| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|---------------------|----------------------|---------------------|----------------------|-----------------------|--------------|
| 8:15am-8:45am | | Gym babies 2-4 years | | Gym babies 2-4 years | | |
| 9am-10am/10:30am | Homeschoolers | Homeschoolers | Homeschoolers | Homeschoolers | | Seniors & HP |
| 2pm-3pm | Beginners Ages 5-7 | Beginners Ages 5-7 | Beginners Ages 5-7 | Beginners Ages 5-7 | Beginners Mixed | |
| 2:30pm-4:30pm | Juniors 1 Level1-2 | | Juniors 1 Level 1-2 | | | |
| 3pm-5pm | | Juniors 3 Level 1-2 | | Juniors 3 Level 1-2 | Mixed group & Seniors | |
| 4:30pm-7:30pm | Seniors | Seniors | Seniors | Seniors | | |
| 5pm-7pm | Juniors 2 Level 2-5 | Advanced Level 3-5 | Juniors 2 | Juniors 2 Level 2-5 | | |