

| Sensor | Physiological Measure | Anxiety Threshold | Source |
|---------------------------------------|--|------------------------------|--|
| Eye Tracker (Pupil Labs Core) | Average Fixation Duration | Below 250 milliseconds (ms) | Laeng et al. (2012) |
| Eye Tracker (Pupil Labs Core) | Saccade Velocity | Extremely high velocity | van der Lans et al. (2013) |
| Facial Expression Analysis (OpenFace) | Brow Furrowing (AU 4) | Increased intensity | Ekman & Friesen (1978) |
| Facial Expression Analysis (OpenFace) | Lip Tightening (AU 24) | Increased intensity | Ekman & Friesen (1978) |
| Skin Conductance Sensor (TEA GSR) | Skin Conductance Response Amplitude | Above 0.05 microsiemens (uS) | Boucsein (1992) |
| HRV (Polar H10+, Moofit HW401) | Root Mean Square of Successive Differences (RMSSD) | Below 50 milliseconds (ms) | Task Force of the European Society of Cardiology & the North American Society of Pacing and Electrophysiology (1996) |
| HRV (Polar H10+, Moofit HW401) | Standard Deviation of NN Intervals (SDNN) | Below 50 milliseconds (ms) | Task Force of the European Society of Cardiology & the North American Society of Pacing and Electrophysiology (1996) |