

# Week 10: Continuous Probability Distributions

Data Analysis for Psychology in R 1

Alex Doumas

Department of Psychology  
The University of Edinburgh

# Course Overview

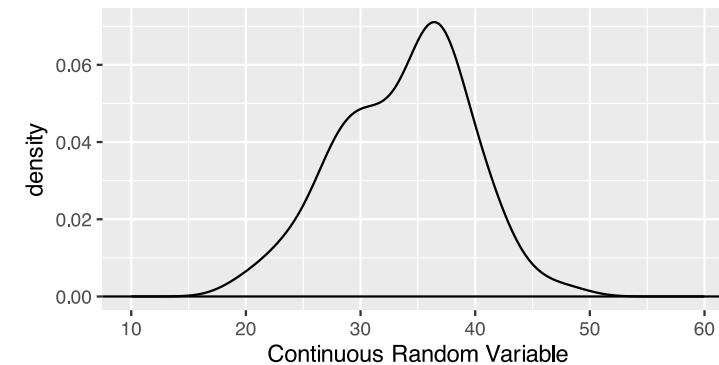
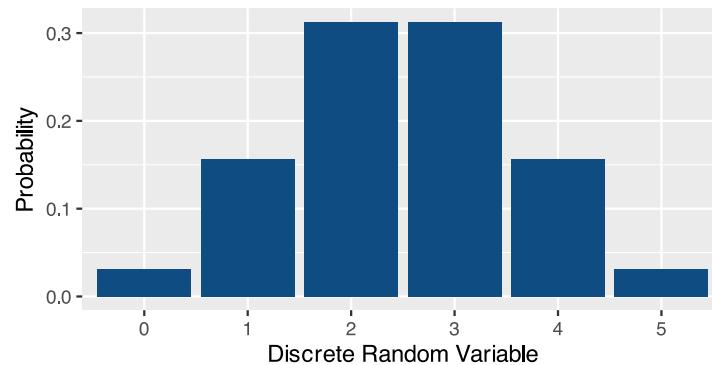
Exploratory Data Analysis	Research design and data
	Describing categorical data
	Describing continuous data
	Describing relationships
	Functions
Probability	Probability theory
	Probability rules
	Random variables (discrete)
	<b>Random variables (continuous)</b>
	Sampling
Foundations of inference	Confidence intervals
	Hypothesis testing (p-values)
	Hypothesis testing (critical values)
	Hypothesis testing and confidence intervals
	Errors, power, effect size, assumptions
	One sample t-test
	Independent samples t-test
	Paired samples t-test
	Chi-square tests
	Correlation
Common hypothesis tests	

# This Week's Learning Objectives

1. Understand the key difference between discrete and continuous probability distributions
2. Apply understanding of continuous probability distributions to the example of a normal distribution
3. Understand how to use a range from a continuous probability distribution
4. Introduce other continuous probability distributions

# Discrete vs. continuous

- Recall that a *discrete probability distribution* describes a random variable that produces a discrete set of outcomes
- By contrast, a *continuous probability distribution* describes a random variable that produces a continuous set of outcomes
  - Temperature
  - Height
  - Reaction Time
- If you have arbitrary precision of measurement, you have a continuous random variable
- While a discrete probability distribution is jagged, a continuous probability distribution is smooth

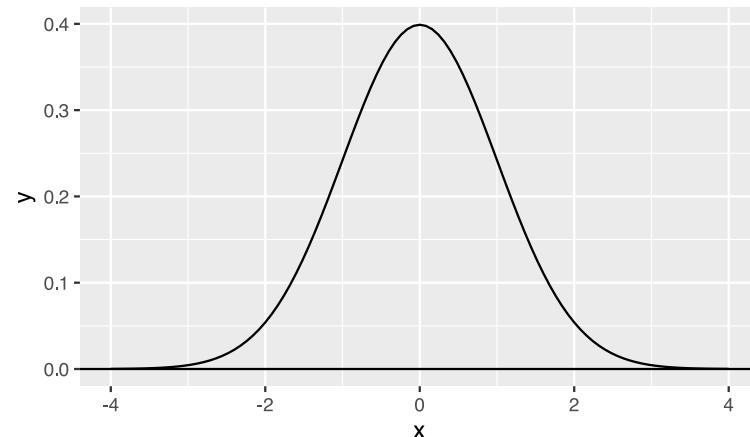


# Discrete vs. continuous

- Continuous probability distributions differ from discrete in two other important ways
  - $P(X = x) = 0$
  - Continuous probability distributions are described using the **probability density function (PDF)**, rather than the **probability mass function**
- Now, let's take a look at perhaps the most widely used continuous probability distribution...

# Normal distribution

- A **normal distribution** (AKA the Gaussian distribution) is a continuous distribution
- It is uni-modal (one peak) and symmetrical



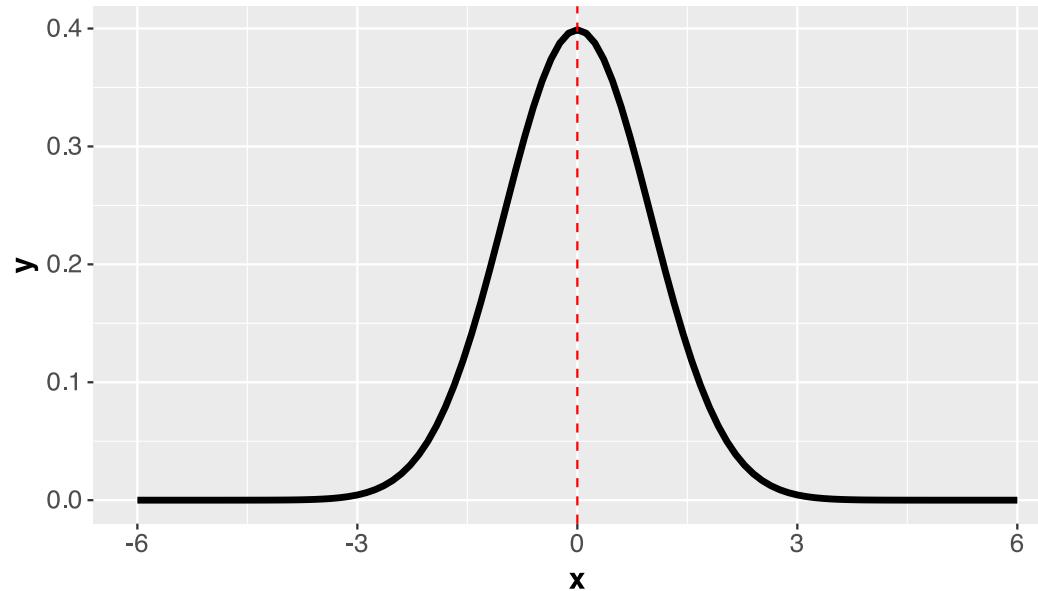
# Normal: PDF

$$f(x; \mu, \sigma) = \frac{1}{\sigma\sqrt{2\pi}} e^{-\frac{(x-\mu)^2}{2\sigma^2}}$$

- A bit scary!
- But the basic points are:
  - It is a function of data  $x$
  - And *two* parameters  $\mu$  and  $\sigma$  (mean and SD)
- There is not one single normal distribution
- We have a family of different distributions that are defined by their mean,  $\mu$ , and standard deviation,  $\sigma$

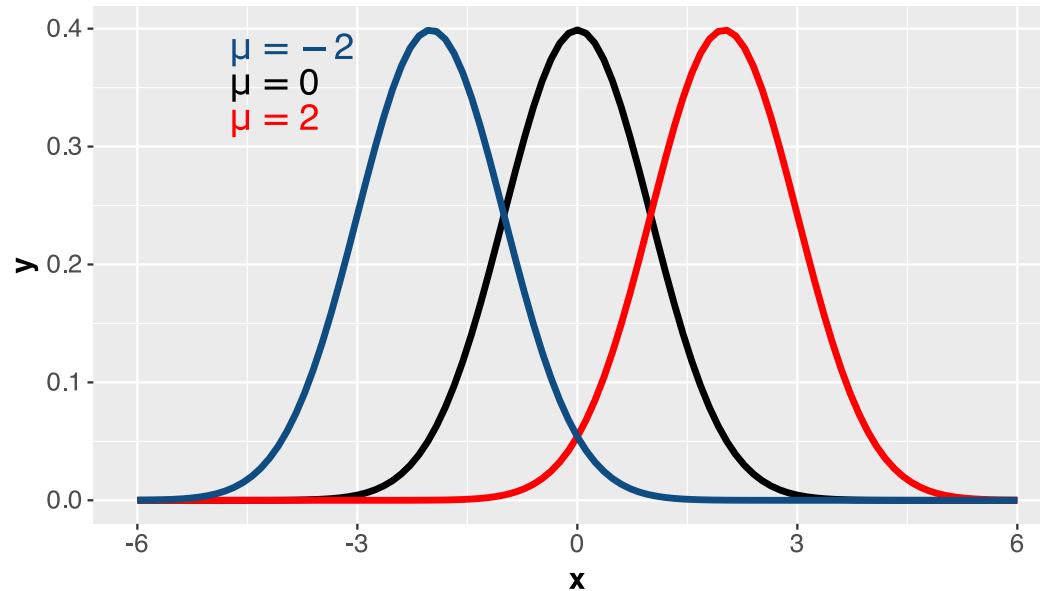
# The Standard Normal Distribution

- The **standard normal distribution** is a normal distribution where  $\mu = 0$  and  $\sigma = 1$



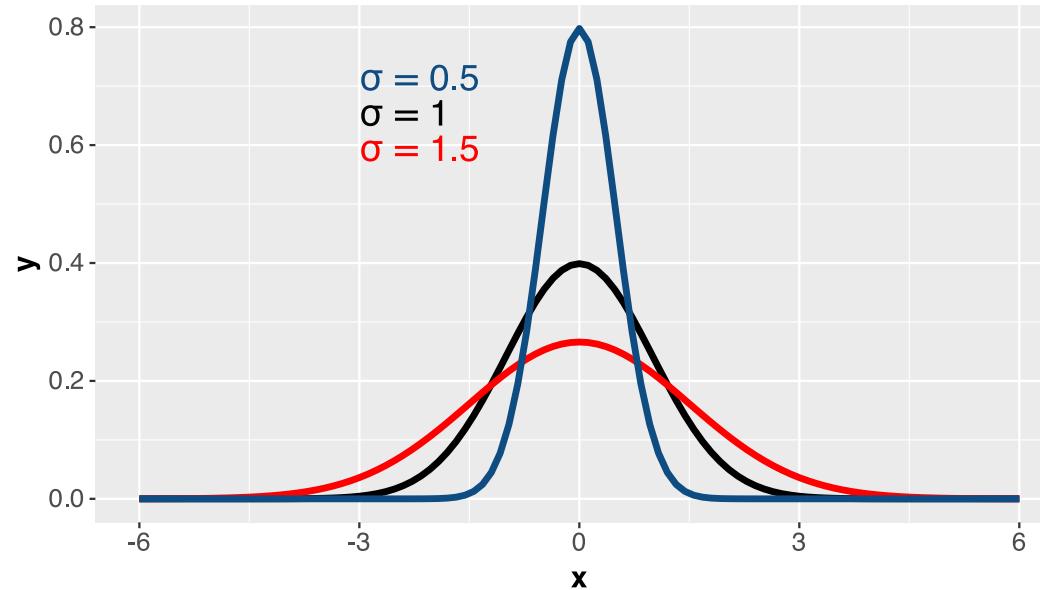
# Different Normal Distributions - Adjusting $\mu$

- Adjusting  $\mu$  changes where the curve is centered on the  $x$ -axis



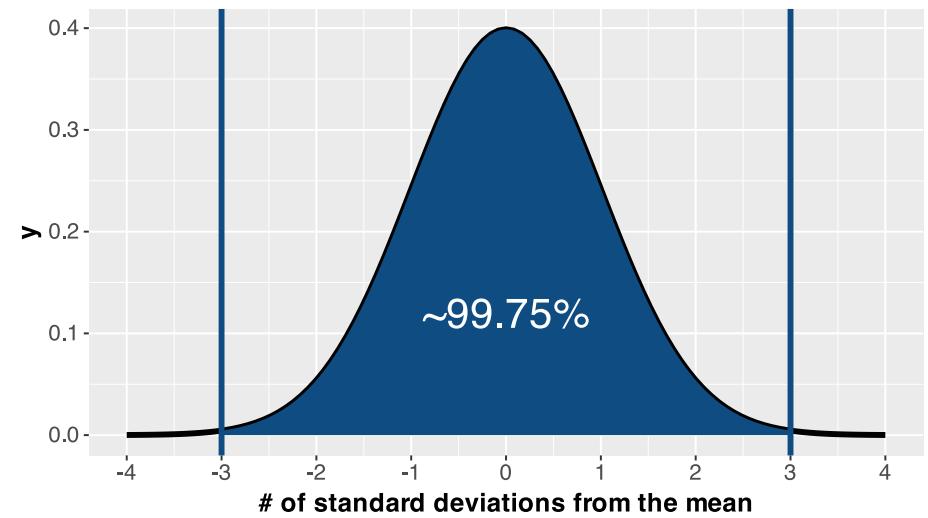
# Different Normal Distributions - Adjusting $\sigma$

- Adjusting  $\sigma$  changes the shape of the curve



# Properties of Normal Distributions

- Properties of any normal distribution:
  - ≈ 68% of area falls under 1 SD on either side of mean
  - ≈ 95% of area falls under 2 SD on either side of mean
    - Exactly 95% falls under +/- **1.96 SD**
  - ≈ 99.75% of area falls under 3 SD on either side of mean



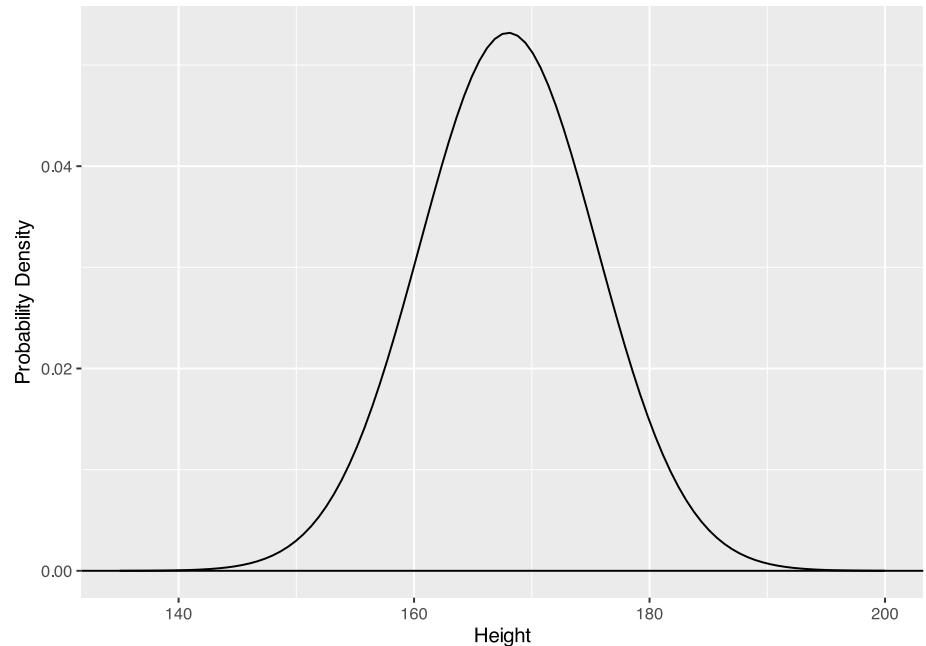
# Questions?

# Using the PDF of the normal distribution

- Let's use the normal distribution to illustrate how continuous probability distributions work
- With a discrete random variable it makes sense to ask: 'What's the probability associated with a specific value of the random variable?'
  - e.g. what the probability of getting heads on a fair coin?
- With a continuous random variable it makes sense to ask about ranges of scores
  - e.g. what's the probability of sampling someone between 1.75 and 1.8 meters tall if we sample students from a university?
  - Remember that the probability of any single value (e.g. exactly 1.764736525678943655 meters) is 0
  - The total probability (1) is divided between an infinite number of possible values that the variable could take, as the variable is continuous

# Using the PDF of the normal distribution

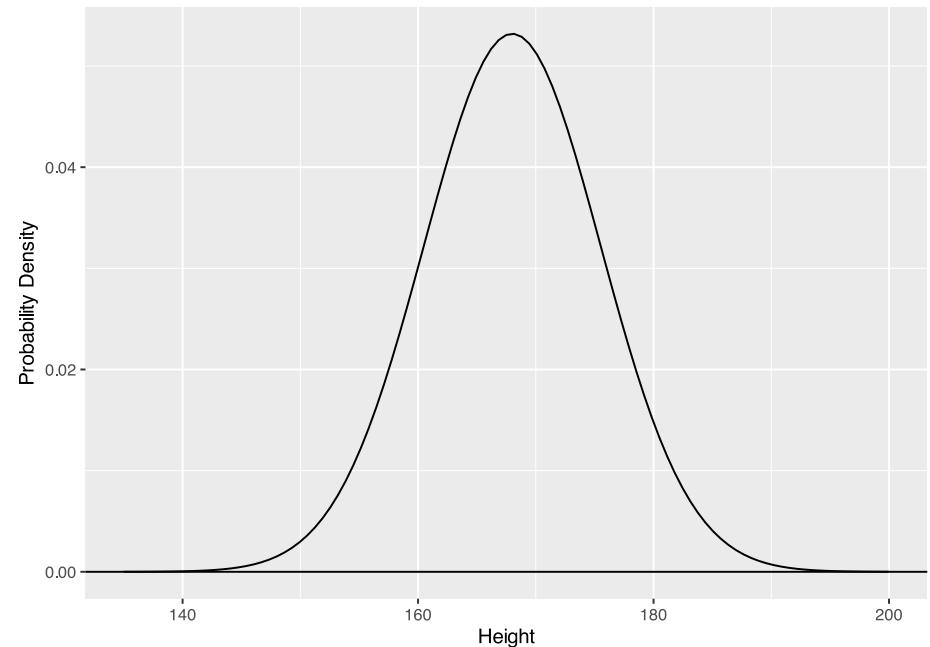
- Let's imagine that in some course, student height is normally distributed
  - $\mu = 168 \text{ cm}$
  - $\sigma = 7.5 \text{ cm}$
- We can ask what is the probability of sampling someone between 175 and 180 cm?
  - This question translates to:  
 $P(175 \leq x \leq 180) = ?$
  - Let's unpack this...



# Using the PDF of the normal distribution

$$P(175 \leq x \leq 180) = ?$$

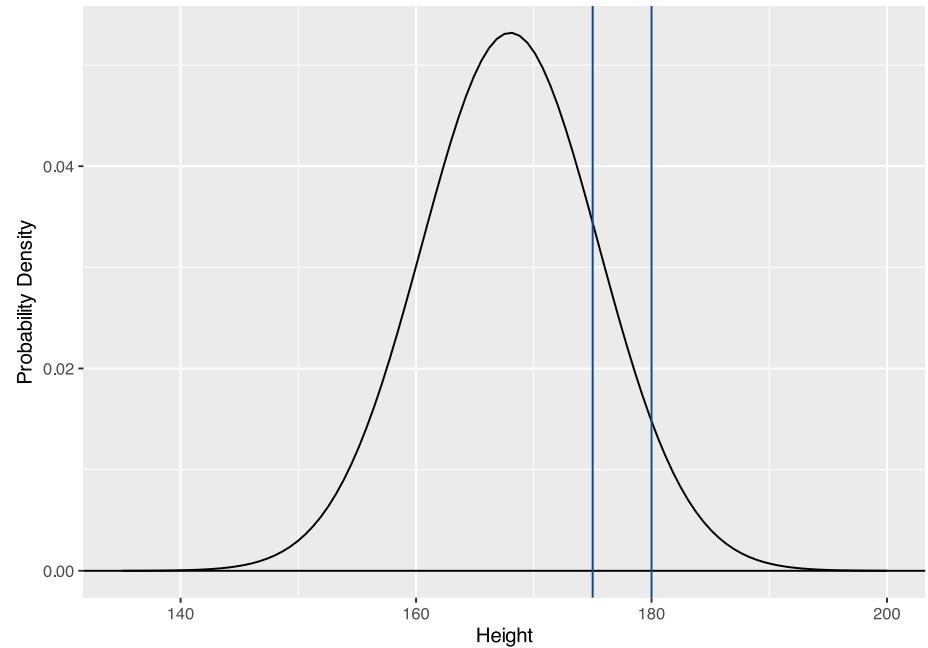
- Let's draw these boundaries on our plot



# Using the PDF of the normal distribution

$$P(175 \leq x \leq 180) = ?$$

- Let's draw these boundaries on our plot
- What is the value of the area under the curve between these two lines?

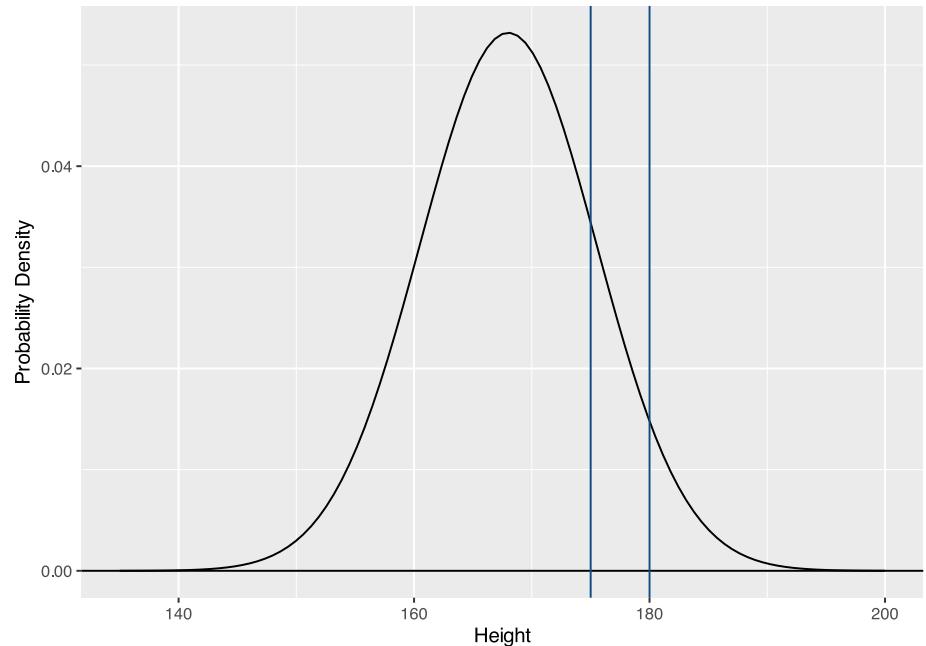


# Using the PDF of the normal distribution

- We get the area under a curve by calculating an integral

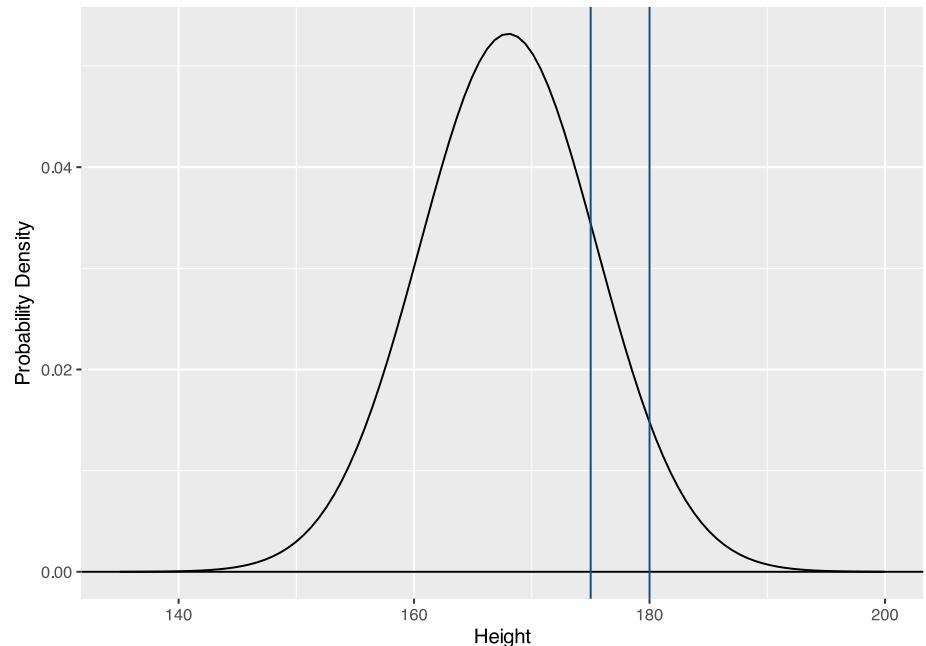
$$\int_a^b f(x) dx$$

- Don't worry, you don't need to know the details of integrals, but you may encounter the equation above
- This equation can be read as: The integral of values falling between vertical lines  $a$  and  $b$  on the function  $f$  of variable  $x$
- We can calculate this value using the probability density function



# Using the PDF of the normal distribution

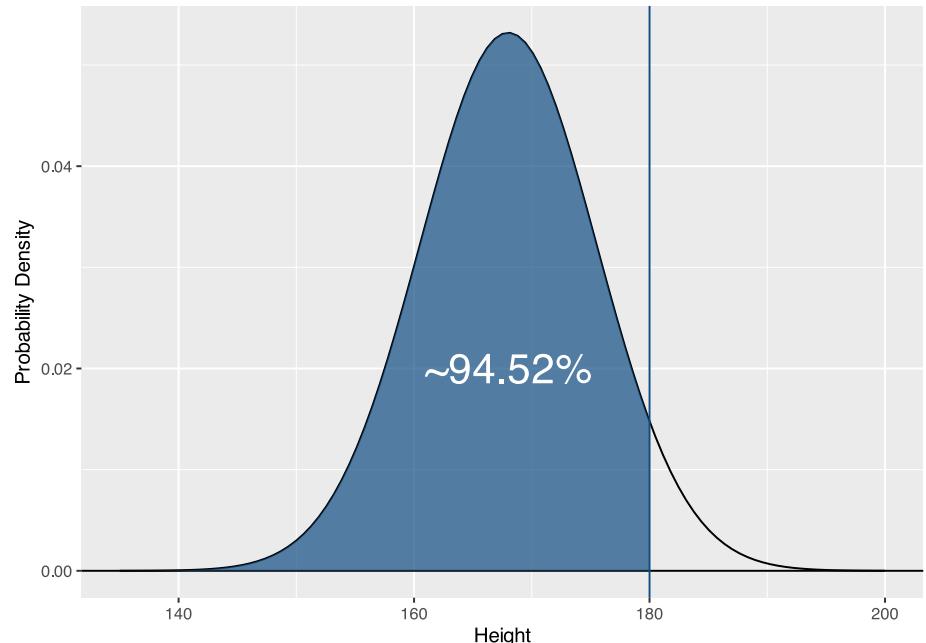
- `pnorm(x, mean, sd)`
  - $x$  is the upper threshold; the function will output the probability of all values less than this
  - *mean* and *sd* give the parameters of the function
  - Returns the area under the normal distribution below  $x$
  - Remember, the normal curve changes based on the values of  $\mu$  and  $\sigma$ , so it makes sense that this PDF requires these parameters



# Using the PDF of the normal distribution

- `pnorm(x, mean, sd)`
  - $x$  is the upper threshold; the function will output the probability of all values less than this
  - *mean* and *sd* give the parameters of the function
  - Returns the area under the normal distribution below  $x$
  - Remember, the normal curve changes based on the values of  $\mu$  and  $\sigma$ , so it makes sense that this PDF requires these parameters

```
pnorm(180, mean=168, sd=7.5)
```



```
## [1] 0.9452007
```

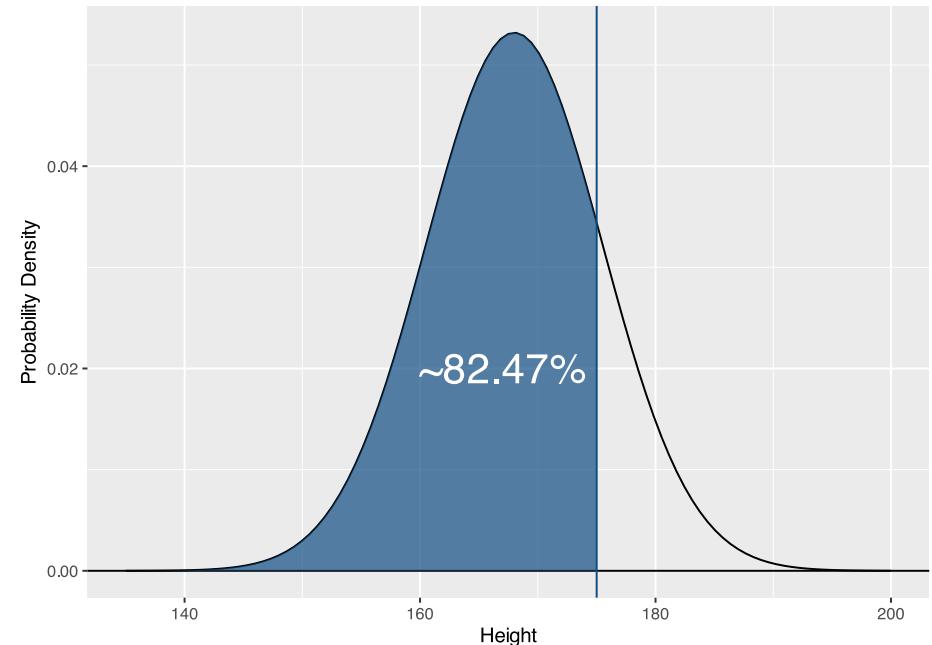
**Test Your Understanding:** How do you interpret this output?

# Using the PDF of the normal distribution

- We can also calculate the area under the curve below 175:

```
pnorm(175, mean=168, sd=7.5)
```

```
## [1] 0.8246761
```



**Test Your Understanding:** Now you know that 94.52% of student heights fall below 180 cm, and 82.47% of student heights fall below 175 cm. How do you calculate the probability of selecting a student whose height falls between 175-180 cm?

# Using the PDF of the normal distribution

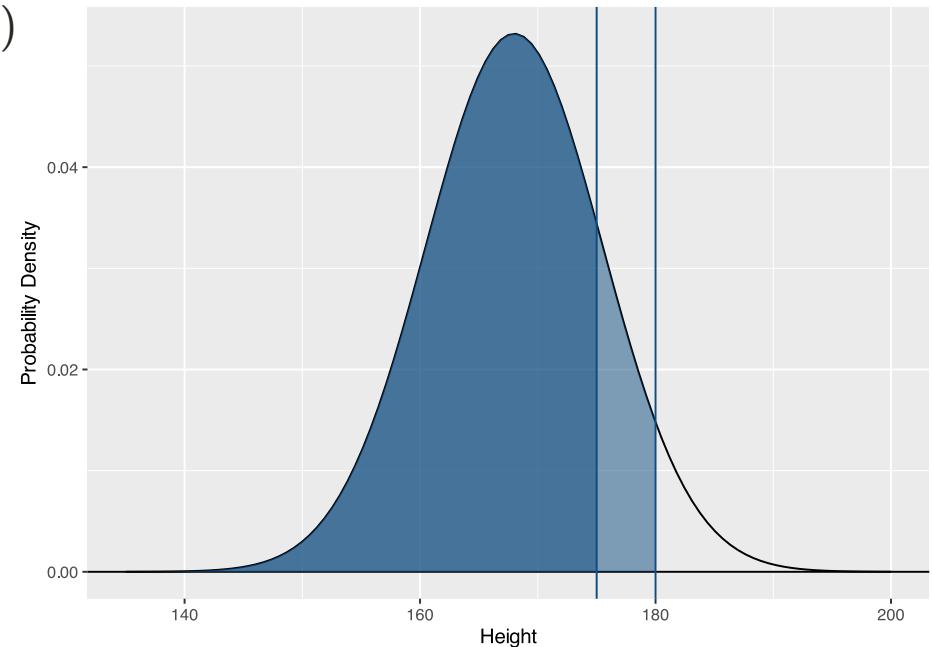
- $P(175 \leq x \leq 180) = P(X < 180) - P(X < 175)$

```
p180 <- pnorm(180, mean=168, sd=7.5)
p175 <- pnorm(175, mean=168, sd=7.5)
```

```
p180-p175
```

```
## [1] 0.1205247
```

- So, the probability of randomly selecting a student with a height between 175 and 180 is 0.12



# Using the PDF of the normal distribution

- We can also ask about the probability of a sampled element having a value from one of 2+ ranges
- What is the probability that a person will have a height below 151 or greater than 185?  
 $P(x \leq 151 \text{ or } x \geq 185)$

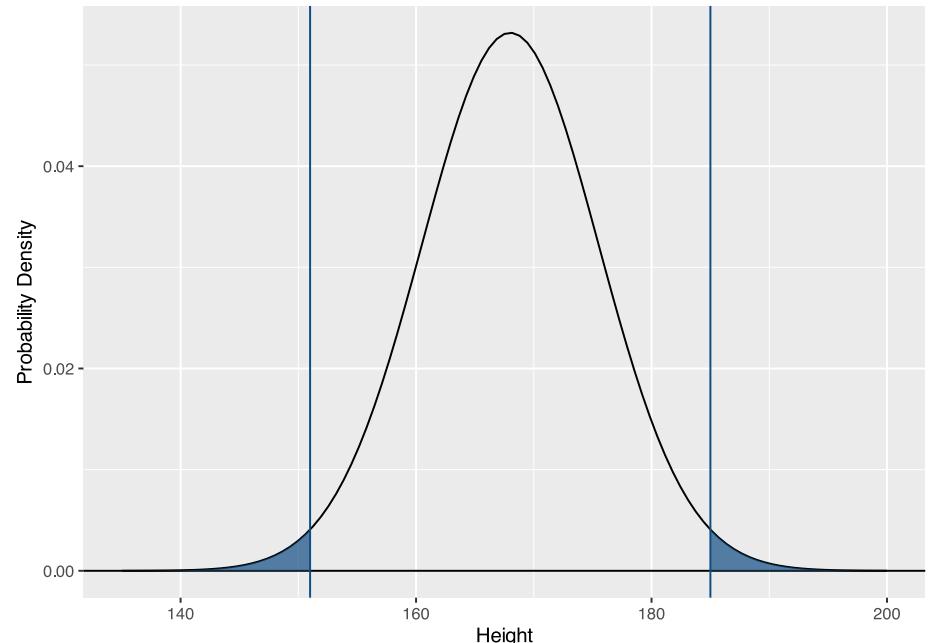
```
pnorm(151, mean=168, sd=7.5)
```

```
## [1] 0.0117053
```

```
1 - pnorm(185, mean=168, sd=7.5)
```

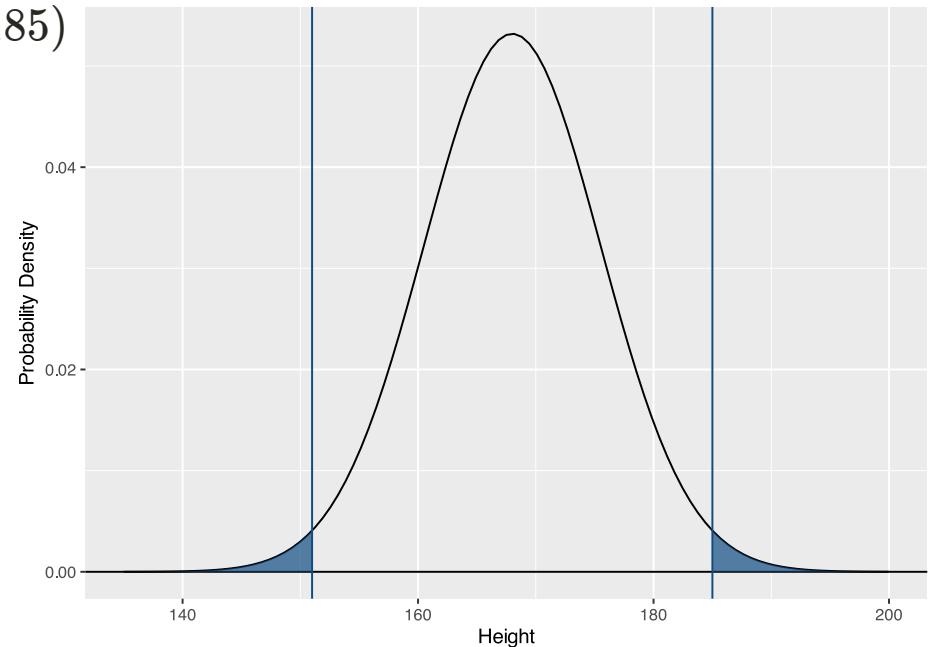
```
## [1] 0.0117053
```

- **Test your understanding:** Why are we subtracting a value from 1 here?



# Using the PDF of the normal distribution

- $P(x \leq 151 \cup x \geq 185) = P(x \leq 151) + P(x \geq 185)$
- $0.01 + 0.01 = 0.02$



# Using the PDF of the normal distribution

- What if I wanted to know where the 5% of the most extreme values (i.e., smallest and largest) in this distribution fall?
  - The normal distribution is symmetric, which means that there are the same number of extreme values at the bottom and top end
  - This means the most extreme 5% will be the 2.5% at the bottom of the distribution and the 2.5% at the top
  - So our question is: What is the height below which there are only 2.5% of students, and what is the height above which there are only 2.5% of students?

# Using the PDF of the normal distribution

- To get these values, you can use `qnorm(p, mean, sd)` - this is the inverse function of `pnorm()`
- For a normally distributed range of heights with a mean of 168 cm and a SD of 7.5 cm:
- The height below which 2.5% of students fall:

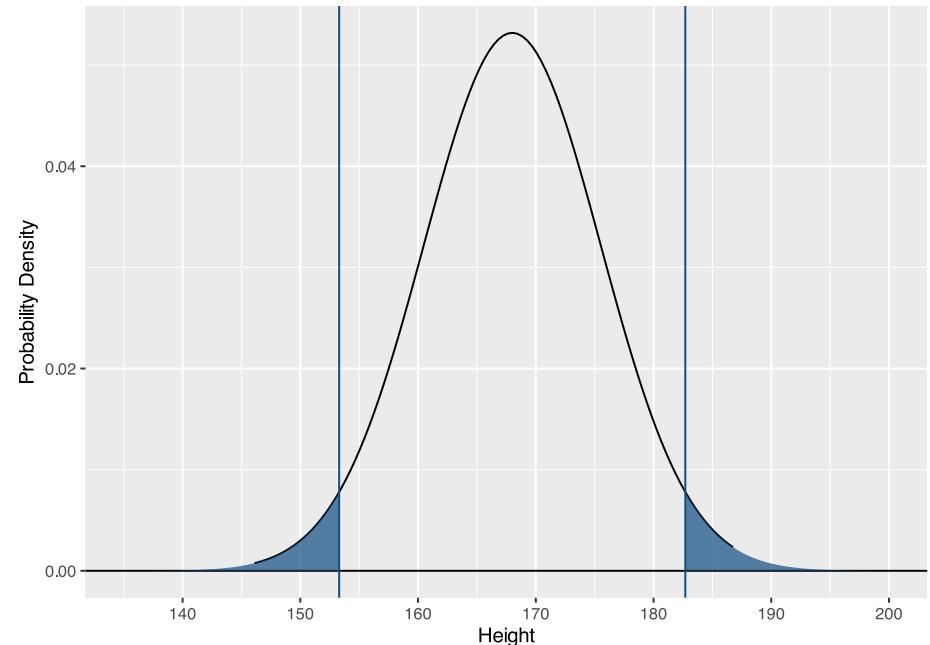
```
qnorm(.025, mean=168, sd=7.5)
```

```
## [1] 153.3003
```

- The height above which 2.5% of students fall:

```
qnorm(.975, mean=168, sd=7.5)
```

```
## [1] 182.6997
```



# Take this knowledge forward

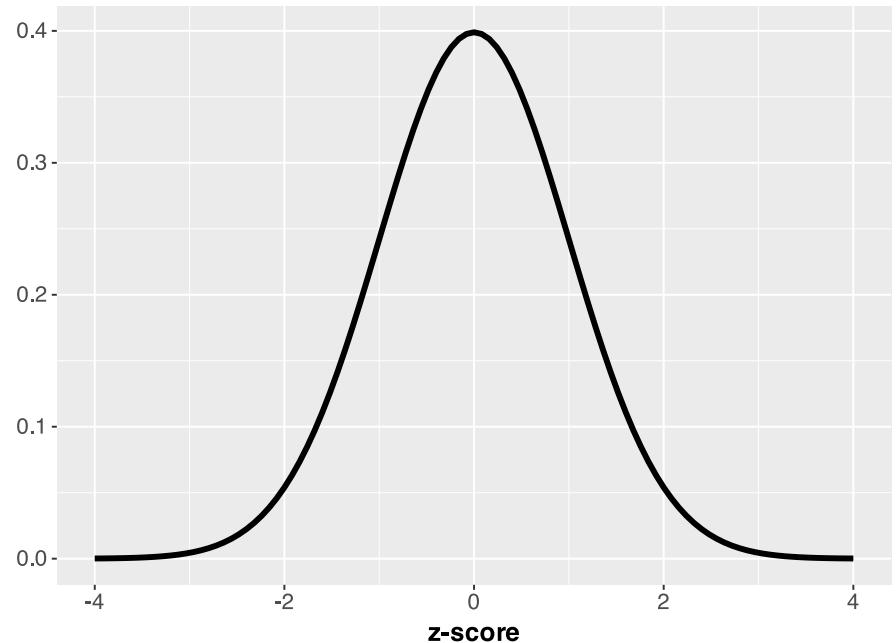
- These examples might seem a bit far-fetched (when will you ever need to calculate extreme heights?), but this will be incredibly relevant when you discuss:
  - 1- and 2-tailed distributions
  - $p$ -values
  - Distributions of test statistics
- You may find it helpful to come back and review these slides when you get to these topics later in the course

# Questions?

# Remember $z$ -scores

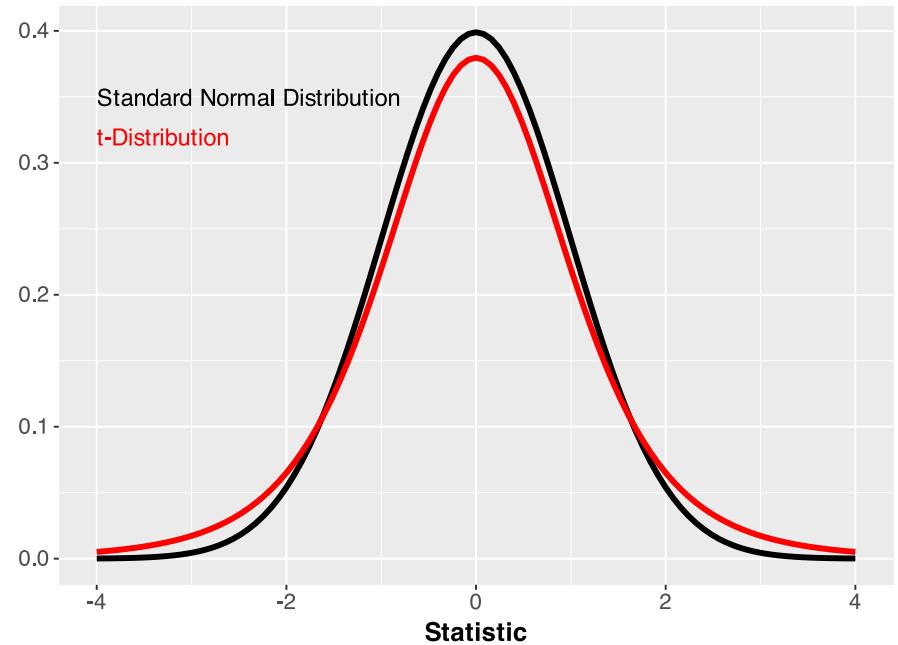
$$z = \frac{x - \mu}{\sigma}$$

- It is quite typical to present a normal distribution in terms of  **$z$ -scores**.
- $z$ -scores standardise values of  $x$ 
  - The numerator: converts  $x$  to deviations from the mean
  - The denominator: scales these deviation values based on the spread of the variable (SD)
- The result is the **standard normal distribution**, also known as the  $z$ -distribution



# Standard normal vs. $t$ distribution

- There are other continuous probability distributions you'll be working with next semester, such as the  $t$ -distribution
- The  $t$  distribution is a bit like the  $z$ -distribution, but the shape differs slightly
  - When calculating  $t$ , we replace the population SD ( $\sigma$ ) with the sample SD ( $s$ )
  - As a result, the tails of the  $t$ -distribution are slightly higher to account for extra variability, or uncertainty from using an estimate ( $s$ ) rather than the actual population value ( $\sigma$ )



# Summary of today

- Continuous probability distributions
- The normal distribution
- Using the normal distribution to make estimates about the probability of events
- Using the normal distribution to find values at the extremes of the distribution
- The normal distribution and the  $t$ -distribution
- Tomorrow, I'll present a live R session focused on continuous probability distributions
- Next week, we will talk about samples and populations

# This week



## Tasks

- Attend both lectures
- Attend your lab and work together on the lab tasks
- Complete the weekly quiz
  - Opened Monday at 9am
  - Closes Sunday at 5pm



## Support

- **Office hours:** for one-to-one support on course materials or assessments  
(see LEARN > Course information > Course contacts)
- **Piazza:** help each other on this peer-to-peer discussion forum
- **Student Adviser:** for general support while you are at university  
(find your student adviser on MyEd/Euclid)