## 1. How to get ChatGPT Ai tools for free?

#### 1. Create an account

- Go to <a href="mailto:chat.openai.com">chat.openai.com</a> or download the ChatGPT mobile app.
- Sign up with email, Google, or Apple.

## 2. Log in

- Use the same account on web or mobile.
- The free plan is available right away.

## 3. Explore free tools (with limits)

On the free plan you can usually access:

- Web search / real-time info
- File upload & data analysis (Excel, CSV, text files, etc.)
- Image generation (AI pictures from prompts)
- Custom GPTs in the GPT Store

### 4. How to use them

- Look for "Explore GPTs" / "GPT Store" / "Tools" inside ChatGPT.
- In chat, just type your request. Examples:
  - o "Upload a file and summarize it."
  - o "Analyze this spreadsheet."
  - o "Generate an image of a futuristic city."
  - o "Find the latest news about space exploration."

### 5. Important notes

- Free users get access, but with daily/monthly limits.
- If you reach the limit, you'll see an upgrade message.
- API access is different free ChatGPT does not include free API use.
- Some features roll out by region or may not appear for all users yet.

### 2. Motivation

I grew up in a small town with limited opportunities, but that environment taught me resilience and persistence. Even when I faced self-doubt, I learned to push harder, study more, and never give up. What motivates me most is the chance to grow and use my knowledge to help others. My goal is to develop my skills and become someone who can create positive change in my community.

# 3. Step by step (How can I improve my result)

- 1. Start with a clear objective
  - State the goal in one sentence. Example: "Produce a 700-word persuasive email"
  - Specify the success metric: clarity, length, tone, factual accuracy, runtime, score etc
- 2. Give good context and constraints
  - Provide necessary background (audience, style, previous drafts, dataset)
  - Give constraints: word count, format, deadlines, legal/ethical limits, required facts or citations.
- 3. Send a focused initial prompt (prototype)
  - Short goal+context+constraints+desired output structure
  - Add examples or templates if you have them

"Goal: one sentence, context: 2-3 lines, constraints: bullet list, output: format/structure, evaluate by: metric"

- 4. Run and inspect the first output (fast prototype)
  - Accept a rought result. Don't be precious the first output is to reveal gaps
  - Immediately check for: factual errors, missing context, tone, format issues.
- 5. Provide targeted feedback and iterate
  - Use exact line references: "Change paragraph 2 to be more concise"
  - Ask the tool to explain choices if needed: "Why did you include X?"
  - Do focused edits (not "fix everything") iterate 2-5 times.
- 6. Run checks
  - Grammar/polish: "Proofread and tighten"
  - Fact-check: verify claims externally if facts matter
  - Code: run tests and paste errors back for fixes

- 7. Finalize with a checklist
  - Confirm dates, names, tone, CTA, and required facts are present
- 8. Save the successful prompt + output
  - Keep a short tone: prompt used, settings (temperature), and what you changed
- 9. Optional: ask for an explanation of choices
  - "Why did you use X wording?" etc- helps you learn and iterate faster