	gender	sleep	bedtime	countries	dread
1	$_{\mathrm{male}}$	5	12-2	13	3
2	female	7	10-12	7	2
3	female	5.5	12-2	1	4
4	female	7	12-2		2
5	female	3	12-2	1	3
6	female	3	12-2	9	4