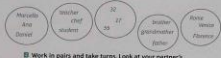


5 A Draw five circles on a piece of paper in the first circle, write the names of three people in your family in the other four circles, write their ages, jobs, relationship to you and where they are now.



6 Work in pairs and take turns. Look at your partner's information. Ask and answer about each person.

A: Is there a brother?

B: Yes, he is.

A: Is he a teacher?

SPARNGALL SPA retreat

relax, rejuvenate, recharge

Section C: 10+ points. You're good with your head. Maybe an office job is best for you, but do you like working with people? Then how about a job in a bank or as a manager in a big company? Do you like working alone? Then maybe a job with computers is good for you.

10+ points in no sections? Don't worry, there's a job for you ... but we can't tell you what it is! What job would you like?

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Writing ► Beginning Your Report

The beginning part of a report should get the reader's interest and introduce your topic.

Tori tried three ways to write the sentence to start her first paragraph. She chose to state an interesting idea.

Beginning
Middle
Ending



Top ten goals

People often want to make changes in their life: their job, their lifestyle, their relationships. They talk about it, they buy a self-help book ... but usually nothing changes, and then a year later the same goal comes back again. They say, 'This time, I'm really going to make a change!'

2

- 1 Have you ever had a holiday in Ireland?
- 2 Has Irina (ever) been a teacher?
- 3 Did you like that film?
- 4 Did Ali study history at university?
- 5 Has Jane ever taken ballet lessons?
- 6 Did you both go to the coast last weekend?

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Persuasive Paragraph

Kim looks at her poster. She writes some sentences about why the rule is important. Then she puts them together in a paragraph.

Prewrite ► Gather your reasons.

When you **prewrite**, you make a list to gather reasons for your opinion.

Who are we? Where do we come from? For thousands of years, humanity has turned to religion and myth to answer these questions. But in this BBC series, Professor Brian Cox presents a different set of answers – answers provided by science. In this episode, Brian seeks to understand the nature of time and its role in creating both the universe and ourselves. Using the Perito Moreno glacier in Patagonia, Argentina, Brian explores the concept of the arrow of time, describing how time is characterised by irreversible change, and why sequences happen in the order they do.



Time-savers that will put years on your life

Prioritise: Some tasks are important and urgent. Others are important but not urgent. Most are neither. Forget about them until they become important and urgent.

Don't multi-task: You think you're doing lots of things well at the same time. You aren't. You're doing lots of things badly at the same time, which will need re-doing later once you realise you've made a bad job of them. Focus on one thing at a time and do it properly.

Kill distractions: Ignore email, leave the mobile in your car, unplug the phone and remove all TVs within sight. If you want to work, work.