Life Balance

1. Domain Description
   a. Life for a college student is a very busy cycle filled with so many things to do that they seem endless; hence, they hinder one's ability to separate time for oneself, time for family, friends and even hobbies. So many things at once may affect a person in a number of ways like stress, depression, and anxiety just because there is no rest in between the things life throws at you. Moreover, many college students are not educated in the area of time management, which makes all of the mentioned above even worse. Students then tend to fall into a vicious cycle where work keeps piling up, and personal time seems to be less and less, which prevents them from living a healthy life.

2. Span
   a. College students can't seem to organize their life schedule correctly.
3. Scope
   a. More specifically, many college students lack the necessary time management tools and skills that provide for a more organized and healthy lifestyle.
4. Current Situation
   a. Current management applications are general and not focused on students. This means that academic aspects like courses, GPA, curriculum, map of the university, etcs cannot be managed within the app. Also, the content must be managed by the user and the applications does not provide suggestions.
5. Needs
   a. Therefore a tool with a guide is needed to help the students manage their workload efficiently, providing them with free time for their hobbies.
6. Ideas
   a. The idea is then to build a web-based application that helps them with these tasks.
7. Partners
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   b. Steven A Ramírez-Rosa
   c. Lexdyel J Méndez-Ríos
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   e. Anthony V Rivera Torres
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8. Synopsis
   a. As indicated in the scope and span, the Life Balance project is to develop a time management web-based application that not only provides the tools to achieve a healthy balance, but also teaches the students the skills needed to properly use them to efficiently manage their workload and their free time. Also, the focus on students will boost up the usefulness for them by keeping track of their academic aspects as well to help them organize their lives.

9. Assumption and Dependencies: For the development of Life Balance the domain description would be accepted by everybody working in the project, the developers would have the tools to work on with Life Balance and this tools and knowledge can be passed on to other people that end up working in the project, finally the project would be a simple project that can be passed on and worked during a semester so that new developers can catch up easily on the project. The developers would have access to information on how to create an application to make a schedule of a week.

10. Requirements:
-As a student I expect that it has an understandable interface that it can be worked on.
- The application must be user friendly when it comes to the interface and usage.

-As a student I want to schedule my working hours, courses, hobbies even the time I take to eat and sleep correctly, with a broad selection of time.
- There should be features that allow the student to input their schedules, courses, hobbies, and personal necessities (sleeping, eating and hygiene).

-As a student I expect that the system has a weekly calendar to schedule, or even a calendar itself, where I can schedule things I do on a weekly basis, or activity I have on a specific day.
- A crucial feature is an interactable calendar that allows the student to edit their schedule as they need.

-As a student I want the system to display everything that is scheduled, the days on the week and the time it takes each activity.
- A weekly preview of their scheduled activities in the calendar.

-As a student I expect that the web-based application helps me to organize the activities I want to do throughout the week so I can see when I have free time.
- The student should be able to accommodate their schedule to divide their time in what they want (hobbies, work and studies)

-As a student I want to have a better sleeping time and have free space to treat myself.

-As a student I expect that I can make changes in the system anytime in case an emergency happens or I change my mind of the schedule.

-As a student I want some tips to not only understand the app but also to bring efficiency in managing my life so that I know when and how to employ healthy habits of study, work, sleep, exercise, etc.

11. Goal
a. Help students find their everyday life a lot more manageable, where they may find time for themselves besides work or studies.