

Smart Ambulance ML – Technical Report

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Degree: B.E. Artificial Intelligence & Machine Learning

Domain: Healthcare AI | Time-Series ML | Safety-Critical Systems

Abstract

This report presents a real-time machine learning based decision support system for monitoring patient vitals during ambulance transport. The system addresses critical challenges such as sensor noise, motion artifacts, and delayed clinical interpretation. By integrating artifact-aware preprocessing, trend-based anomaly detection, and confidence-aware risk scoring, the system provides reliable early warnings while maintaining interpretability and safety. The proposed approach prioritizes robustness over raw accuracy and is designed to assist clinicians rather than automate decisions. This report presents a real-time machine learning based decision support system for monitoring patient vitals during ambulance transport. The system addresses critical challenges such as sensor noise, motion artifacts, and delayed clinical interpretation. By integrating artifact-aware preprocessing, trend-based anomaly detection, and confidence-aware risk scoring, the system provides reliable early warnings while maintaining interpretability and safety. The proposed approach prioritizes robustness over raw accuracy and is designed to assist clinicians rather than automate decisions.

Introduction

Emergency medical services operate under extreme time pressure where delayed interpretation of patient vitals can be fatal. Ambulance environments introduce significant noise due to vehicle motion, sensor instability, and communication delays. Traditional monitoring systems rely heavily on static thresholds which are insufficient under such conditions. Machine learning offers a pathway to detect subtle temporal patterns and early deterioration, but must be designed carefully to avoid unsafe automation and unpredictable behavior. This project explores a structured and safety-aware ML pipeline for real-time ambulance patient monitoring. Emergency medical services operate under extreme time pressure where delayed interpretation of patient vitals can be fatal. Ambulance environments introduce significant noise due to vehicle motion, sensor instability, and communication delays. Traditional monitoring systems rely heavily on static thresholds which are insufficient under such conditions. Machine learning offers a pathway to detect subtle temporal patterns and early deterioration, but must be designed carefully to avoid unsafe automation and unpredictable behavior. This project explores a structured and safety-aware ML pipeline for real-time ambulance patient monitoring. Emergency medical services operate under extreme time pressure where delayed interpretation of patient vitals can be fatal. Ambulance environments introduce significant noise due to vehicle motion, sensor instability, and communication delays. Traditional monitoring systems rely heavily on static thresholds which are insufficient under such conditions. Machine learning offers a pathway to detect subtle temporal patterns and early deterioration, but must be designed carefully to avoid unsafe automation and unpredictable behavior. This project explores a structured and safety-aware ML pipeline for real-time ambulance patient monitoring.

Problem Statement

The core problem addressed in this project is the reliable detection of early physiological deterioration during ambulance transport in the presence of noisy, incomplete, and artifact-prone sensor data. The system must minimize false negatives, reduce false positives caused by motion, and provide interpretable outputs that clinicians can trust. The core problem addressed in this project is the reliable detection of early physiological deterioration during ambulance transport in the presence of noisy, incomplete, and artifact-prone sensor data. The system must minimize false negatives, reduce false positives caused by motion, and provide interpretable outputs that clinicians can trust. The core problem addressed in this project is the reliable detection of early physiological deterioration during ambulance transport in the presence of noisy, incomplete, and artifact-prone sensor data. The system must minimize false negatives, reduce false positives caused by motion, and provide interpretable outputs that clinicians can trust.

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Data Generation and Assumptions

Synthetic physiological time-series data was generated to simulate realistic ambulance transport scenarios. Signals were sampled at one-second intervals over a thirty-minute window and included heart rate, oxygen saturation, systolic blood pressure, and motion magnitude. Distress scenarios modeled gradual hypoxia, tachycardia, and hypotension, while motion signals simulated road bumps, braking, and acceleration. Assumptions include correlation between motion intensity and artifact probability, and temporal consistency in physiological deterioration. Limitations include lack of full biological variability and absence of ECG or respiratory waveforms.

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Artifact Detection and Signal Cleaning

Explicit artifact detection is applied prior to anomaly detection to prevent false alerts. Motion-induced oxygen saturation drops, heart rate spikes caused by vibration, and short missing data segments are detected using motion thresholds and temporal heuristics. Signals are smoothed, interpolated, or suppressed depending on confidence. This step is critical in safety-critical systems to ensure that downstream ML models operate on physiologically meaningful data.

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Anomaly Detection Methodology

Anomaly detection is performed using a window-based statistical trend analysis rather than black-box deep learning models. Sliding windows compute local statistics such as mean, slope, and variance across vitals. Anomalies are detected when persistent deviations occur across multiple signals. This approach enables early warning detection and maintains transparency, allowing clinicians and engineers to understand why alerts are triggered.

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Risk Scoring and Alert Logic

Detected anomalies are fused into a continuous risk score ranging from zero to one. The risk score incorporates the severity, duration, and agreement of physiological trends across vitals. A confidence score is calculated based on signal quality and motion intensity. Alerts are triggered only when risk exceeds a defined threshold and confidence is sufficiently high, reducing alert fatigue while prioritizing patient safety. Detected anomalies are fused into a continuous risk score ranging from zero to one. The risk score incorporates the severity, duration, and agreement of physiological trends across vitals. A confidence score is calculated based on signal quality and motion intensity. Alerts are triggered only when risk exceeds a defined threshold and confidence is sufficiently high, reducing alert fatigue while prioritizing patient safety. Detected anomalies are fused into a continuous risk score ranging from zero to one. The risk score incorporates the severity, duration, and agreement of physiological trends across vitals. A confidence score is calculated based on signal quality and motion intensity. Alerts are triggered only when risk exceeds a defined threshold and confidence is sufficiently high, reducing alert fatigue while prioritizing patient safety.

Evaluation Metrics

The system is evaluated using precision, recall, false alert rate per minute, and alert latency. In medical decision support systems, false negatives are considered significantly more dangerous than false positives. Latency is also critical, as delayed alerts can reduce the effectiveness of interventions during transport. The system is evaluated using precision, recall, false alert rate per minute, and alert latency. In medical decision support systems, false negatives are considered significantly more dangerous than false positives. Latency is also critical, as delayed alerts can reduce the effectiveness of interventions during transport. The system is evaluated using precision, recall, false alert rate per minute, and alert latency. In medical decision support systems, false negatives are considered significantly more dangerous than false positives. Latency is also critical, as delayed alerts can reduce the effectiveness of interventions during transport.

Failure Analysis

Failure analysis identified scenarios where high motion masked true deterioration, slow physiological decline delayed detection, and isolated signal anomalies were suppressed. These failures highlight the trade-offs between sensitivity and specificity and motivate future improvements such as adaptive motion weighting and multi-scale temporal analysis. Failure analysis identified scenarios where high motion masked true deterioration, slow physiological decline delayed detection, and isolated signal anomalies were suppressed. These failures highlight the trade-offs between sensitivity and specificity and motivate future improvements such as adaptive motion weighting and multi-scale temporal analysis. Failure analysis identified scenarios where high motion masked true deterioration, slow physiological decline delayed detection, and isolated signal anomalies were suppressed. These failures highlight the trade-offs between sensitivity and specificity and motivate future improvements such as adaptive motion weighting and multi-scale temporal analysis.

Safety-Critical Considerations

The most dangerous failure mode is missing true patient deterioration due to excessive artifact suppression. To mitigate this, the system adopts conservative thresholds, confidence-aware alerting, and multi-signal agreement. Medical decisions, diagnoses, and treatment escalation are never automated. The system is explicitly designed as decision support for clinicians. The most dangerous failure mode is missing true patient deterioration due to excessive artifact suppression. To mitigate this, the system adopts conservative thresholds, confidence-aware alerting, and multi-signal agreement. Medical decisions, diagnoses, and treatment escalation are never automated. The system is explicitly designed as decision support for clinicians. The most dangerous failure mode is missing true patient deterioration due to excessive artifact suppression. To mitigate this, the system adopts conservative thresholds, confidence-aware alerting, and multi-signal agreement. Medical decisions, diagnoses, and treatment escalation are never automated. The system is explicitly designed as decision support for clinicians.

Future Work

Future extensions include integration with real sensor streams, inclusion of ECG and respiratory signals, adaptive learning mechanisms, drift detection, and clinical validation studies. These improvements would move the system closer to real-world deployment. Future extensions include integration with real sensor streams, inclusion of ECG and respiratory signals, adaptive learning mechanisms, drift detection, and clinical validation studies. These improvements would move the system closer to real-world deployment. Future extensions include integration with real sensor streams, inclusion of ECG and respiratory signals, adaptive learning mechanisms, drift detection, and clinical validation studies. These improvements would move the system closer to real-world deployment.

Conclusion

This project demonstrates a complete, interpretable, and safety-aware machine learning pipeline for smart ambulance monitoring. By prioritizing robustness, transparency, and responsible AI design, the system provides meaningful clinical decision support while respecting the constraints and ethical requirements of healthcare environments. This project demonstrates a complete, interpretable, and safety-aware machine learning pipeline for smart ambulance monitoring. By prioritizing robustness, transparency, and responsible AI design, the system provides meaningful clinical decision support while respecting the constraints and ethical requirements of healthcare environments. This project demonstrates a complete, interpretable, and safety-aware machine learning pipeline for smart ambulance monitoring. By prioritizing robustness, transparency, and responsible AI design, the system provides meaningful clinical decision support while respecting the constraints and ethical requirements of healthcare environments.