

EMBODYING THEORETICAL RESEARCH IN MUSIC COGNITION

Four Proposals for Theory-Driven Experimentation

Andreu Ballús
Universitat Autònoma de Barcelona

Eric Arnau
Universitat Autònoma de Barcelona
York University

Oriol Nieto
New York University

Frederic Font
Pompeu Fabra University

Alba G. Torrents
Universitat Autònoma de Barcelona
Universidad Nacional de Córdoba

Introduction

Most music cognition studies are based on **cognitivist assumptions**. We elaborated an **alternative model** to test its heuristic and explanative capacities doing explorative research.

It draws on developments such as **distributed cognition** (Hutchins, 1995), the **embodied mind thesis** (Varela, Thompson & Rosch, 1991), the **extended mind thesis** (Menary, 2010) and **enactivism** (Thompson, 2007).

Thesis: Some crucial aspects of music have nothing to do with wave propagation or the individual perception of sound.

- (1) Embodied Music Thesis:** Details of physical embodiment are relevant to music cognition.
- (2) Embedded/Extended Music Thesis:** Interaction with technical instruments and with the environment is relevant to musical phenomena.
- (3) Musical Interactionism/Anti-individualism:** Interpersonal interactions not directly related to acoustics are relevant to music.

Experimental setup

Conducted **online**, with a sample of 110 people, in english, catalan and spanish.

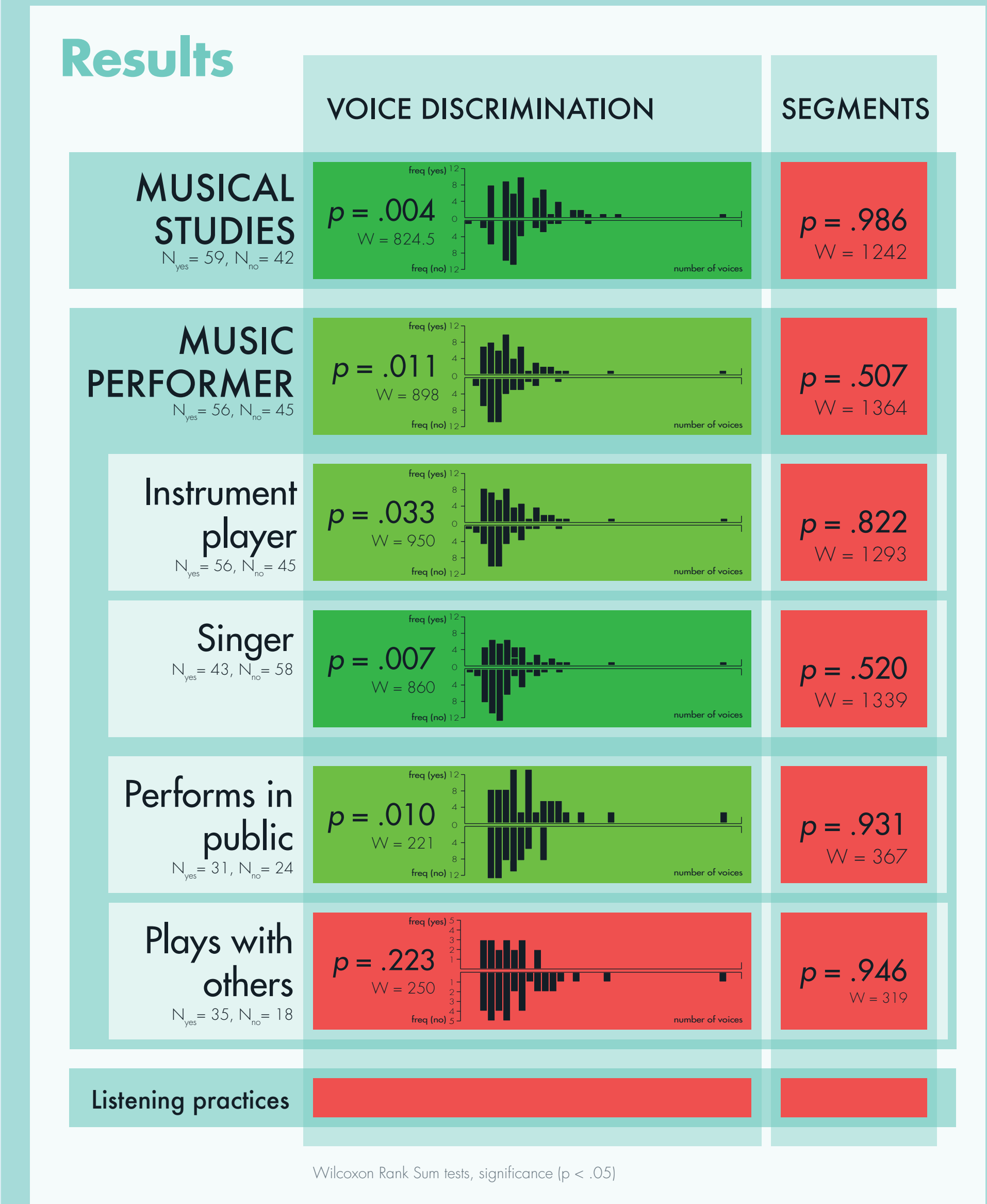
Subjects' relationships with music were profiled through a **survey**. A wide range of dimensions of **knowledge**, **production** and **reception** was considered.

Experiment A

Subjects were asked to listen to several **audio samples** (30 seconds from a song, diverse genres).¹ Then they had to complete **4 tasks**. All responses were considered in relation with know-how and know-what variables. Open answers and tag-based answers were coded and categorized a posteriori.

(i) identify the number of **voices**; **(iii)** segment the sample in **parts**;

(iii) provide **tags** describing the songs; **(iv)** provide **tags** comparing two given songs.



Listening practices do not relate with the capacity to discriminate voices, but **musical studies** and **performing music** do.

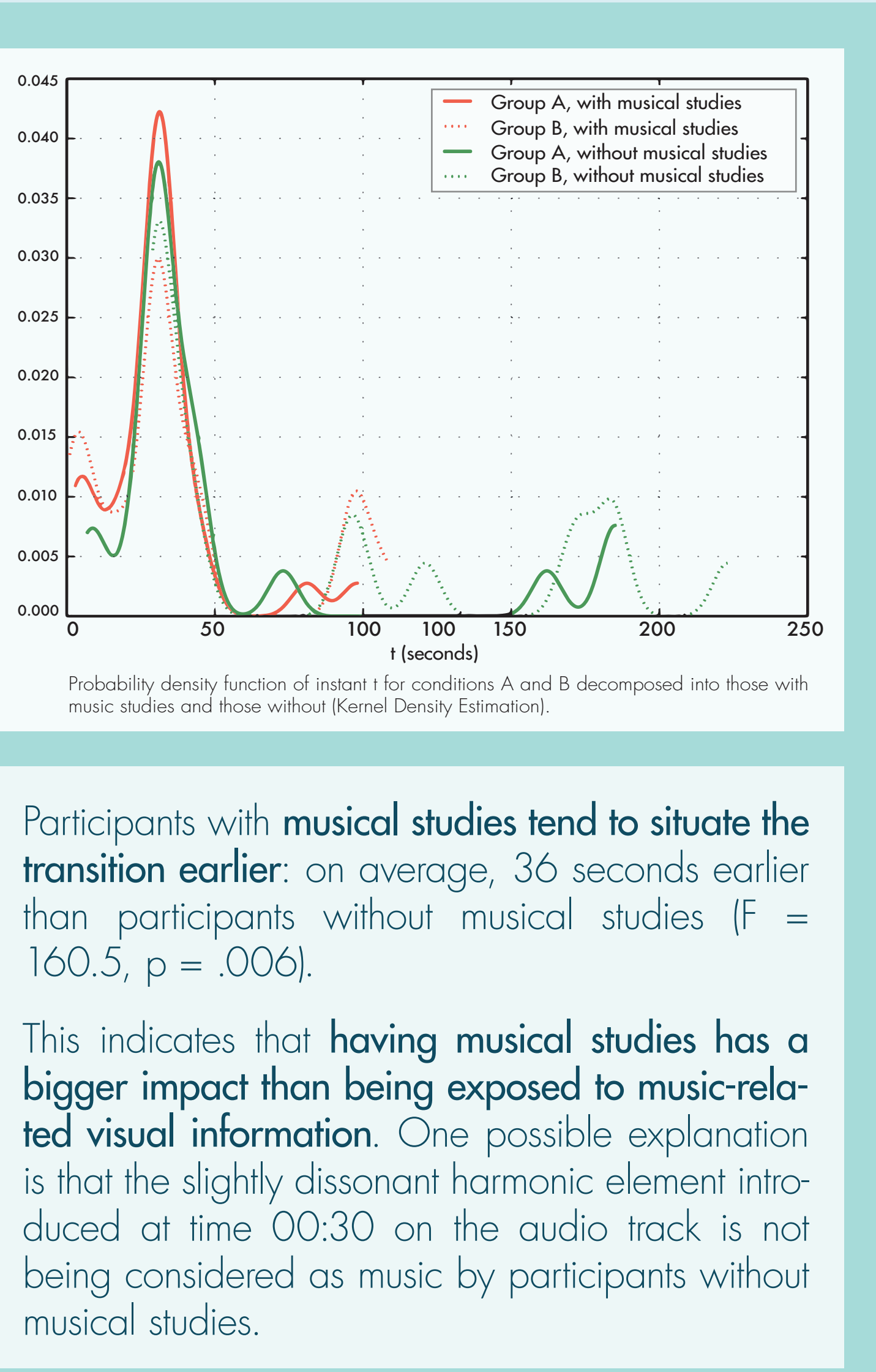
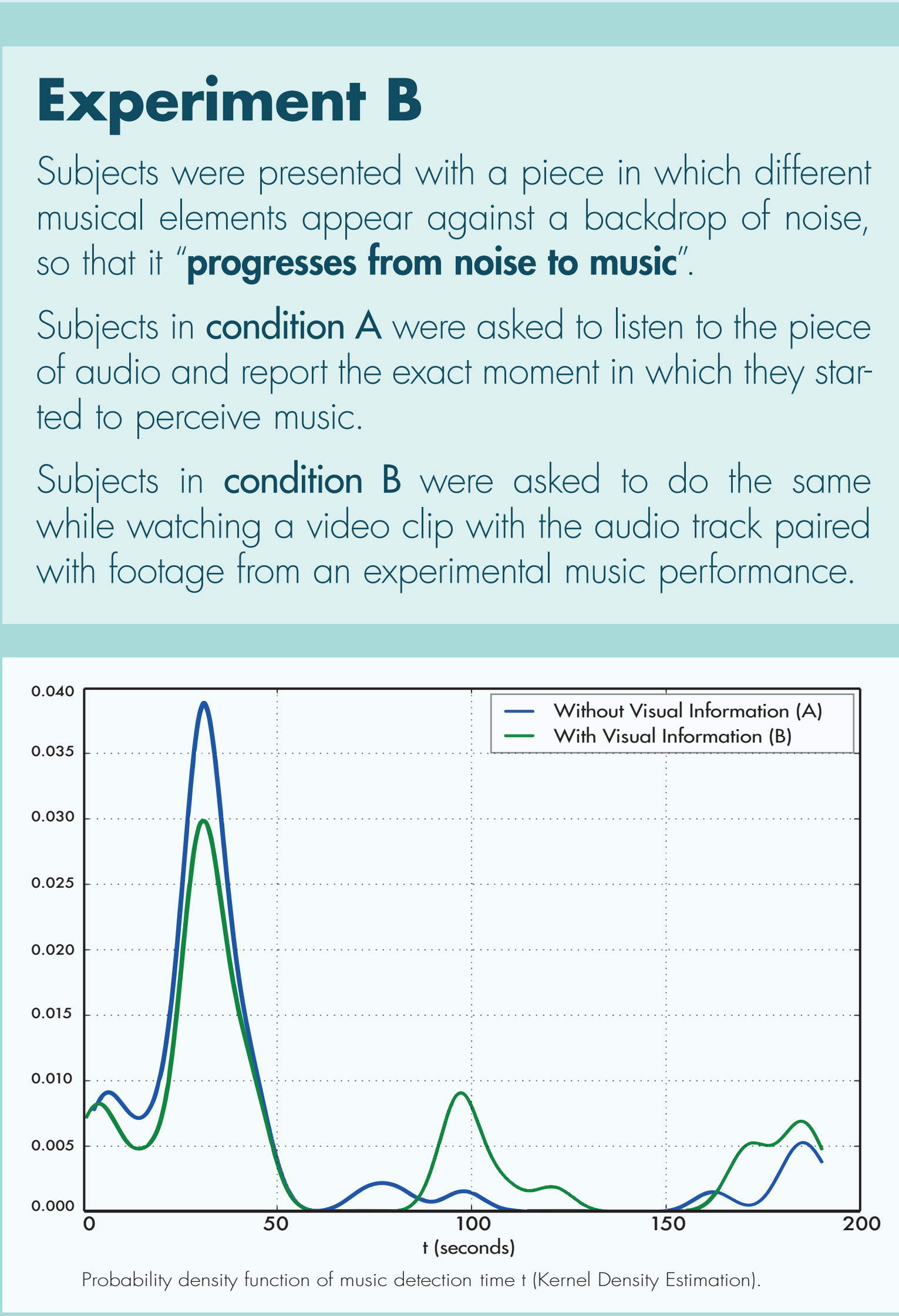
Data suggest that the know-what aspect that comes with **music studies** is more relevant than the embodied and know-how aspect of musical practice.



Data provide no strong evidence that people who make music have a more detailed or diverse impression of music. Music **performers**, however, choose tags such as 'Genre', 'Instrumentation', 'Musical Attributes' and 'Quality' significantly more often.

Features that attract a special attention from **instrument players** (genre, melody) are different from those features that attract **singers** (instrumentation, quality).

The effects of **singing** seem to align, up to a point, with those of having **musical studies**.



Non-implemented proposals

Experiment C focuses on the **relationship between music discrimination and the subjects' listening practices**. Similarly to the performed experiments, subjects are provided with pairs of musical segments of different styles and with different relationships (same musical style, performances of the same piece, etc.). They are asked to provide detailed information on their listening practices and to answer short open questions on the paired segments. In one group the pieces are accompanied by some "exemplifying" descriptions; the influence of this elements in the responses and its interaction with listening practices is analyzed in contrast with the control group.

Experiment D is an extension of the experiment designed to explore the **relationship between the perception of sound as music and the concurrent activity of the listeners**. Different groups of listeners are asked to perform (i) a simple puzzle-solving task, (ii) a puzzle-solving-task involving sound elements and (iii), a puzzle solving-task in coordination with another subject, and the influence of these practices in the perception of sound as music is compared to that of the control group.

Discussion

Active musical practice (as opposed to listening practices) has several effects on musical perception: people who make music seem to have a different capacity to discriminate voices, and they perceive some features as more salient. Having music studies has several significant effects, but they do not align with the effects of music performance. This discrepancy between the effects of the domain of the abstract know-what and the domain of the embodied know-how can be accounted for in terms of our **embodied music thesis**.

Considering specific dimensions of musical performance in further detail, we see that the effects of playing an instrument differ quite systematically from those of being a singer, the latter aligning with those of having musical studies. This points to the fundamental distinction between the bodily engagement with an external artifact implied in the act of playing an instrument and the practice of singing, in which there is no such external integration. This goes along the lines of our **embedded/extended music thesis**.

The results do not directly support our **anti-individualistic thesis**.

Research in musical cognition can be illuminated by adopting a framework that distances from the common assumption that music is fundamentally an acoustic phenomenon.