Respiration-R.Q. and values

The energy present in one gram of different respiratory substrates is

- (i) Fat-9.8 kcal or 41 kJ
- (ii) Protein-4.8 kcal or 20 kJ
- (iii) Carbohydrate -4.4 kcal or 18.4 kJ. The realized value is slightly less.
- **R.Q.** or respiratory quotient is the ratio of volume of carbon dioxide evolved to the volume of oxygen consumed per unit time per unit weight. $RQ = CO_2/O_2$. It is useful in knowing the type of respiration, major transformations and respiratory substrate. For example, R.Q value is
- (i) Unity Aerobic respiration, respiratory substrate carbohydrate. .

$$C_6H_{12}O_6 + 6O_2 - - - + 6CO_2 + 6H_2O;$$

$$R.Q 6CO_2/6O_2 = 1$$

(ii) Infinity- Anaerobic respiration.

$$C_6H_{12}O_6 \longrightarrow 2C_2H_5OH + 2CO_2;$$

RQ.
$$2CO_2$$
 /Zero = Infinity

- (iii) Zero-
- (a) Succulents due to carbon fixation during night and closure of stomata during day.
- (b) Oxidation of carbohydrates to form organic acids.

$$C_6H_{12}O_6 + 3O_2 \rightarrow 3C_4H_6O_5 + 3H_2O$$
; RQ. Zero/ $3O_2 = Zero$

- (iv) More than One –
- (a) Maturing fatty seeds
- (b) Organic acids (4 for oxalic acid, 1.3 for malicacid, 1.14 for succinic acid).

2(COOH)
$$_2 + O_2 \rightarrow 4CO_2 + 2H_2 O$$
;
oxalic acid
RQ = $4CO_2/O_2 = 4.0$

$$C_4H_6O_5 + 3O_2 \rightarrow 4CO_2 + 3H_2 O$$
; malic acid RQ. $4CO_2 /3O_2 = 1.3$

$$2C_4H_6O_4 + 7O_2 \rightarrow 8CO_2 + 6H_2 O$$
; succinic acid

$$RO = 8CO_2 / 7 O_2 \text{ or } 1.14$$

- (v) Less than One-
- (a) Fats (=0.7)
- (b) Protein (=0.7-0.9)
- (c) Germination of fatty seeds.

$$C_{57}H_{1O4}O_6 + 80O_2 \rightarrow 57CO_2 + 52H_2 O$$
; triolein

$$RQ.57CO_2/80O_2 = 0.71$$

$$2(C_{51}H_{98}O_6) + 145O_2$$
 → $102 CO_2 + tripalmitin + 98 H2O;RQ = $102 CO_2/145 O_2$ or $0.7$$