



An investigation into the body image of athletes and students in terms of type of sport and years of affiliation

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Methods

Non-Aesthetic

- Athletes playing sports, e.g. football, hockey

Aesthetic

- dancers and gymnasts

Non-Athlete

- Non-regular gym users, i.e. students

Body Shape Questionnaire (BSQ)

Eating Disorder Examination Questionnaire (EDE-Q)



Results:

Aesthetic

Higher body dissatisfaction
and eating disorder trait severity

Non-Aesthetic

Lowert overall scores

Gender Differences

Females scoring higher than males

