anything.

u substitution

Suppose that $F(x)$ is an antiderivative of $f(x)$, and we are interested in finding

$$\int f(g(x))g'(x) dx,$$

where $g(x)$ is some differentiable function. Recall the chain rule when taking derivatives.

$$\frac{d}{dx}F(g(x)) = F'(g(x))g'(x),$$

but $F'(x) = f(x)$ by definition! Thus,

$$\frac{d}{dx}F(g(x)) = f(g(x))g'(x) \iff \int f(g(x))g'(x) dx = F(g(x)) + C.$$

Why is this useful?

u substitution

Why is this useful? If we have a function which can be expressed in the form $f(g(x))g'(x)$ for some f and g , finding the antiderivative of $f(g(x))g'(x)$ reduces to the problem of finding the antiderivative of $f(x)$, which can be much easier. This technique is called integration by substitution.

The name u substitution comes from an equivalent formulation:

$$\int f(u) \frac{du}{dx} dx = \int f(u) du,$$

where $u = g(x)$. E.g. with $u = 1 + x^2$,

$$\begin{aligned} \int x(1+x^2)^\pi dx &= \frac{1}{2} \int u^\pi \frac{du}{dx} dx = \frac{1}{2} \int u^\pi du \\ &= \frac{1}{2(\pi+1)} u^{\pi+1} + C. \end{aligned}$$

u substitution

We can also do things the other way. Suppose, instead, that $x = g(u)$, where g is an invertible function. Then,

$$\int f(x) dx = \int f(g(u))g'(u) du.$$

This looks like we are complicating the integral, however if $f(g(u))$ simplifies nicely, for example $f(x) = \sqrt{1-x^2}$ and $g(u) = \sin u$, and we know a way to integrate functions in the family of $g(u)$ and $g'(u)$ (trig!), then this allows us to evaluate integrals we otherwise cannot.

Since our answer will be in terms of u , g must be invertible or we will have no way to express our answer in terms of x . This is particularly important for definite integrals.

u substitution

u substitution can also be used for definite integrals. With $u = g(x)$,

$$\int_a^b f(u) \frac{du}{dx} dx = \int_{g(a)}^{g(b)} f(u) du.$$

Likewise, if $x = g(u)$ where g is invertible,

$$\int_a^b f(x) dx = \int_{g^{-1}(a)}^{g^{-1}(b)} f(x) \frac{dx}{du} du.$$

This may lead you to think the second type of u substitution is more finicky with invertibility. This is not true, because *if* an inverse exists for g (we can pick any branch) with $g^{-1}(x) = u$ for all $x \in [a, b]$, then the theorem will always hold. The first theorem is often more troublesome.

u substitution

For example, with the substitution $u = x^2$, on the integral

$$\int_{-1}^1 x^2 dx,$$

an unaware student may write $x^2 = \frac{\sqrt{x^2}}{2} \cdot 2x = \frac{\sqrt{u}}{2} \frac{du}{dx}$. Then, using the formula presented above,

$$\int_{-1}^1 x^2 dx = \int_{-1}^1 \frac{\sqrt{u}}{2} \frac{du}{dx} dx = \int_{(-1)^2}^{1^2} \frac{\sqrt{u}}{2} du.$$

Note that our bounds are now from 1 to 1, and thus the integral must be zero!

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Obviously not. $\int_{-1}^1 x^2 dx = \left[\frac{x^3}{3} \right]_{-1}^1 = \frac{2}{3}.$

u substitution

Turns out, there exists no function $f(u)$ which satisfies $f(u)\frac{du}{dx} = x^2$, as this would require $f(x^2) = \frac{x}{2}$, and f must be a many to one relation. Indeed, we simplified $\sqrt{x^2} = x$, when it should be $|x|$. Instead, if we split the integral up into

$$\int_{-1}^0 x^2 dx + \int_0^1 x^2 dx,$$

we can define $f(x) = -\frac{\sqrt{x}}{2}$ for the first integral, and $f(x) = \frac{\sqrt{x}}{2}$ for the second. Then, all is fine.

$$\int_{-1}^0 x^2 dx = \int_1^0 -\frac{\sqrt{u}}{2} du = \frac{1}{3}, \quad \int_0^1 x^2 dx = \int_0^1 \frac{\sqrt{u}}{2} du = \frac{1}{3}.$$

The reason why this happened is that the sub $u = x^2$ is secretly $x = \pm\sqrt{u}$, and this is not invertible for u unless we restrict the domain of x .

u substitution



When we carry out u substitution, it is bothersome to write $f(u) \frac{du}{dx} dx$ in full and nobody does it. Notice that we effectively replace $\frac{du}{dx} dx$ with du , so in a sense, if $u = g(x)$, we can write $du = g'(x) dx$, and directly substitute this into the formula.

We can go even further and skip the notation of u all together, and just write $d(g(x)) = g'(x) dx$. E.g, with the integral earlier,

$$\begin{aligned}\int x(1+x^2)^\pi dx &= \frac{1}{2} \int (1+x^2)^\pi d(1+x^2) \\ &= \frac{(1+x^2)^{\pi+1}}{2(\pi+1)} + C.\end{aligned}$$

This is called implicit integration.

Using u substitution



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Enough pedanticism, we are here to evaluate some integrals.

$$\int \frac{dx}{\sqrt{\sqrt{x} + 1}}$$

Using u substitution



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$$\int \frac{dx}{x - x^{\frac{3}{5}}}$$

Basic trig sub

Here are some common trig substitutions that are useful.

$$I = \int \frac{dx}{x^2 \sqrt{x^2 - 1}}.$$

I see a $\sqrt{x^2 - 1}$, I sub $x = \sec u$, $dx = \sec u \tan u \, du$.

$$\begin{aligned} I &= \int \frac{\sec u \tan u}{\sec^2 u \sqrt{\sec^2 u - 1}} du \\ &= \int \frac{du}{\sec u} = \sin u + C \\ &= \frac{\sqrt{\sec^2 u - 1}}{\sec u} + C = \frac{\sqrt{x^2 - 1}}{x} + C. \end{aligned}$$

Basic trig sub

Of course, trig sub goes the other way too. Consider

$$I = \int \frac{\cos^2 x}{1 + \sin^2 x} dx.$$

The substitution $t = \tan x$ works for all integrals with even powers of \sin and \cos , but in this case it gets us to

$$I = \int \frac{dt}{(t^2 + 1)(2t^2 + 1)} = \int \left(\frac{2}{2t^2 + 1} - \frac{1}{t^2 + 1} \right) dt.$$

but this is slow. Instead, write

$$\begin{aligned} I &= \int \frac{1 - \sin^2 x}{1 + \sin^2 x} dx = \int \frac{2 - (1 + \sin^2 x)}{1 + \sin^2 x} dx \\ &= 2 \int \frac{\sec^2 x}{\sec^2 x + \tan^2 x} dx - x = 2 \int \frac{d(\tan x)}{2 \tan^2 x + 1} - x. \end{aligned}$$

This is effectively the same thing we did with the t sub, but it is much easier to see.

Basic trig sub



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$$\int \frac{dx}{\cos x \sqrt{\sin 2x}} dx, \int \frac{dx}{\sin x \sqrt{\sin 2x}} dx$$

Basic trig sub



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$$\int \sqrt{1 + \sin x} \cot x \, dx$$

Basic trig sub



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Being able to trig sub requires a solid foundation of trig. E.g.,

$$\int \sqrt{1 + \sin x} \, dx$$

Advanced trig sub

Now, for the integral

$$I = \int \frac{\tan x}{\sqrt{1 + \sin^2 x}} dx,$$

it would be unwise to do the sub $u = \sin x$, as if we do,

$$I = \int \frac{\sin x}{\cos x \sqrt{1 + \sin^2 x}} = \int \frac{\sin x \cos x}{\cos^2 x \sqrt{1 - \sin^2 x}} dx = \int \frac{u}{(1 - u^2) \sqrt{1 + u^2}} du,$$

and we would need more substitutions to proceed. Instead, you could try $u = \cos x$, so

$$I \int \frac{\sin x}{\cos x \sqrt{2 - \cos^2 x}} dx = - \int \frac{du}{u \sqrt{2 - u^2}},$$

and this seems much simpler. The next step is to let $u = \sqrt{2} \sin v$ for the radical, but we might as well skip this step because $u = \cos x$, so $\cos = \sqrt{2} \sin v$.

Advanced trig sub

If we directly substitute $\cos x = \sqrt{2} \sin u$, we get $-\sin x dx = \sqrt{2} \cos u du$, so

$$I = - \int \frac{\sqrt{2} \cos u}{\sqrt{2} \sin u \sqrt{2 - 2 \sin^2 u}} du = -\frac{1}{\sqrt{2}} \int \csc u du,$$

and this is easy. Using the integral of \csc , which you should memorise,

$$I = -\frac{1}{\sqrt{2}} \ln |\csc u - \cot u| + C = \frac{1}{\sqrt{2}} \ln \left| \frac{\sin u}{1 - \cos u} \right| + C,$$

and after a little bit of simplification we get

$$I = \frac{1}{\sqrt{2}} \ln \left| \frac{\cos x}{\sqrt{2} - \sqrt{1 + \sin^2 x}} \right| + C.$$

Advanced trig sub

Of course, there are always better ways to do integrals. If we let $u = \sec x$ in I , we have

$$I = \int \frac{\sec x \tan x}{\sqrt{\sec^2 x + \tan^2 x}} dx = \int \frac{d(\sec x)}{\sqrt{2 \sec^2 x - 1}}.$$

The formula $\int \frac{dx}{\sqrt{a^2 x^2 \pm b^2}} = \frac{1}{a} \ln \left| ax + \sqrt{a^2 x^2 \pm b^2} \right|$ is useful here.

$$\therefore I = \frac{1}{\sqrt{2}} \ln \left| \sqrt{2} \sec x + \sqrt{2 \sec^2 x - 1} \right| + C.$$

This answer is not fully correct. We assume that $\sec x \sqrt{1 + \sin^2 x} = \sqrt{\sec^2 x + \tan^2 x}$, where we drop the sign of $\sec x$.

Advanced trig sub

The sub $u = \sin x \pm \cos x$ is another good friend, because $u^2 = 1 \pm \sin 2x$. E.g, with

$$\int \frac{\sin x - \cos x}{\sqrt{\sin 2x}}$$

Advanced trig sub



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$$\int \frac{\sin x - \cos x}{(\sin x + \cos x) \sqrt{\sin x \cos x + \sin^2 x \cos^2 x}} dx$$

Reciprocal sub

Earlier in this section, we ran into the integral

$$I = \int \frac{dx}{x^2 \sqrt{x^2 - 1}},$$

which I claimed we needed trig sub to do. That was me spreading misinformation. Notice

$$\begin{aligned} I &= \int \frac{(1/x)}{\sqrt{1 - (1/x)^2}} d(1/x) \\ &= \sqrt{1 - (1/x)^2} + C \\ &= \frac{\sqrt{1 - x^2}}{x} + C. \end{aligned}$$

The substitution $u = \frac{1}{x}$ is the smallest child of a family of powerful subs.

Reciprocal sub

Consider

$$I = \int \frac{x^2 + 1}{x^4 + 1} dx.$$

Some of you may recognise $x^4 + 1 = (x^2 + \sqrt{2}x + 1)(x^2 - \sqrt{2}x + 1)$, and be inclined to bash with partial fractions. Instead, consider the following:

$$I = \int \frac{1 + \frac{1}{x^2}}{x^2 + \frac{1}{x^2}} dx = \int \frac{d(x - 1/x)}{(x - 1/x)^2 + 2}.$$

The sub $u = ax + b/x$ is quite strong. Often, it is just $x \pm 1/x$, which you see here.

Reciprocal sub



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$$\int \frac{x^2 - 1}{x^4 + 3x^2 + 1} dx$$

Reciprocal sub



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$$\int \frac{(x+1)^4(x-1)^2\sqrt{x^4+x^2+1}}{(x^2+1)^2(x^6-1)} dx$$

I and J

How would you approach $\int \frac{\sin x}{\sin x + \cos x} dx$?



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$$\int \frac{\cos^3 x}{\sin x - \cos x}$$

$$\int \sqrt{\cot x} \, dx$$

Cancelling integrals through by parts

We have all seen how in finding $\int e^x \sin x \, dx$ you have to integrate by parts twice to recover the original integral. This is somewhat similar.

$$\int \frac{x^2 - x - 1}{x^2 - 2x + 1} e^x \, dx$$

Hint: Consider splitting into

$$\int \frac{x^2 - x}{x^2 - 2x + 1} e^x \, dx - \int \frac{e^x}{x^2 - 2x + 1}$$

Random asspull manipulation



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$$\int \frac{x^{2023}}{x + x^{2025}} dx$$

Random asspull manipulation



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$$\int \frac{dx}{x\sqrt{x^n - 1}}$$

Reverse product rule



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$$\int \frac{1 + \sin x}{1 + \cos x} e^x dx$$

Reverse quotient rule



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$$\int \frac{x \cos x - \sin x}{x^2 + \sin^2 x} dx$$

Kings rule



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$$\int_a^b f(x) dx = \int_a^b f(a + b - x) dx$$

Very commonly used. Especially for trig, where there is a special rule for it.

$$\int_0^{\frac{\pi}{2}} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\cos x) dx$$

Kings rule



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$$\int_0^{\frac{\pi}{4}} \ln(1 + \tan x) dx$$

Kings rule



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$$\int_1^3 \frac{\ln x}{\ln(4x - x^2)} dx$$

Reciprocal sub



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$$\int_{\frac{1}{a}}^a f(x) dx = \int_{\frac{1}{a}}^a \frac{f(1/x)}{x^2} dx$$

Very useful when there are \ln s anywhere in the integral, or $1 + x^2$ s in the denominator.

Reciprocal sub



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$$\int_0^{\infty} \frac{dx}{(1+x)(\pi^2 + (\ln x)^2)}$$

Together now!

If $\varphi = \frac{1 + \sqrt{5}}{2}$ is the golden ratio, evaluate

$$\int_0^{\frac{\pi}{2}} \frac{\tan x}{\varphi^2 + 4 \ln(\tan x)^2} dx$$



Involution

Notice that both of these substitutions took the bounds and changed them into the other bound. Specifically, $f(b) = a$ and $f(a) = b$, where $f(x) = a + b - x$ or $f(x) = 1/x$. These functions are called “involutions” because they satisfy $f(f(x)) = x$. Another involution is

$$f(x) = \frac{1-x}{1+x}.$$

Use $u = f(x)$ to evaluate

$$\int_0^1 \frac{\ln(1+x)}{1+x^2} dx$$

Interval splitting

A trick which is usually only helpful for trig integrals, where cases would be required due to the invertible requirement for u sub:

$$\int_0^{2a} f(x) dx = \int_0^a (f(x) + f(2a - x)) dx$$

In the case when $a = \pi$ or $a = \frac{\pi}{2}$, this has a couple applications.

Go practice.

Pizza should arrive soon



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Attendance form :D



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